

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## Thurmont's Business Showcase hits 15th year

Attention all businesses and residents of the Thurmont and surrounding areas: this year's Business Showcase is just around the corner! The 15th annual Thurmont Business Showcase "Something For Everyone" will be held on April 27 from 11 a.m. – 2 p.m. at the Thurmont Event Complex, located at 13716 Strafford Drive. This event is open to the public and is free to attend.

The first Thurmont Business Showcase was held back in 2004. Both the Thurmont Business Showcase and Christmas in Thurmont events were the catalysts for the town of Thurmont to pursue the Main Street Designation, which was awarded in 2005. During its first year, this event was held at the Thurmont American Legion Post 168, but even in its first year the event proved to be so successful that it outgrew itself. The second year it was held at Catoclin High School and has continued growing so much that it is now held at the Thurmont Event Complex.

There are many benefits and opportunities available for those who attend or participate in the

Showcase. The Thurmont Business Showcase allows local businesses in the Thurmont 21788 zip code to exhibit their products and services to all who attend. It provides an excellent opportunity for businesses to showcase their products and services to potential new customers and "advertise" and discuss potential job openings. All types of businesses such as brick and mortar, home-based businesses, and non-profits participate in this event every year. In return, the Showcase offers an opportunity for all those living in Frederick County and Southern Pennsylvania to come out and see the large variety of businesses that are available in Thurmont.

"The objective of the Thurmont Business Showcase," stated Thurmont's Economic Development Manager Vickie Grinder, "is to provide networking for businesses, building valuable relationships, and of course create lots of smiles! The Showcase also provides a time for all participating businesses and non-profits to interact with each other, and sometimes, learn about other businesses and opportunities that are right in their own back

yard. An additional benefit to the Thurmont Business Showcase is meeting some of the non-profit organizations and learning about their cause and how they are impacting not only Thurmont, but society as well!"

While visiting the Showcase, attendees can see all of the wonderful amenities Frederick County's premier event facility has to offer at the Thurmont Event Complex. From bingos, dinners, and fundraisers for the community to larger private events such as weddings and corporate events or public events including trade shows, the Thurmont Event Complex has accommodations for just about any group. And of course, apart from all the amazing businesses present at this year's event, the Thurmont Ambulance Company will be selling their baked goods and sandwiches for all in attendance.

As always, the Business Showcase could not be possible without



the help of town staff who organizes this event every year and the support of many sponsors. This year's sponsors for the Showcase thus far include: Baker Tree Services, Inc., Black's Funeral Home P.A., Stauffer Funeral Home, and Woodsboro Bank, Gold Sponsors; and Silver status sponsors, Gateway Automotive, Hawkins Landscaping Inc., Well-Fit and Willow Creek Studio.

For all those interested in learning more about this event, contact Vickie Grinder at [vgrinder@thurmontstaff.com](mailto:vgrinder@thurmontstaff.com).

## Jacobs honored for efforts in fire department

After nearly two years of hard work and research, the Fairfield Fire and EMS Department welcomed their brand new fire engine last September. The fire truck was officially dedicated during the department's Open House held in October and Deputy Fire Chief, Adam Jacobs, was recognized at the department's banquet for his efforts in procuring the new engine.

Last summer, after 22 years of dedicated service, Fairfield Fire Department's 1996 rescue engine was sold to another Fire Department in Port Treverton, PA. The old engine now dons the colors of its new home, but will never be forgotten by the members of the Fairfield Fire Department, to whom it faithfully served for many years. With the farewell of the old engine came the welcoming of a new one, which will serve the department for many years to come.

The department's new fire engine came all the way from Appleton, Wisconsin where it was designed and constructed. This Pierce Puc rescue engine has the capacity to hold 1,000 gallons of water, is equipped with a complement of rescue tools, medical

equipment, supply lines, portable winch and LED lighting. The compartments within this engine allow more storage for tools and equipment, and provides more room for fire fighters.

From start to finish, the process to procure the new fire engine took close to two years, noted Jacobs. Jacobs kicked off the project by researching other fire engine models and evaluated the needs of the department. Throughout the research phase, Jacobs talked to numerous manufacturers to "create" the department's new engine. After researching, a fire department committee travelled to Wisconsin to speak with the manufacturers and approve the engine design before construction would take place. Once the engine was complete, the committee ventured back to Wisconsin to perform their final inspection of the finished product.

From Appleton, the engine travelled to Lancaster where it underwent its last phase of construction. Manufacturers at Glick Fire Equipment fabricated and mounted the fire department's tools within the interior of the vehicle, and put the finishing touches on the vehicle. Once



Deputy Chief Adam Jacobs, standing next to his proud father William Jacobs, was recognized at this year's award banquet for his year-long effort to procure the fire company's new fire truck.

complete, the engine was ready to make its journey to its new home with in Fairfield.

The department was proud to say that with careful planning and hard work, the nearly \$710,000 engine was completely paid for through the department's capital campaign budget. Although the budget funded the new engine,

the funds would not have been available had it not been for all the fundraising efforts the department has throughout the entire year.

Our local fire departments are always looking for volunteers and we encourage all of our readers to reach out today to learn how they can to become involved.

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# EMMITSBURG NEWS

## Town sign ordinance on hold

Businesses, residents and Commissioners were presented with the second portion of changes to the town's proposed sign ordinance during the March 4, Emmitsburg town meeting.

Last month, businesses were outraged at the proposed sign ordinance that was not only presented as a lengthy 60-page document, but was written in such a legalistically-minded manner that most had a hard time reading it, let alone understanding it. Local business owners banded together following the first presentation to show town staff and Commissioners that they needed to take the time to consider the document and its new implications on businesses in town.

At the end of February, the EBPA met, with Town Planner Zachary Gulden in attendance, to answer EBPA members' questions regarding the proposed ordinance. According to Don Sonn, co-owner of Emmitsburg Tattoo, town staff seemed willing to place the ordinance on hold until the voices of businesses are heard. In response to the interest shown by businesses, Gulden has proposed conducting a series of meetings with all four zoning districts at the town office to answer any questions that both citizens and business owners may have. The meetings may hopefully help present the ordinance in a more easily understood language.

Additionally, the third presentation covering the last portion of the proposed sign ordinance has been pushed back until June. Town staff and Commissioners need to take the majority of April and May to discuss the budget for the next fiscal year. After the final presentation is complete, town staff assured residents and businesses that the town's Planning and Zoning Commission will look at the proposed document before the board takes a vote. The process, in its entirety, is nowhere near completion.

Prior to discussion on the second part of the ordinance, Commissioner Elizabeth Buckman questioned the validity of the Supreme Court Case *Reed vs. town of Gilbert* that was presented in February as the root cause for making the proposed changes to the sign ordinance. The case in question was concerned with censoring the content of a temporary sign. How did the town make the jump from this case to completely changing its own sign ordinance? Town Manager Cathy Willets said that this Supreme Court case, along with several other cases, pertained to an overall recommendation to keep the town's signs in uniformity. Since Emmitsburg's ordinance was over twenty-one years old, Willets noted that recommendations also pertained to coming more in line with modern technology and advertising.

According to Gulden, since the meetings held in February, the originally proposed 60-page document has been decreased to 34 pages. This document consists of 27 pages of actual legislation; the remaining pages are definitions. "Staff is trying to make this new ordinance business friendly," stated Gulden.

With several business owners in attendance at the March meeting, town staff moved forward with the second presentation, which covered illuminated signs. In the town's current ordinance pertaining to signs, businesses within the village zone are only allowed to have one internally illuminated sign on each road frontage, with a maximum size of 12 x 24 inches. This is the only regulation regarding illuminated signs currently in place. The new sign code, as presented, would allow four types of illuminated signs: internal, external, digital and message center signs. The ordinance would also set time periods of illumination and would not allow illuminated temporary signs.

In addition to the illuminated signs, the new ordinance proposed the allowance of off-premises signs for businesses. Billboard signs were proposed in certain zones including general commercial; office, research and industrial; industrial park; and property along Route 15.

The zoning district meetings will be held throughout April, as follows: April 8, Village zone;



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April 15, Institutional zone; April 22, R1, R2, R3 zones; April 29, B1, B2, Industrial Park and OIR zones. The meetings will be held

on the above dates from 9 a.m. – noon. Town staff is looking to add additional meetings in the evenings for residents.

## Emmitsburg news-briefs . . .

### State mandates dual check device installation

As part of a mandate from the Maryland Department of the Environment (MDE) all new residential buildings and some commercial businesses will soon be required to install a residential dual check device downstream of the water meter at their cost.

This mandate is an effort to protect the public water supply served by the town from possible contaminations which could backflow or back siphon into the public water system. It is the Town's responsibility to protect the water distribution system from contaminants and pollution. According to town staff, this mandate was issued years ago, but somehow the town was never notified, until this past January. The town is well overdue to enact this regulation.

Old residences will be grandfathered in unless there is significant plumbing or water work that needs to be done. If significant plumbing work does need to be done, the town will have homeowners install one of these backflow preventers at that time. According to Dan Fissel, the town's Superintendent for Water/Sewer, these devices are easy to install and cost approximately \$60. Some businesses in town will also be required to install these devices. "Twelve to fifteen businesses are on the list to install these devices, including us here

at the town offices," said Town Planner Zachary Gulden. "We're being mandated by the state." Businesses needing to install these devices will have 90 days from the time this ordinance is passed to complete this.

Town Manager Cathy Willets noted that the town would be fined if they do not implement this ordinance. However, members of the Board felt uncomfortable voting to approve an ordinance without having adequate time to review it, or having adequate time for residents to review it.

The ordinance will be brought back to the meeting in April for further discussion and a vote will be taken at this time.

### Community Park botanical garden proposed

A botanical garden to line the half-mile walkway that runs through Emmitsburg's Community Park was brought to the Board of Commissioners for discussion during the March 4 town meeting.

Local residents, Sandra Adams and Wayne Slaughter proposed adding native plants and flowers to enhance the few native species that are already present along the walkway. As explained, they would not be planting garden beds, but instead planting various Maryland native species along the pathway to enhance the plants that are already there. Signage

could be incorporated amongst the plants to help those utilizing the trail identify what species are present. Additionally, some invasive species of plants and vines that currently reside there need to be cleaned out.

Slaughter and Adams hope to make this a community-based effort with volunteers from local schools, Boy Scout or Girl Scout troops, and members of the community looking to become more involved. Funding this project, as proposed, would be done through donations. Slaughter has already reached out to Blue Water Baltimore to inquire about appropriate plants and costs related to purchasing the plants.

Commissioners seemed to be on board with the idea. Town staff

will work on a draft agreement to bring back to the Commissioners at a later date. If approved, Slaughter and Adams hope to begin planting this May.

### Food bank looks to relocate

Emmitsburg's Food Bank may be looking to relocate soon due to the building's leaky roof. Phyllis Kelley, manager of the town's food bank brought her concerns to the Board of Commissioners during the March 4 town meeting.

"This winter has been especially hard on the food bank," stated Phyllis. The roof has been leaking and there have been mold issues as a result of the faulty roof. The Catoctin Pregnancy Center, also housed in the rented building, may also be looking to relocate if this problem is not fixed. According to Kelley, the roof has been repaired, but it is only a tempo-

rary fix – it needs to be completely replaced. However, that could cost as much as \$40,000. Additionally, the building is heated with propane; between the leaky roof and the cold winter, the heating bills have been incredibly high.

Kelley approached the Board, asking them to keep an eye out for any buildings that may be appropriate to house both groups. Commissioner Tim O'Donnell advised Kelley to inform the building owner that there are grant funds available to renovate buildings in the historic district. The owner may consider looking into these opportunities.

In the meantime, Kelley was urged to reach out to Town Planner Zachary Gulden with specifications for a new location. The Pregnancy Center and food bank are willing to part ways if they need to, noted Kelley.

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# FAIRFIELD/CARROLL VALLEY NEWS

## Liberty hires Police Chief

After months of debate regarding the future of the Township's Police Department, Liberty finally made the decision to hire a Police Chief and keep their own Police Department active during their March 5 Board of Supervisors meeting. The decision to maintain their own Police force meant rejecting the proposal from the Carroll Valley Borough Police Department to contract police services. This decision was made unanimously.

In February, Carroll Valley's Police Chief Richard Hileman, Borough Manager Dave Hazlett and members of the Borough Council attended the Liberty Township meeting to discuss their proposal and answer any questions from Supervisors and residents. Their proposal would have cost Liberty Township \$97,082 for 27 1/2 patrol hours per week. In comparison, Liberty's budget only included approximately \$92,000 for their Police Department this year.

Residents of Liberty Township have voiced their opinions regard-

ing the future of the Police Department since the resignation of Police Chief Brand Briggs back in November. Supervisor Jackson mentioned that many residents have reached out to him personally regarding this matter, with "opinions that are pretty strong and pretty divided." In fact, several residents were upset by an unfavorable comment made by a Carroll Valley Borough Council member during a Council meeting earlier this year. However, according to Borough Council member Richard Matthews, after much discussion, and a better understanding of the township's needs, the entire Council came on board with the contract and showed enthusiasm about the opportunity to continue partnering with Liberty Township. With all things under consideration, Supervisors ultimately decided to reject the proposal and continue with hiring a new Police Chief.

By rejecting the proposal from Carroll Valley, some residents of Lib-

erty Township voiced concern about Carroll Valley possibly choosing not to reciprocate police coverage anymore. Carroll Valley and Liberty have had a municipal agreement to cover each other's municipalities since 1994. However, Chief Hileman stated during the March 12 Borough Council meeting that the borough can't continue to be the primary responder for Carroll Valley anymore.

During discussion regarding the rejected police service proposal, Chief Hileman explained that responding to Liberty Township's calls was interfering with their primary responsibility to Carroll Valley residents. The inter-municipal agreement with Liberty does not require Carroll Valley to be the primary responding agency on any calls to Liberty Township; it simply states that they may be the primary responders. "We want to continue to cooperate with our neighbors as we always have," stated Hileman, "but the Borough can't continue to answer Liberty's calls when their

officers are not on duty." Calls will now be transferred to the State Police when Liberty officers are off-duty.

Additionally, Chief Hileman proposed a bill be sent to Liberty Township to cover the cost of service rendered since Chief Briggs resigned in November. The \$4,559 bill included approximately 68 hours of service to Liberty Township. According to Chief Hileman, Liberty Township Supervisor Bob Jackson suggested the Borough send them a bill for the service they provided in the absence of a Police Chief of their own. Borough Council voted to approve this bill 3-2, with some opposition from members because the service, as explained, was done in good faith.

All things aside, Liberty Township Supervisors voted to hire Sherri Hansen, who will be the first female Police Chief for the township. However, this decision was not made unanimously, as Supervisor Mickey Barlow motioned to hire one of the other three applicants, James Powers, as Police Chief. Supervisor John Bostek motioned to hire Sherri Han-

sen, with a second by Supervisor Jackson. According to Barlow, the vote taken during the meeting did not reflect the conversation held during the executive session at the end of February regarding Police Chief applicants.

Solicitor John Lisko recommended Supervisors convene to an executive session to discuss the decision further. Lisko stated at the end of the executive session that the matter under dispute regarded the Township's part time officer, Cpl. Andy Hansen and his marital relationship to the approved Police Chief, Sherri Hansen. According to the township's personnel handbook, relatives of existing employees are prohibited from being hired. Lisko recommended Cpl. Hansen resign as part time police officer prior to his wife officially being sworn in as Police Chief.

Hansen comes to the township with 27 years of experience as a Police Officer in York and currently resides in Adams County. Supervisors hope to have Hansen present at a future meeting to introduce herself to residents and answer any questions they may have.

## FASD evaluates preliminary budget report

The first overview of Fairfield Area School District's (FASD) preliminary budget left the District with a deficit of approximately \$346,000. The District's Business Manager, Caroline Royer, briefed the School Board on the initial draft of the upcoming year's budget during the March 11 Board meeting. Presently, the budget does not include a tax increase, however, it also included a non-comprehensive list of capital projects, so the possibility of a tax increase for the district is not quite off the table yet.

According to Royer, the 2019/2020

budget does reflect an increase in revenues of \$336,000. This increase can be attributed to a rise in earned income taxes and transportation subsidies, as the district is receiving more reimbursement for transportation. Payroll and benefits for the district are also down by \$107,000, even though, as Royer mentioned, they are anticipating contractual raises for professional staff, support staff and administrative staff. Overall expenditures for the upcoming budget total \$18.68 million; this reflects an increase in expenditures of \$341,000 over the current year's budget.

Capital projects currently included in the budget total \$116,000, which is significantly less than the \$344,000 set aside for capital projects last year. Royer proposed replacing the wrestling mat, which is nearly 30 years old; replacing the lockers in the boys' locker room; replacing the floors in three of the elementary classrooms; fixing the roofing wall panel in an effort to fix ongoing leaks; and upgrading the elementary school's fire alarm panel.

Other expenses anticipated include district-wide and classroom technology equipment upgrades. Nathaniel Makar, Technology Coordinator

for the district, noted that some of the equipment is ten years or older, and needs updated and/or replaced in order to run more efficiently and effectively. New laptops, chrome books, desktops and projectors were also budgeted for use throughout the elementary school, middle school and high school. Maker noted that the purchase of the aforementioned equipment is a continuous project in which the school replaces pieces of the older equipment in small batches every year.

The budget, in its current state, does not include any staff changes,

new textbooks or curriculum changes. Royer will continue to add these changes in as teachers bring them forth to her. Prior to the April meeting, the board is to evaluate the budget and come prepared with any additional capital projects, amendments or further recommendations.

Royer pointed out to Board members that FASD currently has the lowest millage rates in Adams County, and if the district should decide to raise taxes, they could bring in a maximum of \$225,000 in additional revenue.

The Board has until June 30 to adopt their final budget, and will continue discussions in April.

## EMS merger brings paramedics on board

On March 3, Adams Regional Emergency Medical Services, Inc. (AREMS) officially took over services for Fairfield Fire & EMS. Back in October it was announced that AREMS and Fairfield Fire & EMS would merge their ambulance services together. Although the decision was incredibly difficult for members of Fairfield's EMS department, they are confident that this decision is the best for the community moving forward. This merger will ensure that Fairfield area has continuous and uninterrupted EMS coverage.

For years, Fairfield EMS has been operating with a mixture of paid staff and volunteers, however, with this merger, at least one ambulance will be housed at the Fairfield fire station with two full-time paid staff members on duty 24 hours per day, seven days a week. AREMS will be paying a monthly fee to house their ambulances and to have sleeping quarters. Geographical coverage will remain the same, as Fairfield EMS will continue to cover Fairfield, Carroll Valley, and parts of Hamiltonban, Liberty and Highland townships.

Additionally, by moving forward with this merger, EMS service to this part of Adams County has been

upgraded to a MICU. With this upgrade in place, a paramedic will be on board the ambulances coming out of Fairfield's department, and can provide advanced life support. AREMS will also be able to provide a better network for volunteer training, because through this merger,

volunteers can be trained for free.

If you are a current member of the Fairfield ambulance service, you will automatically become a member of AREMS at no additional cost for the remainder of the season. In June of this year all members will receive a letter to sign up

for AREMS services at an approximate cost of \$70-\$75 per family. This is close to a \$20-\$25 increase from the Fairfield EMS membership before. The difference in cost

can be attributed to the addition of paramedic services now available.

The merger of AREMS and Fairfield Fire & EMS is a proactive move to guarantee continued ambulance service before coverage becomes a desperate issue, and is supported by all surrounding municipalities.

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# THURMONT NEWS

## Thurmont honors Police Officer of the Year

As part from the other countless ways the Thurmont Lions Club becomes actively involved in the community, each year, the Thurmont Lions Club takes the time to honor one of the town's Police Officers for their outstanding work within the Police Department. On March 12, Jonathan Hamrick, Chairperson for the Thurmont Lions Club Police Officer of the Year Committee, proudly presented the 2018 Police Officer of the Year Award to Officer First Class Brian Donovan.

Donovan began his career with the

Thurmont Police Department in September 2017. During his time thus far, Donovan has excelled in many areas of police work with a special emphasis on traffic safety enforcement, and has made more than 353 stops and issued more than 458 violations since September 2017. As a result of these stops, Donovan has made sixteen arrests for traffic offenses and drug offenses and has discovered several wanted persons in the Thurmont and surrounding area.

Since his time with the Thurmont Police Department, Donovan has

saved the lives of three people in the community suffering from drug overdoses by utilizing the Narcan program, and saved many more lives in his time prior to joining the Thurmont Police Department. In turn, Donovan has received life-saving awards for his actions, for without him, the lives of many would have been lost.

Off duty, Officer Donovan's time is spent serving the citizens of Thurmont in a volunteer capacity as the Lieutenant of the Thurmont Fire Department. In a letter sent to the Officer of the Year Committee, Thurmont

Police Chief Greg Eyer stated that the amount of time Donovan commits to serving the community both on and off duty is only one of the reasons he was nominated. "Officer Donovan is always willing to pick up an extra shift or go the extra mile when asked. He willingly accepts new challenges or new projects for the department."

Donovan was presented with a plaque, gift certificate and a donation was made to his charity of choice. "We thank you for your continued service and support for this community," stated Hamrick.



Brain Donovan accepting the Police Officer of the year award.

## Extension planned for Trolley Trail

Bryant Despeaux, president of the H&F Trolley Association presented a phased proposal for extensions to the town's Trolley Trail during the March 5 town meeting. The organization is looking for the Town to support extension plans for the trail, commit town labor and equipment for construction and eventually, commit to acquiring land for the trail park and work with the organization to develop a park.

The H&F Trolley Association was started about a year ago and currently consists of a five-member

board, with 60 members involved. The organization's core mission is to advocate for the construction of a multi-use trail along the old H&F Railroad right-of-way; raise funds for the construction of the H&F Trolley Trail and other trails in Frederick County; provide volunteers to help maintain the trail; and sponsor and host events that promote the use of the trail. Despeaux said, "We want to make the trail a destination trail."

Commissioners were presented with both long-term and short-term goals for the Trolley Trail. The long-

term goal would be to extend the Trolley Trail all the way to Frederick, which would create fifteen miles of uninterrupted trail for walkers, bikers and hikers. It would also provide a safe cycle commuting opportunity for residents of Thurmont, Lewistown and Yellow Springs. Another long-term goal would be to extend the Trolley Trail to Emmitsburg. This could add another eight miles in the northern direction of the trail.

In the meantime, the H&F Trolley Association would like to see smaller extensions to the trail. Both

a northern extension, connecting the existing Trolley Trail to the Eyer Road Park, and a southern extension, which would run parallel to the water treatment access road across Potomac Edison property on Moser Rd., were proposed. The northern extension would double the current length of the trail by adding an additional .77 - .89 miles of trail, and could eventually link up in Emmitsburg. It would provide a car-free path for children and families wanting to walk to Eyer Road Park. Although it would most likely be well in the future, Despeaux also proposed establishing an H&F Trol-

ley Trail park along the southern extension.

Projected costs for the construction of this trail vary depending on the surface used. The estimated cost for an asphalt trail would be the more expensive route to go, costing approximately \$190,000. A stone dust path would only cost \$70,000.

Commissioners seemed to be unanimously in favor of an extension to the Trolley Trail, both in the northern and southern directions. No official action was taken on this topic during this meeting, but further discussions will be held in the future.

## Thurmont news-briefs...

### Local Eagle Scout looks to help Library

Thurmont local, and Eagle Scout, Seth Young, has chosen to help the friends of the Thurmont Regional Library for his Eagle Scout Project by constructing a storage building to store donated books that will be sold at the Thurmont Community Show.

The building, as discussed by Young, will be a 20 x 24 foot storage shed with four windows, one walk-in door and one roll up garage door. Shelving will be constructed on the inside to help organize donations. Shingles will make up the roof, and vinyl siding will cover the sides of the shed. Young already has the doors, windows and all the lumber needed, aside from the trusses. The remainder of the materials will hopefully be donated.

Once started, Young said the project would take about a month to complete. He hopes to get the concrete slab, which will serve as the base of the building, in as soon as possible.

### Board approves purchase of new service bucket truck

Thurmont's Board of Commissioners unanimously voted to approve the purchase of a new service bucket truck for the town's electric department. The new truck will cost \$193,466, and will be purchased through SourceWell. The new truck will be replacing the 2002 Chevrolet bucket truck, which was used by the town for seventeen years. The old truck will be sold through via auction.

The purchase of this truck was accounted for in the cur-

rent budget. \$179,000 was set aside in capital reserves last year,

however, the price of the truck has increased leaving the town \$14,466 short to fund this truck. Chief Administrative Officer, Jim

Humerick, asked the Board for a budget transfer in order to fully fund the truck. The budget transfer was approved.



## Thurmont Business Showcase

**Saturday, April 27**  
**11 a.m. - 2 p.m.**  
Thurmont Event Complex  
13716 Stafford Drive, Thurmont

**FREE!**

The Thurmont Business Showcase is a one-day "Pop-Up Business Community" event showcasing the Thurmont businesses skills, products, services & innovations all under one roof! The Thurmont Business Showcase will feature businesses & non-profit organizations from Thurmont. Invite your friends, family, co-workers & neighbors to this free event! Explore what the businesses of Thurmont have to offer!

**The Thurmont Business Showcase has**  
*Something for Everyone!*

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Thurmont Ambulance Company will be selling their delicious food during the Business Showcase!

If you are a business in the 21778, 21788 & 21780 zip code or Lewistown you may download an application at [thurmontmainstreet.com](http://thurmontmainstreet.com) or contact Vickie Grinder at [vgrinder@thurmontstaff.com](mailto:vgrinder@thurmontstaff.com)

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<p><i>The Great</i> <b>RAILROAD BEER</b></p>  <p>4 PAK CANS 6 PAK BOTTLES 12 PAK BOTTLES</p>	 <p><b>Michelob ULTRA PURE GOLD</b> 12 PAK BOTTLES</p>	 <p><b>Michelob ULTRA 8 OZ. MINI</b> 12 PAK CANS</p>	 <p><b>VARIETY PAK BEER</b></p> 
<p><b>ALL WINTER VARIETY BEER AVAILABLE!</b></p>	 <p><b>Paul's Pit Stop</b> DISCOUNT BEER, WINE &amp; LIQUOR Website: <a href="http://m.paulspitstop.net">m.paulspitstop.net</a> 150 S. Seton Ave., Emmitsburg <b>301-447-6262</b></p>		 <p><b>JIM BEAM TRIPLE BATCH</b> 750 ML</p>

## 100 YEARS AGO THIS MONTH

## April 1919

## April 4

**Arrested For Stealing**

Luther Smith and his brother Ross have been charged with stealing meat from the smokehouse of Mr. Weasche of Thurmont. The property of Luther was searched but nothing was found. Several days later, Luther took a package to the train depot for shipment, the same being labeled "potatoes." The odor of bacon was detected coming from the barrel; the deputies were notified and another search warrant was issued and the barrel was opened. Potatoes were found on both ends of the barrel but when removed, deputies found that bacon occupied the majority of the barrel. Luther's wife stated that Ross Smith brought the meat and other items to her house stating that he had bought them from local farmers in need of cash.

Many robberies have been committed about Thurmont and Emmitsburg. Meat, eggs, chickens, automobile tires, and numerous other articles have been taken during recent months. Deputy Sheriff Dutrow stated that if these men were convicted and forced to divulge the identity of their alleged associates, the clique of thieves who have been operating in the northern end of the county would be broken up.

**Infant Crushed By Auto**

What is considered almost a miracle by residents of Fairfield occurred recently when the life of 18-month old Florence Sheffer was saved after the wheel of a large touring car passed over her body. The little girl is still alive with good chances of recovery and the miraculous part of the accident was that she suffered no broken bones, although the car passed over her stomach and rendered her unconscious for about fifteen minutes.

Her father and grandfather had entered the garage to get the car and started the motor and began backing out of the building. Florence and her mother were feeding chickens nearby and the little girl,

on hearing the sound of the automobile engine, started running for the garage to be taken along in the car. Mrs. Sheffer started in pursuit of her but not in time to prevent Florence from being knocked down by the backing machine. As both men were in the front part of the car, they could not see the child and when the driver felt the obstruction under the wheel, he turned on more power and the big car passed over her body. Persons are at a loss to explain her escape. The only possible theory is that a slight gully in which she lay prevented the full weight of the car from pressing down upon her.

## April 11

**Graceham's Ajax Saves Home**

Sunday evening, while the wind was blowing a gale, fire broke out in the chimney of Mr. James Smith's house located near Graceham. Sparks from the chimney lodged on the roof and soon the roof was burning in several places. Graceham's Fire Company went to the scene and took with them their Ajax chemical tank and in a short while the fire was under control and extinguished. Two other houses adjoining the property would have gone also had the fire not been quickly put out. This instance showed how valuable one of these chemical tanks are in small towns. That same evening, the chimney of the house occupied by Mr. Charles Troxell, also of Graceham, caught fire and burned fiercely. The chemical tank was used to good effect on this property also.

**People To Pay Heavy For Privilege Of Talking**

The C&P Telephone Company announced that the rates heretofore charged to subscribers do not pay for the upkeep of their property, and hence, rates must go up. The rise in rates takes effect May 1, and almost every person having a phone or wishing to talk over the phone will be touched up for the privilege; the increase being from five to twenty cents, and five cents additional for war tax. The cost of a call from Emmitsburg to Thurmont will now be ten cents.

**R. L. Annan Closes Store**

An icon of Emmitsburg, the Annan Hardware and Grocery store on the square, closed for business on Saturday. Mr. Annan inherited the store from his father, James, who bought it from his brother Isaac in 1880. Isaac, when twenty-years-old, became a clerk in the general dry goods store of George W. Rowe. Following Rowe's retirement in 1856, Isaac became the store's proprietor and changed its name to I. S. Annan & Company. In 1858, Isaac's brother James joined the firm. The store became known as I. S. Annan & Brother. In 1880, having profited handsomely from the store, Isaac turned the day-to-day operations of the store over to his brother James.

## April 18

**Thieves Rob Egg Company For Fifth Time**

For the fifth time in two years, thieves entered the warehouse of the Blue Ribbon Egg Company in Emmitsburg on Monday night and stole 21 crates of eggs. Entrance to the Blue Ribbon Egg Company was gained through a window from which a pane of glass had been removed. A Negro reported that he saw two men on a truck, with which it is thought the eggs were hauled away with. This robbery makes the fifth loss of this nature by the Egg Company in the past two years. Hundreds of dozens of eggs had been stolen at various times.

The people of Emmitsburg are clamoring for police protection and are in a quandary how to protect their property. The police have talked to people about the robberies and are following possible clues, but so far without any results. Robberies, while they have been bold, have been cleverly carried out and the authorities have not been able to determine where the thieves have disposed of their stolen goods.

**Boozer's Propose Emmitsburg Secede From U.S.**

Citing President Wilson's 14-point peace plan, which calls on nations to allow ethnic minorities to secede and form their own nations, members of the Former Former Boozer's



Rural mail carriers standing in front of the old Post Office, which was adjacent to the I.S. Annan & Brothers general store on the square in Emmitsburg.

Association voted overwhelmingly for Emmitsburg to secede from America. Once independent, the Boozer's said they would rescind prohibition, and with it, predicted it would then be a 'wet' island in a sea of 'dry' states, the town would attract right-thinking men from far and wide eager to spend money to taste the sweet 'shine' produced in the local Mountains. "We will be so awash in cash," one boozier said, "that we'll be able to send our nagging wives anywhere they want to go! And the longer they stay away, the better. Emmitsburg will be a man's paradise!" Debate on design of Emmitsburg's new flag was put off until the next meeting to allow the Boozer's to get down to some serious drinking.

## April 25

**Truck Crashes Through Bridge**

A truck carrying about seven tons of lumber crashed through the Willoughby Run Bridge on Fairfield Road. The occupants of the truck were uninjured. The iron rods beneath the planks saved the truck from plunging into the stream below and causing a serious accident. The bridge gave way almost the instant the full weight of the truck bore down upon it. So completely was the truck wedged down in between the iron rods that it was not extracted until the following morning. A squad of men was sent to repair the bridge for the use of ordinary travel, but it will be some time until the bent rods can be straightened and

permanently fixed. It is impossible for the great majority of auto cars to ford Willoughby Run at this particular spot as the stream is full of holes and rocks of considerable size.

**Hogs Have Rabies**

Dr. Redson, of Fairfield, discovered two brood sows on the farm of Jesse Strayer, near Fairfield, that were infected with rabies. Several days ago the hogs were bitten by a strange dog while feeding in the field near the road. The search has been started to find the dog, for if it is not killed, a great amount of damage to the livestock of the county may be done.

**Officer Robey Arrested**

On Tuesday night, Officer Robey's motorcycle was standing on the street without a taillight. The violation was noticed by Leo Creeger, and Deputy Lidie was called on to arrest the officer. Robey pleaded guilty. Then a technical point arose in the mind of the judge as to whether the state could arrest and fine itself for violating the law. However, Robey agreed to pay the fine and said he would turn it as an expense. This was a case of "getting even" on the part of Mr. Creeger, he having recently been assessed \$25 and his license revoked for fifteen days for speeding by Robey. Officer Robey remarked that Creeger would be wise to keep his "lamps trimmed and burning."

To read past editions of 100 Year Ago this Month, visit the History section of [Emmitsburg.net](http://Emmitsburg.net).

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## FROM THE DESK OF...

# County Councilman Phil Dacey

Over the past month, the County Council has been actively engaged in law enforcement issues, government transparency, and the Frederick County charter review process.

We had an informative presentation from our Sheriff's Department. I am pleased to report the Sheriff's Department in Frederick is doing a wonderful job of keeping Frederick citizens safe and minding our tax dollars. My hat is off to all of the public servants in Frederick County who put themselves in dangerous situations to protect and serve our communities. Opioid abuse, which is claiming an average of one death per week in Frederick County, has challenged law enforcement in

unexpected ways. Sheriff Jenkins is continuing his efforts to combat this crisis through multiple channels including bringing resources together on March 28 from 4-8 PM at the Frederick Fairgrounds to educate and support those in the community confronting this issue.

Moving on to another topic, this County Council has already been presented with the responsibility of approving an appointment to the Board of Education, and I believe it is an opportunity where we can improve. I strongly believe in government transparency and transparency is especially important when replacing an elected official.

The Board of Education is normally elected by the citizens

of Frederick County. However, when a vacancy occurs, (which just happened as one member was elected to another position), the County Executive is required to nominate a replacement and the County Council must vote to confirm or reject that nominee.

In my opinion, this should be as public a process as possible. I think that the public should know who has applied for the position and there should be a way for the public to register their opinions on the potential candidates. I think that, like in an election, the nominated candidate should appear before the Council and answer questions about their educational beliefs publicly. I am working on legislation on both

the state and the local level that will provide additional transparency for this situation.

Finally, on the charter review process, this is only the second term with a County Council and County Executive as separate branches of government. Previously, the County Commissioners were responsible for passing the laws and running the agencies that carried out those laws. The Department heads reported directly to the County Commissioners, rather than to a single County Executive. I was in favor of moving to a charter government. I thought that like our founding fathers, having a separation of powers between those that pass the laws and those that enforce the laws would be beneficial to Frederick. I am among the many people who have looked at the issue that agree that some

changes to the charter would be beneficial.

One of the provisions of the charter government requires a review commission of 7 members (at least one from each Council District) to be appointed that will analyze the charter to see how it is serving the citizens and make recommendations on how to improve the charter. Ultimately, those recommendations will have to be approved by the County Council and by the voters in the form of a referendum.

The County Council is still finalizing the criteria and process for serving on the Charter Review Commission. But if you are interested, please send a resume and letter of interest to me directly, so I can forward it to the Council Staff for review. You can email me directly at pdacey@FrederickCountyMD.gov.

# Thurmont Mayor John Kinnaird

Spring has finally arrived and with it we will see warmer weather, and the coming months will be filled with lots of outdoor activities and events. As the

weather improves we will start seeing lots of kids out and about going to sporting events and to friends houses. Please keep an eye open for our youngest residents,

as they may not always be aware of their surroundings. I have noticed that Little League has been holding practice as well as soccer, lacrosse and other outdoor sports. I recommend that if you want to see some dedicated kids playing sports and having a great time, just visit any of our playing fields and see what is going on. The kids will appreciate that you have taken the time to watch them play.

There are some exciting events coming up in Thurmont during

the month of April including the 2nd Annual Thurmont Greenfest and the Annual Thurmont Business Showcase. The Greenfest will be held at the Thurmont Regional Library on Saturday April 13th from 10 a.m. until 2 p.m.. There will be nature crafts, games, stories, a rain barrel raffle, composting information, planting instructions for trees and plants and an electronics recycling drop off. With the exception of CRT tubes in televisions or monitors, all electronics can be dropped off to be recycled. This event is for kids and adults, so be sure to bring the little ones along

for a fun day of learning how we can all improve our environment.

The Thurmont Business Showcase will be held at the Thurmont Event Complex on Saturday April 27th from 11 a.m. until 2 p.m.. This is a great opportunity to find out what kinds of products and services local business and non-profits offer our community. There is always something new to see at the Thurmont Business Expo. Admission is free and the Showcase is at the Thurmont Ambulance Event Complex located at 13716 Stratford Drive in Thurmont. You are also invited to enjoy A Taste of Thurmont Restaurant Week from April 5th through April 13th. Visit any of the participating restaurants to enjoy special meals or discounts. Participating restaurants will be revealing their Taste of Thurmont Specials in the coming week.

The Board of Commissioners were recently presented with a plan of action to extend the Thurmont Trolley Trail, North from East Main St. to Eyer Road Park. This extension of the extremely popular Trolley Trail will open the North end of Thurmont to a safe and well-maintained trail system for the use of walkers and bicyclists. The trail will connect not only to the existing Trolley Trail but also the Gateway Trail we establish through a partnership with the Catoctin Mountain Park. This extension will also provide access to a planned bike trail between Thurmont and Emmitsburg. The final route of the North extension to the Thurmont Trolley Trail is still in the planning stages and volunteers are welcome to contact the H&F Trolley Trail Association on their website if you would like to join the association or help with this community project.

I hope the nice weather gets us all outdoors for some much needed sun and fun! As always, please contact me at 301-606-9458 or at jkinnaird@thurmont.com with any comments, complaints or compliments.

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# GOVERNMENT—SOUTH OF THE BORDER

## County Executive Jan Gardner

It's been just over 100 days since the new county council and I have been sworn into office. It has been a busy and hectic time and we have already accomplished a lot.

As County Executive, I am committed to making life better for the people who call Frederick County home. I thought I'd share some of the initiatives we have kicked off since Inauguration Day and the accomplishments we have celebrated.

### Hope for Recovery/ Detox Services

Like most of our state and country, we have been challenged in Frederick County with overdose and addiction from substance misuse particularly with heroin and opioids. That's why I am incredibly excited to announce that detox services will soon be available in Frederick County so people can get the help they need.

Last year, I added one time money to the county budget to offer as a start-up grant to encourage a treatment provider to open a medically supervised detox center. I am pleased to announce that the County has awarded a grant to Maryland Treatment Centers to provide medically supervised detox services in two locations. Over the next three months Maryland Treatment Centers will renovate their Mountain Manor site in Emmitsburg adding up to 18 more beds for individuals who need withdrawal and detox services. In addition, the County and Maryland Treatment Centers will be renovating and converting the second floor of the County's Work Release Center into a separate space with a separate entrance for our new detox center. This location was offered by Sheriff Jenkins to help meet this critical need. This facility will open in 2020 and it will add another 28 beds for detox services.

Together, these two locations will provide 46 new beds for medically supervised detox services in our county. Maryland Treatment Centers was selected, in part because of its experience serving the uninsured, underinsured and indigent, who have a difficult time accessing substance use recovery services.

Medically supervised detox services will allow individuals to safely recover from withdrawal under the supervision of medical providers. The goal is to then find appropriate ongoing substance treatment so individuals and families can move to full recovery. Recovery from addiction is a long and challenging process but there is hope for recovery. We can all be proud that working together, individuals and families will no longer have to leave the county or state to find the services they need. I am so glad that we are able to make this happen for our loved ones who are struggling with addictions.

### Good New for Children.

We often hear the adage that our children are our future. When children experience trauma, their ability to learn and grow is impacted. Our community recently launched an innovative program called "Handle with Care." When a child has witnessed a traumatic event, their schools are alerted by first responders. Educators are not provided with details of the incident but are made aware that a student may be coming to school experiencing the impacts of a traumatic event. This will enable our teachers and educators to offer extra support, without knowing details, so the child can better heal with as little long-term impact as possible. It takes a village.

### Local Legislation to Address Growth.

Growth is without a doubt a hot

topic in Frederick County. My goal is to make sure we managing growth better, learn from our past mistakes, and protect what we love for future generations.

I proposed legislation to require enhanced public benefits – such as a school or school addition, a regional road improvement, parkland, or other benefit - as part of any new developer agreements. The County Council is currently considering these proposed amendments for Developer Rights and Responsibility Agreements.

I recently appointed an Adequate Public Facilities committee which has already met to review real time school enrollment, capacity data, and trends and to make recommendations to strengthen our local laws to avoid school overcrowding.

The Planning Commission held its final public hearing on the Livable Frederick Master Plan which will now go to the County Council for their public process. Livable Frederick is a new innovative approach to comprehensive planning that uses new technology and a policy based approach to ensuring a bright and prosperous future. Livable Frederick puts citizens in charge.

### Going Green, Saves Green

Frederick County recently broke ground on a new solar project that will reduce our carbon footprint and support a more sustainable county. The solar project is located on county property near the Ballenger McKinney wastewater treatment plant, where a waste-to-energy facility was once proposed. When we go green, we save green. Stay tuned for an announcement about a second county solar project.

### Advocating in Annapolis

During the Maryland General Assembly session, I have been in Annapolis

regularly advocating for education and school construction funding, more paratransit for our seniors, Next Generation 9-1-1, and the need for a Prescription Drug Affordability Board to hold down the high price of medications. As Chair of the Maryland Association of Counties' Legislative Committee, I have been asked to testify on several bills that will benefit Frederick County citizens. I expect Frederick County to receive more state dollars for education for our students as well as for school construction. The legislative session ends on Monday, April 8.

### Celebrating Our Accomplishments

In these first 100 days, we've had lots to celebrate! I am proud to tell you about the following:

Frederick County and Fort Detrick officials traveled to the Pentagon to be recognized with one of only seven U.S. Army Community Partnership Awards in the nation, based on our collaborative initiatives for emergency communications dispatch and solid waste management.

Our business innovation center, ROOT, earned the 2018 Urban County Innovations Award from the Maryland Association of Counties.

Our Division of Parks & Recreation won three statewide awards: the landscape site award for Point of Rocks Community Commons; best activity guide for the winter Recreater; and best social media campaign for its scavenger hunt, "Weihnachtsgurke in the Woods."

The Kids Like Us art therapy program at our Health Department earned an Innovation Now Award from the Addiction Policy Forum. The Kids Like Us program works with children from families that have a member suffering with an addiction.

Our business incubator, The Frederick Innovative Technology Center Inc., also known as FITCI, marked

15 years of successfully helping entrepreneurs bring their big ideas to life adding over 800 full-time jobs to Frederick County.

We have also celebrated major milestones in our business and volunteer communities. Numerous fire and rescue companies held banquets, including an impressive 125th anniversary for Brunswick Volunteer Fire Company Inc. Frederick Mutual Insurance Company marked an amazing 175 years of doing business in our community!

### Budget

On April 15<sup>th</sup>, I will present my proposed 2020 budget. These past few months have been very busy meeting with county divisions, holding public hearing, and formulating and developing a balanced budget proposal that best balances the needs of our growing community. I have reached out to the public with meetings and an online survey to make sure the county budget reflects our community's priorities and values. I received thousands of responses to the survey. At public hearings, I heard from many people asking for more funding for the animal shelter, education, seniors, and our libraries. Individuals have also sent letters and emails advocating for their priorities. The list of budget requests and appeals that I have received and have considered is available on the County's website at [www.FrederickCountyMD.gov/budget](http://www.FrederickCountyMD.gov/budget).

Our budget will be fiscally responsible and will reflect community priorities and value for education, public safety, good roads, parks and libraries and will value our hardworking county employees.

If you have something to share, please contact me at [jgardner@FrederickCountyMD.gov](mailto:jgardner@FrederickCountyMD.gov) or call 301-600-3190.

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— Certified Public Accountant —



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6 Shirley Tr., Fairfield, PA - 0.52 ac., sand mound, 1,353 sq. feet. Beautiful lot..... <b>\$12,900</b>	9 Lure Tr., Fairfield, PA 0.64 ac., public sewer, close to Ski Libert and 2 golf courses, cul-de-sac, natural gas available..... <b>\$32,500</b>

**53 & 55 Mason Dixon Tr., Fairfield, PA - 1.74 ac., perc appr, Property line sits right on historic Mason Dixon line....\$23,500**

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8 Bunny Tr., Fairfield, PA - 0.54 ac., excellent home site, cul-de-sac trail, level cleared lot.....**\$29,000**

## FROM THE DESK OF...

# Carroll Valley Mayor Ron Harris

Last year on the first day of Spring brought us 9 inches of snow and the second day added another 4 inches. This year high winds and heavy rains. Still looking forward to the warmer weather.

The E-Waste Recycling event is scheduled to be held on Saturday, April 13th from 8 to Noon at the Hamiltonban Township Maintenance Building located on 31 Carroll's Tract Road. Now is the time to get rid of your old computers, monitors, laptops, peripherals, printers, keyboards, copiers, scanners, cell phones, stereo equipment, telephones, modem, and televisions. Regarding televisions, you must remove them from the cabinetry in which they are contained and no items should be broken into pieces. Be aware that unloading assistance will not be provided.

This event is free and only for current Park's Garbage Service customers in the boroughs of Carroll Valley and Fairfield and the townships of Hamiltonban, Highland, and Liberty. It will take place "Rain or Shine". If you have any questions, you can email Hamil-

tonban@embarqmail.com or call 717-642-8509.

Concurrently with the E-Waste Recycling, Hamiltonban Township is organizing a 2019 Great American Cleanup of Pennsylvania event to be held on the same date from 8:00 am to 5:00 pm throughout the township. They are asking local community and civic associations, school and youth groups, families and friends, business employees, hunting and fishing clubs, conservation organizations, sports teams, and others to organize their members and participate in the Hamiltonban Township 14th Annual Highway Cleanup. For more information contact the Hamiltonban Township office.

The Carroll Valley Easter Egg Hunt will be held on Saturday, April 20th from 11:00 am to Noon. The participants will be divided into four age groups: (1) 2 years and under; (2) 3-4 years old; (3) 5-7 years old; and (4) 8-10 years old. All age groups will hunt at the same time. Portraits with the Easter Bunny will be available thanks to Jarrell Studios. Gayle Marthers and

Amanda Bell are looking for helpers to fill 5,000+ eggs. If you wish to donate candy to fill-up the eggs, go to [www.https://www.myregistry.com/wishlist/Borough-Of-Carroll-Valley-Fairfield-PA/1852975](https://www.myregistry.com/wishlist/Borough-Of-Carroll-Valley-Fairfield-PA/1852975) and myregistry.com will display the "Welcome to the 2019 Easter Egg Hunt of Borough of Carroll Valley page. Click "Continue to Gift List" and chose the candy you would like to donate to the Egg Hunt.

On Saturday, April 27th from 10 a.m. to 2 p.m., at the Carroll Valley Educational & Community Complex, the Carroll Valley Borough Police and Liberty Township Police Departments will partner with Collaborating For Youth to carry out the tenth Adams County "Take Back" medicine collection. This medicine collection provides an opportunity for Adams County residents to dispose of unused or expired prescriptions and over-the-counter medications safely and free of charge. Pills, liquids, creams, and pill bubble-packs will be accepted. No needles or sharps will be accepted. Seventy percent of people abusing prescription

pain relievers get them (take) from family and friends. In fact, more teens abuse prescription drugs than any illicit drug except marijuana. Adams County's medication collection and disposal is being sponsored by the Pennsylvania Office of the Drug Enforcement Administration in partnership with local and State Police, local fire departments, Collaborating For Youth, and the Adams County Department of Environmental Services. For more information regarding the Adams County TAKE BACK, please contact Eileen Grenell, 717-338-0300.

The Borough of Carroll Valley is holding its Annual Trout Fishing Derby on Sunday, April 28th at the Carroll Commons Park from 9 a.m. until Noon. All children 15 and under are invited to come out to the park with their fishing poles, tackle boxes, and bait and take part in the Carroll Valley fishing derby. Each participant is permitted to keep five fish. Pre-registration is strongly recommended but not required. The first 150 registrants will get a free gift provided by Keystone Pursuit Outdoors.

The participants will be divided into four age groups: (1) 4 &

under; (2) 5 to 7; (3) 8 to 10; and (4) 11 to 15. The schedule timeline: Registration (8-9 am); Fishing Begins (9 am) and Fishing Ends (Noon). If you are interested in helping out, please call 717-642-8269. This is a free event thanks to the generosity of the following sponsors: KPO, McSherrystown Fish & Game Association, Inc. and the Borough of Carroll Valley.

During the Fishing Derby on April 28th between 9 a.m. to 1 p.m., the Carroll Valley Tree Board will be present with an informational tent containing invasive plant, water management, and Spotted Lanternfly information along with a "Come see your Park" activity for the children and adults to do in the park. So please come and meet the Tree Board and learn something new about Carroll Commons Park.

The Borough meetings in April are: Planning Commission (April 1st); Tree Board (April 5th) Council Meeting (April 9th); and Parks/ Recreation Committee (April 24th). If you have any questions, please contact me by calling me at 301-606-2021 or email at Mayor-RonHarris@comcast.net. Please watch your speed while driving.

# Commissioner Candidate David Bolton

During the opening months of 2019, the employees at the courthouse were left to wonder, "Who is in charge?" With the abrupt absence of the former County Manager and not much being revealed from the Commissioners' Office, many are still left scratching their heads over the leadership model at the courthouse. This has caused the cur-

rent Commissioners to increase time spent in the courthouse to oversee operations, but it may also be causing their focuses to shift, exposing the weaknesses in organizational leadership and culture at 117 Baltimore Street.

Who is directing "the Big Picture" concerning pay rates and benefits? While there are department directors that can do so,

there is no one person who has extensive experience among the current Commissioners with Human Resource management.

So, we have a new County Solicitor that makes more than her predecessor, who had 20 years on the job. Commissioners stated this was due to a lack of an Assistant Solicitor and they are saving money. But what happens when we DO hire an Assistant? Will the Solicitor's salary be reduced? Doubtful. So, we will see an increase in sal-

ary expense at that time. The position has been posted on the county website since January 17<sup>th</sup>.

What about the vote to discontinue the retiree healthcare coverage offered for over 20 years? With potentially \$1M in losses after an audit of the 2016 books, now the decision to self-insure is affecting those who may want to retire before 65 from county employment. While these retirees pay their full premiums, the fact that they use the benefits more than

the "young", causing all "pool" premiums to increase is no reason to jettison the program. Yes, those in the program now will be grandfathered in, but what about those who may be close to retirement and expected to have that benefit available? Again, the decision to self-insure continues to show that it may not have been a good one.

What about the years of wasted tax dollars paid out for overtime at the Prison? With a recent change of the Chairman of the Prison Board, it is apparent there was a problem with leadership. While the new Warden is doing some great things organizationally, it takes years to change a workplace culture. Does the Commissioner who allowed this to happen on his watch deserve another four-year term after the last seven?

Leadership Accessibility is not only about being available for a quote in the paper or showing up for a dinner. It is about picking up



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PAID FOR BY DAVID BOLTON FOR ADAMS COUNTY

Continued on next page



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# GOVERNMENT—NORTH OF THE BORDER

## County Commissioner Jim Martin

Whether we know it or not Adams County is an extraordinary county. We are the central historic gateway to Pennsylvania and the gatekeeper of hallowed ground. This hallowed ground is a monument to one of the most decisive battles of the Civil War that helped to preserve the Union.

Enveloping this treasure are vistas enhanced by preserved lands and good stewardship of natural resources. With all this in place we also have the need for economic development to provide quality jobs for our residents and to sustain and support our tax base for ever increasing county expenses and services.

Given the mix of these varied elements relevant to Adams County, how do we sustain the extraordinary character of the county? One answer to that question is to curtail the “shotgun” approach to agricultural land preservation that lacked uniformity. To me it does not make good sense nor does it seem to be in the best overall interest of Adams County to mix preserved land and commercial development. This mix does not enhance the value of preserved land.

To avoid moving further into this direction, the board of commissioners came together to lead the development of the Priority Land Preservation Map. This map has become the county’s planning guide to designate the best suited locations for preserving agricultural land. This is an example of applying vision, leadership, and common sense to get results that will continue to sustain the character of Adams County.

Rather than contract to have a priority map developed, we utilized the staff and analytical equipment of our Planning and Development Department. I might add that for a County our size we have an extraordinary Planning and

Development Department. Under our leadership, they continually take on projects that support the planning needs of both the county and municipal governments in Adams County. The board of commissioners understands the benefit of using county resources to aid municipal governments, thus saving expenses and time with their operational needs.

Not only is it one of our goals to help others, but to listen to others. Just listening brought about a milestone change in staffing our Children and Youth Service Department. After meeting with our Children and Youth Services (CYS) Director and our HR director, the frustrations and the expense of adequately staffing CYS were put on the table. The conclusion of the discussion focused upon new staff who had to be hired through the state civil service pool of applicants. Many of these applicants did not have adequate skill to perform their job requirements. As a result terminations were too frequent. This meant carrying excess employees, wasted hours of training, overtime needed to cover the vacancies, repeating the hiring process, and a negative effect on department morale.

Obviously this issue translated into wasted time and expenses. After review of the state code, we found there was a provision allowing counties to opt out of the civil service hiring process. The

decision was then made to apply to the state civil service for a waiver of hiring through state civil service system. To accomplish this the county developed a number of newly written policies and procedures. These guiding documents clearly stipulated that all new hires would be provided all their employee rights that exist under civil service.

After this task was completed, all documents were submitted to the state civil service for review and the anticipated approval. We waited nearly a year, without an answer. Our inquiries produced no action. We then gained the support of CCAP members to investigate why the delay. To make a long story short, we received our waiver. However, we are not free of the State Civil Service. We are constantly audited by them to insure we are following all approved protocols. I hope the level of audits represents their care, concern, and appreciation for the work Adams County does. Since the approval, the efficiency of our CYS has definitely increased as a result of county direct hire. This is the type of result that the commissioners strive to achieve on a continual basis.

As experienced commissioners we know the importance of accurate property assessments and keeping our assessment personnel furnished with up-to-date analytical resources. Producing accurate assessments is essential

to preventing the expense of unnecessary reassessments. Basically if assessments are poorly done the ratio of assessment to market sales can have too wide of a disparity. This situation could easily produce a county-wide COD (Coefficient of Dispersion) above 20% and precipitate a required county-wide reassessment.

According to our Tax Services Department, the cost of a county-wide reassessment could easily exceed \$1.5 million. That expense would be extremely difficult to absorb. The attention to details and the high standards of operation that our Tax Services adheres to is more valuable than people realize; it definitely helps to prevent a premature assessment expense.

Stepping outside of our county’s own annual calculation of COD, we also have a third party review by the

State Tax Equalization Board (STEB). Their recent analysis and calculations utilizing Adams County sales data produced a COD of 11.2% for Adams County. This is the second lowest COD in the state of Pennsylvania which validates the high level of accuracy of our Tax Services Department.

The internal operations of county government are complex and to have it operate in an effective and efficient manner as the matters expressed above, requires commissioners with multiple skills and qualifications. For over seven years you have witnessed commissioners that have provided the leadership, experience, vision, and common sense that has moved Adams County into a better position than when we took office. We are looking forward to future opportunities to serve the residents of this extraordinary county.

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Continued from previous page

the phone when a constituent or employee calls. It is about engaging and informing others on social media to discuss issues. It is about returning emails. Phone, Text, Email, Messenger...many already know that I am readily available to be there for them. Those who have worked with me know that I am not going to shy away from the hard discussions.

I have been supervising and developing staff since I was 21 years old. I have experience with direct reports of hundreds of employees at once. I understand the methods of coaching and encouraging personal development among my staff. I have taught many others to be leaders during my career, helping them to be promoted and coaching their own staff. I have been educated in the best practices of HR and have studied current trends in my recent Master’s program.

I am ready to lead the staff at the courthouse and to work side-by-side with them so that every problem encountered will result in a “Team Win”, for our employees and our county. On May 21<sup>st</sup>, you have two votes. I am asking for only one.

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## COMMENTARY

# Words From Winterbilt

## Taxes – something is not right

Shannon Bohrer

April is a good time to discuss the promises of reducing our taxes and how this affects us. We often hear from political candidates about cutting taxes and how it will solve our problems. Additionally, the way the tax cuts are presented one would think that any problems we have can be cured with a tax cut, which is not true. April 15 is also the deadline for us to reap the rewards of the tax cuts from the previous year.

We have been told that tax cuts will spur the economy with higher employment and better wages. That does make sense. If people have more money, they could spend more. Businesses could sell more products and therefore we have a better economy and business could pay better wages. We have also been told that with lower tax rates, the government will collect the same and/or more revenue because of the growth. Hence, we keep more of our earnings without reducing the government's revenue. This has been a standard message for about 40 years.

However, the expected growth of the revenue from economic gains with tax breaks - has not always occurred. Deficits for the last two years, after our "big" tax reductions, have exploded. Last year's budget deficit was 779 billion, the largest since 2012. This year's projected

deficit is 897 billion, a 15.1 percent increase from last year. Our national debt is more than 22 trillion, which is more than the economic output for the whole country last year.

After the 2017 tax cuts, the speaker of the house and the speaker of the senate, both suggested that the government should be looking to reduce entitlement programs. The reason for this was the increases in annual deficits. The entitlements mentioned by both leaders were Social Security and Medicare. We have heard this message for many years, that we cannot afford entitlements. Of course we have also heard that tax cuts will grow the economy and reduce our deficits. Something is not right.

The question we should be asking is; if tax cuts really spur the economy and create more government revenue, why is the treasury collecting fewer dollars? The spending for the first two years of this administration, along with reductions in tax revenues, has added significant long term debt, over a trillion dollars for each year. That is not sustainable.

The notion of tax cuts spurring the economy started with President Regan. His administration is often credited with the idea of "supply side economics", which would create a "trickle-down" effect. The "trickle-down effect" says that if the taxes on the wealthy are reduced, the wealthy will invest

more in business and industry and the middle class will benefit. So, when the wealthy benefits, some of those benefits trickle-down to the middle class.

When President Regan was elected the federal debt was about half of what it is today, when examined as a share of the economy. His first tax cut was huge, reducing the top rate from 70 percent to 50 percent. It was predicted that the tax cut would pay for itself, but it did not. The Treasury later reported that federal revenues fell about 9 percent during the first two years, and at this time inflation was close to 10 percent.

With President Regan's tax cuts, his administration also increased spending, which put additional pressure on the deficits. As a direct result of increased deficit projections, Congress raised taxes in 1982, 1983, 1984 and 1987. However, during his second term, Regan pushed another major tax rate cut, reducing the top rate to 28 percent. For the next five years, which included President George H.W. Bushes term, we experienced a small economic recession. Because of this small economic recession and the growing deficits, President George H.W. Bush raised taxes in 1990. He was vilified for doing so and some attribute the tax increase to his loss in the next election.

From early on in the tax cutting frenzy atmosphere, there were economists that disagreed with the idea that reducing taxes would spur

the economy, especially reducing taxes on the wealthy. The idea that "trickle-down" theory would create economic growth and reduce our deficits - has never materialized.

President George H. W. Bush later referred to President Ronald Reagan's economic policies as "Voodoo economics." The term was widely used along with "Reaganomics."

Under President Clinton, the marginal tax rate was raised from 28 percent to 39.6 percent. The economy posted slightly above average growth for the ensuing five years. Not only did the economy grow, for his last two years in office the annual budget was balanced and we paid off some debt. The last time we had a balance budget (not adding to our national debt) was when Eisenhower was president.

When President Bush Jr. was elected, we returned to the "supply-side-focused" tax cuts again. Remember, when he took over the economy was good and we were paying down the debt. Not long after the tax rates were reduced, the economy stalled. The economy then contracted before crashing in 2008. While many attribute the recession (a near depression) at the end of his term to his tax cuts, the repeal of banking regulations also contributed.

*"Regan proved deficits don't matter"*

–Vice-President Dick Cheney

In 2012, the Congressional Research Service concluded that

there was "No correlation between top tax rates and economic growth." The findings were posted in a paper and the Congressional Republicans protested. They argued that the Congressional Research Service paper contained errors and "didn't account for the long-term benefits of tax rate cuts." The problem with their logic is that no one has found benefits of long-term of tax rate cuts – at least for the top rates.

POLITICO studied the changes in top income tax rates for five years, comparing it to the GDP per capita growth rate. The results mirrored the Congressional Research Service findings: "changing the top income tax rate does not have a predictable effect on economic growth." Of course it does affect our deficits.

When President Barack Obama was elected the economy was tanking with banking problems. He extended the Bush tax cuts in 2010, which is when they were to expire. In 2012, the president and congress allowed the top marginal rate to return to 39.6 percent, the same as it was in the Clinton era. For seven years the economy grew slowly and we avoided a long-term recession.

Lowering and reducing the top marginal tax rates –does not lead to economic growth. What does happen is that we experience more deficits and our leaders then tell us they need to cut social security and Medicare. Something is not right.

*To read past editions of Words From Winterbilt, visit the Author's section of Emmitsburg.net.*

## Common Cents

### Value added

Ralph Murphy

Trade war talk between the United States and world partners to include importantly Europe, the Americas and the Far East now center more on stability issues than tax initiatives as the President downplayed formal summit engagements in favor of informal talk sessions to reach accords. It comes amid a self imposed moratorium on tariff taxes to world steel and aluminum imports that have all but collapsed along with the Chinese growth pattern now expected to match levels of the 1990s amid fund withdrawals.

What's at stake in policy review seems to include overlap funding or billing with external taxes on selected imports providing revenue as tariffs that are already funded by income tax revenues. There is a current need to exactly define the costs of government services to include conventional defense and civil structure needs versus vague affordance to the revenue sourcing, subsequent control and expenditure. An objective of equity is important as well given the affordance of broadly variable tax policies, which can target a random group of producers or wage earners who may have little involvement with its outlying need.

The latest round of tariff talks or those related to a tax on imports of goods or services from foreign markets has revealed real incongruities to stated objectives as protectionism versus fund access. If the industry is taxed directly as with an excise tax that affects just that sector there seems to be an injury aspect that translates to policy review. If it's deferred to the general populace as income tax measure it's less likely noticed or redressed for appraisal. That concern draws scrutiny to the tax system itself as the fundamental needs are relatively low cost but the affordance to Law is very broad and policy makers take it as far as they legally can in billing and seem to want even more as witnessed by the tariff measures.

Personal income taxes are a relatively new phenomenon to the American economy emanating from legal affordance of the 16th amendment of 1909 that allowed Congress "to lay and collect tax on incomes from whatever source derived". Prior to that measure there had been brief civil war income tax measures but were repealed by 1872 in favor of existing ones. Key industries were domestically targeted and the customs duties drew money from trade concerns.

Tariffs were a major policy commitment of the early American colonists but the legal wording that permitted them was confusing

and seemed contradictory in an import export clause that allowed state control of their export taxes but ultimately allowed federal control as a 5% tariff was agreed to by the 1789 treaty. That import and export tax reportedly covered most all the government billing without any income tax through the First World War when President Woodrow Wilson accepted the bipartisan consensus the variable tariffs were too high and harming trade.

The issues and problems remain as that initial tax was a flat rate at 7% of earnings but again the legal affordance was vague, need for the billing could be exaggerated and subsequent policy changes led to extreme complexity in brackets and payment exceptions. It reached the point where the original interests were almost lost in ability to usurp personal earnings. Now there's an attempt to restore or elevate the tariff taxes as they never were entirely dropped but should be in favor of broader equity to sales and oddly Europe might have the groundwork for the answer. There and elsewhere a federal tax exists that replaces some of the income and trade ones and could further do so if closer controlled and scrutinized. The value added tax there is subject to variance to internal regions and markets but again it could be more effective if there was a relatively exact consensus on spending requirements and close scrutiny to the outlays as well as transient

need given changes in the operating environment.

The billing would be reflected in the consumer sales prices but the available money would be higher without the personal income tax and would likely balance out cross borders. Official legal control would remain the host federal prerogative. Again to internal markets the tax would be uniform and not variable as no single sector would then be overburdened. That's an issue with excise taxes as well as the tariff ones which can also vary widely between economic sectors.

An industry protected by high import fees could benefit but others with export costs lose market share. Trade duties can simply be too random or poorly scrutinized to meet seemingly well meaning commitments as protection better served by blocks or bans. If money is involved especially to federal legislative accords any reversals are painstakingly difficult even if the original objective has been met. Petroleum is a case in point with the federal gas tax at over 18 cents a gallon linked to a Federal Highway Act completed decades ago.

Another issue that has emerged is the relative strength of multinational corporations (MNCs) chartered in one nation but operating in sales or production capacity of another. There's often a tax or regulatory advantage to the initial founding of the projects, but the MNC is subject to foreign

and domestic laws and the perceived benefits then offset by policy changes either regulatory or taxing that make the operation too costly for a private sector return on the investment.

If a governing initiative is take or allowed to salvage that type of operation It's unfair to the host industry and amounts to foreign intervention especially if the losses are large or chronic. As a rule if a foreign subsidy role is suspected the concern should be banned or subject to scrutiny as to objective as its likely political affecting more than that system and interest. MNCs can also play an important host benefit using regional resources but culture and production techniques have to be considered and higher technology ones thrust into relatively primitive areas routinely fail.

When monitoring official trade policy as it reflects consumer interest or behavior the public should be made aware of the objective to the framers goals and allowed to scrutinize its result for further action. Customs duties or taxes may variously protect a host industry but other means can be far more effective without cash changing hands. A standard federal tax that covers what really seems relatively low expenditure needs should be an option if the others can be politically dropped.

*To read other articles by Ralph Murphy visit the Authors section of Emmitsburg.net.*

# The American Mind

## Purposeless warmongering

William Hillman

Great nations do not fight endless wars — Trump touts troop drawdowns in State of the Union. “Our brave troops have now been fighting in the Middle East for almost 19 years,” he said. “In Afghanistan and Iraq, nearly 7,000 American heroes have given their lives. More than 52,000 Americans have been badly wounded. We have spent more than \$7 trillion in the Middle East.

“As a candidate for president, I loudly pledged a new approach. Great nations do not fight endless wars,” he said to bipartisan applause.

Yet members of his own party have pushed back against ending these wars. The U.S. Senate voted 70-26 against a “precipitous withdrawal” of troops from Syria and Afghanistan. Senate Majority Leader Mitch McConnell, R-Ky., then authored legislation and proclaimed that the Republican controlled Senate “will not shrink” from its important role in foreign policy.

Except it already has. The law approving U.S. operations in Afghanistan is nearly two decades old, while the American presence in Syria has no legislative mandate at all. If Congress really wants to keep U.S. forces there, here’s another idea: Instead of a nonbinding resolution itemizing the perils of a drawdown, how about the legislative branch exercise

its constitutional duty and affirmatively authorize the use of force?

The tendency of today’s self-described “conservative” politicians to favor unending U.S. military intervention is hard to understand given how poorly such war making has served global peace or any American interest. It boggles the mind all the more because it is steadfast conservatives like Kentucky’s Eugene Siler (1900-1987) who have sometimes been most prescient about purposeless warmongering.

Siler’s example should be better heeded by many of our current leaders, including Senate Majority Leader Mitch McConnell, who send so many of our young servicemen and servicewomen to the Middle East when there is no defensible mission left for the U.S. to perform there.

A devoted Christian who feared the devastation U.S. entry into the Vietnam War would eventually cause, Siler was the lone member of the U.S. House of Representatives opposing the Gulf of Tonkin Resolution that passed in 1964. (Siler’s dissent among House members often goes unnoticed in the record because he was unable to attend House proceedings that day and instead was “paired” with a member favoring the resolution who also did not attend the vote.)

This infamous legislation, whose own text mischaracterized it as a measure “To Promote the Maintenance of International Peace

and Security in Southeast Asia,” permitted the president “as the President determines, to take all necessary steps, including the use of armed force, to assist any member or protocol state of the Southeast Asia Collective Defense Treaty requesting assistance in defense of its freedom.”

President Johnson based the need for U.S. military action in Vietnam on the assertion that two U.S. ships were subject to a “deliberate” and “unprovoked” attack in international waters. At the time, he promised that “we seek no wider war.”

We now know that the resolution did not achieve its stated purpose for “freedom” and that Johnson’s rationale for military action was false.

A conservative realist in the tradition of Sen. Robert Taft (1889-1953), Siler knew it even then.

Being virtually alone in dissenting, Siler demonstrated not only forethought but courage as well. Though he retired that year, the quagmire the Vietnam War would become spurred him to seek a U.S. Senate seat four years later. Like the only two senators to vote against the Gulf of Tonkin measure, Siler was defeated. Though Johnson had wearied of the presidency, his White House had not tired of its pro-war propaganda campaign, and the war’s eventual ravages upon the nearly 60,000 Americans and over one million Vietnamese who died — not to mention those injured or bereaved — weren’t foreseen by most.

The prudent conservative Siler foresaw those ravages even then.

His resolve steeled by his Baptist

faith, Siler was used to taking selfless and sometimes unfashionable positions. He sponsored legislation to prohibit the advertising of alcoholic beverages on interstate media. He vehemently opposed the judicial overreach that removed prayer from public schools. When in private practice as a lawyer, he refused to represent plaintiffs seeking divorces or defendants charged with whiskey-related offenses.

Politicians generally didn’t agree with Siler when he said the Gulf of Tonkin Resolution was designed to “seal the lips of Congress against future criticism.” Who could argue with him now?

When this self-described “Kentucky Hillbilly” would joke that he was running for president and planned to resign after one day in office, just long enough to order the withdrawal of U.S. troops, he swam against the current and lost re-election. Yet his words have relevance today, with 14,000 of our troops stationed in Afghanistan and 2,000 stationed in Syria.

President Trump has announced plans to begin bringing our boys and girls home, returning about half of our soldiers home from Afghanistan and most of those serving in Syria. Senate Majority Leader McConnell’s reaction so far has been to pass a “sense of the Senate” resolution rebuking the president’s policy.

At what point do we acknowledge that these wars we find ourselves quagmired in were based on misleading and outright false intelligence from the Bush administration? We all watched as Colin

Powell the made the case that Saddam Hussein possessed weapons of mass destruction and intended to use them.

March 31, 2005 - The Commission on the Intelligence Capabilities of the United States Regarding Weapons of Mass Destruction reports that the intelligence community was “dead wrong” in its assessments of Iraq’s weapons of mass destruction capabilities before the US invasion.

The U.S. has spent \$7 trillion dollars since 2001 on the Bush-Obama wars and caused the death of 480,000 people. President Trump is right to end them.

The political class suffers from an addiction to endless wars and misguided foreign policies. Since the end of the Soviet Union the U.S. has spent (depending on whose numbers you believe), upwards of \$11 trillion dollars of American taxpayers’ money to protect, Germany, England, France, Poland, and the rest of the NATO alliance from an enemy that ceased to exist almost 30 years ago. When President Regain realized that the Soviet Union’s economy was smaller than California’s, he knew it was a paper tiger and could be defeated by outspending them. Today, Russia’s economy is smaller than New York City’s.

At the other end of the globe, China has expanded its military reach throughout Asia, Africa, and into South America without a hint of resistance from the U.S.

To read past editions of *The American Mind*, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Down Under

## The power of revulsion

Submitted by Lindsay!  
Melbourne, Australia

*Thus must we toil in other men's extremes, that know not how to remedy their own.*  
—Thomas Kidd, 1580

I write this as the horrifying news of the mass shooting at two mosques in the New Zealand city of Christchurch is breaking. Fifty innocent people, gathered for their Friday devotions, shot dead. Fifty more wounded, countless families and whole communities wrenched apart. Utter despair that the peace they had found has been shattered forever, that the lives remade in that hospitable and generous land had been traumatized anew.

The perpetrator, who is an Australian citizen living in New Zealand, was quickly caught and charged. He pleaded guilty, proud of his vengeance upon Muslims, proud of being able to cleanse society of evil. Not a raving lunatic, just a young man who has absorbed white supremacist values and ideas, whose mind is so closed that reality has been twisted into fantasy.

News reports began to flood the world. The horror was immediate. The shock was terrible and gut

wrenching for everyone who heard and saw the reports. Thousands of posts were sent in support and with offers of help. Leaders of the free world were quick to condemn the deed, and I was thrilled to hear President Trump use sober, thoughtful words of support and sympathy.

It became known that this one person killed more people from a minority group than ever before, anywhere in the world. Recriminations began about the availability of guns in New Zealand. Their gun laws are indeed lax, never having been subject to this kind of thing before, The Government admits they were ill prepared, and that it will change as fast as possible.

His aim of sending his mission around the world was accomplished by live streaming from his webcam, being delivered to social media, with far right platforms alerted to the plan. Social media went berserk, flooding the sites with comment, and then jumping at the chance of hooking more viewers to their profit machines by running the headcam show in all its gory and appalling detail. Children, now used to the dystopian games where destruction and inappropriate action is made ‘amusing’, were wide eyed, unable

to stop viewing the sickening pictures, unaware of the long term effect they will have on them. Facebook took down many thousands of posts seventeen hours later, but more kept coming, and are still viral. The law, seemingly unable to ban such actions, (violation of free speech again being shouted) shows that things like this appear to be beyond the law.

Muslims everywhere could hardly express their utter despair, but were not truly surprised. They have lived with such hatred and persecution for centuries, have lived through sectarian war from other Islamic sects and Christians, and now suffer the vitriol of white supremacists and their vitriolic rants of xenophobic vengeance. Many politicians, whether from fear of losing their seat or secret agreement, inject fear and suspicion into the community, and then wonder why someone responds by killing as many as possible.

The combination of xenophobia and male supremacy has led to the growth of massacres and ethnic cleansing, to a cult of supremacy and aims of absolute power. It has always been there, whether local and often hidden from world gaze, or open and so entrenched that it is taken as normal — your Afro-American situation being the best known. Massacres of this kind, guns and bullets, are not the only way of taking lives. The Catholic

church has managed to do it for centuries without leaving any visible marks. Allowing and turning a blind eye to so many of the clergy as they impose their so called loving will has been enough to destroy the lives of its young victims.

The greatest influence, however, comes from a certain strain of politician, both yours and ours, whose fear of anything foreign is due to compensation for being stupid. Clever, maybe, but too stupid and afraid to look at the whole picture, to see that acceptance of difference leads to an integrated society, and an integrated society leads to peace and prosperity. Of course it is an ideal, but even a little is so powerful that those countries who have it are at the front of social happiness and growth.

Like you, we are a racist country, and always have been. White Australia was a mantra that went underground around 1970, but has never died. Most people ignore this, living in a society that essentially has liberal values, but some far right politicians cannot forget the power it gave them. These are the ones who are using double-speak to say how awful this massacre was, but still reek of anti-Muslim values.

Most disturbing in all this is the rise of hate speech, the rant posts about foreigners taking jobs, instilling jihadist beliefs in the young, refusing to assimilate,

destroying values and building their hateful mosques.

Today, unfortunately, no one anywhere in the world is really safe from lone assassins. It is not organised terror cells that are the threat, not jihadists, not the mafia or drug cartels. White supremacists are by far the greatest threat, and have been for many years. Putting your colour, religion or ethnicity above that of others is the road to hatred and rabid action.

But this Christchurch Massacre has done something new: it has brought world-wide protest and an outpouring of support for the families of the victims. It has brought people together in condemnation of such actions and to help rally voices of reason, to restore a sense of community that had been dying through indifference. Let us work toward showing the supremacists that their fear is paranoid and self defeating. Let us grow and maintain a greater goodness across the world, to strengthening the family of mankind.

Five hundred and thirty nine years ago the same sentiment was expressed by Thomas Kidd: We must toil in other men’s extremes, because they don’t know what they do, and cannot open their eyes to the destruction they bring.

To read past editions of *Down Under*, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# THE PASTOR'S DESK

## Easter, the day of resurrection

**Pastor Sue Koenig  
Graceham Moravian Church**

In the baptismal liturgy of the Moravian church, the congregation is asked, "Those of you baptized into Christ Jesus, how were you baptized? The response follows, "Into his death. We were buried with him through baptism into death, so that as Christ was raised from the dead through the glorious power of God Almighty, we too might be raised to live a new life." This question and response are drawn from the Apostle Paul's letter to the Romans, chapter six, verses three and four. Paul continues, "For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his." (Romans 6:5) In the Apostle's Creed, we profess our belief in the "resurrection of the body."

As Christians enter the solemnity of Holy Week, reading the gospel accounts of the arrest, crucifixion, and resurrection of Jesus, we must first condemn any distortion and use of the sacred texts for anti-Semitic purposes. Jesus was Jewish, as was the Apostle Paul. The women who came to the tomb at early dawn on the first day of

the week, had observed the Sabbath, and they came to anoint the body of Jesus in accordance with the spiritual practices of their faith in the God of Israel. Jesus' mission was a threat to those in power, and he was crucified in an attempt to stop the movement he was building – the coming of the reign of God that he was ushering in. Jesus came "bringing good news to the poor, proclaiming release to the captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim the year of the Lord's favor." (Luke 4:18-19)

Jesus' way is always the way of love and community, and never the way of hatred. As Sam Gray, a bishop of the worldwide Moravian Unity and Director of Intercultural Ministries for the Board of World Mission, recently posted in response to the killing of Muslims in New Zealand, "Much of Jesus' earthly ministry involved ministering to people of other faiths... as a Christian, I stand not only with the people of New Zealand, but also with our Muslim friends everywhere. Why? Because even though I'm not that good at it yet, I try to follow the example of Jesus Christ, the one for whom my faith is named." Jesus' way

is the way of love, and the way of life – abundant and eternal.

God's prophet, Ezekiel, gave that great answer of faith to God's question as he looked out over a valley of dry bones: "Mortal, can these bones live?" "O Lord God, you know." God's tortured and faithful servant Job exclaimed, "For I know that my Redeemer lives, and that at the last he will stand upon the earth; and after my skin has been thus destroyed, then in my flesh I shall see God, whom I shall see on my side, and my eyes shall behold, and not another. My heart faints within me!" God who creates out of nothing, who makes a way where there is no way, who breathes life into dust, raised Christ from death to life – not as a disembodied spirit, but in a new and glorified body – a sign of God's hallowing of humanity and creation.

Mary Magdalene, Joanna, Mary the mother of James, and the other women who had accompanied Jesus and provided for his ministry from their resources (Luke 8:1-3), who had witnessed his crucifixion, death, and burial, now in terror and amazement, find only an empty tomb – "they did not find the body." Their



hearts fainted within them – their Redeemer lives! A mortal body has put on immortality; a perishable body has put on imperishability. But it is a body. It is as poet John Updike penned in Seven Stanzas at Easter: Make no mistake, if he rose at all it was his body; if the cells' dissolution did not reverse, the molecules reknit, the amino acids rekindle, the Church will fail....The same hinged thumbs and toes, the same valved heart that – pierced – died, withered, paused, and then regathered out of enduring Might new strength to enclose...

Christ's resurrection is the moment that God's reign on earth breaks in and overcomes sin and death. It is the reality of God's reign of love, righteousness, and goodness on earth; the reality of the beginning of the fulfillment of Christ's mission to the poor, the imprisoned, the blind, the oppressed. Christ is the firstborn of the new creation, of the "very good" creation that God loves, redeems and blesses. The women came to the tomb thinking that the life and work of Jesus had ended – but it was a radical new beginning. God's eternal "yes" to life, and our participation in the in-breaking reign of God on earth. Christ's resurrection ushers in the new heaven and the new earth, no longer separated by death. God's vision for humanity and all creation shatters the hold of powers and principalities, sin and death; God's vision that will one day come in its fullness has already come in the resurrection.

As Samuel E. Balentine writes in a reflection for the Great Vigil of Easter:

"We remember the crucial events that Holy Week commemorates: the betrayal, the crucifixion, the resurrection. We remember the ongoing story of God's relentless commitment to love humankind into covenant partnership that promises life, purpose, and wholeness...Easter is not an ending but a beginning. We come to Jerusalem in order to depart into the world. We stand at the cross where Jesus suffered in order to be able to see his hands and feet in the suffering of others. We enter the empty tomb, but we do not stay there, because we have

learned to look for Jesus among the living, not the dead."

Those who follow the Resurrected Christ are called to partner with God to bring life, purpose, and wholeness to the world, to live into God's vision for God's good creation. God's vision requires that we live in community with others, recognizing God's image in all humanity, and ensuring that all are loved and valued; all are shown kindness, mercy, and compassion; all have voice; all are free from oppression; all have what they need to live and flourish; all dwell together in peace and harmony; and all care for creation.

We embody God's vision and go into the world to live in community with others, to stand in solidarity with those who are suffering, and to use our freedom from the power of sin and death to bring life and wholeness to others; to do "Tikkun Olam" – from the Jewish tradition, the work of "repairing the world."


One day, God's reign will come in its fullness, there will be no more suffering or dying, all people and all creation will be well, and good, and whole. Yet now, God's reign breaks in with resurrection where people of diverse faiths gather in solidarity with those who suffer hatred and violence and death, to remember the precious lives of those killed at Tree of Life Synagogue in Pittsburgh, in the Al Noor and Linwood Mosques in Christchurch, New Zealand, at Mother Emanuel in Charleston, and First Baptist Church in Sutherland Springs, Texas. God's reign breaks in where there is repentance, forgiveness, and reconciliation for past and original sin; where people whose voices were once silenced are heard; where those who suffer addiction, embraced by God's love, turn to embrace recovery; where those who grieve are comforted; where hope, once lost is restored.

Easter, the day of resurrection. The first day of God's new and very good creation.

*To learn more about Emmitsburg's Graceham Moravian Church join them for Sunday service at 9 a.m..*

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**April 14 — Palm Sunday, 9:00 a.m.,  
Distribution of Palms**

**April 18 — Holy Thursday Service of Supper and  
Holy Communion, 6:00 p.m.**

**April 19 — Good Friday Tenebrae Service, 7:00 p.m.**

**April 21 — Easter Sunday  
Service of Joy and  
Celebration, 9:00 a.m.**

He humbled himself and became obedient to death—even death on a cross!  
-Philippians 2:8

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Sunrise Service - 6:30 a.m.  
 Special music by the  
 Gateway Brass Ensemble - 6:30 & 7:30 a.m.  
 Moravian Lovefeast  
 with Bells of Grace Handbell Choir - 7:30 a.m.

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 Celebration Worship - 10:30 a.m.



**PALM SUNDAY  
APRIL 14**

8 a.m. Worship with Hosanna Choir  
 9 a.m. - Sunday School  
 10:30 a.m. - Worship with  
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Matthew 18:20*

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 of the Lord!*



Pastor: Walter (Mickey) Barlow

## THE BOOK OF DAYS

## The nature &amp; folklore of April



April presents no prettier picture than that of green fields, with rustic stiles between the openings of the hedges, where old footpaths go in and out, winding along, until lost in the distance; with children scattered here and there, singly or in groups, just as the daisies are, all playing or gathering flowers. With what glee they rush about chasing one another in zigzag lines like butterflies, tumbling here, and running there; one lying on its back, laughing and shouting in the sunshine; another, prone on the grass, is pretending to cry, in order to be picked up. A third, a quiet little thing, with her silky hair hanging all about her sweet face, sits patiently sticking daisy-buds on the thorns of a leafless branch, that she may carry home a tree of flowers.

Some fill their pinafores, others sit decorating their caps and bonnets, while one, whose fair brow has been garlanded, dances as she holds up the skirt of her little frock daintily with her fingers. Their graceful attitudes can only be seen for a few moments; for if they catch a strange eye directed towards them, they at once cease their play, and start off like alarmed birds. We have often wished for a photograph of such a scene as we have here described and witnessed while sheltered behind some hedge or tree.

Dear to us all are those old footpaths that, time out of mind, have gone winding through the pleasant fields, beside hedges and along watercourses, leading to peaceful villages and faraway farms, which the hum and jar of noisy cities never

reach; where we seem at every stride to be drawing nearer the Creator, as we turn our backs upon the perishable labours of man. Only watch some old man, bent with the weight of years, walking out into the fields when April greens the ground - 'Making it all one emerald.'

With what entire enjoyment he moves along, pausing every here and there to look at the opening flowers! Yes, they are the very same he gazed upon in boyhood, springing from the same roots, and growing in the very spots where he gathered them fifty long years ago. What a many changes he has seen since those days, while they appear unaltered! He thinks how happy life then passed away, with no more care than that felt by the flowers that wave in the breeze and sunshine, which shake the rain from their heads, as he did when a boy, darting in and out bareheaded, when he ran to play amid the April showers.

'Cuckoo! cuckoo!' Ah, well he knows that note! It brings again the backward years—the sound he tried to imitate when a boy—home, with its little garden—the very face of the old clock, whose ticking told him it was near school time. And he looks for the messenger of spring now as he did then, as it flies from tree to tree; but all he can discover is the green foliage, for his eyes are dim and dazed, and he cannot see it now. He hears the song of some bird, which was once as familiar to him as his mother's voice, and tries to remember its name, but cannot; and as he tries, he thinks of those who were with him when he heard it; and so he goes on unconsciously unwinding link by link the golden chain which reaches from the grave to heaven. And when he returns home, he carries with him a quiet heart, for his thoughts scarcely seem allied to earth, and lie 'too deep for tears.' He seems to have looked behind that gray misty summit, where the forgotten years have rolled down, and lie buried,

and to have seen that dim muster-ground beyond the grave, where those who have gone before are waiting to receive him.

Many of the trees now begin to make 'some little show of green.' Among these is the elm, which has a beautiful look with the blue April sky seen through its half-developed foliage. The ash also begins to shew its young leaves, though the last year's 'keys' with the blackened seed still hang among the branches, and rattle again in every wind that blows. The oak puts out its red buds and bright metallic-looking leaves slowly, as if to shew that its hardy limbs require as little clothing as the ancient Britons did, when hoary oaks covered long leagues of our forest-studded island. The chestnut begins to shoot forth its long, finger-shaped foliage, which breaks through the rounded and gummy buds that have so firmly enclosed it.

But, beautiful above all, are the fruit-trees, now in blossom. The peaches seem to make the very walls to which they are trailed burn again with their bloom, while the cherry-tree looks as if a shower of daisies had rained on it, and adhered to the branches. The plum is one mass of unbroken blossom, without shewing a single green leaf, while, in the distance, the almond-tree looks like some gigantic flower, whose head is one tuft of bloom, so thickly are the branches embowered with buds. Then come the apple-blossoms, the loveliest of all, looking like a bevy of virgins peeping out of their white drapery, covered with blushes; while all the air around is perfumed with the fragrance of the bloom, as if the winds had been out gathering flowers, and scattered the perfume everywhere as they passed.

All day long the bees are busy among the blooms, making an unceasing murmur, for April is beautiful to look upon; and if she hides her sweet face for a few hours behind the rain-clouds, it is only that she may appear again peeping out through the next burst of sunshine in a veil of fresher green, through which we see the red and white of her blooms.

Numbers of birds, whose names and songs are familiar to us, have, by

the end of this month, returned to build and sing once more. We find the 'time of their coming' mentioned in the pages of the Bible, shewing that they migrated, as they do now, and were noticed by the patriarchs of old, as they led their flocks to the fresh spring pastures.

The window-swallow is busy building in the early morning—we see his shadow darting across the sunny window-blind while we are in bed; and if we arise, and look cautiously through one corner of the blind, we see it at work, close to us, smoothing the clay with its throat and the under part of the neck, while it moves its little head to and fro, holding onto the wall or window-frame all the time by its claws, and the flattening pressure of the tail. It will soon get accustomed to our face, and go on with its work, as if totally unconscious of our presence, if we never willfully frighten it.

We hear also the pretty goldfinch, that is marked with black and white, and golden brown; and pleasant it is to watch a couple of them, tugging and tearing at the same head of groundsel. But all the land is now musical: the woods are like great cathedrals, pillared with oaks and roofed with the sky, from which the birds sing, like hidden nuns, in the green twilight of the leafy cloisters.

To hear the sweet birds sing, to feel the refreshing air blowing gently on all around, and see Nature arraying herself in all her spring beauty, has ever seemed to us a much greater pleasure. Then comes the arrowy flight of the swallows, as they dart after each other through the arch of the bridge, or dimple the water every here and there as they sweep over it. Ever shifting our position, we can 'meander' along, where little curves and indentations form tiny bays and secluded pools, which, excepting where they open out riverward, are shut in by their own overhanging trees and waving sedges.

A contemplative man may sit and hold communion with Nature, seeing something new every time he shifts his glance, for many a flower has now made its appearance which remained hidden while March blew his windy trumpet, and in these green moist shady places the blue bell of spring may now be found. It is amongst the earliest flowers—such as

the cow-slips and daisies—that country children love to place the bluebell, to ornament many an open cottage-window in April.

The bells, which are folded, are of a deeper blue than those that have opened; and very gracefully do those hang down that are in full bloom, shewing the tops of their fairy cups turning backward. The dark upright leaves are of a beautiful green, and attract the eye pleasantly long before the flowers appear. Beside them, the delicate lily-of-the-valley may also now be found, one of the most graceful of all our wild-flowers. How elegantly its white ivory-looking bells rise, tier above tier, to the very summit of the flower-stalk, while the two broad leaves which protect it seem placed there for its support, as if a thing of such frail beauty required something to lean upon! Those who have inhaled the perfume from a whole bed of these lilies in some open forest-glade can fancy what odours were wafted through Eden in the golden mornings of the early world.

The gaudy dandelion and great marsh-marigold are now in flower, one lighting up our wayside wastes almost everywhere, and the other looking like a burning lamp as its reflection seems blazing in the water. It is pleasant to see a great bed of tall dandelions on a windy April day shaking all their golden heads together; and common as it may appear, it is a beautiful compound flower. And who has not, in the days of childhood, blown off the downy seed, to tell the hours of the day by the number of puffs it took to disperse the feathered messengers? How beautifully, too, the leaves are cut and when bleached, who does not know that it is the most wholesome herb that ever gave flavour to a salad?

The most beautiful lace is poor in comparison with the patterns which Nature weaves in her mysterious loom. Spring prepares the drapery which she hangs up in her green halls for the birds to shelter and build and sing among; and soon the hawthorn will light up these hanging curtains with its silver lamps, and perfume the leafy bowers with May.

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## ECOLOGY

# Thoughts on the Appalachian Trail

Nate Shank  
Strawberry Hill Naturalist

At almost 2,200 miles, the Appalachian National Scenic Trail stretches from Maine to Georgia. The trail meanders through fourteen states, including Maryland and Pennsylvania. The Appalachian Mountain range is one of the most diverse natural areas in the United States. The forests, temperatures, plants, lakes, animals, and people you meet along the trail vary drastically. Whether you want to thru-hike, hike the trail in sections, day hike, or become a weekend warrior, I recommend at least going into the wilderness and breathing in the fresh air to experience a land untouched by the hands of man.

In the southern Appalachians, you have rolling mountains and balds. It is still a mystery as to why these balds exist. In the mid-Appalachians, hikers often encounter wild ponies, rattlesnakes and bear. In the north, mountains rise above the tree line, winds blow you off your feet, and weather shifts from sunny and clear to cloudy and rainy in mere minutes.

The elevation gain and loss while hiking the Appalachian Trail is equivalent to climbing Mt. Everest sixteen times. The highest elevation on the trail is down south on Clingmans Dome in the Great Smoky Mountains National Park at 6,625 feet. The lowest elevation, at just 124 feet, is in New York near

the Trailside Museum and Zoo at Bear Mountain. The most notable of these peaks is Mt. Katahdin in Maine, where most people finish their thru-hike. The view at this northern terminus displays the expanse of lakes and small conifers that envelope the wilderness ahead for those going south.

When I was hiking the trail, I found myself continually amazed by the expansive majesty and grandeur of God's creation. At times, the scenic vistas may seem few and far between, but it all depends on your perspective. When you see the beauty of creation in every living thing, you begin to see the true beauty right in front of you.

In Maine, birch and small conifers surround the trail where the trees and deer do not grow very large due to the shorter growing season. Further south, into New Hampshire and Vermont, you will see maple groves where the trees are tapped for syrup and lines connect for miles through the woods. In the Mid-Atlantic States, you will find some of the largest oaks in the entire country.

Pennsylvania might be known for its rocks, but native forests can be exciting, too! For example, the pitch pine will grow along the rocky ridges proving how resilient trees can be when faced with what seems to be impossible. As you go south, you will see trees like the pawpaw that has a fruit similar in shape to a pear. All the while, as you hike the Appalachian Trail, you

will find that it is truly a green tunnel from Maine to Georgia.

What I discovered on my journey is the extreme importance in planning ahead. While many people utilize the trail for day hikes, to thru-hike means to walk the entire length in a single year. Thru-hikers average 165 days to complete their trek on the trail. In 2012, my journey took 110 days, which totals just over twenty miles a day. The fastest thru-hike ever was completed in just 41 days. To accomplish this kind of feat, one must hike about 50 miles a day. I walked 36 miles on my longest day, from Roan Mountain to Erwin in Tennessee.

The most common direction for people to hike the trail is northbound. Those who decide to travel from Georgia to Maine are called "northbounders" or "NOBOs". One of the main reasons people hike northbound is because you can get an early start in the year and walk with spring. Many hikers will start in March to hike north with the hope of finishing by September before the winter snow.

A less common way to hike is southbound, or "SOBO", from Maine to Georgia. It is important to note that the northern terminus on Mt. Katahdin can be very dangerous to climb even in the summer. Due to the hazardous conditions, it is closed from October to May every year. Because SOBO is less common, I decided it was the way



The Appalachian Mountain range is one of the most diverse natural areas in the United States.

I wanted to hike the trail myself.

There are over 260 three-walled shelters along the Appalachian Trail for hikers to camp. Over the years, these shelters have seen more and more use. During peak season, the impact from hikers on plants and wildlife can be devastating. It is important to stay in designated camp sites and on durable surfaces like the shelters and tent pads established along the trail. Furthermore, many people do not realize the importance of hiking on durable surfaces, which lowers human impact on the surrounding flora. Of course, this can be challenging for hikers facing Vermont black mud or Pennsylvania rocks, but should be practiced where possible.

Due to its rocky terrain, Pennsylvania is known as the state where shoes go to die. Most thru-hikers will go through roughly four or five pairs of shoes. The shoes I began with in Maine were leather dress shoes on top and rubber hikers on the bottom. I made them last longer than they should have and received the nickname "Dress Shoes" while on the trail.

One shelter that I remember very well was near Mount Greylock in Massachusetts. Before I went to sleep that night, I decided to hang my backpack (packed with my food) above my feet inside the shelter. After I had fallen to sleep, I woke to some rustling in the shelter. Thinking that I was going to be greeted by another hiker, I looked up to say hi. Before I said a word, I noticed my pack swinging above me.

When I sat up, I realized that my trash bag had been torn off of my pack, the trash thrown onto my feet and on

the ground outside of the shelter. When I took a closer look, I noticed the silhouette of something large and foreboding with glaring eyes looking back at me. A bear had reached over me, trying to take my backpack. I decided to place my entire pack in the iron bear-proof box that was not far from the shelter.

On the way to this box, I heard the bear lurking beside me, but just out of my view. At this point, I decided to yell. That did nothing. So then, I began hitting things around me. That still did nothing. I then tried to growl at the bear. To my surprise, the bear growled back! At this point, all I could do was throw my pack in the iron box and get back to the shelter. After returning to safety, I could hear the bear trying to get into the box, which was fine as long as it was not bothering me. The most amazing thing happened; I was able to sleep soundly despite having a ravenous beast stalk me.

I will say, hiking solo truly allows you to connect with nature in a different way. When I was in the Shenandoah National Park, I experienced one of the best star shows of my life. While lying under the trees in my sleeping bag, I counted nine shooting stars before falling to sleep. Nothing quite compares to the experiences I had while hiking the Appalachian Trail. The experience is one that I would recommend to anyone looking to become closer to nature.

*Nate Shank is the Appalachian Trail Museum Manager and Naturalist at Strawberry Hill. In 2012, he thru-hiked the A.T. in just 110 days on a Southbound trek.*



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# REAL SCIENCE

## Herbal medicine and pseudoscience

Michael Rosenthal

I recently received in the mail, unsolicited, a magazine entitled Herbal Medicine. This is one of many unsolicited mailings I have been receiving addressed to Michal (misspelled) Rosenthal, thus clearly originating from the same junk mailing operation. The cover states “Which Kitchen Spice Healed a Deadly Wound in Just 40 Minutes?” and “Amazing Blood Pressure Mushroom Works Even When Drugs Don’t,” and “PLUS, The herb combo that beats 80% of hard-to-treat cancers – without chemo, radiation or surgery.” And to make it even better, “Your FREE Herbal Healing Chart is Enclosed.”

Does this sound too good to be true? Well, of course it does, and It Is Too Good To Be True. I find this infuriating, that a profit-centered motive is being used to drive people away from proper medical care with false hopes.

The force behind this publication is a naturopathic physician pictured in his white lab coat. He says, “As a doctor, I recommend this book wholeheartedly.” Naturopathic physicians use Dr. before their name. But so do I! I however am not a medical doctor, and neither is he. I was once told never to check into a hotel as “Dr.” because I would be awakened during the night for a medical emergency.

Do the naturopathic physicians really believe their claims? Do the promoters of these products that cure nothing and prevent people from seeking appropriate medical care sleep at night? I don’t know. In my academic career I spent many years at a small college as Health Profession Advisor, and I saw many students progress into medical careers. It truly infuriates me to see pseudo-science that endangers peoples’ lives aggressively marketed, keeping people from seeking real health care. But as Mel Brooks said, “Everything Is Show Business.”

Let’s take a look at some of the specific items in this booklet.

One treatment promoted here is using barberry root, licorice, and burdock root “to inhibit various cancers, protect against cancer-causing toxins, prevent tumor formation or block estrogen from stimulating breast cancer cells.” This is just one of many herbs cited to prevent or cure cancer. Why do you suppose The Mayo Clinic, Memorial Sloan Kettering, Johns Hopkins, and other major medical centers do not promote such treatments? Because though they may or may not harm you, there is no scientific evidence that they do you any good in any way, much less cure or prevent cancer.

Here’s another one. If you’ve had a heart attack, and you are worried about having another one, there is a “delicious, pungent herb” that is good for “strengthening and toning your heart.” To learn more about this herb, you have to buy “Prescription for Herbal Healing”, 2<sup>nd</sup> edition, for around \$50.

Let’s look at one more miracle cure. “This delicious drink cured my Mom’s diabetes.” The cure is an herb,

fenugreek. The claim is that it prevents glucose from entering your bloodstream too quickly. The brochure promoting the book goes on and on, touting cures for arthritis, making your brain happy with oxygen, smelling lavender to help you sleep, treating Alzheimer’s with ginkgo biloba, erasing facial wrinkles with an herbal extract, healing gunshot wounds with a kitchen spice, and more.

Even if none of these herbs is harmful, commitment to them can prevent you from getting appropriate medical care. So throw away these brochures, find yourself a board-certified physician, and commit to “real science.”

How do advances in medicine really take place? Trained scientists and practicing physicians study the effects of treatment and drugs on patients who are ill. Experimental treatments known as clinical trials are undertaken, and the results are evaluated by trained physicians and research scientists. Publication in respected refereed journals takes place to allow a broader audience to evaluate the protocol, and over time, new treatments and drugs evolve. The recent apparent success in curing AIDS is a good example. It’s too early to tell whether the hoped-for breakthrough has been made, but continuing study may show that we can end the horrors of AIDS.

A related topic we have been discussing here is the vaccine controversy. There is absolutely no scientific evidence that vaccines cause autism. As we’ve reported here previously, it makes no sense to say that the choice to vaccinate children should be an individual decision, because of the

fact that measles especially is so contagious, that one person can infect a crowd of strangers who pass by him in a crowd. Vaccination is not only a way to protect an individual, but it must be considered that it protects the people around you. This is especially true in young school children.

Progress is being made. Eleven states have passed laws tightening requirements for vaccine exemptions. California has passed a law abolishing all non-medical exemptions from vaccines after a measles outbreak in Disneyland sickened dozens of unvaccinated children. The California vaccine rate is now 95%. The World Health Organization lists “vaccine hesitancy” as one of the top 10 global health threats for 2019.

The broader picture is that education in scientific thinking is critically important for everyone. The great majority of students do not plan to become scientists, but scientific thinking is a critical component of education for all people, in order to live happily in a complex world.

A recent editorial in the New York Times discussed cosmetic safety. A number of stories have surfaced recently about dangerous substances in cosmetics. Asbestos has been a particular concern in talc products. Some 12,000 law suits have resulted from people claiming asbestos in baby powder gave them cancer. Nail polish can contain toluene, an organic chemical linked to liver and kidney damage. Many shampoos contain parabens, which have been linked to reproductive health risks



It was easy in the old days to identify snake oil salesmen – but today’s approaches can even catch the most educated off guard.

in animals. Much more regulation has taken place with cosmetics in recent years, but there are still some unresolved concerns. Consumer fear of chemicals has grown so great that scientists refer to it as chemophobia. It led me to research the chemicals I worked with most in my graduate research to see if anything has been discovered that would kill me, and fortunately I haven’t found anything!

Let’s end on a more positive topic. Have you ever wondered whether DNA testing can differentiate between

identical siblings? Until recently it could not, and thus the wrong identical twin could be arrested for a crime. In fact this ambiguity happened in a criminal case in 1999, and no arrest was made. The development of a new scientific technique that differentiates DNA between identical siblings has led to the opening of a number of cold cases. The technique is now moving toward universal acceptance.

To read past articles by Michael Rosenthal, visit the Authors Section of Emmitsburg.net.

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# IN THE COUNTRY

## The power and potential of wind

Tim Iverson, Naturalist

Picture the Earth as a top spinning in circles around a table with the Sun in the middle. Dizzily the top spins round and round. Our individual spins make our days, while the broader circles around the center of the table make our years. As our top spins it wobbles back and forth. It ever so slightly leans this way or that before swaying back in the other direction. As our planet, just like the spinning top, leans away from or towards the sun it receives more or less direct sunlight. It's this wobble that helps create the dynamic seasons that we experience.

Air is a gas, but it behaves like a liquid. Like liquids it takes up space, it has mass, and when a pressure or force is exerted on it moves. Imagine a filled up balloon. If you squeeze on one end it forces the air inside to the otherside of the balloon. The pressure you created causes the gas to move to where there is less pressure. Air in our atmosphere works the same way.

As air particles are exposed to direct light from the Sun they warm, become less dense, and rise. This creates an area of low pressure. As this low pressure warm air rises colder, denser, heavier air begins to flow horizontally to fill

this newly created void. It's like taking a spoonful of milk out of a bowl of cereal. As you lift the milk laden spoon upwards milk rushes into the spot you just scooped from. Remarkably, this process can occur locally or over large geographic regions - hemispheres even!

Like large rivers of air constantly seeking balance the air continuously shifts, sometimes in a gentle trickle like breeze and other times as raging white water with gale force turbulence. The National Weather Service and the National Oceanic and Atmospheric Administration (NOAA) rate March and inversely November as the some of our windiest months for the Washington, D.C. region. That's when we're in the middle of these wobbles causing seasonal shifts towards warmer and cooler periods. As we receive more or less light air masses are shifting to balance out these high and low pressure areas creating wind.

Wind is a powerful force. It erodes rocks, helps plants pollinate one another, aids in bird migration, and has been harnessed by people since the dawn of time. Mariners have captured and ridden the wind for nearly as long as boats have existed. Farmers have used windmills for centuries to grind grains and pump water. The Man of La Mancha, Don Quix-

ote, himself valiantly fought them to create his own personal glory. More recently we've turned toward renewable energy production as means to reduce reliance on fossil fuels and foreign dependence.

According to the Maryland Energy Administration, 1.4% of electricity generated within the state in 2016 came from land-based wind turbines. That modest amount was enough to supply power to 49,000 homes. New legislation currently being worked on, the Maryland Clean Energy Jobs Act (MCEJA) of 2019, seeks to push that to 10% by 2030. Previous legislation, from 2013, authorizing two offshore wind farms, near Ocean City, MD, should be complete by 2022. Combined they will generate enough electricity to power 111,000 homes. With the passage of this current bill more alternative fuel sources could be coming.

Wind turbines aren't just limited to the coasts or the mountains of Maryland. Homeowners have access to these too. Installation costs vary wildly depending on energy usage and need, but individuals can have turbines installed at home. Both federal and state tax credits are available to subsidize the cost. An additional benefit is something called net-metering. Typically energy flows one way - from the grid to your



Small wind turbine designs are making wind alternative energy products more affordable for residences. When supplemented with solar panels, homeowners can quickly become energy independent.

home. However, for citizens with alternative power sources attached to their homes energy can flow in both directions. If you use more than you generate you will continue to draw from the grid to compensate for your needs, and as usual you pay the utility company for what you use. If you generate more than you use energy flows from your home back into the power supply, which turns your meter backwards. What's important about that backwards flow is that homeowners are paid for this, either through reduced energy bills or as a credit available for a 12 month period. Net metering applies to home turbines, solar panels, and geothermal heating and cooling units.

With large scale wind farms there is some cause for environmental concern. As far as land is concerned it's relatively low impact. Wind farms are generally constructed on preexisting clear land, so it doesn't cause much deforestation or land disruption. Wildlife presents a unique set of challenges though. Wind farms are placed where it is consistently windy, which are generally the same routes migratory birds use. Impact assessments are conducted prior to being placed and in regular intervals to determine what, if any, impact they will have and ways they can be minimized. Bird and bat deaths are unfortunate side effects. Recent efforts have been made to reduce

such casualties. Radar is being used in some wind farms to track mass bird movement. If it appears the birds will come into contact or are in danger of running into the turbines they are shut down. Micro frequency emitters have also been attached to many wind turbines to direct bats away. Appropriate positioning and technology that can mitigate deaths are steps in the right direction, but ultimately will only curb avian deaths not stop them altogether. For a zero carbon emitting renewable power source society may need to take the good with the bad. As global temperatures continue to rise and energy consumption increases worldwide climate impact is of paramount concern.

There is little scientific debate that the Earth is in a warming trend, what remains is only political. Presently the notion among experts is that delayed reaction is just as costly as inaction. While the winds of March roar through we can either grasp or miss an opportunity to pull energy right out of the sky. If by catching the wind, bottling the sun, utilizing stable ground temperatures, and harnessing rivers we can reduce the production of carbon dioxide we absolutely should.

To read past articles by Tim Iverson, visit the Authors Section of Emmitsburg.net



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## Hot doggin' recipes

Jack Deatherage

I'm sitting in the car with the DW outside a restaurant in Hanover, PA scarfing down a coupla dogs flavored with yellow mustard. The DW has a dog with everything, though all I smell is onions. I almost envy her because all I taste is the mustard and the excessively sweet bun. The dog itself is unremarkable. I wipe the yellow out of my mustache and reach for the french fries. This time I remembered to grab some salt packets. They never salt the fries here, possibly because the gray haired crowd which usually populates the restaurant is on salt restriction. I enjoy the fries more'n the dogs.

"We're such creatures of ritual."

The DW laughs. "We've been stopping here after each visit to my eye doctor for thirty years. I came here with Mom and Dad when this place opened back in 1973."

"That's what- forty-five years? You'd think they'd have."

"Don't start." She glares at me. "This is tradition!"

I "Yes dear" and launch into what has become tradition for me-explaining what I'd offer customers if I ran such an establishment. The DW sighs and steals a couple of my fries before she settles into the seat to endure a pontification she figures will last the thirty minutes it takes to get us home. It's not like we haven't done this before.

The cool thing about ritualistic babbling is- thinking can run alongside the flapping lips. I'm recalling bread recipes in the background. Beginning with all-purpose flour and a piece of fresh yeast cake I follow, sort of, a recipe for Crusty German Rolls - Brotchen.

Encouraged by those results, I began substituting "Turkey Red" organic wheat flour for some of the all-purpose. "Wow" was the general response from the various librarians and tattooers who sampled the rolls. I immediately switched to fresh milled einkorn and spelt for the next two batches and jumped the rolls to an entirely new level of flavor.

"This is the best bread you've ever made!" Tattoo Don- Pillar of the Community said before pleading, "Please tell us you wrote this recipe down!" (This is likely a tradition in his shop now.)

"Umm... I- uhh..." (I did record the experiment. Though I have no idea where the notes are now.)

A few days after the hot dogs, I

wander down the hill to the tattoo shop on the square of this place. A client in the chair calls out to me. "How do I get to sample some of the bread you write about? I'm looking for bread for the restaurant I'm going to open."

"Umm..."

Don raises a questioning eyebrow. "I'll call you next time he brings bread to the shop."

"Umm... What type of bread are you looking for?" I've got a feeling a synchronicity event is happening. "Hot dog buns."

Boom. A memory dump of rolls and buns flash through my head. Textures, colors, fragrances and flavors push each other aside. I hear words flooding out of me as I struggle to catch up to them. Did I hear someone promise they'd make sourdough hot dog buns? What the hell do I know about hot dog buns let alone sourdough? As the babbling slows to a trickle I realize I'm about to find out.

I hit up the internet for recipes and pick one that looks doable. I run several variations through the oven and they are edible. Though no one is particularly happy with them, a question comes up. "How many buns can you make a day?"

Commercial scale cracks me up. Mixers are \$1,500 and do not top out at \$33,000. Proofing cabinets are \$1,700 and pass \$15,000. Steam injection/convection ovens are barely under ten grand and command \$50,000. Add walk-in coolers, rolling racks, tables, dozens of odds and ends, and I'm out! If I had all the low end equipment given to me I'd still have to unlearn home baking methods and try to learn factory techniques. Which sounds more like work than fun.

Still, encouraged by the first attempts, I figure I need to go back to basics. I want a bun that is soft of crumb- easily compressed to hold a dog and extras, but with a nut brown crust. Flavorful, but not so chewy the dog squirts out while someone is trying to bite through the bun and stays usable for several days. Peter Reinhart (master bread builder) had a recipe for something close to that. I search an internet blog I once tended (nine years ago) and find my brief comments on Tuscan bread- "Boy am I glad we bought a decent bread knife! I don't know how I'd cut this bread else wise. The crumb is so soft! Even after sitting out all day and night the loaf was still exception-

ally suited to making a sandwich." And I'm off searching through the stacks of books for "The Bread Baker's Apprentice".

To my delight the recipe is flour, water, yeast, a splash of olive oil, time and temperature. No eggs, milk, cream, sugar, diastatic malt powder, or machines to beat air into the dough. I can do this by hand. Except for the scald- boiling water mixed into flour. And therein lies the very soft crumb I suspect.

I bring my sourdough culture, Dan- it's named, up to full strength and substitute 100 grams of Dan for the commercial yeast the recipe calls for. I melt some butter to replace the olive oil and away I go working the stickiest dough I've ever played with! Not even ice cold, wet hands keep the gluey mess from sticking to me until it's had a 30 minute rest so the flour can absorb all the water. Even then the dough is tackier than I'm comfortable with.

In spite of forgetting to write down the time the dough spent on the counter or in the fridge- I end up with a boule, frog- I mean French for- a round loaf of crusty bread.

Perfect! Except everyone who sampled it said it needed salt. But they all agreed the crust was good, and the crumb very good, even after more than twelve hours sitting on the counter. So I have my basic sourdough hot dog bun recipe!

But wait. What if I fresh mill a



Spring turns many young men's hearts to fancy, but for Jack, it turns it towards food!

few grams of spelt and scald that instead of bread flour? Or maybe einkorn? One of those grains gives the bread a hint of vanilla. Would vanilla pair with an all-beef hot dog and mustard? Or should I forget the hot dog and work toward a good sub roll?

Gods, is there no end to seeking? Which reminds me.

Thank you Demeter for the grains, Hephaestus for the oven

and its heat, Athena for inspiring those who invented the tools and techniques I struggle to gain proficiency with. And Dionysus! whose beneficent ferments mellow the DW enough to tolerate my inane rants and raves as I stomp about in my kitchen frenzies.

To read past articles by Jack Deatherage visit, the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# THE MASTER GARDENER

## A diary of a garden

Mary Ann Ryan  
Adams County Master  
Gardener Coordinator

Rusty and I purchased our present property with the best of intentions. The property was a 'useless swamp land' as some of the locals informed us. But we had a vision. We chose the style of our home based on the lay of the land. It's a small house, with windows to accent the view, and it's positioned in order to avoid the western winds. Geo-thermal heating and cooling was installed for 'green friendly' and cost-efficient heating and cooling. The guy who did our grading? Yes – he put all our topsoil back and we even discussed where our gardens would go for deeper topsoil. We had plenty of open spaces to grow a large, traditional vegetable garden, and large perennial and shrub beds. Life is good.

**First growing season: 1997**

We rototilled a large vegetable gar-

den – about 50' x 50'. We planted our rows about 2 ½ feet apart, so we could get the tiller through the rows if necessary. This is the kind of garden I grew up with. Intense gardening wasn't necessary when we had all this room, or so I thought at the time. Lettuce, peas, corn, beans, potatoes and tomatoes all grew quite happily this first season. We had so much produce, we shared with everyone – we had my family over for a corn roast and froze what was left. Great. The perennial and shrub garden were just starting to develop. We invested in some key shrubs as we began to develop these beds.

**Season two: 1998**

The vegetable garden was another success! Friends complained of rabbit and deer damage, but not us! We are gardeners and know how to grow veggies! With advice from my dad, a farmer at heart, there's no stopping the amount of produce we could grow!

The shrub and perennial beds were developing quite nicely. Not too many problems, the biggest issue was lack of time to keep up with the planting beds and vegetable garden. The bank along our drive was really coming along; lots of maintenance, but worth every minute.

**Season three: 1999**

The groundhogs had found our garden! Just as the beans started to grow those darn groundhogs ate them – then the raccoons found the corn! Oh well, guess we'll plant a bit more next year to provide for them and us --- since they ate all of our harvest this year!

**Season four: 2000**

It's the end of the growing season. Something has got to be done with those rodents! No vegetables to amount to much. A lot has been lost to the groundhogs. The viburnums are filling in, and the Zelcova is starting to look like a tree. The bank along the driveway – too high maintenance. Maybe I'll let it go natural, since so many grasses seem to like growing there.



The most recent gardening experiment, growing greens such as cabbage, kale and lettuce in containers. This gives me more room in my raised beds to grow other vegetables.

**Season five: 2001**

We have re-evaluated the vegetable garden. Two years of labor to feed the raccoons, groundhogs, deer and rabbits aren't working. I'll focus on the perennials and shrubs. That will keep me busy.

**Season six: 2002**

The perennial garden looks fantastic! Perennials and shrubs are

surely my favorite plant types! Vegetables are wasting my time. I think this season we'll buy our produce at the farmer's market. The bank is going natural! I haven't been able to keep up with it, but I think I like the way it's developing all on its own. Lots of butterflies visit this garden area.

**Season twelve: 2009**

For the past several years, we've been messing around with a few tomato plants and pumpkins for the kids. But this year, we decided to try vegetables one more time. We followed intense gardening practices. Rusty built a fence to keep the animals out. We've built raised beds, 4' - 10'. In these three raised beds, we grew peas and onions, potatoes and lettuce, tomatoes and green beans. In the rest of the garden, we've grown, corn, zucchini, gourds, cucumbers and watermelon.

Our calendar looked like this: mid March: planted peas and potatoes. Early April: planted onion sets, lettuce seed and four cabbage plants. By mid May: we planted green beans, and I harvested the peas and had been cutting lettuce for a month. The lettuce has been great! Early June: planted zucchini, gourds, watermelon seeds and tomato plants. Because of the cool temperatures, the lettuce is still producing. By mid June the lettuce bolted, and I planted more green beans where the lettuce once grew. The cabbage was eaten, probably a rabbit. But we found the spot where it dug under the fence and re-enforced it with large stones.

Early July brought us a nice crop of green beans. I was able to freeze some. Pretty exciting! The tomato plants are too shaded from the sunflowers that grew as volunteers. Between the cool nights and shade from sunflowers, the tomatoes had not produced much – just enough to put in sandwiches. Late July: we were picking zucchini and cucumbers – lots! I made some dill pickles – the first time.

Mid August – planted lettuce seed where the potatoes were. Hoping for yummy salads again!

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# THE MASTER GARDENER

**Present**

Ten years later, our vegetable garden is still producing. Shade has increased, as some large shrubs close by are now mature, casting shadows, and pushing back my starting dates for some veggies, as the ground is too cold and wet early on. But we've come to an understanding with the wildlife and the surrounding environment. No longer is the vegetable garden my focus as it was in 1997, but just a place that we can grow some of our own food. Concentration on soil management, crop rotation, and growing only what we eat, has created a successful garden environment.

Our plantings have developed extensively. What was once a hillside of grass 22 years ago is now an environment that supports all types of wildlife, from mammals, to birds, to insects. Relatively mature trees now stand tall, almost a forest, on the hillside. Large shrubs are creating an understory, and natural paths allow us to enjoy this habitat up close.

As plants have grown, planting beds have been increased in size and we learn more about diversity and habitat development. Plant choices have changed. As things get shaded, they are replaced for things that tolerate the changing environment. The sun plants go into new areas of development.

Our meadow is always changing. We began with the native switchgrass, and now have introduced flowering plants, like monarda, Rudbeckia of many species, joe pyeweed, Baptisia and many more to support the pollinators from

early spring through early winter.

Our focus has been to provide food and shelter for the wildlife. We've planted hundreds of seedling trees and shrubs in the wetlands as well as uplands. Trails throughout the wooded areas and lowlands have been created for our family and visitors to enjoy our surroundings and discover our fellow inhabitants, whether plant or animal life. We've successfully created a place for us and wildlife to enjoy together.

Although my husband and I don't work well together, (the way we work is very different), we have the same vision and goals. While Rusty has been focusing on the wild areas – knocking back invasive plants, creating vernal ponds, maintaining riparian buffers, I've focused on the gardens closer to our home. From the vegetable garden to the perennial and shrub beds that developed from a love of plants, our "outside" home is ever changing. Knowledge about native plants, birds, pollinating insects, butterflies and moths have helped to create what we have today and continues to change the plant and animal life that lives with and around us.

I'm confident that no matter how hard we try, nature is always one step ahead of us. We need to learn from the environment – not fight it. Even with all the resources, education and experience Rusty and I share, we're always learning – and enjoying – our natural environment, both in the garden and out.

*To read other gardening articles, visit the Gardening section of Emmitsburg.net.*

## Small Town Gardener

### The patience to wait

**Marianne Willburn**

Great gardeners and optimists know that a dead plant represents an opportunity to grow something new. But what of a dead tree? What of five? So much opportunity at one time can cloud a mind already weakened by the fumes of a chainsaw.

If I know anything at this point, it is that it's best to stifle knee-jerk reactions – particularly the one which argues for immediate replacement. Eye for eye, tree for tree, shade for shade, problems with problems.

Not that I'd replant ash trees in a land ravaged by borer of course. But metasequoia...the luscious thought occurred last week. I'd play up the lodge aspect of the house with a bit of associated redwood, satisfy long-held yearnings for a small grove of this favorite of trees, and score a few points in certain circles.

The thought was indeed luscious; but as I stood contemplating it again this morning, I was struck by another, greater, thought – a sudden awareness of sky.

Sky is good. Stars are even better. Why obstruct a new view to the heavens for a redwood thrill? And there is the little matter of the new roof. Or to be more accurate, the new roof twenty years from now, deep in the shadow of more roof-destroying trees. Yes, a luscious, terrible idea, but fun for a mental fiddle on a Sunday afternoon.

So, smaller trees perhaps. Dogwoods and redbuds are the obvious choice in an Eastern setting, but then so are serviceberry, scarlet buckeye, or white fringetree. And what of the evergreen touch of an American holly or a well-behaved Southern magnolia?

Maybe this would be a good time to instead encourage those plants that got their start as understory shrubs and will now benefit from increased

light levels: the rhododendron, azalea, pieris, boxwood, forsythia and hydrangea. Perhaps one should add even more.

Again, the mind clouds.

I share these thoughts with you because we all have doubts when designing our gardens; and working around something that once was, but is no longer, is one of the most challenging. I am in the thick of it right now.

The difficulty is getting used to the space as it now presents itself – not as something missing something else. In this case it is not as if what was was particularly stunning or even attractive, but the absence of it is overwhelming.

Frankly, there's a whole lot of opportunity to screw up.

By planting a grove of metasequoia fifteen yards from a new roof simply because you love them and remember the feeling of coniferous forests from your childhood.

By planting a random selection of small trees because they're small and that's all the rage and won't so-and-so be impressed.

By encouraging smaller shrubs because they're there, no matter that their existence currently bores the pants off you.

Yes. A tremendous opportunity to make some tremendous mistakes.

Perhaps then, a better question to be asked of oneself is, "Do I need to do anything at all right now?" And the answer?

Almost certainly no.

Reaction is not a basis for gardening. Inspiration is. Inspiration cannot be forced, and thankfully I don't have a homeowner paying me by the minute to force some. It's my garden and I'm going to wait until that little light bulb goes off.

It may happen in the garden of another. It may happen as I slurp my soup over the pages of a new book. It might just happen as I fall asleep at night, dreaming of something else entirely. But I have no doubt that it will, eventually, happen.

And that, my gardening friends, is an opportunity worth waiting for.

*Marianne is a Master Gardener and the author of Big Dreams, Small Garden. You can read more at [www.smalltowngardener.com](http://www.smalltowngardener.com).*

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# PETS

## I think I'm becoming my mother



**Jennifer Vanderau  
Cumberland Valley  
Animal Shelter**

This revelation is somewhat of a shock for a 46-year-old to discern, but really, only somewhat. My mom's pretty cool. Both of my parents are, actually.

The thing is, when we were kids, my mom was always the talker. She talked to anyone. We would stand an extra ten or fifteen minutes in line at any store while she just chatted away. As kids we were typically at the gum-ball machine dispenser either rolling our eyes or waiting for a quarter. (Normally it was the quarter.)

My siblings and I would always joke about mom and her "gift of gab."

And now I realize I have inherited it.

I can yap up a storm with the best of them. I have been known to talk to just about anyone about almost anything. I can get chatty with the person who hands me a coffee at the McDonald's drive-thru or the waitress who brings me a pile of pasta at my favorite restaurant.

Normally, though, the conversation has to do with animals.

I've got my groups of people who know, not only where I work, but that I'm a cat mama, so inevitably, when I stop by certain places, I'll get into conversations about how my babies are doing and how their babies are doing and we'll pull out our phones and...yeah.

I'm my mom.

One of the best conversations I've had in a while came when I spoke to the AARP group in Chambersburg recently. I usually stop by in March every year to give an update about the shelter and just generally have fun with an awesome group of animal-lovers.

These folks are a total hoot and absolute proof that joy and entertainment can continue throughout life. They love to laugh and joke and carry on, but most importantly, they love animals.

I brought a little beagle/Jack Russell mix with me named Lola who is the dearest little girl. She sat right next to me while I talked and actually appeared to listen to the stories I told. She came to the shelter because her human mom and dad were getting a divorce. Lola and her two pups didn't work out in the home anymore, so they came to us for a second chance. Everyone just loved her.

The AARP was also celebrating the birthday of a member who is 95 years young. That's exactly how she was described. Esther is quite a pistol. She's had a stroke, but you sure couldn't tell. She's keeping track of the books for the AARP and when they presented her with a cake, she said, "The day I was born there was a blizzard. The doctor couldn't make it to the house, so my grandmother had to deliver me. She must have done something right, 'cause I'm still here!"

My pop will appreciate this one. I believe she said she was born in Mercersburg, Pa., my dad's old stomping grounds. Ahh, the stories he's got from Mercersburg, but that's a topic for another column.

Now, I'm going to ask you to imagine Esther's journey into this world. It's 1924 in Franklin County, and a woman is delivering a baby in a winter storm. Just think about it – a small town, no cell phones, possibly no indoor plumbing, electricity or modern appliances. And there's a baby on the way. For those of us used to modern conveniences, that's a seriously scary concept.

And while you're thinking, I'm telling you, right now – you, the person

reading this article – talk to members of the greatest generation and anyone who came before them. Listen to their stories because that is how we remember history and the history around us is so incredibly rich. Life wasn't always like it is today with our technology and social media and our instantaneous communication. It's important to remember that and the people who lived it.

We can learn so very many valuable lessons from the people who came from a slower time, a time abundant with family and a deep understanding of life the way it could be lived. There was very little electronic distraction during that time and I worry that the younger generation may never truly appreciate what can be discovered from those who came before.

At any rate, I digress. I told the AARP stories of the animals at the shelter, including Katniss, our escape-artist cat who can get herself out of offices as well as little Tucker Lee, a terrier who was dropped off in our outside run one evening because he didn't get along with the new baby.

At the end of the meeting, we had refreshments and all got a chance to chat. That's when a whole lot of people came up to me to meet little Lola and talk about their own animals. I heard stories from immediate, emergency surgery to help a dachshund be able to walk again, to a daughter who takes in every stray she sees, to a little pup who was saved from a puppy mill.

As we talked, everyone reminded me of donations they had in their cars and little Lola maybe had a sugar cookie – don't tell anyone at the shelter, though, it was supposed to be a little secret between me, Lola and the AARP.

The group managed to collect more than \$200 for the shelter as well as a whole van-load of supplies, but that's not all they gave me.

I learned something from my time spent with the AARP. It's the moments when I stop for a minute, turn my focus to exactly where I am – don't think about my to-do list or how many hours I have left in the day to get everything done – that I really enjoy my life helping animals. The group gave me a chance to really listen to the stories from other people and that was incredibly refreshing and calming and peaceful.

It's important to remember when we get caught up in other people's

issues or drama or life problems that sometimes we need to take a break and concentrate on the significant parts of life – sharing thoughts and ideas with like-minded folks about what means the most to us.

I can't help but wonder if that might be what my mother has been doing all her life by striking up conversations wherever she goes. Perhaps it was something she's known all along and was trying to impart to her kids, even when we were little.

And isn't that a serious revelation?

I'm going to have to share that one with my siblings for sure...

*Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org). CVAS also operates a thrift store in Chambersburg. Help support the animals at the shelter by donating to or shopping at the store.*



**Boden was returned to the shelter after he was found to have hypothyroidism and the family felt this changed his behavior. He has done very well with us here at the shelter since being back. He is currently on medication for his hypothyroidism and will most likely need to be on it for the rest of his life with regular check-ups with a veterinarian to be sure that he is on the right track. Boden is a 1-year-old beagle/lab mix who knows a few commands and he just loves attention and petting. Due to history from his past owner a home without cats or other dogs would be best for Boden. Boden also has no history of ever being with children so an age restriction for children in the home may apply. Do you have the right place for this cutie?**



**Max came into the shelter as a stray with an abscess on his foot and had a fever of 103. We got him the care he needed and is ready to find his forever home. Look at that gorgeous face and he has the most beautiful golden eyes. If you're looking for an amazing companion, Max just might be the guy for you!**

For more information about Boden and Max visit the Cumberland Valley Animal shelter.

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown

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# Barn fires

Kimberly Brokaw DVM  
Walkersville Vet Clinic

Fire is one of every farm owner's worst nightmares. Barns are full of dry combustible material such as hay and shavings so when they do catch fire, it seems they get out of control very rapidly. Confined animals are frequently hard to extract from the burning building and so the loss of life adds to the devastation of the fire.

While almost every barn I go to bans smoking in the barn, very few have taken any steps to eliminate other causes of fire. Every barn owner should give the barn a look over, at least once a year, and try to decrease fire risks. The fire department is often willing to look at barns and make suggestions to decrease the risk of fire.

Hay that is baled while it is still wet, is a frequent cause of fires. Some hay farmers check the moisture levels in hay before selling it to customers. If the hay is too high in moisture, it is not safe to store it in

the barn. When a less meticulous hay farmer puts damp hay in your barn, the hay can suddenly produce a lot of heat and then a fire.

I'm surprised that I visit more farms without fire extinguishers than farms that have them in the barns. While a fire extinguisher won't help once the fire is big, small fires started from the spark of a farrier's forge landing on hay can easily be put out with a fire extinguisher or a nearby water hose. I have one client that won't even allow farriers to hot shoe on her farm after a close call with sparks from the forge. While nothing other than a little hay caught fire, it was enough to scare her.

Electrical fires are a common cause of fire. People tend to be very casual with wiring and electrical appliances. I see heaters, old extension cords with bare and exposed wire, old and dust covered box fans, and other potential fire hazards in barns all the time. Fans with enclosed motors specifically designed for barn use are available at Tractor Supply and other farm supply stores. People still opt for box fans, despite the fire risk, because box fans are so



Nothing strikes fear into any horse owner more than discovering one's barn is on fire; fortunately there are a few simple things you can do to prevent them.

inexpensive. It's not that expensive to get a new extension cord that is good condition yet I still see farm owners using ones that occasionally shock them. Many barns have old and bare wires hanging from the ceilings. If those wires are still connected to the electricity, they can cause fires. When high wattage water tank heaters are plugged into outlets that are not meant to power them, there is a fire risk. While not all fires can be prevented through those steps, some fires can be prevented.

The speed with which a fire can spread is quite surprising. Based on my experiences lighting a woodstove or campfire, I would have expected that it was quite difficult to get a fire burning. It seems like it always takes me an entire box of matches to get the woodstove lit, yet one of my clients kept reiterating to me about how quickly the fire spread when her dryer caught fire. It wasn't the typical lint fire, instead the electrical buttons on the dryer caught fire while she was only 15 feet away. She and her husband used two fire extinguishers and still needed the fire department to come put out the fire. She repeatedly told me how surprised she was that the fire was able to spread considering it was a metal dryer with wet clothes in it. While the laundry room completely burned, at least no one was injured.

One of the best fire systems that I saw in a barn belonged to

a man with a small poultry flock. He had about 50 meat chickens in a small barn. Everything was fully automated complete with texts to his phone giving him updates. If it got too hot in the barn, the side curtains would open and the fans would turn on. As the temperature would drop the curtains would close. He also had a fire alarm that detected heat increase. He told me that the traditional smoke detectors would send false alarms due to the amount of dust stirred up by the chickens. Since he already had a commercial poultry watering system in the barn, he explained that it wasn't that difficult to add a sprinkler system to the barn. At the time, I thought his system seemed like overkill. However as I have witnessed numerous fires at clients' farms, I see the wisdom in his system.

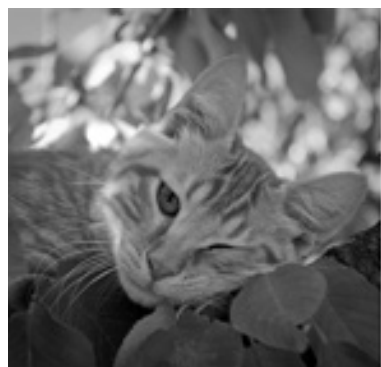
Sprinkler systems are not going to be practical for most barns simply due to logistics like keeping the waterlines from freezing and the expense of installing a system. Several of my clients have an electrician do an annual inspection of their electrical system to try and identify potential problems. Another one of my clients turns the power breaker off when she's not in the barn so there is

no electricity to start a fire. Turning the power off is not an option for those of us who rely on heated troughs or buckets, but it works for some. A few of my clients have installed smart smoke alarms that text their phone with alerts.

There are companies that will install systems that are specifically designed for barns. The barn environment can be a challenge for traditional smoke alarms. The dust can trigger false alerts and then as more dust accumulates on the detector, it can get so clogged that it can't detect smoke. The professionally installed systems can get expensive so personally, I just purchased a Nest smoke detector that will send alerts to my phone. While it is designed for house use, I'm hoping it works well enough to alert me so I can contact the fire department, or at a minimum, the alarm is loud enough to scare the horses out of the burning barn.

Unfortunately, barn fires are common and often not preventable. We all need to think about fire safety, and what measures we can take to prevent at least some barn fires.

To read other articles by Kimberly Brokaw, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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# VOLUNTEER FIRE COMPANY AWARD BANQUETS

## Thurmont Guardian Hose



Richard Willhide, Wayne Stackhouse and Donald Stitely. Willhide and Stitely were recognized for 60 years of service to the company.



President Wayne Stakehouse (l) with Life Members Linda Davis, Joseph Ohler, Neil Ecker, William Davis.



Linda Davis receiving her special life membership from Terry Frushour.



Operational Officers: Chris Kinnaird, Blain Schidt, Chad Brown, Charile Brown Brain Donovan and Will Gue .



Administrative Officers: Wayne Stackhouse, Terry Frushour, Donald Stitely, Jared Snyder, Lori Brown, Sec; Beverly Frushour; Trisha Miler, Chad Brown, Brian Donovan, Joseph Ohler.



Kevin Fox, director of volunteer services, congratulates Chris Kinnaird upon his swearing in as Chief for 2019.



William Davis receiving his Lifetime Membership certificate from Terry Frushour.



Neil Ecker receiving his Lifetime Membership certificate from Terry Frushour.

**Administrator Officers for 2019**  
 President: Wayne Stackhouse  
 President Emeritus: Don Stitely  
 Vice President: Terry Frushour  
 Secretary: Lori Brown  
 Assistant Secretary: Trisha Miller  
 Treasurer: Chad Brown  
 Assistant Treasurer: Bev Frushour

**Operational Officers for 2019**  
 Chief: Chris Kinnaird  
 Assistant Chief: Carroll Brown  
 Captain: Blaine Schildt  
 Lieutenant: Chad Brown  
 Lieutenant: Brian Donovan  
 Lieutenant: Will Gue  
 Lieutenant: Kevin Welch

**Top Ten Responders**  
 1 Brad Weddle  
 2 Brian Donovan  
 3 Wayne Stackhouse  
 4 Chad Brown  
 5 Chris Kinnaird  
 6 Jared Snyder  
 7 Mike Duble  
 8 Terry Frushour  
 9 Chris Kinnaird  
 10 Carroll Brown

Trustees – Brian Donovan, Jared Snyder, Christopher Kinnaird, Joe Ohler, Steve Yingling

**Fire Police for 2019**  
 Richard Black



Joseph Ohler receiving his Lifetime Membership certificate from Terry Frushour.



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# VOLUNTEER FIRE COMPANY AWARD BANQUETS

## Fairfield Fire & EMS



Line officers for 2019 - Brad Hartdgan - Assit. Chief, William Jacobs - Chief, Adam Jacobs - Deputy Chief. (Missing Chad Fogel - Fire Lt.).



Administrative Officers for 2019 - Left to Right: Chuck Schussler, H. Lawrence Schneider, Diana Ratliff, Rose Jacobs, Mike Hartdagen, Brad Hartdagen, Jill Unger, Steve Fitez and in front, Fairfield Fire Company president Gayle Marthers.



Junior fire company members - Jonas Holz, Ty Farace, Brianna Redding, Colby Wivell and Grant Chesko.



Chief Bill Jacobs presents the 2018 Chief's award to Deputy Chief Adam Jacobs.



Ty Farace, flanked by Bill Jacobs and Deputy Chief Adam Jacobs, was the recipient of the Junior Fire-fighter of the Year award.



Once again the Vigilant Hose Company showed their true colors by standing by to respond to any fire calls that may have come in during the banquet. VHC members on call included Josh Kehne, Cliff Shriner, Bill Boyd, and Chief Chad Umbel.



Mae Sager, flanked by President Gayle Marthers and Bingo Coordinator Jamie Phillips, was the 2018 Bingo Volunteer of the Year recipient.



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## HEALTH NOTES

# Colorectal Cancer

**Kelsey Shupe**  
**Frederick Memorial Hospital**

This year, the American Cancer Society estimates 97,220 new cases of colon cancer and 43,030 new cases of rectal cancer. Overall, the lifetime risk of developing colorectal cancer is about 1 in 22 (4.49%) for men and 1 in 24 (4.15%) for women.

Colorectal cancer starts in the colon or rectum and occurs when cells begin to grow out of control. Most colorectal cancers begin as a polyp on the inner lining of the colon or rectum and change into cancer over the course of several years (though not all polyps lead to cancer).

You're never too young or too old to be diagnosed with colorectal cancer. While people over the age of 50 are at higher risk, colorectal cancer is also on the rise for people under 50. The Colorectal Cancer Alliance, a national organization com-

mitted to ending colorectal cancer through prevention, research, and patient support, confirms that 1 in 10 people with colorectal cancer are diagnosed before the age of 50.

So, whether you're 29 or 59, what can you do to limit your chances of getting colorectal cancer? Know the signs and symptoms, learn the risk factors, listen to your body, talk to your doctor, and know your family health history. A healthy lifestyle, knowledge, and early detection are the keys to prevention.

### Lower Your Risk— Learn the Risk Factors

A risk factor is anything that affects your chance of getting a disease or cancer. You have control over some risk factors, like diet or exercise. Other risk factors are out of your control, like your age or family health history. Having a risk factor does not mean you'll get cancer, but it does increase your chance of developing it at some point in your lifetime.

A number of lifestyle factors, which can be changed, have been linked to colorectal cancer. The American Cancer Society even found that the links between diet, weight, and exercise and colorectal cancer are some of the strongest of any type of cancer.

You may be at risk for colorectal cancer if you have any of these changeable risk factors—now's the time to talk to your doctor about healthy lifestyle changes you can make to break these habits: Being overweight or obese; Lack of physical activity; Diets high in red and/or processed meats; Smoking; Heavy alcohol use.

There are a number of colorectal cancer risk factors you cannot change. These include: Being older—your risk increases as you age; A personal or family history of colorectal polyps or colorectal cancer; Your racial and ethnic background—The American Cancer Society reports that African-Americans have the highest colorectal cancer incidence and mortality rates of all

racial groups in the U.S.; Having Type 2 diabetes.

If a family member has a health history of any of the following, you may be at risk for colorectal cancer: Colon or rectal cancer; Cancer or rectal polyps; Stomach or bowel problems; Other cancers such as endometrial, kidney, stomach, small intestine, and liver; Crohn's or colitis.

As each generation ages, important information about your family's health history can be forgotten or lost. Start a conversation with your family and learn everything you can about your risk factors for colorectal cancer and other conditions. Share your family history with your doctor, make copies of your health history for your family, and ask family members to share this information with their doctors as well.

### Know the Signs and Symptoms

A number of warning signs could be an indicator of colorectal cancer: Anemia; Rectal bleeding (dark or black stool); Change in bowel habits; Diarrhea and/or constipation; Narrowing of stool; Persistent

abdominal discomfort (cramps, gas, pain, or feeling bloated); Unexplained weight loss; Weakness or fatigue; Nausea or vomiting; Crohn's, colitis, or irritable bowel syndrome.

Often, colorectal cancers can bleed into the digestive tract. Sometimes this is seen in the stool, other times it appears normal. That's why, for many people, the first sign of colorectal cancer is a blood test. In addition, many symptoms can be caused by other conditions like infections or hemorrhoids, so it's important to see your doctor immediately to find and treat the root of the problem as needed.

### Prevention and Screening for Colorectal Cancer

Did you know that colorectal cancer is up to 90% beatable when caught early? Screening is the number one way to reduce your risk of colon cancer. Despite its high occurrence rates, colorectal cancer is one of the most preventable and most treatable cancers—if it's caught early!

Beginning at age 50, the American Cancer Society recommends that men and women at average risk for developing colorectal cancer should have the following screenings:

Tests that find polyps and cancer: Colonoscopy every 10 years; CT colonography (virtual colonoscopy) every 5 years; Flexible sigmoidoscopy every 5 years; Double-contrast barium enema every 5 years.

Tests that mainly find cancer: Fecal immunochemical test (FIT) every year; Guaiac-based fecal occult blood test (gFOBT) every year; Stool DNA test every 3 years.

If you're at high risk, you may need to start screening before the age of 50. Talk to your doctor about screening recommendations based on your specific health and family history.

### Treatment and Survivorship

According to the American Cancer Society, more than a million people in the US count themselves as survivors of colorectal cancer, thanks to advancements in prevention, early detection, and treatment.

If you've been diagnosed with colorectal cancer, your healthcare team, along with you and your support system, will work together to discuss your treatment options, review all of your choices, and assist in weighing the benefits of each treatment option against the possible risks and side effects.

Colorectal cancer is often treated using multiple types of coordinated treatments, including: Surgery; Radiation Therapy; Ablation; Embolization; Chemotherapy; Targeted Therapies.

Understanding your diagnosis and treatment options is the first step in fighting colorectal cancer. At Frederick Regional Health System, we're committed to providing you with a cancer treatment experience that is focused on you and your unique needs.

To learn more, visit [FMH.org/Colorectalscreening](http://FMH.org/Colorectalscreening).

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## Reifsnider's Farm Supply and Hardware Store

As many local community members of Taneytown and surrounding towns may or may not know, Reifsnider's Farm Supply and Hardware Store, located at 2080 Francis Scott Key Highway, is a local family-owned business tending to the needs of local families, farmers and other members of the community. Reifsnider's Farm Supply has always been a major source for animal health supplies for local farmers; however, within the last three years Reifsnider's began to offer a variety of feed for both large and small animals. Along with keeping local agricultural needs in mind, Reifsnider's also offers small grain, corn, soybean, and grass seed. As of recently, the family-owned business has expanded and now sells hardware, including but not limited to, nuts, bolts, screws, plumbing and electrical supply, paints, hand tools, and fencing supplies.

Locals, Andrew and Heather Mathias, the owners of Reifsnider's Farm Supply and Hardware Store, purchased the previous business in August of 2015. The businesses' roots date back to 1961, when Roger Reifsnider decided to open the doors to business. When he passed away his great niece took over. She ran the shop from Reifsnider's death until 2015 when

Andrew and Heather bought the business from her. "One of the first things we did was bring in a high quality feed (Kalmbach) after taking over," says owner, Andrew Mathias. "And about five months ago we bought the inventory of another small business in Union Bridge called Stambaugh's Hardware and that's how we got into the hardware business."

The goal of the Mathias' is to use their local, family-owned business to provide all that is needed for the community from hardware to seed, feed, and other goods and products so they can have healthy animals and a happy home.

"I always wanted to be in sales and I wanted to be in agricultural sales even more," Mathias continues. "I used to deliver feed to family-owned feed stores and I'd see families, like two and three generations working together side by side at the different locations and knew that is what I wanted, as we began to start our own family and we thought it would be a neat way to eventually have our children be part of the business and we can all work together."

Before Reifsnider's Farm Supply and Hardware expanded its boundaries and began selling hardware, there were no hardware stores at all in the areas of Taneytown, Keymar,

Detour and Rocky Ridge. Zurgable Brothers Hardware, previously located in Emmitsburg, recently closed its doors, leaving a gap in the local hardware industry. This meant that anyone interested in shopping for hardware in these areas had to travel south all the way to Frederick or out towards Westminster to get the supplies that they needed.

"The biggest challenge we have faced here is the dairy industry and the customer base struggling," expressed the store owner. Over the past quarter of the century, the number of dairy farms have decreased and farmers continue to struggle to keep their farms in business. This has been a problem for many years and continues to put dairy farmers in a difficult place. "They're not getting paid fairly for what they produce so the family farms are being forced to sell out. So, our customer base, because that's what it was mainly geared towards with the Reifsniders, is fading faster and faster due to that, so we brought the hardware in with the hopes that it will help supplement sales," Mathias continues. "Even if our dairy farmers are no longer milking, Reifsnider's wants to continue to supply them with other needed merchandise for their farms and homes. We are striving to have a little bit for everyone from




your small and large pets to your light bulbs and gardening supplies."

When shopping at Reifsnider's Farm Supply and Hardware, you can expect a more personal relationship between you as a customer and the seller. Because the business is small and in such a tight knit community, you have the ability to deal directly with the sellers, one on one. "We're open to trying to get just about anything anyone needs while being priced right," The Mathias' stated. The Mathias family wants to provide the most desired feeds

and goods for your animals, the care for your land and instant needs for your home by doing their best to bring in specific products that are requested by the customers.


Next time you are in need of hardware, gardening or farming supplies, instead of driving elsewhere, don't forget that everything you need can be found right here, locally. Do your part in supporting your local community and small family-owned businesses like Reifsnider's Farm Supply and Hardware Store.




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# WWI NEWS REPORTS FROM THE FRONT

## Peace Conference drags on, and on, and on ...



As the terms of the harshness of the peace treaty began to leak out, Germany began to have second thoughts on signing it.

April 4

### Half Of Europe Supports Bolsheviks

It is essential for Americans to understand at once the full meaning of the Hungarian episode of the last few days. It indicates that Bolshevism has taken a whole new character and become infinitely more dangerous than it was before. Heretofore it has been unquestionably directed at the destruction of existing political and national bodies, seeking to place universal communism in the saddle of Europe.

The Hungarian Kingdom, as it existed at the moment when the Austro-Hungarian Empire collapsed, consisted of an area somewhat larger than Italy, with a population upwards of 22 million, not more than ten million of which are actually Hungarians; the rest were subject people: Romanians, Serbs and Slovaks. Nor did the Hungarians constitute a solid block. At least one million were scattered over the fringes and on the edges of the territory.

The Allies, either by declarations of principles or by their secret treaties, promised the subjected races in the Hungarian Kingdom should each have an independent existence. Such a promise condemns Hungary to conditions of a state no larger than that of New York and New Jersey, without

defensible frontiers or an outlet on the sea, militarily and economically at the mercy of its neighbors.

There was no injustice in this decision of the Allied powers; since subject people desire liberty, and since some of them have fought on the Allies' side against the Hungarians, they were entitled to it. But if one looks at the map for a moment, one still sees a death sentence to the proud people who have for hundreds of years dominated the country between the Drave and Carpathians, and consider the territory as their own and other races as intruders.

Looking backward, one perceives that the Hungarians will follow the precedent of Russia, following Brest-Litovsk, where Lenin, unable to resist the German demands, refused to agree to them and left Germany to try to enforce her will upon the body of Russia. We know now that Brest-Litovsk was the greatest blunder that Germany made. We know now that in the end, Bolshevism came to Berlin, and the Kaiser did not go to Petrograd.

Now the Hungarians have simply employed the Brest-Litovsk example, and this is precisely what we may expect Germany to do when the treaty of peace, which we are formulating in Paris, is finally completed and they are asked for their signature.

Before the Budapest revolution we had certain indications from Germany

that she did not intend to sign the treaty of peace we were making. It is expected that Germany, following the Hungarian example, declined to sign the treaty of peace here and won't let the Allies carry out their will upon the passive body of Germany, instead giving over entirely to Bolshevism.

Meanwhile, reports of extremist gains in Germany are increasing in volume and are causing considerable concern at the Peace Conference. The American delegation believes that the present government in Germany is in a precarious position and that Germans are likely to turn to the Bolsheviks in larger numbers unless a remedy is found in peace and the resumption of industry.

### German Frontier Decision Delayed

The French-German frontier is again under consideration at the Peace Conference. The first plan was to give France economic control of the Saar Valley coalfields to offset damage to the coalmines in northern France. France was not to have political control over the large German population in the Saar Valley, which would remain with Germany. This proved objectionable and one of the chief causes of the Council-of-Four's inaction. The main objective was because of the divided control, France would be unable to operate the mines effectively, prevent strikes and enforce authority when the Germans were exercising political control.

The new plan seeks to combine French economic and political authority for temporary control until the productive capacity of the mines in northern France is restored, industrial production revived, and the indemnifications due to France are paid. It is estimated that five years will be required to restore the mines to normal, and this probably gives an idea of the length of the proposed joint control by France.

The Council has also decided that the left bank of the Rhine will be neutralized until Germany has paid the indemnities fixed by the Peace Conference. It is understood that French and Belgian troops will hold this territory. The United States claimed it would be impossible to leave American troops in Europe after the signature of the peace treaty, and England said it had insufficient troops to maintain garrisons along the Rhine.

April 11

### Yanks In Russia Balk At Fighting

A company of American troops recently showed some hesitation in returning to the fighting front south of Archangel, declaring that the war with Germany was over and the United States was not at war with the Bolsheviks.

This incident was only the outcropping of what seems to be the general feeling among American troops, officers as well as men. In official circles in Archangel there is no disposition to blame the troops for this condition. On their arrival in northern Russia last September, the Americans were keen for fighting the Bolsheviks, who, they were told, were German agents.

However, since the armistice with Germany was declared, the soldiers



Close to 6 months after the armistice had been signed, a war-weary world was becoming exasperated at the pace of the Peace Conference.

have been subjected to constant Bolshevik propaganda, which, together with their desire to return home after the end of the war for which they were drafted, and the hardships and loneliness of the Arctic winter, has caused them to lose their spirits.

The presence of American troops in Russia, and the fighting in which they were engaged against Bolshevik forces, were subjects of severe criticism in the Senate last winter, though no action was taken there or in the House.

According to Sen. Johnson of California: "American boys were sent to northern Russia under British command, and American soldiers sent to Siberia under Japanese command. American boys are fighting in northern Russia against overwhelming odds, and, to the agonized appeals of their fathers and mothers, the answer of our government is, 'the matter is in the control of the Allied Council.'"

"Five months after the end of the war for which they enlisted, they are fighting another war. This isn't a question of Bolshevism or fighting the horrible doctrines of Lenin. This is waging a war with American blood on foreign soil - a war un-declared by America, but decreed by foreign counsel. In the composite world banner Old Glory is forgotten."

Sen. Johnson said he plans to hold briefings to investigate the entire Russian situation with the hope of arousing righteous public feeling over the situation of American troops in Russia, and that he intends to call the attention of the country to the conditions to which the troops are subject. President Wilson is reported to have ordered the sailors of two cruisers to land with troops if necessary to help re-establish discipline within the American ranks.

Meanwhile, British relief troops are headed to Archangel on specially constructed icebreaking transports with which they expect to get through the ice two weeks earlier than they could on any other type of vessel.

Winston Spencer Churchill sent a telegram yesterday to the British troops in northern Russia, promising that they would be supported and relieved at the earliest possible moment, and that men who have been there for months will be brought home as soon as other troops arrived to take their places.

News has reached London that a detachment of anti-Bolshevik Siberian forces has succeeded in getting in touch

with Allied forces in the neighborhood of Archangel. The position of the latter is critical, but the Allied troops command the local railways and the western ports, and it is believed there should be no difficulty in getting supplies to the Siberian forces by the middle of May once the ice has cleared.

The situation along the northern Russian front was again comparatively quiet. A Bolshevik prisoner questioned regarding the morale of the enemy forces declared: "The soldiers of our regiments are mobilized peasants and the officers are volunteer Communists. The spirits of soldiers are low and everybody is fed up with the Communists. The soldiers are treated very severely and are shot for leaving their positions without permission. A new system of discipline has been inaugurated, with different ranks and distinctions being re-established and soldiers must salute on pain of death. Along the roads the Bolsheviks have posted Chinese, who search all travelers and take everything they can find."

### Americans Threaten To Withdraw From Peace Conference

One of the most responsible authorities associated with President Wilson said that he would not be surprised if American participation in the Peace Conference would end early if the delays over finalizing details were carried out much more.

"The differences still remaining on the subject of frontiers and reparations are comparatively light," he added, "and yet the slight differences are so persistently maintained as to threaten to prolong the discussions. The President is fuming at the secret plans of the French and British to carve up the world between themselves, and is not willing to accept it."

The President was described as standing firm in his determination to make no further concessions and insisted that the principles of national self-determination, which were contained in his fourteen-points, and which were agreed upon at the time of the armistice, are at stake.

The harsh denunciation of the American peace delegation by the French press, and charges that the ordering of the transport George Washington to come to Brest before its regular time to transport the President home, is nothing short of blackmail.

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In spite of efforts to address the concerns of the Republicans, the amended League of Nations treaty faced an uphill battle for approval in the Senate.

It was recognized by all hands as a threat to go home because all hope of solution has vanished unless there was an immediate change of attitude by the key players.

When the story of the last two weeks comes to be written, with full knowledge of detail, it will prove one of the most fascinating political stories of history. Whereas two weeks ago Lloyd George and Mr. Wilson were united in forcing unwelcome terms upon the French and in making it easy peace for Germany, Lloyd George has been compelled by pressure exerted in England to change fronts and now fully supports the efforts of the French to cease as much territory as possible and force reputations upon Germany that will bankrupt her for a century.

Mr. Wilson finds himself now deserted at the conference of peace. It is reported that Wilson has in his possession a sketch of a specific treaty with Germany, a peace treaty to be made with the United States and Germany only, which is his final threat provided his leadership does not prevail.

**April 18**

**League of Nations Draft Ready**

With the single exception of the amendment specifically exempting the Monroe Doctrine from being affected by the new charter for the League of Nations, no vital changes were made by the League of Nations commission in the meetings on Thursday and Friday night. Friday night's meeting marked the conclusion of the consideration of the covenant.

The League of Nations will include all belligerent and neutral states named in a document annexed to the covenant, and, in the future, any self-governing country whose submission is approved by two-thirds of the states already members of the League.

Providing it has kept its obligations, a state may withdraw from the League of Nations giving two years notice. States that signify their dissent from amendments approved by all the states on the Council and the majority of those in the assembly, are not bound by them, but, in such cases, cease to be members of the League.

Mandates for the German colonies and the territories of the old Ottoman Empire are provided. These colonies and territories are to be administered by the French and British, which will exercise general supervision.

The amendments to the League of

Nations's constitution are expected to remove the objections of many of the Senators who are opposed to the original draft – which all but made it impossible to bring about ratification by the Senate.

The outspoken opposition to the League of Nations, as originally proposed, was found among Republican senators for the most part, though some Democrats were equally insistent that the League Constitution must be amended. It was freely said that if it was brought to the Senate in its first form the League could never have been ratified.

On the other hand, in the opinion of those in favor of the League, the amendments to the League's constitution have taken the teeth out of it and made it a little better than an agreement which may be broken at will by member nations.

**Huns Must Make Reply No Later Than May 15**

The drafting of the final form of the peace treaty is proceeding rapidly in order to have it ready for presentation to the German delegates when they arrive at Versailles. The actual arrival of the Germans at Versailles is scheduled for April 25.

After the treaty is actually delivered, it is intended to allow adequate time for the Germans to make inquiries concerning the various details before returning to Germany.

The Allied delegates believe Germany will require at least one week after receiving the peace treaty before they can digest it and prepare an answer. They believe that the delegates would take about four days for travel between Berlin and Versailles and return. Consequently they expressed the opinion that it is hardly likely that Germany's answer will be available before May 6.

The Allied governments have decided not to wait beyond May 15 for a definitive answer from Germany as to whether she will sign or refuse to sign the peace treaty.

Austria-Hungary, Turkey and Bulgaria will probably be summoned to Versailles a fortnight after Germany to consider their peace treaties, which temporarily are overshadowed by the German negotiations.

There is a great uncertainty concerning the disposition of the Turkish Empire. The Allies apparently are anxious to have the United States accept Armenia as a trust territory, but the American delegation has stated that goes against American principles.

The future of Constantinople has not been determined, although some

of the American delegates would prefer to have the United States take charge of it, rather than leave it as an uncovered territory, and convert into a model city with model docks and ideal sanitation. The British, French and Italians are apparently willing to have the United States take over Constantinople, as this would avoid disputes, which might result from European jealousies.

Meanwhile, Marshall Foch has been charged with drafting of a plan on what should be done in the event that Germany refuses to sign the treaty of peace. It is indicated that the methods of coercion, which the Allies would adopt, may include the occupation of more German territory, the blockade of enemy ports and the discontinuance of the dispatch of food supplies to Germany.

**April 25**

**Germany Gloomy Over Peace Pact**

The German cabinet devoted less than half an hour to the formation of its answer to the Allied invitation to Versailles, for the purpose of receiving the draft of the peace terms. A feeling of gloom prevails in official circles and there were no illusions as to attaining any mitigation in the dictatorial peace awaiting Germany. It is interpreted in cabinet circles and at the Foreign Office as final proof that the Allies are disinclined to enter into negotiations based on President Wilson's fourteen-points and that the terms awaiting Germany are cut and dry.

The German emissaries will merely have instructions to carry the peace document back to Berlin. The question whether the present government will assume the responsibility of accepting or rejecting the terms, or whether it will present them for a national referendum, is a matter of conjecture. Official opinion was opposed to the declaration of a referendum in favor of a preemptory declination of peace terms based on any other proposition than Mr. Wilson's fourteen-point platform.

The present German government is not flirting with the idea of a plebiscite, as it would much rather negotiate peace and set the country at work. But it is also conscious that a peace settlement in which Germany has not had a voice would precipitate a storm of national resentment, which no government could weather.

Insinuations that Germany should refuse to sign the peace treaty unless the terms are acceptable to her continue to be made in the German newspapers. "We must make up our minds even for the extreme step that if the Allies send us conditions which are contrary to the principles we accepted and the Allies approved, counterproposals must be made which can be reconciled with President Wilson's fourteen-points. If the Allies refuse to negotiate these counterproposals and demand that we simply submit, there will be nothing for us to do but declare that we will not sign."

German newspapers are stating that by forcing Germany to accept the terms, the Allies are setting in motion the basis for a second world war.

**Italy Withdraws From the Peace Conference**

On Thursday, the Italian delegation to the Peace Conference announced



Facing battles both at home and at the Peace Conference, President Wilson made it clear to all that he would have nothing to do with old European politics.

their intention of withdrawing. Hours later, it was announced that Italian military forces will occupy Dalmatia and other Adriatic related territories named in the 'Pack of London,' with about 100,000 men.

The Peace Conference has been ripe with rumors of Italy's pending withdrawal following France's and Britain's refusal to give her territory on the eastern Adriatic. It is expected that Italy will annex these and other territories in spite of the objections of the Allies. It is reported that there have been demonstrations by the Yugoslavs who have appealed to the Allies to defend it against Italian aggression.

President Wilson has been insistent that he will not yield on ceding land to the Italians on the Adriatic coast populated by people who are not Italian. He has thrown down the gauntlet to the supporters of secret treaties in a manner which almost took away the breath of the delegates who have been urging compromises on points covered by many secret documents, and at variance with the president's fourteen-points.

The Peace Conference delegates generally regarded President Wilson's statement as a challenge which, once and for all, will dispose of the question whether secret treaties, into which many nations entered during the war, will stand in spite of their rejection by the League of Nations charter.

The idea, which has been prevalent

in Paris, that the Adriatic situation was a game of chess in which the most skillful diplomat would win regardless of the armistice conditions, was banished by President Wilson's action.

Italy is coming to understand what the French government has learned during the course of the Peace Conference – that the old imperialistic order must go - there can be no temporizing between right and wrong in international adjudications. American influence can never be thrown to influence any settlement simply for the accomplishment of a single nationalistic aim.

Italy undoubtedly has been denied one of the most hoped-for fruits of victory over an enemy which for centuries has been a constant menace to Italian civilization: an entity that has cast fear into the Italian hearts through the decades as much as Germany terrorizes the French.

The people of Italy, for the moment, undoubtedly believe that instead of recognizing an ally which has served the general cause of civilization faithfully and well, the President of the United States has leaned over backwards in the application of his principles and favored enemy people in preference to one which has performed a great service.

*To read past editions of News Reports From The Front visit the History section of emmitsburg.net.*

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## HISTORY

# The fall of the banking house of Annan Horner

Michael Hillman

*Editor's Note: Over the past 2 years as we've covered America's entry into World War I, we could not but help to note entries on the Nation's War Bond drives and Emmitsburg's participation in them. With historical foresight, we know now that that the efforts of the good town to support war bond drives would have profound negative effects on the future of Emmitsburg, one of which was the Fall of Emmitsburg premier banking house Of Annan-Horner. So as we start to wind down our coverage of World War one we thought it timely to run the story on it's fall.*

The end of 19th and the beginning of the 20th century marked the most promising and prosperous period in Emmitsburg's history. This high watermark owes its thanks in many ways to two families: the Annans and the Horners, whose names and good work have all but been forgotten.

Very little is known about Andrew Annan other than that he followed in the footsteps of his father and became a physician in Emmitsburg. Andrew's son Isaac was educated in the public schools of Emmitsburg and became a clerk in the general dry goods store of George W. Rowe. Following Rowe's retirement in 1856, Isaac became the store's proprietor and changed its name to I.S. Annan & Company [now the site of the Ott House Restaurant]. In 1858, Isaac's brother, James C. Annan, joined the firm and the store became known as I. S. Annan & Brother.

Oliver Horner is best known for his role as leader of Company C of Cole's Maryland Cavalry. Under Oliver's leadership the exploits of the Emmitsburg-staffed company became legendary throughout the Union army. Promoted repeatedly for efficiency, bravery and meritorious conduct, he ended the war with the rank of Major.

In 1882, Andrew Annan, Isaac S. Annan, James C. Annan, and Oliver Horner, organized the Annan & Horner Bank and built a stately three story building on the northwest corner of the square to house its offices. In the early 1900s, the origi-

nal founders of the bank were succeeded by their sons: Edger Annan succeeding his father Isaac, Andrew Annan Horner succeeding Oliver Horner, and J. Stewart Annan succeeding his father James.

In addition to being on the board of the Bank, J. Stewart Annan was also a director in the People's Fire Insurance Company of Frederick County, the Emmitsburg Water Company, the Emmitsburg and Frederick Turnpike Company, and in 1907, he was elected to the office of Commissioner of Frederick County for a four-year term. He was re-elected for a second term in 1911.

A wealthy man, Stewart and his wife were the closest thing Emmitsburg ever had to royalty. They lived extravagant lives, funded by the profits they received from all their business investments. Elizabeth was a frequent visitor to the most prestigious stores in Baltimore and the couple thought nothing of paying more for a simple light fixture than most residents in the town earned in a year.

Under the tutelage of these three men, the bank prospered. They loaned liberally to friends and neighbors and reinvested their profits back into the community. In a short matter of time, the Annans and Horners became controlling stockholders in the Emmitsburg Water and Turnpike Companies and, following the bankruptcy of the Emmitsburg Railroad in 1897, they assumed a significant financial holding in it as well. They also invested heavily in local farms and orchards.

### World War I — Boom in the American Farming Communes

When the First World War began in 1914, the United States was in a recession. European need for goods such as food helped end the recession and set the stage for a long economic boom. The destruction of European farms benefitted American farmers. Excited by the rise in prices for food, they borrowed heavily to buy more crop land and expand production.

America's entry into the war unleashed a torrent of Federal spending, most of it funded by Liberty



The grand Banking House of Annan-Horner was the centerpiece of the old Emmitsburg Town Square for over 40 years.

War Bonds. To ensure the Liberty Bonds sold well, the federal government pressured the newly founded Federal Reserve to keep its lending rates low, creating an environment where banks could borrow cheaply to buy the Liberty Bonds. Looking to cash in on the higher returns on the Liberty bonds, many small banks, including the Annan-Horner Bank, borrowed heavily from larger banks and invested the proceeds in Liberty Bonds.

In addition, many Annan-Horner Bank customers withdrew savings from lower yielding savings accounts and purchased their own bonds. In withdrawing their funds, the bank's customers had a significant impact on the working capital of the bank, making it harder for the bank to finance its day-to-day operations.

As in any economic bubble, as long as interest rates stayed low, the bubble in the Liberty Bond market remained strong. Unfortunately for the Annan-Horner Bank, as well as individual Emmitsburgians who held Liberty Bonds, the decision of the Federal Reserve to hold interest rates low led to a rapid growth in the money supply, setting off an inflationary spiral.

### The Bursting of the Liberty Bond Bubble

Following the cessation of hostili-

ties in Europe, the untested Federal Reserve took action to reign in inflation, starting with a series of rapid increases in the prime lending rate which dramatically affected the value of the fixed-interest Liberty Bond. As interest rates rose, the value of the bonds plummeted.

As the Federal Reserve began to enact its second phase of its deflationary plan, the calling in of loans, the Annan-Horner Bank found itself forced to sell its Liberty Bond holding at below face value in order to raise the cash to repay its loans.

As interest rates continued to increase, small banks across the county, including the Annan-Horner Bank, were forced to sell their Liberty Bonds at whatever price they could get. Needless to say, the actions by the Federal Reserve had a chilling effect. Adjustments throughout the economy were sudden, erratic and severe. By Dec. 7, 1920, the value of Liberty Bonds hit a record low and newspapers were filled with stories of bank failures.

While all Liberty bondholders suffered, farmers were especially hurt. Wartime demand for food and agricultural raw materials had increased the prices of farm products. Higher prices had stimulated local farmers to borrow heavily and invest in additional land and equipment — most of this purchased on easy credit that

was meant to be guaranteed by the rising farm incomes.

Farms, however, were the first thing to recover in Europe following the end of WWI and, with them, the need for American food stocks evaporated almost overnight. Shut out of the European market, the domestic oversupply of food stocks led to a drastic fall in the prices of farm products, which directly translated into declines in farm income in the United States. The fall in food prices undercut the farmland prices and meant that many Emmitsburg area farmers had difficulty paying interest on their loans. The number of farm failures and foreclosures in Emmitsburg soon became a ground swell.

Already pressed by losses from Liberty Bonds, many small banks in farming communities were unable to bear the brunt of the failed mortgages and failed. The Annan-Horner Bank did not escape this fate, and according to its own records was insolvent at the close of 1920. The bank 1920 statement showed that the bank was \$40,000 short in accounts. As bad as this might sound, this loss was only a paper loss and would only become actual if the bank was forced to sell its Liberty Bonds at the depressed prices.

Word of the condition of the Annan-Horner Bank was kept closely guarded and few knew of its dire

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## HISTORY

straits. The Annan-Horner Bank families placed their hope in the return of the bond market; the profitability of their orchard and the water company investments; and the continued loyalty of their customers. These were customers who, in spite of declining farm incomes, had heretofore not succumbed to withdrawing their savings from the bank. As long as depositors did not need to withdraw their money, there would be no need to cash in the Liberty Bonds and the bank would survive. However, time and weather were not on the bank's side.

#### The Perfect Financial Storm

On April 1921, two nights of freezing temperatures destroyed 75% of the county fruit crop. The cash crops many farmers depended on to fund themselves until the fall harvest were wiped out. The entire cherry, peach, pear and plum crop, along with most varieties of apple were hit the hardest. The late frost also killed the winter wheat crop, which placed additional financial burden on local farmers.

Robbed of their spring cash crops, farmers began to withdraw savings to cover operating costs. To cover withdrawals, the bank was forced to sell more of its Liberty Bonds at depressed prices, forcing it deeper into a financial abyss.

To add insult to injury, the late spring frost was followed by drought that lasted well into August and was described by many as the worst drought ever experienced. In July, the area received less than one inch of rain versus its normal six inches. Hay crops, a vital staple for livestock, produced only stubble. By August, the drought was being called the worst in three years, and water use restrictions were put into effect throughout Frederick County.

To limit its losses, the bank began to call in loans. About the same time, in an attempt to raise badly needed capital, Annan-Horner Bank filed for a charter as a state bank. It was to have a capital of \$50,000 with a surplus of \$25,000. The money was to be raised by the selling of stock at a subscription price of \$15, though the face value of the stock was only \$10 per share. The extra \$5 was to be used to establish a surplus fund.

Shares for the bank were heavily marketed to the residents of Emmitsburg. For many, this was

the first opportunity to hold a share in a company. Many residents who bought shares did so by paying for their shares by drawing upon savings in their savings accounts. In doing so, they inadvertently helped convert a significant portion of the bank's outstanding debt. In this case, it was converting money owed to its depositors to shareholder equity.

Now exchanging debt for equity is a frequent strategy used in resolving high profile bankruptcies today. Creditors agree to trade what is owed to them in exchange for shares in the company. Whether the residents of the town who traded their savings for stock in the Annan-Horner Bank understood the risk they were taking will probably never be known. However, it is reasonable to ask whether they would have been so willing to part with their hard-earned savings had they known the true status of the bank's financial condition.

It is only through later court testimony and newspaper reports that we learn that the Annan-Horner Bank suspended operations on August 24, 1921, and on October 21, its accounts were assumed by the Farmer's State Bank. Like any modern corporate takeover, the takeover of the Annan-Horner Bank was mostly a paper exercise, as the bank continued to operate under its own name.

#### The Collapse of the Banking House of Annan-Horner Bank

The year 1922 brought no relief to the bank's hard-pressed farmer customers. April, usually one of the wettest months of the year, saw only one inch of rain. Once again, a late frost destroyed a considerable portion of peach, apple, cherry and pear crops (upon which the farmers banked so heavily), as well as the early vegetables in the gardens. In increasing numbers, farmers had to turn to savings to make ends meet.

In a futile and fatal last-ditch effort to raise capital, on September 22, the Emmitsburg Water Company, which was controlled by the Annan-Horner families, raised the water rates. The public outcry against the rate increase was swift and severe. With it, any sympathy for the plight of the two families and the bank vanished.

The bank's fiascos began to mount and soon the bank lost all credibil-

ity with the citizens of the town. In November, the bank admitted the insolvency and offered no objection to the appointment of a receiver, which was appointed on December 4. On December 23, the Annan Horner Bank was officially declared involuntarily bankrupt.

#### The Truth Revealed

On March 17, the Federal bankruptcy referee began his public hearings. The object of the hearings was to ascertain the assets of the bank and individual members of the firm. The bank's assets consisted mostly of personal loans to local residents and equity in real estate in the Emmitsburg area.

On April 27, Edgar L. Annan and Annan Horner appeared as witnesses. It was during this hearing that residents of Emmitsburg first learned that the bank was technically insolvent as early as 1920, a full year after they had been lulled into buying stock in the bank. In his defense, all that Edgar Annan could say was he thought the figures wrong even though they were his figures. In their testimony, the cousins claimed that poor investments especially Liberty Bonds, were responsible for the condition of the bank's finances.

At the resumption of the hearings four days later, it was disclosed that, before the financial conditions of the bank had been made public, Edgar Annan had sold his place of home and place of business in Emmitsburg for approximately \$11,000 and had invested the proceedings in the name of his wife and two daughters.

In August 1923, the bankruptcy referee appeared before a grand jury and won an indictment charging Andrew Annan with embezzlement, and then later, handed down four more embezzlement indictments against Edgar Annan and Andrew Horner.

#### Arrest and Trial

On Thursday, Sept. 20, 1923, Andrew Annan was arrested at his home. That same day, Edgar Annan drove to Emmitsburg from his home in Baltimore, where he had moved two weeks prior, to address some business matters. Upon arriving in town, he was arrested. Andrew Horner was

arrested as he walked down Main Street near the center of the town. When it became known that the arrests had been made, a crowd of several hundred people assembled at the square to witness the officers pass with the men in custody.

On Thursday, September 25th, Andrew Annan's trial began. The courtroom was filled to capacity, mostly with residents of Emmitsburg. From the very beginning, the prosecution and defense clashed over how facts were to be interpreted. It was called one of the most complicated cases ever to be brought before the court because much of the testimony involved intricacies of reporting roles and responsibilities of the Annan-Horner Bank to its new owners the Farmers State Bank.

On September 28 Andrew Horner got the first good news in what probably seemed a lifetime. "Not guilty of Intent to defraud" was the verdict of the court.

On March 8, 1924, Edgar Annan and Andrew Horner finally got their day in court on the

remaining charges and were also found not guilty.

The verdicts of both trials were lengthy, and far too long to reproduce in the pages of this paper. But it can safely be said that the courts found that the operators of the banks were caught in a financial storm not of their making, nor within their ability to control. And that while they could have called in loans earlier to stem the bank's losses, they could only have done so to the detriment of the beleaguered Emmitsburg farming community.

As these were the very people whose children their children played with, whom they sat next to while worshipping every Sunday, the bankers held off as long as they could; unfortunately, the die had long since been cast, and as the judge noted, "all they were guilty of was looking out for their community."

*To read an expanded version of the account of the Rise and Fall of the Banking House of Annan-Horner, visit the Historical Society section of Emmitsburg.net.*

### Betty Smith

Mrs. Betty Marie (Marshall) Smith, age 88, of Fairfield, and formerly of Emmitsburg passed away on Sunday, March 24, at Chambersburg Hospital. She was the wife of the late C. Robert "Bob" Smith.

Born in 1931 in Baltimore, Betty was the daughter of Lloyd and Eva (Kreitz) Marshall. She was a graduate of Emmitsburg High School, class of 1948, after which she continued on to business school in Frederick. She was then employed at Creeger Motors in Thurmont for nearly ten years as secretary and bookkeeper. She enjoyed the remainder of her life taking care of her family. She was a member of Elias Evangelical Lutheran Church in Emmitsburg and the Sjogren's Syndrome Foundation.

Surviving are her daughter, Tamre "Tammy" Wentz

and husband Steve of Cash-town; grandson, Cody Robert Swisher and fiancé Nicole Benedict of Fairfield; and a number of nieces and nephews. Betty is also remembered by a special sister-in-law and brother-in-law, Nancy and Donald Creager of Thurmont. She was preceded in death by a special cousin, Mary Catherine Marshall.

A funeral service was March 27 at Elias Evangelical Lutheran Church, 100 W. North Ave., Emmitsburg, with the Rev. Jon R. Greenstone officiating. Burial will follow at Emmitsburg Memorial Cemetery.

In lieu of flowers, memorial contributions in Betty's name may be made to The Sjogren's Syndrome Foundation, 6707 Democracy Blvd, Ste. 325, Bethesda, MD 20817. Online condolences may be expressed to the family at [www.myersdurborawfh.com](http://www.myersdurborawfh.com).

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# HEALTH

## Five questions about long-term care

**Tina Brashear**  
**Nationwide Insurance,**  
**Thurmont**

1. What is long-term care? Long-term care refers to the ongoing services and support needed by people who have chronic health conditions or disabilities. There are three levels of long-term care:

**Skilled care:** Generally round-the-clock care that's given by professional health care providers such as nurses, therapists, or aides under a doctor's supervision.

**Intermediate care:** Also provided by professional health care providers but on a less frequent basis than skilled care.

**Custodial care:** Personal care that's often given by family caregivers, nurses' aides, or home health workers who provide assistance with what are called "activities of daily living" such as bathing, eating, and dressing.

Long-term care is not just provided in nursing homes—in fact, the most common type of long-term care is home-based care. Long-term care services may also be provided in a variety of other settings, such as assisted living facilities and adult day care centers.

2. Why is it important to plan for long-term care? No one expects to need long-term care, but it's important to plan for it nonetheless. Here

are two important reasons why:

Approximately 52% of people will need long-term care at some point during their lifetimes after reaching age 65.

Approximately 8% of people between ages 40 and 50 will have a disability that may require long-term care services.

The cost of long-term care can be expensive:

For many, the cost of long-term care can be expensive, absorbing income and depleting savings. Some of the average costs in the United States for long-term care include:

- \$844 per month, or \$82,128 per year for a semi-private room in a nursing home.

- \$7,698 per month, or \$92,376 per year for a private room in a nursing home.

- \$3,628 per month for a one-bedroom unit in an assisted living facility.

- \$68 per day for 6 services in an adult day health-care center.

3. Doesn't Medicare pay for long-term care? Many people mistakenly believe that Medicare, the federal health insurance program for older Americans, will pay for long-term care. But Medicare provides only limited coverage for long-term care services such as skilled nursing care or physical therapy. And although Medicare provides some home health care benefits, it doesn't cover custodial care, the type of care older individuals most often need.

Medicaid, which is often confused with Medicare, is the joint federal-state program that two-thirds of nursing home residents currently rely on to pay some of their long-term care expenses. But to qualify for Medicaid, you must have limited income and assets, and although Medicaid generally covers nursing home care, it provides only limited coverage for home health care in certain states.

4. Can't I pay for care out of pocket? The major advantage to using income, savings, investments, and assets (such as your home) to pay for long-term care is that you have the most control over where and how you receive care. But because the cost of long-term care is high, you may have trouble affording extended care if you need it.

Long-term care is not just pro-

vided in nursing homes—in fact, the most common type of long-term care is home-based care.

5. Should I buy long-term care insurance? Like other types of insurance, long-term care insurance protects you against a specific financial risk—in this case, the chance that long-term care will cost more than you can afford. In exchange for your premium payments, the insurance company promises to cover part of your future long-term care costs.

Long-term care insurance can help you preserve your assets and guarantee that you'll have access to a range of care options. However, it can be expensive, so before you purchase a policy, make sure you can afford the premiums both now and in the future. The cost of a long-term care policy depends primarily on your age (in general, the younger you are when you purchase a policy, the lower your premium will be), but it also depends on the benefits you choose. If you decide to purchase long-term care insurance, here are some of the key features to consider:

**Benefit amount:** The daily benefit amount is the maximum your policy will pay for your care each day, and generally ranges from \$50 to \$350 or more.

**Benefit period:** The length of time your policy will pay benefits (e.g., 2 years, 4 years, lifetime).

**Elimination period:** The number of days you must pay for your own care before the policy begins paying benefits (e.g., 20 days, 90 days).

**Types of facilities included:** Many policies cover care in a variety of settings including your own home, assisted living facilities, adult day care centers, and nursing homes.

**Inflation protection:** With inflation protection, your benefit will increase by a certain percentage each year. It's an optional feature available at additional cost, but having it will enable your coverage to keep pace with rising prices.

Your insurance agent or a financial professional can help you compare long-term care insurance policies and answer any questions you may have.

### Important Disclosures

The opinions expressed are being provided for informational purposes only and are not intended to provide specific advice or recommendations for any individual. For specific guidance on how to apply this information to your particular circumstances you should contact your insurance, legal, tax or financial professional.

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# The British are coming! ... for High Tea

Kay Hollabaugh  
Hollabaugh Bros., Inc.

England certainly got it right when they adopted the daily ritual of High Tea. Setting time aside each afternoon, to enjoy some freshly-brewed tea along with indulgent pastries and scones, while enjoying the company of friends and family. Afternoon tea (or “High Tea” as it is sometimes called, since it was traditionally enjoyed seated at a table, as opposed to a comfortable chair) is a light afternoon meal that was meant to tie people over until a more formal dinner later in the evening.

The custom of afternoon tea originated in England in the 1840s, among the wealthy classes. By the end of the nineteenth century, afternoon tea became a practice that both the upper and middle classes observed. Afternoon tea might have consisted of cucumber or watercress sandwiches, scones with clotted cream and jam, delicate pastries and finger sandwiches (with the crusts removed).

Afternoon tea has gained popularity in the U.S., and I wonder if their appeal is due to our desire to slow things down, take a break, enjoy some delicious foods, and spend time together? It is a special occasion that you can celebrate at a tea room, a hotel or even a cruise ship; but what’s to stop you from preparing your own Tea Party, invite some friends over and enjoy some mouth-watering treats along with a “spot of tea”?

The following recipes will provide you with a proper English Tea staple: Scones, Clotted Cream and Fruit Jam. Supplement these recipes with some of your favorite sweets and sandwiches, and you are well on your way to enjoying a High Tea that’s fit for a queen!

We host quarterly Ladies’ Teas at Hollabaugh Brothers Fruit Farm and Market. I invite you to join us for one of our upcoming gatherings! We enjoy several courses of delicious treats, then spend time creating a seasonal craft while enjoying the company of new friends. Be sure to check our website for more information: [www.hollabaughbros.com](http://www.hollabaughbros.com).

These Fluffy English Style Scones bake up light and fluffy. Serve them with some fruit jam or clotted cream for a special English breakfast or a spot of afternoon tea.

### Fluffy English Style Scones

Recipe courtesy of [www.fifteenspatulas.com](http://www.fifteenspatulas.com).

Yield: makes 9 scones, using a 2.5-inch cutter. Prep time: 10 minutes. Cook time: 15 minutes. Total time: 25 minutes

#### Ingredients:

- 2 cups flour
- 4 tsp baking powder
- 1/2 tsp salt
- 1/4 c up sugar
- 6 tbsp unsalted butter, at room temperature
- 2/3 cup whole milk
- 1 large egg
- Strawberry jam or other desired jam, for serving

#### Instructions:

1. Preheat the oven to 425 degrees F.
2. In a food processor, pulse the flour, baking powder, salt, and sugar a couple times to combine. Add the butter and pulse 7-10 times until the butter is completely distributed. You shouldn’t see any chunks of butter, and the mixture should have a sandy texture to it. Transfer to a large mixing bowl. Note: If making this recipe by hand, whisk to combine the dry ingredients in a large bowl, and mix in the butter with a hand mixer. Proceed with the recipe as instructed.
3. In a small bowl, whisk to combine the milk and egg. Save 2 tbsps of it for the egg wash later, and pour the rest into the mixing bowl. Stir to combine with a spatula, until a rough dough forms. Transfer to a lightly floured countertop and knead about 15 times until the dough comes together into a smooth ball. Roll the dough about an inch thick and use a 2.5” cutter to cut about 7 circles. Re-roll the scraps and cut out another 2. Place the scones onto a parchment or silicone mat lined baking sheet and brush the tops with the reserved egg wash. Bake the scones for 13-15 minutes, until about tripled in height,

and golden brown on the tops and bottoms.

### Slow Cooker Clotted Cream

Clotted cream is a highlight of a true English tea, but it is very hard to come by in the U.S. It’s a wonderful topping that isn’t quite butter, but it’s not exactly cream cheese or whipped cream, either. It’s sweet and tangy... and absolutely indulgent! The traditional way to prepare clotted cream is very time-consuming, by letting the cream sit in an oven at a very low temperature, for a very long time. This one-ingredient recipe (more like a process) takes all of the guess work out – Enjoy! Recipe courtesy of: [www.macheemo.com](http://www.macheemo.com). Yield: 2 cups clotted cream. Prep Time: 5 minutes. Total Time: 12 hours

#### Ingredients:

- 4 cups pasteurized heavy whipping cream

#### Instructions:

1. Add the cream to your slow cooker and set on the lowest heat. Check your manual. You don’t want the cream to get above 180 degrees F. Ideally it would cook between 165-180 degrees F. Cover and let cook for 8 hours.
2. Remove from heat and transfer cream to the fridge to cool down for four hours. Be careful to not disturb the skin on top of the cream too much.

3. Once the cream is really chilled down, use a spoon to scrape the clotted cream layer off the top of the cream. Transfer it to a bowl and stir it together. There will be some cream gunk at the bottom of your slow cooker that you can just discard.

4. Transfer the clotted cream to an airtight container and use it within a week on any sort of pastry!

### Easy Strawberry Jam Recipe w/o Pectin

Top your fresh scones with a dollop of your clotted cream and a teaspoon of some fresh strawberry jam. You will instantly be transported to your own personal High Tea...fit for a Queen! Recipe courtesy of: [www.scatteredthoughtsofacraftymom.com](http://www.scatteredthoughtsofacraftymom.com)

#### Ingredients:

- 16 oz strawberries, hulled and coarsely chopped
- 3/4 cup of sugar
- 2 tbs lemon juice

#### Instructions:

1. In a heavy bottom sauce pan, mix strawberries, sugar, and lemon juice



2. Stir over med-low heat until the sugar is dissolved
3. Increase heat to med-high and bring mixture to a rolling boil
4. Stir frequently mashing the strawberries as you stir, continuing to boil, until jam is thickened and bubbles completely cover the surface of the jam (about 10 minutes)
5. Transfer jam to a jar and let cool to room temperature
6. Seal jars and store in refrigerator for about 10 days (or freeze)

Makes about 1 3/4 cups.

Additional tips: If you have a candy thermometer, when the jam reaches 215 F, it’s ready.

If you want a less chunky jam, you can process fruit in a food processor before cooking or use an immersion blender while fruit cooks.



**GATEWAY CANDYLAND**

## EASTER EGG HUNT

**SUNDAY, APRIL 14TH**  
**1:00 P.M.**  
**AGES 10 & UNDER**  
**WEATHER PERMITTING!**  
**NO RAIN DATE**



**Make Your Own Easter Candy**

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**NIGHTLY SPECIALS**

**MONDAY 3 p.m. - 9 p.m.**  
Corned Beef & Cabbage.....**\$10.95**

**WEDNESDAY 4 p.m. - 9 p.m.**  
Prime Rib of Beef, au jus  
Vegetable & Salad Bar.....**\$18.95**

**THURSDAY 4 p.m. - 9 p.m.**  
Baked Chicken Pot Pie  
Under Puff Pastry, with Salad Bar.....**\$16.95**

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All the **MUSSELS** you can eat!

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# LIBRARY NEWS & EVENTS

## Blue Ridge Summit Free Library

### Standing Events

Monday - Story Time starts at 4:30 p.m. and will be immediately followed by Legos and Wee Build Imagineering until 5:30 p.m..

Wednesday - Coffee club in the community room from 4 - 5:30 p.m.!

Wednesday- VITT (very important teens and 'twens) night. The community room is reserved for teen use from 6 - 7:30 p.m.

Saturday - Join us at 11 a.m. for Story and Craft Time and all of its festivities! What could be better than a great book and a fun craft?

### Upcoming Special Events

On April 1st from 6:30 - 7:30 p.m. the library will be hosting our first ever Meatless Monday. This month we will be exploring fun and simple breakfast, lunch, and dinner ideas featuring the sweet potato.

Scherenschnitte class with Bill Hammann will be on Tuesday, Apr. 2nd, from 6 - 7:30 p.m. We are also

having an artist's reception for Bill at the same time since he is our featured artist through May at the library. All ages are welcome. If you have participated before, please bring your knife and board.

In celebration of National Library Week we will be holding a special night, One Nation, Many Cultures on April 9th from 5:30 - 7:30 p.m. Stop by to participate in make and take activities from various cultures that contribute to the American melting pot. All ages welcome, children must be accompanied by an adult.

There will be a family movie at the library on Apr. 11th at 6 p.m.. We will be showing "Spider-man: Into the Spider-verse", rated PG. "Teen Miles Morales, a new Spider-man, encounters other Spideys in other universes."

The library is going to the dogs on Apr. 16th from 5:30 - 6:30 p.m. Zero, our therapy dog, will be here with his doghouse sessions. He is a very good listener and loves to cuddle so come get your therapy session tonight!

The Summit Stitches Quilt Club, Apr. 16th. New members and new

projects are always welcome! Any skill level may attend. If you have always wanted to learn how to quilt, now is the perfect time to start!

The Dining Car Food Club will be meeting at 6 p.m. on Apr. 18th. Featuring the very versatile pecan in our recipes so please bring a dish to share. The menu sign up is at the library front desk or you can call the library at 717-794-2240 to register your recipe.

"Summit Radio" plays on at the library on Apr. 22nd at 6:30 p.m.. Travel back to yesteryear when families gathered around the radio. Featured tonight will be sitcom fun with two episodes of "The Phil Harris-Alice Faye Show".

Please join us at the Library on Apr. 23rd for the new knitting/crocheting club, Knit 1, Purl 2, You Can Too! The knitting/crocheting starts at 6 p.m. for beginners, experts, and in-betweens all welcome!

The Train of Thought Book Club will meet on Apr. 25th at 6 p.m.. This month's book discussions will be about Wild Robot by Peter Brown and Gaining Ground: A Story Of Farmers' Markets, Local Food, And Saving The Family Farm by Forrest Pritchard. New booklovers are always welcomed and encouraged!

Come see what all of the buzz has been about as we view the movie "Green Book", rated PG-13, at the library at 6 p.m.. Based on a true story and winner of the Academy Award for best picture. "A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South."

## Frederick County Library

### Emmitsburg Branch

Stories and Stations (Ages 3-8) - April 6, 10 a.m., enjoy stories and stations featuring art, science and math with a Caterpillars and Butter-

flies theme.

STEM Monday (Grades 3-8) - April 8 and 22, 4 p.m., come explore Chemistry (4/8) and Volcanoes (4/22).

Poetry Out Loud (teens and adults) - April 9, 6:30 p.m., Mount St. Mary's students and staff recite favorite poetry. Share your favorites during open mic at 7:15 p.m.

Elements of Art (Grades K-5) - April 18, 10:05 a.m., create art using elements of line, shape, color, value, form, texture, and space.

R.E.A.D. with Wags for Hope - T April 18, 5 - 6 p.m., children read to Reading Education Assistance Dogs.

Recycled Robot Art (teens) - April 20, 1 p.m. - celebrate Earth Day by creating Robot Art using recycled materials and junk.

Story Lab (Grades K-5) - April 27, 10 a.m. STEM stories followed by hands-on activities. April: Rosie Revere Engineer

### Thurmont Regional Library

Weekly Storytimes @ Thurmont Regional Library - Tuesdays and Thursdays, 10 a.m.. Baby Storytime and 11 a.m. Toddler Storytime; Wednesdays, 10:30 a.m. - Preschool Storytime; Saturdays, 10 a.m. Musical Storytime.

Frederick Reads: The Immigrant Experience - April 2 - 7 p.m., using humor, music and data from current research in language acquisition, Dr. Cynthia Fraga will share her immigration story and provide tips for best practices in language education.

Onsite at Catocin Mountain Park: Storytime and Hike (Ages 3+) - April 5, 10 a.m. Meet at Visitor Center, 14707 Park Central Rd, Thurmont.

Musical Storytime (Ages 0+) - Every Saturday, 10 a.m., music, movement, and stories for the whole family. Designed for ages 0 and up with a caregiver.

Chess Club - Saturday, April 6, 11 a.m. - 12:30 p.m., stop in to learn, play, or sharpen your skills. All ages and skill levels welcome.

Open Memory Lab - April 7, 2 - 4 p.m., use our equipment to convert

your photos and analog home videos to digital formats you can share and enjoy today! Lab volunteers will be available to help. Formats accepted: mini DV tapes, VHS tapes, VHS-C tapes, photos, slides, and negatives. This project was made possible in part by the Institute of Museum and Library Services and the Maryland State Department of Education.

Choose Civility: Gardening Group - April 11 and 25, 2 - 2:30 p.m. Help the Thurmont Green Team prepare the library garden to become a way-station for monarch butterflies. Recommended for ages 3 and up.

Storyland: A Sensory Storytime for Little Ones followed by a Playdate! (Ages 0-3) - April 12 - 10 a.m., a special storytime in partnership with Frederick County Infants and Toddlers Program. Meet new friends and share books, music, activities, and more.

Choose Civility: Thurmont Greenfest - April 13, 10 a.m. - 2 p.m., Fun Festival to promote green living, sponsored by Thurmont Regional Library, Town of Thurmont and Thurmont Green team.

Color Fun STEM (Ages 3-10) - April 18, 1 p.m., predict, explore and experiment with color science.

Wii Party (Grades 6-12) - April 18, 5 p.m., compete with other gamers. Mario Kart, Smash Bros, Raving Rabbids and more. Refreshments provided.

Expungement Clinic - Monday, April 22, 1 - 3 p.m., Maryland Legal Aid will lead an expungement clinic to help attendees with their Maryland criminal record expungements.

Take a Virtual Vacation! (Grades K-5) - April 22, 3 - 4 p.m., take a virtual vacation around the globe this spring break.

Teen Advisory Board (Grades 6-12) - April 24, 6 - 7 p.m., let your voice be heard and influence the library! Gain leadership experience and discuss what the library can do for you.

R.E.A.D. with Wags for Hope - Saturday, April 27, 11 to noon, children read to Reading Education Assistance Dogs.

**Your child will grow strong and true. Because it's important.**

Come and see that you can afford a school with solid academics and solid values!

Drop by and meet our teachers & students! March 12 and April 9 between 9 a.m. - 1 p.m.

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**MONDAY - FRIDAY, 9 AM - 4 PM FOR CHILDREN ENTERING GRADES 1-6**  
**CONVENIENT DROP OFF AND PICK UP LOCATION AT THE YWCA**  
**ENDORSED BY GETTYSBURG AND FAIRFIELD AREA SCHOOL DISTRICTS**

# ADVENTURE AWAITS

**At Camp Strawberry Hill, campers will explore endless forests and creeks through fun and educational science-based programs, enjoy two afternoon swim sessions at the YWCA, and a field trip day!**

**FOR MORE INFORMATION VISIT [STRAWBERRYHILL.ORG](http://STRAWBERRYHILL.ORG) OR CALL (717)642-5840**

## The Thurmont Business Network

**Thursday, April 24th - 8 a.m.**  
**Thurmont Bar & Grill**  
**10 E. Main St. Thurmont**

The Thurmont Business Network is starting up in April and will be comprised of Thurmont businesses learning about each other and referring clients/customers to each other. Clients buy from business people they know, like and trust! A great networking opportunity B2B! If you are a business owner/manager in the 21788 zip code come out to our first meeting!

Contact [vgrynder@thurmontstaff.com](mailto:vgrynder@thurmontstaff.com) for more info.



# SCHOOL NEWS

## Celebrating Frederick County Public Schools

**Brad Young**  
Frederick County School Board

As President of the Board of Education, I see firsthand the many ways our schools, teachers, and students give back to our community. The start of spring is a great time to stop and celebrate. So let's take a moment to appreciate some of the outstanding achievements in our outstanding school system.

First, this spring marks a major milestone for one school in our community. Wolfsville Elementary has been playing an outsized role in our civic life for 60 years, since 1959. The Board of Education approved construction of the school in March 1957. Construction started a year later in March 1958, with a price tag of around

\$328,000. When Wolfsville Elementary opened for its first full year of school, it was home to 168 students. Today, that number is 138, making it the second smallest school in Frederick County.

But while Wolfsville Elementary may be one of the smallest schools in Frederick County in terms of size and student enrollment, it's one of the biggest in terms of impact on the community. In fact, for many in our community, the school's small size is part of what makes it one of our hidden gems. I have heard from so many residents over the years who talk about the tight personal connections, the sense of community, and the close-knit bonds among neighbors that are hallmarks of Wolfsville Elementary.

These are the qualities that have

made Wolfsville Elementary special for 60 years. I can tell you though that all of our schools, no matter how big, find ways to capture that spirit of community that's so evident in Wolfsville. Congratulations to the Wildcats on their diamond anniversary!

Let's also offer a quick congratulations to one remarkable student who's also marking a major achievement. Governor Thomas Johnson High sophomore Malachi G. Macon was recently elected by his peers to serve as the next Student Member of the Board of Education.

Frederick County middle and high students voted online to elect the 2019-2020 student member. This was the eighth year we've used online voting. Electing a student member to our Board is an important way to engage our students, rep-

resent their voices, and emphasize the importance of civic engagement and participation. I'm proud of the students who ran in the election and all the students who participate in student government every year.

Students have an outstanding representative in Malachi, who is active in the Naval Junior Reserve Officers Training Corps among many other academic and extracurricular activities. He is an accomplished and impressive young person. Malachi begins his new role on July 1. Until then, he will shadow our current student member, Paige Tolbard, who is an amazing and accomplished young person in her own right.

Finally, this spring, we need to celebrate Frederick County's newest crop of nationally Board Certified teachers. Nine FCPS teachers have

just achieved this prestigious certification, bringing the total number of nationally certified FCPS teachers to 65. To earn national board certification, they were required to demonstrate their knowledge and skills through an extensive year-long series of performance-based assessments, which included preparation of teaching portfolios and videotapes, submission of student work samples, and analyses of their classroom teaching. Let's congratulate these 9 remarkable educators: Jessica Kachur, Ashley Lancaster, Joseph 'Tom' Mitchell, Maria O'Toole, Kristen Rowe, Mark Trice, Anita Waravdekar, Melissa Watson, and Sarah Yoder.

Frederick County is home to outstanding schools, students, and teachers. We have so much to be proud of and so much to celebrate, this spring and throughout the year!

## Catoctin Mountain Park Youth Conservation program

The National Park Service is pleased to announce that applications are now being accepted for the 2019 Youth Conservation Corps (YCC) program at Catoctin Mountain Park. This is an exciting opportunity for high school students to spend their summer doing meaningful work in a national park site. The YCC program is scheduled to last for eight weeks beginning on June 24 and ending on August 16.

The program is open to individuals 15 through 18 years of age. All

applicants who meet the eligibility requirements listed on the application will be considered. The position will require daily outdoor labor, working in heat, and using a variety of hand tools. The work projects include trail maintenance and construction, exotic plant control and removal, monitoring of rare plant populations, painting and rehabilitation projects.

Enrollees will be selected through a random drawing. Please note, previ-

ous enrollees may only be considered in the event that an insufficient number of new applications are received. The rate of pay will be \$10.10 and will increase to \$11.00 after July 1 to match the state minimum wage in Maryland. Enrollees work a 40 hour week, Monday through Friday 8 to 4:30.

Applications may be obtained at the Catoctin Mountain Park Visitor Center or by contacting Becky

Loncosky at [Becky\\_Loncosky@nps.gov](mailto:Becky_Loncosky@nps.gov). Completed application forms must be mailed to Ms Loncosky at Catoctin Mountain Park 6602 Foxville Road, Thurmont, MD 21788, or emailed to the above address, by April 15.

If you have any questions concerning this program, please contact Becky Loncosky at 301-416-0536 or [Becky\\_Loncosky@nps.gov](mailto:Becky_Loncosky@nps.gov).

Catoctin Mountain Park is one of 417 national park units cared for by the National Park Service, U.S. Department of the Interior. Correspondence should be addressed to: Superintendent, Catoctin Mountain Park, 6602 Foxville Road, Thurmont, 21788. General information can be obtained through the park website at [www.nps.gov](http://www.nps.gov) or by calling the Visitor Center at 301-663-9388.

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MOTHER SETON SCHOOL  
Home and School Association

**KIDS BINGO**

April 6, 2019  
Doors Open: 1:00 P.M. Games: 2:00-4:00 P.M.

|                                                                                          |                                                                                              |                                                                                   |
|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| <b>\$10</b><br>per kid for one game card. Additional cards may be purchased at the door. | <b>PRIZES</b><br>LEGO, Nerf, sport video camera, crafts, electronics, games, sports, & more! | <b>RAFFLE</b><br>Win a Nintendo Switch with Mario Smash Brothers or a Kids Kindle |
|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|

Every child receives a Door Prize! Concessions will be available!

**FAMILIES WHO PURCHASE TICKETS BY MARCH 29TH WILL BE ENTERED IN A DRAWING FOR A \$25 WALMART GIFT CARD!**

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## FOUR YEARS AT THE MOUNT

*As Mount students prepare for the end of the semester, they are also preparing to celebrate Easter. We have asked our writers to reflect on the meaning of the Lenten season, and their own spiritual preparations.*

### Freshman Year

#### We retreat to seek

Harry Scherer  
MSMU Class of 2022

Recently, I overheard a particularly patient and caring person describe the season of Lent to someone who had never heard of it. "It is a recalibration," she said. "It is time to get away while staying exactly where you are."

This simple, yet wise, description of the holy season of penitence led me to consider the profound observation that one observes Lent exactly where one is. The beauty of these 40 days of prayer, fasting and almsgiving can be observed at any time and at any place. This is where the action of recalibration occurs. A scale does not become balanced by moving the base of the scale; it is the beams which need to reach harmony with each other.

Consider the charge to pray. It is an activity in which the Son partook. It has been prescribed by the Saints since the time of Peter. Certainly, people do not continue to pray just to emulate the actions of the Incarnate Word and His followers, while this would be a noble task. St. Thérèse of Lisieux said,

"For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy."

This description of prayer has always prodded me to take part in this divine activity. It is an escape from the mundanity of ordinary life and a momentary participation in the divine. The surge of the heart lifts the soul up from the confines of the body and allows the mind to quickly meet a portion of the peace of heaven.

The next charge which we are given during this season is to fast. This is an activity which is most similar to the question, "what are you giving up for Lent?" At the very least, we are called to "give something up" as a sacrifice for the sins we have committed and in solidarity with the rest of the Church and the world. In addition, a direct effect of intentional and quiet fasting is the betterment of the soul. Because of this, we are called to take advantage of that betterment and act in a more Christ-like manner.

What is the purpose of cutting sweets from our diets for 40 days if

we still speak in a salty way to our family? Why cut music in the car from our commutes if we cannot have peace in our souls? The immediate vocations of one who is fasting during the season of Lent is to draw spiritual benefit from the way in which we are physically denying ourselves.

This vocation is actually immensely convenient. Because we are not confined to a specific time or place in which to deny ourselves and offer that denial for the good of souls and the world, it can be achieved when any tribulation comes up; we are certain that tribulation does not confine itself to time or place. Again, the nature of the season which emphasizes recalibration reemerges in the aspect of fasting. This is a rare occurrence for a Christian during any other time of the year, and an extinct occurrence for the rest of the world. Because we are called to "deny ourselves, take up our cross, and follow" Christ especially during these 40 days, the activity of fasting makes this denial as easy and fast as possible.

Certainly, there is nothing easy and fast about removing sweets from our diets and removing complaint from our lips. The Church

recognizes that this is a difficult task but is also cognizant of the fact that this activity unites the members of the Mystical Body of Christ to the Cross. For the 2000 years that the Church has existed, She has always taken the opportunity to touch the Cross of Christ, for it was by this Cross that the salvation of man was made possible.

Finally, Christ and the Church calls us to give alms. The apparent intention of this practice is for the soul to remind the body that physical objects are not the end, or purpose, to life. A small, or even large, denial of physical goods can recalibrate the soul to better understand life's individual and absolute purpose. Specifically, by giving alms, we are given the grace to come closer to understanding why all human persons are on earth, and why we are individually on earth.

The practice of the Lenten season is, simply put, an admission that the cares of the soul are superior to the cares of the body. In my eyes, the most difficult aspect of living out the fulness of the season, is recognizing and acting upon this superiority. After all, we are being called to believe that an inanimate reality, which we have never seen with our physical eyes or heard with our physical

ears, is more important than the body, from which we act upon the will of the soul.

Alternatively, the beauty of the season lies in the heightened use of our spiritual eyes and ears. We begin to see earthly matters from a supernatural perspective. We begin to see things closer to the way in which God sees them. Is there a more significant way in which to live? Can anyone on the earth suggest a more lasting and spiritually fulfilling manner of life?

As we pray, fast and give alms, we are given the opportunity to recognize these activities as eternal goods, temporarily beneficial for our bodies in this life and eternal beneficial for our souls in the next. As we move to recalibrate our souls from a tepid water to a flowing stream, we should be aware and intentional of keeping our souls by the brook of the stream. Instead of settling for mediocrity, we are called to be uncomfortable with our insufficient attempts at greatness. Instead of keeping our sights on the things of this world, we are called to escape our ways while staying exactly where we are.

*To read other articles by Harry, visit the Authors section of Emmitsburg.net.*

### Sophomore Year

#### Let there be meat!

Angela Guiao  
MSMU Class of 2021

Growing up in a Roman Catholic family, I used to dread Lent. I absolutely hated the idea of not eating meat on Fridays, and I never had any ideas of what exactly I should "give up" that season. It was difficult to try to come up with something which would hold meaning but would still be possible.

As a young child, my mother was very involved in bible studies. She, and a bunch of her friends would get together to worship God through songs and talk about their faith. Lucky for me, bible studies always took place on Fridays.

Now, my mother's friends could cook very well. They were experts in Filipino cuisine. So, when Lent came around and delicious pork and beef dishes would degrade into leafy greens and veggie platters, my hungry heart would break silently inside.

Why? I used to ask myself. Why did we have to give up meat? Why did I have to give up watching T.V., or eating chips, or sweets? How does change me? What am I supposed to learn? I never understood the importance of giving up things that made me happy for no particular reason. At least, from the point-of-view of my 7-year-old mind, there was absolutely no reason at all. We did it because "that's

what God wants us to do" my mother used to tell me. And usually, I wouldn't say anything after that because what could I say?

Now, for those of you who don't know what Lent is, let me give you a little background information. The Lenten season is a period of 40 days where people fast or abstain from their guilty pleasures, bad attitudes, or just try to better themselves in some way, whether that be living a healthier lifestyle or growing closer to God. Beginning on Ash Wednesday and ending on Easter Sunday, the forty-day season is comparable to Jesus' forty days in the desert, which he spent fasting. Or it may be similar to the Israelites forty days in the wilderness, where their faith in God was tested.

Fast forward and Christian today celebrate lent where they fast and abstain from the things that they like or attitudes that can hurt as an attempt to show their devotion to God. It's meant to cleanse the soul and show that we can control ourselves and restrict our self-indulgence as proof of our devotion to God.

Now that I'm older, Lent has found a new meaning for me. It represents change and the betterment of myself. It's no longer just about giving up my favorite foods or pastimes, but rather a self-reflection on my personality and who I had transformed into. It became a chance to reinvent myself every year; almost like a wake-up call to try to live more in God's image.

In high school, it started off simply. Freshman year: Don't judge others. Sophomore year: Say only positive things about others. Junior year: talk to people you wouldn't normally talk to. And finally, Senior year: Focus on the good you see instead of the bad. They were simple things, but I can tell you that until today, I still try to do the things I decided to do during Lent.

Lent had become so much more than giving up the things I like. I had become more about discipline, more about change, and more about living as Jesus would. I think now, I focus more on the self-discipline, the self-reflection that is a part of Lent rather than the sacrifice.

Before, I used to give up my favorite food and count down the days until I could eat it again. I used to question why God would want me to give up something that makes me happy. And that's when I realized that he doesn't. The point of Lenten season, at least for me, is for us to realize that those little things, those little guilty pleasures, are things that we can live without. Lent is not meant to deprive us of the things that make us happy but show us that the wrong things are making us happy.

While we give importance to things like foods, electronics, sweets, and all that other junk we miss that the point of Lent is to focus less on the miniscule, unimportant things and more so on the things that matter:

This Lent, I've decided that I would give up trying to please others. It's a weird thing to say and an

even weirder thing to hear because it doesn't sound particularly sinful. But I've realized that in my effort to do things that make others happy, I've forgotten about the things that make me happy. Jesus did not live to please others. He lived and died for our salvation, for our chance to be happy and live the lives we want.

So, I decided to focus on myself and on the things that I like to spend time doing, like writing for this newspaper, and spending time with the people that matter most to me. I decided to get rid of the things that don't hold much value in my life, and to focus more on the betterment of myself. As I've

realized, trying to please others really brings me to a place where I forget who I really am.

So, here's to a joyful Lenten season, and the betterment of ourselves! May we all find fulfillment and understanding in our reflections. May we all become better people because of it. Jesus wants us to love, understand and live in his name. And may we all give our best effort to try and do exactly that. Happy Lenten Season!

P.S. I'm still a little disappointed in no-meat Fridays.

*To read other articles by Angela, visit the Authors section of Emmitsburg.net.*

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## EASTER REFLECTIONS

## Junior Year

### Bettering myself

Morgan Rooney  
MSMU Class of 2020

Each year when the Lenten season rolls around, I always struggle to figure out what differences to my life I should make. Honestly, usually I completely forget it's nearly lent until Mardi Gras comes around the corner and I spend the rest of the night thinking of something I can give up or change that doesn't require any preparation, as I can't allow all the unhealthy food I had just spent my whole paycheck on go to waste.

As a child I was told (in my Sunday evening classes at Church) that lent doesn't have to be about giving something up, though for many people, that is their choice to do so. Instead of giving up sweets, soda, or going completely vegetarian (as I know many people who have done so), I could choose to do something to add into my life that would also hold significance, such as praying the rosary each night, or attempting to build up my closeness with God.

Sometimes I can be repetitive with the things I give up or take on, although I don't think there is anything wrong with that. If I feel like it is making me greater than I once was, it shouldn't matter if I have done it previously. This year, I decided to do something similar to what I did two years ago. I gave up social media. Now, before someone checks my Instagram to make sure I'm not lying, I will say that I did not give it up in entirety, but I have significantly decreased my social media usage. I don't think there's anything wrong with going online every once in awhile and sharing a photo of an experience with relatives and friends, however, I do think there is so many better things to do than spending your free time on social media.

Out of everything God gave us in the world: all the people we could be spending time with, all the places we could be exploring, or all the things we could be learning about, I don't think it should be staring into our phone or laptop. There are so many things we could be doing to better ourselves, yet so much of our time is wasted.

I would like to elaborate that I am

grateful for my phone and laptop. I don't think there is a single thing wrong with communication with friends, family, and other loved ones on a frequent basis. Our technology is also an instrument of learning. We can have a majority of the world's information in just seconds with a quick search on google. I honestly think that in this day and age, this technology does more good than bad, in moderation of course. I wouldn't give up my long-distance relationships for the world and I love the fact that I can learn at any time of the day, whatever I want. All that I'm saying is that we mustn't forget about what's right in front of us: a world that we are meant to navigate and people we are meant to spend time with and love.

When I think of lent, I think of trying to better myself into everything I am capable of; everything God made me capable of and wants me to become. With this time I am saving from social media and online streaming services, I have found time to exercise, spend time with close friends who put me in a happier place, and out in nature (especially since the weather is starting to get warmer as summer is getting closer).

Going on walks outside, walking through the Grotto of Lourdes, and even just walking around the Mount St. Mary's campus really brings me into a mental state to open my eyes and look at all the beauty that surrounds me and reminds me that God created it all for us to thrive in. The perfection of it all entices me and having such an awareness for it makes me so appreciative of where I am, who I am, and the fact that I exist. This is my way of taking a step back and realizing what's really important and it usually isn't what's on my phone.

The last thing I am trying to do to improve myself this season is strengthen my relationships with others. You cannot expect to have a support system if you do not support others in their challenges. Instead of expressing frustration or anger, I've been trying harder to be more patient with people, even if I am frustrated. I've learned that in most situations (of course not all), it isn't worth it. Sometimes it's better to just spend a moment by yourself instead of saying something you'll regret.

Within improving my relationships with others, I've also been trying to reach out to more people

more often who I don't usually reach out to very frequently. This is family members, like aunts and uncles, grandparents, and even old friends. I won't be in the situation forever where I will be living near and with my friends that I have in college, so I think it's important to keep those relationships with other people, who I don't see often, strong.

I would love to make these little changes to my life permanent, however, I think the season of lent is a great place to start. It gives me a reason to further myself, live to the fullest, and become the best possible version of myself that I can be, which is my goal as a Roman Catholic: to live my life in a way where I serve myself, and serve others, even in small ways like daily kindness regardless to if I'm having a good day or not. There is no reason for me to project negativity on other people.

Though it can be frustrating to limit myself on certain things each year, I come out of the season each Easter feeling like I've grown as a person and as a Catholic.

To read other articles by Morgan, visit the Author's section of Emmitsburg.net.

## Senior Year

### To give a little time

Shea Rowell  
MSMU Class of 2019

Every Fat Tuesday, I spend the day thinking about all the things I know I will miss during Lent: that snack food I like to munch on after dinner, that show on Netflix or that book I use to pass the time in between obligations. I find myself, in that last week before Ash Wednesday, trying to cherish the freedom that, once Lent begins, I will not see until Easter comes around. As much as I dread its arrival, Lent is one of my favorite Liturgical seasons. I look forward to it each year as an opportunity to start again, to examine my life anew and make concrete changes to improve it. Lent is the one time of year when the soul is at the center of everything we do, and the time when we most concretely attempt, wearing our imperfections on our sleeves, to live as Christ lived.

A holy life, however, is not one-size-fits-all, and the best way to grow in holiness is particular to each person. This Lent is a time of preparation for me, not only for the sacred feast of Easter, but also for the renewals that are fast approaching in my life: graduation, only a few weeks after Easter, and the vocation that awaits me beyond. "How could I," I asked myself and God, "use this Lenten season to prepare for the great changes that are coming? How do I use my time now, so that my graduation and the steps that follow will not seem like the death of the beautiful years behind me, but instead an opportunity rise to a new life?"

The answer that came to me was to try to live the best possible version of my last two months at school. In order to end my time at the Mount

on a good note, I resolved through my Lenten promises to reform my body, mind, and soul, the resources God gave me, so as to direct them more readily toward the proper fulfillment of my vocation.

While it may seem like common sense to live a healthy life, college students are notorious for neglecting the needs of their bodies, mostly using the excuse that "we don't have enough time" to do what our bodies need us to do in order to remain healthy. This Lent, I resolved to make time to take care of my body. Proper and regular eating, sufficient sleep, exercise — by far my weakest point! — and time for rest are all part of my Lenten practice this year. This may not sound like "fasting," and indeed it may not be, in a traditional sense. It can, however, bear fruit nonetheless. This year I have resolved to rest on Sundays as a way to dedicate time to rejuvenating my body, to spending cherished time with loved ones, and to prayer. While it has been difficult to rearrange my work week to accommodate this, I have found that the commandment exists for a reason. The human body, mind and soul need rest sometimes. We must carve out time to be ourselves outside of the demands of our work, to form bonds of companionship with others, and to spend special

time in prayer.

I have also resolved to take care of my mind this Lent. The primary reason I came to Mount St. Mary's University in the first place was to expand my mind. Learning, then, is my primary vocation as a student, and the task that God has given me to fulfill during these four years. My Lenten promises, then, challenge me to give this vocation my best efforts, and to finish my four years strongly. In the next several weeks, I will present two capstone projects that will serve as the representation of my work here at the Mount: my senior honors presentation and my senior music recital. Both are intimidating projects which will require much of my time to prepare, so a little Lenten discipline will go a long way. This Lent, I have resolved to give these projects the time and effort they deserve. I owe it to God, who gave me the gift of this education, to my mentors who have guided me along the way, and to myself to finish with my head held high.

Finally, and most importantly, Lent is the time to take special care of the soul. The noisy demands and distractions of daily life sometimes pull me away from the most important part of life: my relationship with God. Building a healthy spiritual life will help build a healthy life in gen-

eral; it will center me around God, on whom I can always depend, and help me to act according to His will as I prepare to leave His holy mountain. To promote spiritual growth this Lent, I have set aside specific times to prayer and reflection, replaced leisure reading with sacred reading, and resolved to frequently participate in the sacraments of Communion and confession. These practices will help me keep God by my side as the year progresses, and to entrust Him with the anxieties and uncertainties of the coming months.

As day after day passes by, it seems like time is my enemy. There is simply not enough time in the day to dedicate to the bare necessities, let alone the extra joys of uninterrupted eve-

nings spent with friends and leisure hours to enjoy the beauty of the campus around me. For Lent, I am trying to use the time I have left deliberately, in ways that prepare me for what lies ahead.

In this way, Lent is like a microcosm of the Christian life. We cannot know how much time we will be given, and inevitably it will come to an end, probably before we feel "ready." Our time is our responsibility to spend wisely. We must prepare while we can and withstand the sufferings that arise while we wait for the new life ahead of us to welcome us home.

To read other articles by Shea, visit the Authors section of Emmitsburg.net.

# FASHION

## Is fashion art?

Valerie McPhail  
MSMU Class of 2015

The last two months have been abundantly filled with things that I love. February brought fashion week: a whirlwind of time spent running around downtown Manhattan to attend fashion shows, speaking with designers and experiencing the fleeting moment of a new collection. It is in these facets where fashion's charm dwells. Only a few weeks later, March ushered New York Art Week. During the second week of March, artists, curators and gallerists gather together across a variety of shows in the City - Spring Break, NADA, and The Armory Show, naming a few - to share their work by the confines of a booth, and sometimes a theme. For example, the Spring Break Art Show's Theme was "Fact and Fiction." From one month to the next, one week to the following, creative expression buzzed around me. New York has offered a blur of inspiration.

To many, the succession of these events does not correlate. However, my imagination understands differently. It demands answers upon contemplation of the relationship between two moments in time owned by two forces in culture. What is the relationship between fashion and art? Perhaps the most significant debate to fashion academics in modern teaching, ponder: is fashion art, and art fashion? The answer can-

not be simply, or directly returned. Definitely, art is a human form of creative expression, while fashion is explained as clothing designed in a popularly declared tasteful manner. When both unite, their identities in relation to one another become fuzzy. For with attempt to rationalize, an influx of follow-up questions persist.

Can fashion, marked in the functional term, be considered art? How is couture explained or vintage shopping defined? Often the Chanel Boy Bag is referenced as an iconic piece, collected by aficionados in the same way a Banksy is coveted. Furthermore, how are the museum's interest, exploration, and display of fashion reasoned? The manipulation of clothing design, fabric, and outfits by the underrated, Fashion Institute of Technology (FIT), and the infamous Metropolitan Museum of Art (MET) present exhibitions that showcase fashion on display not for consumer or press, but for public consideration. All of these contemplations are an offset in the quest for a definite conclusion.

### Haute Couture fashion

The style of Haute Couture is a unique form of fashion. Translating from the French to define fashion as high [end] dressmaking, this particular style of fashion must mark specific requirements to fulfill its definition. After all, it wouldn't be fashion without its rules. The Business of Fashion clarifies a defining attribute, "Haute



Street style photographs shot during Fashion Week.

Couture houses must present a collection of no less than 50 original designs — both day and evening garments — to the public every season, in January and July." Leading questions to fashion regulations inspire. What is couture fashion, custom made designs, if it is showing on a runway? For the meaning of this custom made dress, detailed for one specific client in mind, becomes accessible to a broader audience on the runway, where it becomes a product to showcase the art of skillful handwork design. Decades later, the life of this garment may live in another's wardrobe. Snagged from an estate cleanout or donation, I imagine the past of beautiful but off-fitting Sonia Rykiel pieces discovered in my favorite fantastical shop, Narnia, in my neighborhood in Brooklyn. With disappointment, I have denied purchases, after experiencing the strange beauty of a beautifully aged garment, not made for me. No, I did not experience the look from a bench seat on the runway, but then again there are other ways to admire the craft of fashion.

### Garments in the museum

Fashion in the museums is experienced just as a guest would gaze

upon a painting hanging on the wall. The manipulation of fashion for museum consideration, at the FIT School Museum or the MET collection that brings about showy first Monday in May, is more than the social media posts that attend to the dresses worn by celebrities, when viewers are focusing on a particular outfit as they enter the Gala. The museum collections become a learning experience. In the same way, fashion can be taught in text and seminar, and the museums bring book reading into being. The FIT Museum's current exhibition, "Fabric to Fashion," showcases mannequins dressed in timeless pieces made of velvet, silk, and jacquard to explain the history of fashion is in its fabrication. The Museum released a concluding statement: "Fabric In Fashion invites visitors to examine the objects on display, taking particular note of the materials, their complexities, and their changing roles throughout history. Within high fashion, fabrics are explicitly and carefully chosen. They illuminate their moments in fashion and culture." History informs that fashion has been utilized to project an outward message; this can be considered fashion for show.

### Everyday fashion

In the day-to-day, cultural understanding of fashion revolves around expressions of personal style. The way a person matches the details on his or her outfit — mixing prints, pairing a jumpsuit with a fedora, or pairing a denim button down to a jean — are stylistic decisions people follow in suit. This is the new definition of fashion. With a grain of salt, it is fashion experienced by artful appreciation. With opposition, clothing regarded by a non-fashion crowd is purely functional. Clothing, whether or not it is defined as fashionable, is worn out of practical necessity within society. On the contrary, an artistic mind desires fashion with creation and intention. This approach to fashion is personal, because it understands fashion as an expression of self, and yet, acknowledges the possibility that certain fashion and designers will attract attention from the world around. This possibility keeps fashion in the conversation of art form. Why would anyone dress for the attention of others? The same exclamation can be addressed to the reality where celebrity outfits have become fashion news.

Perhaps we need fashion in museums. Museums places that urge us to gaze, observe, and reflect. It is upon discovery that we reason something new about our existence; in the world of fashion this means that clothing is more than superficial. Similarly, as a painting exudes appreciation for its beauty and mastermind creation, fashion can ignite the same fire. Without concluding whether fashion is art, and contrariwise, both industries continue to play with the idea that fuels the fire. Graphic tee shirts subsists in vogue and the FIT exhibit will close in May, passing the torch to the MET just in time for the first Monday in May, when the MET Gala opens their fashion expo. Their magnetism is apparent and speaks for itself.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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Darlene Grube Proverbs 31: 10-31

## COMMUNITY NOTES

# Create a sanctuary in your own backyard

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is that they have also been designing and installing beautiful natural stone patios, walkways, steps and walls for over twenty years. The Zelenka's fell in love with ponds in '96 and the passion quickly expanded to creatively working stone into all aspects of the landscape.

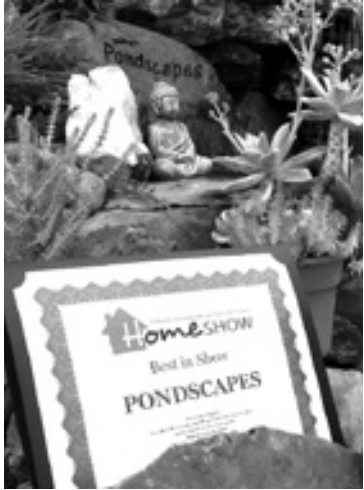
Contact Pondscapes for a consultation for a pond, waterfall, stream or a natural stone patio, walkway, wall or steps. Pondscapes has excellent references.

*"While there are many companies that will install land-*

*scaping features, it is very rare to find an artist of Paul Zelenka's skill and attention to detail. Our historic city home and its contemporary addition, koi pond and tennis court necessitated a very sensitive integration*

*of paths, steps and patios. Paul's creative treatment of this complex project added great beauty and value to our property".*  
-John L, Frederick, MD

*For more information on Pondscapes visit them at [www.PondscapesMaryland.com](http://www.PondscapesMaryland.com) or call them at 301-271-4550*



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## ARTS

## Majestic to host Bruce Hornsby and Taps Dogs

Jean Grubesky  
Majestic Theater

Bruce Hornsby, the creatively insatiable pianist and singer-songwriter from Williamsburg, Virginia, will be performing at the Gettysburg College's Majestic Theater on Friday, June 28.

Hornsby always has succeeded on his exceptional gifts, his training, and his work ethic. He became a global name in music by reimagining American roots forms as songs that moved with the atmospheric grace of jazz. "The Way It Is" defined sonic joy on the radio, however as a hit record it also evidenced a thrilling re-structuring, and during the years afterward Hornsby, in staggeringly diverse ways, has kept going.

He has returned to traditional American roots forms, collaborating with Ricky Skaggs and he has

played with the Grateful Dead. He has fused the plunk and dazzle of twentieth-century modernist classical composition to singer-songwriter emotional inquiries. So when Hornsby describes *Absolute Zero*, his new album, as "a compendium of what I like and moves me," don't expect perhaps a thing or two new. Prepare for a multi-faceted ride.

On April 9<sup>th</sup>, the Gettysburg College's Majestic Theater will present Australia's most successful theatrical export, Dein Perry's *Taps Dogs*. The global dance sensation's award-winning show has been described as "Part theatre, part dance, part rock concert and part construction site!" - BBC UK.

"Taps Dogs" has played 370 cities on 6 continents to 12 million buyers, and finally, it's playing "The grandest small town theater in America," exclaimed Jeffrey

Gable, Majestic's Founding Executive Director. "This is truly a once-in-a-lifetime performance."

Dein Perry's *Taps Dogs* features high-energy dance, theatrical performance and live music performed by a cast of six dancers and two musicians who bring the steel works to life in a fast paced, unstoppable spectacular that is the perfect show for anyone from 8-80.

The winner of over 15 international awards including an Olivier Award (UK), an Obie Award (New York) and a Pegasus Award (Spoleto Festival in Italy), Dein Perry's *Taps Dogs* is a 90-minute show combining the strength and power of workmen with the precision and talent of tap dancing. Whether they are in water, upside-down or jumping through scaffolding, the TAP DOGS have been performing to the beat of their own drum since their world



premiere at the Sydney Theatre Festival in January 1995.

Tickets starting at \$45, can be purchased at [gettysburgmajestic.org](http://gettysburgmajestic.org), by calling 717-337-8200, or at the Box Office, 25 Carlisle Street, Gettysburg.

The Box Office is open Monday

through Saturday, 12 – 7 p.m. and Sunday, 1 – 5 p.m.

The Majestic Theater at the Jennifer and David LeVan Performing Arts Center is owned and operated by Gettysburg College as a cultural treasure for its campus and the community.

## "Sophisticated" Jazz singer swings into Gettysburg

Peggy Magaldi  
Gettysburg Community  
Concert Association

Philadelphia jazz singer Joanna Pascale discovered her love of storytelling at age 15, when she heard her first Billie Holiday record. "I was attracted to the lyrics, and the passion behind them. I guess I was an overdramatic teenager," she said in a recent telephone interview. "That record just opened a floodgate."

"My parents loved Sinatra, and I was always attracted to music from that era. It was a part of my life when I was really small." It didn't take long for the talented singer to find her niche. She found herself driven to jazz and listened to it as though it were part of the "Top 10 Hot Hits" of her own generation. While some little girls tell stories, Pascale found herself doing the same — with her songs.

"I sing all styles...but that's where

my heart lies," she said of the music she was brought up on. Emulating Sarah Vaughan and Billie Holiday is no easy feat. Yet that's what her critics claim. "Listen at your own peril ... your heart will melt."

Most of Pascale's work stems from the great American songbook. Songs like "Star Dust," "In the Still of the Night" and "Call Me Irresponsible" grace her debut CD "When Lights Are Low." She has recorded more CDs including — "Through My Eyes" and "Joanna Pasquale and Anthony Wonsey Play the Great American Songbook," which feature beloved '20s to '60s cabaret.

As a vocalist with her own style, she brings to the stage a maturity far beyond her years. Copycat vocalists have been inspired by the likes of the greats, but many say that Pascale has a depth that goes beyond mere imitation. Called "stunning, sophisticated and extremely soulful" by Phil-

adelphia Weekly, Pascale's hallmarks include an understated vibrato and a knack for beginning phrases at unexpected moments. Her interpretations bear a closer resemblance to instrumentalists than singers—she almost never plays it straight. Her combo includes saxophonist Tim Warfield, drummer Dan Monaghan and bassist, Madison Rast.

The Joanna Pascale Quartet is presented by the Gettysburg Community Concert Association for a April 29, 7:30 p.m. performance at the Gettysburg Area High School Auditorium, 1130 Old Harrisburg Road, Gettysburg. Tickets are available at the door for \$20; children and college students with ID are free. For more information call 334-7776 or visit [www.gettysburgcca.org](http://www.gettysburgcca.org).

The Gettysburg Community Concert Association (a non-profit membership organization) 2018-2019 Season is supported in part



by a grant from PA Council for the Arts, a state agency funded by the Commonwealth of PA and the NEA, a federal agency; the Adams County Arts Council's STAR Grant Program which is funded by the Adams County Commis-

sioners and the Borough of Gettysburg; the Robert C. Hoffman Charitable Endowment Trust; Adams Electric Cooperative, Inc.; Service 1st Realty; ACNB Bank; the Rice Family Foundation and Enbridge Foundation.

## Seton Shrine's flute concert

Helen Jahn

For the first time, the Seton Shrine is hosting a free flute concert in its Basilica. Featuring

the Frederick Flute Choir and the Mount St. Mary's University Flute Ensemble, the concert takes place Sunday, April 7, at 3:30 p.m..

A variety of classical music selec-

tions will be performed by both groups. The Choir and Ensemble will also play a song together, Bill Holcombe's "American Flute Salute". In addition to hearing these melodic compositions, the audience will be introduced to various instruments in the flute family, such as the piccolo, C flute, alto flute, bass flute and contra-bass flute. Some are quite unique and not often part of classical performing groups. Performers will demonstrate these instruments by playing brief music excerpts.

"We're thrilled to include a performance at the Shrine during our 30th concert season," said Jennings A. Glenn, the founder and director of the Frederick Flute Choir. "Over the years, we've performed at the Kennedy Center and the White House, as well as



national and regional conventions and festivals. We're looking forward to bringing our unique repertoire to the Shrine."

"I agree with Jennings," said Jennifer Witt, an adjunct flute professor at the Mount, as well as director of the Mount's Flute Ensemble. "This is a wonderful opportunity for our students to perform in such an outstanding venue with an extremely tal-

ented group like the Frederick Flute Choir. We're excited to perform our musical selections for a new audience."

Don't miss this opportunity to see these high caliber performing groups in a free concert. Mark your calendar to attend the concert on Sunday, April 7, at 3:30 p.m.. It takes place in the Basilica at the Shrine, which is located at 339 South Seton Avenue in Emmitsburg.

Now - June 1<sup>st</sup>

# My Fair Lady

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# April showers allow the V&PA to flower

Chloe Corwin  
MSMU Class of 2020

As the last full month of spring semester 2019 floats through, the Visual and Performing Arts Department at Mount St. Mary's University is focusing on the talents of the students in their final performance opportunities of the year.

First, Mount Theatre is presenting their spring semester mainstage show titled *Stupid ##### Bird* by Aaron Posner. This show will hit the Horning Theater stage in the Delaplaine Fine Arts Center on April 4, 5, & 6 at 8:00 p.m. for \$7.

Dr. Kurt Blaugher, the director of this production, describes the show as, "...an adaptation/modernization/re-imagining of Anton Chekhov's classic *The Seagull*. The Washington Post review of the play said: 'sometimes it blows Chekhov up, and sometimes the play explodes with a genuinely Chekhovian release of emotion.' Combining very contemporary theatricality with the realistic characters and emotional content that Chekhov is famous for, Posner gives us a precious jewel of a play; one that will surprise and delight an audience."

The cast of seven has been rehearsing since January and has been working extremely hard on this play. This show is bitter sweet for a few in the cast, as it is their last chance to be working on stage with Mount Theatre. Graduation is around the corner, and the two seniors of the production, Taylor Remsburg and Kayla Pahl, have offered some remarks on their roles in the show just before they start a new chapter in their lives.

Remsburg notes, "This show is the most challenging show I've ever been in due to the pure, raw emotion of the characters. Although they are often selfish, they feel things in the same ways that we do—with their whole being. It may not make sense, but portraying emotions that you have felt yourself is more difficult than using your imagination to put yourself in the place of the character you're playing. On the surface, you're sure you know the character. In reality, you probably comprehend their emotions about as well as you comprehend your own—which, in my case, is not very well. I have enjoyed every second of the arduous process and I will certainly value the reward of conveying my character's passions to others."

Pahl, the stage manager of the show says, "This is my first production as a stage manager at the Mount and it has been an incredible experience. While I am used to performing, this role is unique as I am providing support to the show in a different way -- whether that be line rehearsals, blocking notes, or general questions. I feel that I'm still bonding with the cast but in a much different way, I'd like to think it's more a supportive role as I relay things to the director. ... Stop on by for a good time! They might say that Seagulls can't act, but these students can!" *Stupid ##### Bird* is a contemporary show, so it is to be noted that there are mature situations and strong language.

Next, Jeff Stern, from last month's Faculty Recital is back for another con-

cert, this time with his professional group, icarus Duo.

The icarus Duo is a subsection of the larger icarus Quartet, comprised of the percussion aspect of the group. Professor Jeff Stern and Matt Keown will be performing works by Reich, Koppel, and Andersson, as well as a marching percussion piece by Robert Marino, and Brazilian music featuring traditional shakers by composers Leonardo Gorosito and Rafael Albertro.

This event is coming to the Knott Auditorium on April 5 at 7:30- 8:30 p.m. and is free and open to the public.

Following that, the MSMU Flute Ensemble will join the Frederick Flute Choir in a concert on April 7 at 3:30 p.m. in Seton Shrine Basilica.

This is a remarkable opportunity for the flute ensemble students. For more information and to reserve a seat, please visit [www.setonshrine.org](http://www.setonshrine.org).

Then begins the first of several recitals the V&PA Department is hosting. On April 12 at 7:30 p.m. in Knott Auditorium the Small Ensembles Recital will feature works from the Mounts wind, string, and percussion ensembles.

Then on April 13 at 7:30 the Junior Major Recital will commence in the Horning Theater.

The students participating include Bailey Kenworthy, Benjamin Pape, Carlos Diaz, Maria Constantino, and Samantha Kreuger. They will each be performing pieces they have been working on with their instrumental or vocal teachers throughout the semester.

Soon after, on April 15 and begin-

ning at 6:30 p.m. in the Immaculate Conception Chapel on Mount St. Mary's campus, three seniors will be showcasing their pieces at the Senior Major Recital.

The three students include Shea Rowell on trumpet, Jasmine Patrick, soprano vocalist, and Bryan Dorbert on percussion.

Patrick offers a sneak peek into her performance stating she will be featuring works of Bizet, Shubert, Leslie Adams, John W. Work, and others. She will be accompanied by Dr. John Wickelgren on piano.

Following the brigade of recitals, the Art subject area is hosting the first of two Senior Art Shows. The reception for the opening of this exhibit is April 24 at 5:00 – 6:30 p.m. in the Williams Art Gallery in the Delaplaine Fine Arts Center.

Student artist Moriah Tyler has several pieces competing to be in the show, and gives some detail into one of her pieces, *Intricate Details*.

Her artist statement says, "Intricate Details are things that we sometimes miss. They are the things you have to focus on to see, the things that you have to use effort to see. These intricate details are the shifting vapors that disappear in our minds if ignored long enough. They are the collection of solids and liquids within our being, they evolve, adapt and preserve our souls. These intricate details are intoxicating. They are smoke."

That same day the kickoff event for the MSMU annual SPARC Festival will begin with a Departmental

showcase. On April 24 at 7:00 p.m. in Knott Auditorium the public is invited to celebrate with the Mount community the start of SPARC Festival with performances by the MSMU Chorale and select senior soloists.

The Chorale will be presenting works by Verdi, Faure, and American composer Ronald Perera. The selected soloists are Shea Rowel, Jasmine Patrick, Bryan Dorbert, and Tahreem Fayiz who will be performing selections from their senior recitals.

The final event this April is also the final recital for the semester. On April 30 at 7:30 p.m. in the Knott Auditorium, an overall Department Recital will be held where students can perform music they have been working on throughout the past months. Some familiar faces are to be expected on the stage from the previous recitals, as well as some unseen talent.

This April is packed with a variety of events, and the students and professors



Actors Kate Carrigan, Sophia Vargas, and Taylor Remsburg rehearsing for the Mainstage Production. Showtimes include April 4, 5, & 6 at 8 p.m.


of the Mount are excited to share their hard work and invite the Emmitsburg community to celebrate their art.

The Mount St. Mary's University Department of Visual and Performing Arts is located in The Delaplaine Fine Arts Center and can be contacted by phone at 301-447-5308. Like our Facebook page @msmuvpa for more updates. For more information about the department, search for Visual and Performing Arts on the Mount St. Mary's University official website [www.msmary.edu](http://www.msmary.edu).

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## LOCAL SPORTS

# Spring sports kick off

Grace Kovalcik  
CHS Class of 2021

As vibrant flowers and trees begin their annual blossom again, so are young high school athletes as they make their return to their spring sports teams. Baseball, softball, tennis, lacrosse, unified track, and outdoor track have all begun to take the fields again, and enter into the 2019 spring sports season.

Catoctin's baseball teams have been recruiting and training since the very beginning of the 2018-2019 school year, due to a great loss of seniors who had graduated the previous year. On this year's varsity team, Catoctin has only one senior, four juniors, six sophomores, and one freshman, whereas the junior varsity baseball team has eight sophomores and eight freshmen. Despite the majority of young players making up the baseball program, each team has extremely talented players that are bound to bring success to the school.

Varsity's first scrimmage took place at Urbana against Chesapeake High School on March 16. Finally able to put their months of preparation to work, the Cougars were able to win with a score of 8-5, and happily kick off their season on a good note. The varsity boys also scrimmaged and beat St. John's Catholic Prep later that week, allowing them to improve on their game strategy even more. Additionally, junior varsity played their first scrimmage on March 16, facing Smithsburg at Catoctin High School. The boys played their hardest, never letting up, but were defeated

by the Leopards with a final score of 12-7. Both of Catoctin's teams, already knowing they will have much to work on and improve upon, are expected to have progressive seasons and considerable growth.

This year, Catoctin's varsity softball team has four seniors, five juniors, two sophomores, and two freshmen. Having already played a few scrimmages, the Cougars have had many opportunities to practice for their regular season. Their first day of scrimmages took place on March 9, when the girls played both Northeast and Severna Park High School on the same day. Unfortunately, the Cougars tied 0-0 with Northeast and lost to Severna Park 5-4.

On the following weekend, the girls faced Chesapeake and La Plata High School. Having had plenty of time to work on their mistakes made during their previous scrimmages, the Cougars were better prepared and ended up beating Chesapeake 3-1 and La Plata 14-5. These four scrimmages were a great opportunity for the girls to learn and improve their gameplay for their first regular season game against Linganore, which took place March 22. On this particular day, the weather had fluctuated more in an hour than it had within the entire week. The girls played through hail, wind, and rain, never once letting their guard down. Eventually, Catoctin's stubborn perseverance led to their first victory of 13-3.

The junior varsity softball team is made up of one junior, four sophomores, and five freshmen. The team had originally been scheduled to play

a scrimmage on March 16 against La Plata High School but the scrimmage was canceled due to weather. As a result, on March 23, the girls played their first two regular season games without having played any scrimmages. First playing at 11:00, and then at 1:00, the girls played two games against Oakdale High School's junior varsity team, which they ended up winning with content. The girls hope that through continued practice, they will see more repeats of these victories throughout the season.

The girls' tennis program had a larger group of people at tryouts than previous years, leaving the Cougars with a team of four seniors, eight sophomores, and one freshman. While a good amount of the team is new at the game, head coach Sherry Levering still sees a promising future for the girls based on their performance in practice, and the girls' willingness to learn the game. Additionally, many of the returning players had continued lessons during the offseason, better preparing them for the high school season. All of these factors were prominent during the girls' first scrimmage, which occurred on Tuesday, March 19.

Originally planned for the eighteenth, the girls' scrimmage took place at their home court against Francis Scott Key High School. Senior Alexi Merki, playing first singles, senior Gracie Harrison, playing second singles, and sophomores Chayne Barnhart and Chloe Brandenburg, playing third doubles, all defeated their opponents, giving Catoctin the advantage of 3-2 and winning their scrimmage. Additionally, the team won all three exhibition matches, setting the tone for their upcoming season. The girls' first two regular-season matches were initially arranged to take place later that week but were postponed due to weather and unfit playing conditions.

Unlike the girls, the boys' tennis team has a total of only nine players, which is only one more than what is necessary to form a team. For the boys, coached by Dave Gadra, their small numbers have forced them into a rebuilding stage. The group wants to focus both individually on each player,

### Catoctin signs next group of college athletes



Catoctin's graduating athletes. Back row, listed from left to right: Cam Baumgardner, RJ Mellor, Hunter Grimes, Caitlyn Naff, and Derek Rivera. Front row, listed from left to right: Melanie Topper, Victoria Bryant, Raegan Smith, and Ashley Mayton) Photo Credits: Theresa M. Hutchinson.

On Friday, March 15, a crowd of students, athletes, and coaches alike gathered in Catoctin's gymnasium to witness nine of the high school's best sign to be collegiate athletes. The first of the nine to be recognized was Melanie Topper, who has committed to play division three basketball at Hood College. Recognized by her coach Amy Entwistle, she looks forward to playing at the college level after four years of high school basketball. RJ Mellor was next to be commended for his four great years of high school athletics. His coach Neil Metzgar acknowledged his hard work and congratulated him for signing to Messiah College to play division three lacrosse. Planning to run division two track at Kutztown University, Cam Baumgardner has been a part of the program for his entire high school career. The sprinter was praised by his coach Rob Palmer and acknowledged for his exceptional athletic skill.

From Catoctin's softball program, Ashley Mayton and Raegan Smith are continuing their athletic careers in college. Both Mayton, playing division two at Shepherd University, and Smith, playing division three at Salisbury, have been with the program

for four years, and are certain to have success in their next few years of softball. Hunter Grimes, attending St. Vincent College, was commended for signing to play two sports at a division three school. His football coach Doug Williams, and lacrosse coach Neil Metzgar, both expressed their pride in his efforts made throughout his high school career. Derek Rivera was recognized by coach Tyler Ausherman for signing to play golf at Hagerstown Community College. Known as the golf expert by anyone acquainted with him, Rivera is sure to succeed in his next few years of schooling and athletics.

Finally, Victoria Bryant and Caitlyn Naff have signed to play division three college volleyball. Both Bryant, attending Stevenson University, and Naff, attending The University of Pittsburgh at Bradford, have played for Catoctin's varsity volleyball team since their freshman year. The girls and their coach, Sherry Levering, are sad to part but excited for what the future holds for their athletic careers. Though Catoctin is losing nine fantastic athletes, the school and coaches are proud to release their students into the next stage of their lives.

and as a team to grow and advance as the season progresses. As a result, the boys have already noticeably improved. Even only a few weeks into the season,

the boys have already shown development in their form and technique.

The boys' first scrimmage ran concurrently with the girls' match and was played at Catoctin against Francis Scott Key High School. Although the Cougars' match ended in a 2-3 loss to FSK, the boys had come extremely close to winning in each one of their individual games, even further showing their growth since the beginning of the season. The matches won were the second doubles match, played by freshman Nicholas Miller and senior Noah Barth, and the third doubles match, played by freshman Skyler Payne and sophomore Garrett Mayhew. As the boys continue to practice their skills, they will build further towards their goals and eventually to the Frederick County tournament.

Even when dealing with the unpredictable spring-time weather during this time of year, Catoctin's spring athletes never fail to play their hardest. Whether they are competing in rain, mud, hail, or snow, you can always count on the Cougars to fight until the very end.

To read other articles by Grace, visit the Authors section of Emmitsburg.net.

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# MOUNT SPORTS

## Lacrosse, swimming, & bowling!

Collin Riviello  
MSMU Class of 2020

Now that March Madness is over, we can begin to focus on the other spring sports here at the Mount. It's time for the April sports update!

One of the biggest things that happened in March with Mount sports was the women's basketball team making it to the semifinal round of the 2019 NEC Tournament (yes, I know I said we could focus on "other sports", so I'll make this quick). Slated as the sixth-seed in the eight-team tourney, the Mount surpassed all expectations by defeating No. 3 St. Francis Brooklyn in the quarterfinals by a score of 80-74. The Mount previously advanced to the semifinals in 2013. Unfortunately, the women lost to top-seeded and eventual champions Robert Morris 69-65. Fun fact: during the regular season, Robert Morris had lost to only two NEC teams, the Mount and Sacred Heart. With Sacred Heart being eliminated in the quarterfinals, if anyone had the best chances of beating the Colonials, it would have been the Mount and the close score reflects just that.

Another big Mount sports moment was when the men's lacrosse team upset 14th-ranked Richmond, 12-11, in thrilling overtime fashion. On March 5, the Mount travelled to Virginia to take on their third nationally-ranked opponent of the season. Putting up five goals to Richmond's three in the first quarter, the Mount was still riding high off of their 12-6 win against VMI three days earlier. However, the Spiders started to climb their way back over the ensuing two quarters, shooting in six goals to the Mount's three goals. In the fourth quarter, down by a goal with 1.4 seconds left, Luke Frankeny made a desperation shot into the net that whizzed past the goalkeeper to force overtime. Senior attacker, Chris DiPretoro scored the game winner to secure the Mount's first win over a ranked opponent since 2013 when No. 18 Bucknell went down. In this game, DiPretoro scored his 100th career goal in the first quarter.

The men's lacrosse team will play its final home game of the season on April 27 at 1:00 pm against St. Joseph's.

Now that the biggest two pieces of Mount sporting news have been covered, lets move on to those sports that have ended their seasons.

Men's basketball wrapped up their season on March 2 with a 73-71 win at St. Francis Brooklyn. Freshmen Vado Morse was named NEC Rookie of the Year and also earned a spot on the NEC All-Rookie team. A six-time recipient of NEC Rookie of the Week honors, Morse averaged 14.7 points, 2.9 assists, 2.6 rebounds and 1.1 steals per game this season. He scored a career high of 24 points against LIU Brooklyn in January. Under first-year Mount head coach Dan Engestad, the men's team ends their 2019 rebuild season 9-22 (6-12 NEC). Fortunately, the Mount will lose no player to graduation as the current roster is filled with freshmen and sophomores. The youth of the men's basketball team is highlighted by a numerical ranking among the NCAA Division I teams; the Mount ranked 352nd out

of 353 teams in NCAA Division I in experience as calculated by KenPom this past season. The experience calculation weights the experience of each player on the roster based on minutes played. Players that have played less than 10% of their team's minutes are not included. Freshmen count as zero years of experience, sophomores one year, etc.

After the women's swim and dive team finished in eighth-place at the NEC championships with 152 points and the men's team finished in sixth-place at the Coastal Collegiate Sports Association Championships, the last swim meet for both teams was the College Swimming and Diving Coaches Association of America (CSCAA) National Invitational Championship from March 14 to March 16. Nine swimmers competed at the championships: eight men and one woman. Junior Will Twizell broke two school records on the first day of the competition. He broke his own 50 meter breast record with a time of 25.72 seconds in the semifinals to earn a spot in the finals, and then he broke that record again in the finals (25.54 seconds) to finish in 13th place. Sophomore Jonathan Mata broke his own school record in the 50 meter back with a time of 24.04 seconds. Freshman Peter Jones broke the 50 meters free record of 21.29 seconds set by fellow teammate Brock Cudahy in 2017, with a time of 21.09. On the second day of competition, the Mount men's team broke another school record, this time in the 200-medley relay. Mata,

Twizell, Ryan Carroll and Jones finished in 1:31.13 to place 15th in the event while breaking the old program record of 1:32.96. The men's team finished with a score of 28 points, placing 24th out of 25 teams.

Senior Maddie McGraw swam three events at the championships to represent the Mount women's team. She swam the 50 meter back in 26.44 seconds and the 200 meter back in 2:07.13 on day one. On day two, she swam the 100 meter back in 56.74.

In women's bowling news, the team finished in fifth-place out of 19 teams within their section at the Intercollegiate Team Championships sectional qualifiers. The prestigious invitation-only tournament is run by the United States Bowling Congress Collegiate, a governing body that oversees all NCAA, NAIA, NJCAA and USBC Collegiate Club programs. In the 64-team field, each team is split up into four regions. From there, each team plays 32 baker games a day for two days (64 games total) to decide the top four teams from each section that will advance to the championship round. Alternatively, a player can make the championship round as an individual competitor if the player wins all six games in the individual competition at the Intercollegiate Sectionals Championship (ISC) qualifiers.

The Mount entered Sunday, the final day, in fourth place by a 14-pin advantage. However, after bowling block scores of 680, 738, 753 and 793 the Mount dropped to sixth place. The Mount attempted to come back



Mount St. Mary's lacrosse defeated a ranked opponent for the first time since 2013. Not soon after, Chris DiPretoro racked up 100 career goals.

during the afternoon session with a block score of 886 and 838 which did bump them up to third place, but then the Mount bowled a block score of 713, which was 129 pins short of Duquesne's and St. Francis's (Ill.) total scores. The Mount bowled a 771 in their last block to cut the deficit to 42 pins, an average of just over half a pin per game, but it was not enough to clinch fourth place.

The hard work from Mount Athletics this spring isn't quite done yet! Be sure to come out to the last home games of the spring season. Game schedules for track and field, men's baseball, men's and women's lacrosse, and softball can be found at [mountathletics.com](http://mountathletics.com).

To read other articles by Collin, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# COMPLEMENTARY CORNER

## Wu Wei

Renee Lehman

Taoism (pronounced Daoism) does not refer to a formalized religious practice but rather to a deep spiritual practice of understanding and following the way of Tao (pronounced Dao), the way of Nature, sometimes called simply, "the Way." In other words, Taoism teaches us that the natural way for people to live their lives is in harmony with the Tao (the Way of Nature).

Often the saying, "Go with the flow," or the metaphor of water flowing around "obstacles" in a stream are often used. The stream is the "Stream of Life" and, as water flows, there are really no obstacles.

The great Taoist classic, the Tao Te Ching (pronounced Dao Day Ching), written by Lao Tzu around 600 B.C., first articulated the idea of Wu Wei (pronounced ewh way). Wu Wei, one of the most famous Taoist concepts, is repeatedly discussed in the Tao Te Ching. It is the primary concept in Chapters 2, 3, 11, 29, 37, 43, 47, 48, 63, and 64. So what is Wu Wei?

Wu Wei has no exact English translation; however, it is often described as non-action. The Tao Te Ching explains, "Do that which consists in taking no action and order will prevail." For exam-

ple, Chapter 43 (as translated by Stephen Mitchell):

*The gentlest thing in the world overcomes the hardest thing in the world.*

*That which has no substance enters where there is no space.*

*This shows the value of non-action.*

*Teaching without words, performing without actions: that is the Master's way.*

As a translation for Wu Wei, I prefer the term "not-forcing." The idea is that we should stop trying to force action and get comfortable doing less. Then, when we do move, our actions are natural, energetic, and accomplish the desired results.

As Grand Master Nan Lu states, "Ancient wisdom has taught us to observe and embrace Nature as it transitions from one season to the next. Each season has its own purpose and its own consciousness. As a part of the Universal picture, we are connected to this continual cycle."

The Tao Te Ching recommends cultivating non-action by observing the natural world. The skies don't always storm; nor are birds always in flight. Stillness preserves us for action when necessary. The Taoist storyteller Chuang Tzu explains the idea in more detail around 350 B.C.: "From the sage's emptiness, stillness arises. From stillness, action. From action, attainment."

Viewing the situations in our lives as obstacles, just shows that we are manifesting an attitude of judgment. When we live our lives from the perspective of Wu Wei, then we go with the flow like water. Our attitude is one of not-judging and not-forcing.

The following parable demonstrates this concept:

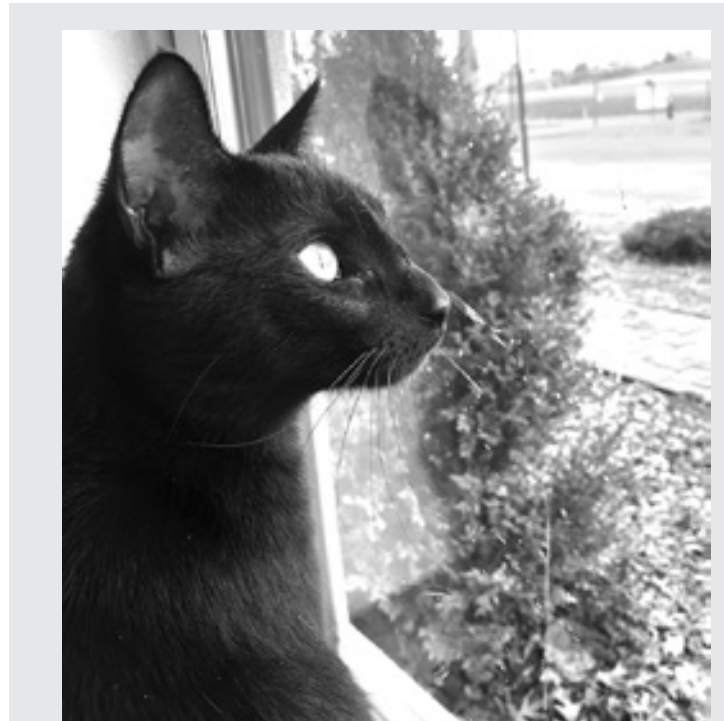
### The Crowded Alley A Parable by Chuang Tzu

There was a somewhat wild horse tied up and left by its owner in a narrow alleyway. All who came upon it pondered and debated how to pass without getting kicked. One tried running past and was subsequently tumbled to the ground, still not able to get beyond. Another tried jumping over the horse's legs as it kicked wildly and derived the same result. Yet another attempted to pass through the horse's legs but got trampled by the down kicks of the horse's hooves. Meanwhile a crowd assembled and debated vociferously as to how to go about passing by the horse with many theories being posited and no one else having the courage to take any action.

Finally, a young girl toward the back of the crowd noticed Master Kung on his ox riding up to the alley from the main street. She hollered to the crowd, "Here is Master Kung: he'll know how to get past!"

Master Kung peered down at the crowd and the horse from the corner, assessed the situation, smiled slightly, and then rode down to the next alley to continue on his way.

In Taoist tradition Master Kung's action is known as Wu Wei. His action did not disturb the Natural order of things. Master Kung went with the flow instead of swimming against the current. Now, don't misunderstand, this does not mean to turn the cheek by becoming a



Crystal is a personification of the Taoist tradition of Wu Wei. She is one of three all-black sisters who have been at the Cumberland Valley Animal Shelter the longest. They came in when they were kittens in June 2018 and are still here. They live together in a multi-cat playroom and hope to be able to find their forever homes soon. Looking to earn good Karma? Then consider adopting Crystal. For more information visit [www.cvas-pets.org](http://www.cvas-pets.org).

doormat as a reaction to events. Wu Wei means being proactive in Life, following the Natural order of the Universe, and solving problems by not creating them in the first place. In other words, in relation to the above parable, by not forcing one's way past the horse!

I believe that the concept of Wu Wei is crucial for learning to live a good life but is very difficult for Americans to understand. In our action-oriented culture, doing nothing sounds like laziness, idleness, and a little bit crazy.

However, when we learn to live and reframe our lives from a Wu Wei perspective, we learn to wait and observe. We see the external world more clearly, make wiser choices, and stop making waves in our own lives! This concept helps us to manage the realities of living in this 21st century, modern-day life.

By not-acting, by not-making-waves, we can conserve our Qi (Universal Lifeorce) so that we can expend it when the moment

is right. Wu wei is NOT about being a doormat or being slothful. It is about self-preservation and being ready for the proper moment to act!

*Tao Te Ching, Chapter 37*

*The Tao never does anything, yet through it all things are done.*

*If powerful men and women could center themselves in it, the whole world would be transformed by itself, in its natural rhythms.*

*People would be content with their simple, everyday lives, in harmony, and free of desire.*

*When there is no desire, all things are at peace.*

Renee Lehman is a licensed acupuncturist, physical therapist, with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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**Linda Stultz**  
Certified Fitness Trainer

Spring cleanup is just around the corner. Cleaning up the yard or spring cleaning the house can cause achy muscles if you don't prepare for it. Stretching is a good way to prevent getting sore, achy muscles after a long day of hard work. We always hear that stretching before and after your workout is advisable. Some people believe and practice this and some don't.

Hopefully you kept your workout going through the winter and your muscles and body are ready for the work ahead. Spring cleanup can present a whole different kind of challenge to your muscles. I had someone tell me he didn't need to lift weights because he carried lumber and materials for his job all day. He thought that was working his muscles enough but after he started lifting and doing cardio he realized it was a completely different way of working your body. I know some jobs challenge your muscles and body more than others but exercising is another way of moving and using your muscles.

Cardio is a good way to improve endurance to be prepared for the long days of yard cleanup. Cardio exercise for endurance can consist of a long walk, a jog or a challenge of combining both in intervals. Depending on your level of exercising can determine what

you will do. People just starting out should talk to your doctor if you have conditions or questions that may require special guidance through your exercise program. Starting slow is usually the best way to go. Start with a walk that is challenging but doesn't completely exhaust you. You should be a little tired when you finish but after a few times you will be ready to add time and distance to your walk. Changing the route you take is also advisable to keep your body guessing as to what you will challenge it with next. Your muscles have memory, so if you walk or do the exact same thing each time your body will become conditioned for that and will not advance in strength or endurance as much as if you change things up a little.

Weight lifting is another way to improve strength, endurance, energy and overall better condition. This, like any other exercise, should be approved by your doctor if you have any condition that may limit or change the way you need to proceed. Most people can start slow and work up as the exercises become easier. Proper form and amount of weight is very important when you are starting out. Receiving instruction from a trainer is a good way to get started. Asking a friend that has been lifting for a while and working out with them is another way to get started, just remember that what

works or is OK for one person may not be advisable for you. Listen to your body and don't push yourself too hard if something doesn't feel right to you. Starting slow and adding a few repetitions or a small amount of weight when it seems to be getting easier is the way to increase endurance and strength in your muscles. Bodybuilding is a completely different process and should definitely be guided by a professional. Some people think because you lift weights that you need to lift a lot of weight or work up to lifting more weight as quickly as possible and that is not the way strength and conditioning training works.

All that I have suggested is building you up to be better able to do the spring work that awaits you. One more component is necessary to get you in the best shape possible for the work ahead. Stretching is a very important part of this preparation if not the most important one for me. Raking leaves, pulling weeds, getting the stones back where they belong and adding more that were displaced from plowing snow is hard on your back, legs, arms and whole body in general. Stretching a little before you start your day is always a good way to condition your body for the days activities but it is really important before you start a day of hard work that you are not use to doing. Your muscles may not tighten up as much if you stretch them first. Stretching may definitely help at the end of the day after you have worked your body doing harder work than it is use to doing. Lifting, pushing, pulling, bending and using muscles that don't normally get used much will cause stiff, achy muscles. Taking a few minutes during the workday to stretch



may help a little. Stretching when you finish can also keep some of the aches and pains away. Applying the muscles into a deeper stretch that may make the aches and pains a little less intense. Not everyone will experience distress after a long day of spring cleanup but most will feel some discomfort and the older

we get it seems the more we feel it. I wish I could make the Spring yard and house work a little easier but since I can't I hope these suggestions will help you get the work done with as little discomfort as possible. Try to think of it as a good way to start your summer workout program. Remember to keep moving, you'll be glad you did.

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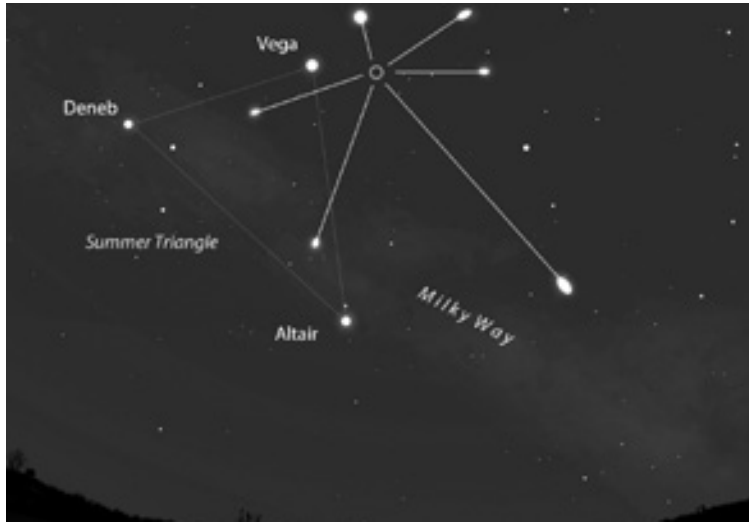
# ASTRONOMY

## The night sky of April

Professor Wayne Wooten

For April, the waning crescent moon will be just south of Venus in the dawn an hour before sunrise on April 1st. The next morning, it will be below Venus and south of fainter Mercury 30 minutes before dawn. Binoculars will help spot elusive Mercury. The New moon is April 5th, with the waxing crescent moon south of the Pleiades and Mars on the evening of April 8th. The Full Moon, the Paschal Moon following the Vernal Equinox, is on April 19th, and sets the following Sunday, April 21st, as the date for Easter this year. On April 23rd, the Waning gibbous moon is close to Jupiter in the morning sky; it passes south of Saturn two morning later. The third quarter moon is April 26th.

Mercury is low in the dawn sky all month, much harder to see than brilliant Venus above it. Their closest approach is on April 16th, with Mercury 4.3 degrees to the lower left of Venus. Venus itself is on the far side of the Sun, and drawing closer to be lost in the sun's glare next month. Mars is in Taurus in the western evening sky, and passes 6.5 degrees north of similarly colored orange giant Aldebaran on April 16th. Jupiter is in Ophiuchus, and rises about midnight in the SE in mid April. Saturn in east of the teapot of Sagittarius, and rises about



In late April, sky watchers in the Northern Hemisphere will get a view of the Lyrid meteor shower.

two hours after its larger, brighter Jovian neighbor. Both will be well placed for our summer beach gazes this year.

Yellow Capella, a giant star the same temperature and color as our much smaller Sun, dominates the northwestern sky. It is part of the pentagon on stars making up Auriga, the Charioteer (think Ben Hur). Several nice binocular Messier open clusters are found in the winter milky way here. East of Auriga, the twins, Castor and Pollux highlight the Gemini. South of Gemini, Orion is the most familiar winter constellation, dominating the southern sky at dusk. The reddish supergiant Betelgeuse marks his eastern shoulder, while blue-white supergiant Rigel stands opposite on his west knee. Just south of the belt,

hanging like a sword downward, is M-42, the Great Nebula of Orion, an outstanding binocular and telescopic stellar nursery. The bright diamond of four stars that light it up are the trapezium cluster, one of the finest sights in a telescope. In the east are the hunter's two faithful companions, Canis major and minor. Procyon is the bright star in the little dog, and rises minutes before Sirius, the brightest star in the sky. At 8 light years distance, Sirius is the closest star we can easily see with the naked eye from West Florida.

To the northeast, look for the Big Dipper rising, with the top two stars of the bowl, the pointers, giving you a line to find Polaris, the Pole Star. Look for Mizar-Alcor, a nice naked eye double star, in the bend of the big dipper's handle. Take the pointers at the front of the dipper's bowl south instead to the head of Leo, looking much like the profile of the famed Sphinx. The bright star at the Lion's heart is Regulus, the "regal star". Now take the curved handle of the Big Dipper, and follow the arc SE

to bright orange Arcturus, the brightest star of the spring sky. Recent studies of its motion link it to the Sagittarius Dwarf Galaxy, a companion of our Milky Way being tidally disrupted and spilling its stars above and below the plane of the Milky Way, much like dust falling away from a decomposing comet nucleus. So this brightest star of Bootes the Bear Driver is apparently a refugee from another galaxy!

Now spike south to Spica, the blue-white gem in Virgo rising in the SE. Virgo is home to many galaxies, as we look away from the obscuring gas and dust in the plane of the Milky Way into deep space. To the southwest of Spica is the four sided Crow, Corvus. To the ancient Greeks, Spica was associated with Persephone, daughter of Ceres, goddess of the harvest. She was abducted by her suitor Pluto, carried down to Hades (going to Hell for a honeymoon!) and when Jupiter worked out a compromise between the newlyweds and the angry mother-in-law, the agreement dictated Persephone come back to the earth's surface for six months of the year, and Mama Ceres was again placated, and the crops could grow again. As you see Spica rising in the SE, it is time to "plant your peas", and six months from now, when Spica again disappears in the sun's glare in the SW, you need to "get your corn in the crib"....so was set our calendar of planting and harvesting in antiquity. In the arms of Virgo is a rich harvest of galaxies for modern astronomers. Here is Chris Gomez' fine shot with his 8" telescope of the Virgo Cluster.

In late April, skywatchers in the Northern Hemisphere will get a view of the Lyrid meteor shower, the dusty trail of a comet with a centuries-long orbit around the

sun. The Lyrid meteors streak across the sky between April 16 and April 25, so skywatchers have a chance to see them during that window, weather permitting.

The peak of the Lyrid meteor shower will be extremely early in the morning on Monday, April 22. As with most meteor showers, the peak viewing time will be before dawn. According to Cooke, a waning gibbous moon (very close to full) will wash out all but the very brightest meteors this year during the peak, however.

The average Lyrid shower produces 15 to 20 meteors per hour; this year, the meteor shower may hit about 20 per hour. Some years, the Lyrid meteor shower intensifies and can produce up to 100 meteors per hour in what's called an "outburst," but it is difficult to predict exactly when that will happen. Although there is an average of 30 years between these outbursts, that's only an average; the actual number of years between the events varies.

Lyrid meteors will appear to radiate (the point from which the meteors appear to originate) will be high in the evening sky in the constellation Lyra to the northeast of Vega, one of the brightest stars visible in the night sky this time of year. Don't look directly toward the radiant, though, because you might miss the meteors with the longest tails.

The moon will be really favorable for them this year; it will set by the time the Lyrid radiant is high in the sky, the moon will be around first quarter, so the moon will have set by the show getting fired up after midnight. The Lyrid meteor shower is of medium brightness, but not as luminous as the famous Perseid meteor shower in August, which tends to produce more prominent trails.

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## Farmers' Almanac

*"Our Spring has come at last with the soft laughter of April suns and shadow of April showers."*  
—Byron Caldwell Smith (1849-1877)

**Mid-Atlantic Weather Watch:** Fair, colder (1, 2, 3) with light snow in the northern part of the region, rain in the south (4, 5, 6). Fair and cool (7, 8, 9) with showers, some snow in the north (10, 11, 12). Fair and cool again (13, 14, 15, 16, 17); storms (18, 19) returning to fair and cool weather (20, 21, 22, 23, 24, 25, 26). Fair and cool yet again (27, 28) with scattered storms (27, 28); fair, warmer (29, 30).

**Full Moon:** April's Full Moon will occur on Sunday, April 19th. It was called Pink Moon by many Native American tribes because of the pretty flowers as they bloom throughout the month. And because fishing typically improved during the month due to the

warmer weather, it has been called Fish Moon.

**Special Notes:** In 2019, April Fool's Day falls on Monday, April 1st. Watch out for pranks from family and friends that may be coming your way! Earth Day is observed on Monday, April 22nd. Call the Earth Day Network at 202-518-0044 or go to [www.earthday.net](http://www.earthday.net) for some interesting, fun, and easy activities that you and your family can do that will help promote a healthier relationship with Mother Earth!

**Holidays:** In 2019, Palm Sunday is April 14th, Good Friday is April 19th, and Easter Sunday is April 21st. Honor the resurrection of Jesus by attending the church of your chose.

**The Garden:** Now is the time to do some serious Spring "cleaning" in the garden. Trim back dead foliage and gather up winter's detritus, such as small branches and excess leaves. Trees and shrubs

like Azaleas, Rhododendrons, Spiraea, and Viburnums, if planted now, will provide some beautiful late Spring color. Test your underground sprinkling system by monitoring a full cycle to make sure it is still operating correctly. Inspect all sprinkler heads for cleaning, adjustment, or replacement

**The Farm:** Best for planting root crops (17, 18, 19, 24, 25); weeding and stirring the soil (9, 10); planting above-ground crops (11, 12, 20, 21); harvesting all crops (22, 23, 26, 27, 28); setting hens and incubators (13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27); slaughtering and butchering meat (5, 6, 7, 8, 9, 10, 11); transplanting (5, 6, 7, 8, 9, 1, 0, 11); the weaning of small animals and livestock (1, 2, 3, 22, 3, 24, 25, 26, 27, 28, 29, 30); harvest and store grains (1, 3, 4, 26, 27, 28, 29, 30).

**J. Gruber's Thought For Today's Living**

*"Perseverance provides more rewards than that lucky break we all are always hoping for."*

# COMPUTER Q&A

## Passwords, pins and security codes... oh my!

**Ayse Stenabaugh**  
**Jester's Computers**

### Windows Passwords & Pins

When you login to your computer you may or may not have a password. Some computers will allow you to use a fingerprint scanner and some touch screen computers will even let you touch certain areas of a picture to login instead of using a password. It is important to remember that this does NOT replace your password and you should still remember your alphanumeric password that was first created. Windows 10 now allows users to login using a 4-digit pin code – again this does not replace your password and to perform some repairs and actions within Windows your alphanumeric password will be required.

### The dangers of BIOS passwords

For added security some users enable a BIOS password which is a password stored on your motherboard that must be entered BEFORE Windows loads. If you require additional security such as this please don't make the mistake of forgetting this password! If you happen to forget this password, you are more than likely going to need to send your computer to the manufacturer to have the password removed or reset. If you don't need the additional security, we recommend removing the BIOS password entirely and using a Windows password instead!

Most Websites require passwords!

If you use email, you have a password. If you use Facebook you have a password for that too! Any website that you use that provides you access to account information or your personal data requires a password for security purposes! Often when we ask for an email password customers reply with "I don't have one". While you may not need to enter a password or login information on your personal computer (because you have allowed your web browser to save your password for you) it doesn't mean that you don't have one. If you were to login to another computer, you would be required to enter your login credentials including username (or email address) and password.

Most web browsers will give you the option to save your password so that you won't need to enter it each time you visit a website. This can be a very useful feature! Keep in mind that Firefox and Google Chrome will allow you to view saved passwords where Internet Explorer will let you save them but won't give you the ability to view them later on.

### Security & Password Resets

If you forget a password you

can usually attempt to login to the website that you are trying to access and choose the "forgot password" option. In most cases when you first setup your account you were asked to enter alternate contact information such as an email address or phone number that you are able to access. Using the information you provided, you will be given a clue (such as a partial view of the email address or phone number provided) and you will need to fill in the missing information. If you provide the proper information a reset link is emailed or a security code is sent to your cell phone (landlines will usually receive a phone call with an automated

code). Once you receive that code and enter it on the screen (or click the reset link in your email) you will be asked to create a new password. If you are resetting an email password and you receive your email on another device, you will also need to enter the new password before you will receive emails in that location.

*If you have a need for technology assistance contact Jester's Computers located at 5135 Fairfield Road at 717-642-6611 or visit us on the web at [www.jesterscomputers.com](http://www.jesterscomputers.com) or on Facebook! We are a family owned and operated computer repair shop that provides affordable and fast service!*



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# UPCOMING EVENTS

**April 3**  
Adams County Master Gardeners presents "Garden Patch Through the Seasons" at the AG Center at 670 Old Harrisburg Road. Call the toll free number 1 877 345-0691 for more information and to register for the classes.

**April 5**  
Gettysburg Collage's Empty Bowls. More than 1 in 5 senior citizens and families with children in Pennsylvania are food insecure. All proceeds benefit The Gleaning Project of South Central PA. Tickets will be sold at the door (cash and check only). For more information call 717-334-7634 or visit [www.thegleaningproject.org](http://www.thegleaningproject.org).

**April 5 & 12**  
Taneytown's St. Joseph's Annual Lenten Fish Fry Friday's. Carry-out dinners available. Menu: Choice of kettle fried Catfish or Pollack, baked Catfish or Tilapia, fried shrimp or Salmon cakes. Child plates for age 5 and under (free). St. Joseph's Par-

ish Center, 44 Frederick Street, Taneytown. For more information call 410-775-7500.

St. Francis Xavier Parish's 8th annual Lenten Fish Fry Dinners. Xavier Center, 465 Table Rock Road, Gettysburg. Dine In or Take Out. Children under 5 eat free. For more information call 717-334-4048 or visit [www.stfxcc.org](http://www.stfxcc.org).

**April 6**  
Fort Richie Spring Craft show - "It's a Spring Thing" This year because we have the building almost completely full and a lot of new and different types of vendors this year. Free Admission for all and everyone gets a free ticket to enter for our cash door prizes. For more information call 301-241-5085.

Frederick County Master Gardeners presents "Your Yard Can Help the Chesapeake! 8 Easy Steps to a Bay-Wise Certified Landscape." Encourage wildlife; control storm water

runoff; mow & water efficiently; mulch appropriately & recycle yard waste; fertilize, plant & manage yard pests wisely; and protect the waterfront. Register by calling call Lisa Strong at 301-600-3576. UME Office, 330 Montevue Lane, (off Rosemont Avenue), Frederick.

Mother Seton School HSA Kids Bingo. Win prizes such as LEGO, Nerf, hand-held electronics, crafts, puzzles, a sport camera, and more! Enter raffles for a chance to win a Nintendo Switch or a Kids Kindle. Every child receives a door prize! \$10/child includes one game card; additional cards may be bought at the door. Contact Tammy at Kids-Bingo2019@gmail.com for tickets and more information.

Gettysburg Collage's Jazz Ensemble Concert. The Jazz Ensemble is a popular ensemble for students across campus. 16-19 students are selected by audition to study myriad styles of jazz encompassing swing, Latin, fusion, bop, and American Songbook. For more information call 717-337-8200 or visit [www.gettysburgmajestic.org](http://www.gettysburgmajestic.org).

**April 7**  
ESP Performing Company presents A Spring Breakfast at St. John's Parish Hall, 16923 Sabillasville Rd. Menu: Pancakes w/ toppings bar, Sausage, bacon, coffee & OJ. Adult- \$8, Kids- \$5, 2 & under -free

**April 10**  
Emmitsburg Council of Church's Community Lenten Service. National Shrine/Basilica of Saint Elizabeth Ann Seton, 339 S. Seton Ave., Emmitsburg. Dinner 6 pm, Service 7 pm. Come for food and fellowship.

**April 12**  
Grace United Church of Christ Basket, Bags & Cash Bingo Fundraiser. Grace United Church of Christ (GUCC) is announcing a Basket, Bags, & Cash Bingo. The Bingo will be held Friday, April 12 at the Taneytown Firemen's Activities Building located at 49 Memorial Drive in Taneytown. Games feature Longaberger baskets, Coach, Michael Kors, 31 bags and ten \$50 Cash Games as prizes and include Junior and Senior Jackpot games, door prizes and 50/50 Raffles. There is limited seating so

please reserve early by calling 410-756-2898 or Joan at 410-756-2043.

The Gettysburg Choral Society presents "A Patriotic Salute!" - a concert honoring America, the land that we love. For more information call 717-476-1054.

Gettysburg Collage's Wind Symphony Masterworks Concert - the premier wind and percussion ensemble in the Sunderman Conservatory of Music. Comprised of a select group of 40-50 musicians, the ensemble rehearses and performs some of the best new literature and wind band masterworks. For more information call 717-337-6815 or visit [www.gettysburg.edu](http://www.gettysburg.edu).

**April 12 & 13**  
Gettysburg's History Meets the Arts Show and Sale - After many years of being held off-site, the show is returning to its roots at Lord Nelson's Gallery proper in downtown Gettysburg. Painters, contemporary accoutrement makers and sculptors will show their latest works in an intimate setting at Lord Nelson's Gallery. For more information call 800-664-9797 or visit [www.historymeetsthearts.com](http://www.historymeetsthearts.com).

**April 13**  
Celebrate Earth Day and plant trees with Stream-Link Education! For more information visit [www.streamlinkededucation.org](http://www.streamlinkededucation.org).

Gettysburg College Spring Choral Concert - This spring choral concert features the College Choir, Concert Choir, Audeamus, and Camerata. For more information call 717-337-6815 or visit [www.gettysburg.edu](http://www.gettysburg.edu).

**April 14**  
Gettysburg Collages' Symphony Band Concert, featuring a mix of students and other performers from the college and greater Gettysburg area. For more information call 717-337-6815 or visit [www.gettysburg.edu](http://www.gettysburg.edu).

**April 15**  
2019 Frederick Reads presents acclaimed author Cristina Henríquez author of the widely acclaimed novel "The Book of Unknown Americans." In her Frederick Reads presentation, Henríquez will speak about identity and the immigrant experience. To reserve tickets, visit [weinbergcenter.org](http://weinbergcenter.org). Tickets are also available by visiting the box office at

**KAWALITY KLEAN**  
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**BINGO!**  
Choose When You Want To Play!  
**THURSDAY NIGHTS**  
Great Food! Huge Jackpot!  
Doors Open @ 5:30 PM  
Bingo Starts @ 6:45 PM

**FAIRFIELD FIRE & EMS**  
Follow Rt. 116 To Fairfield  
Turn Onto J. Harry Kane Blvd.

**TWILIGHT BINGO**  
1st Friday Of Every Month!  
Food! 3 Jackpots! Larger Payouts!  
Doors open @ 5:30 PM  
Bingo starts @ 8 PM

16 W. Main St. (Rear) • Fairfield, PA

Your Local Firearms & Archery Dealer with the **LOWEST PRICES** in the Area!

**All Guns ONLY \$25 Over Dealer Cost!**  
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\* Includes all guns in stock and special order guns.

Muzzleloaders, Shot Guns, Rifles, Handguns, ARs, AKs, Ammo, Hunting Accessories and so much more!

Gun Cleaning and Small Repairs Available

**Store Hours:**  
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**Thurmont GREEN FEST**

Nature Crafts, Face Painting, Games & Stories

Learn How To: Compost, Recycle, Plant a Tree and Native Wildflowers

Green Energy! Information for your Home to save Money

RAFFLES! WIN! Rain Barrel, Eco Bags, Nature Photos, Water Bottles

FREE: Electronics Recycling

GoGreen pick up for used clothing & household items

**MUSIC & FOOD!**

**SATURDAY, APRIL 13, 2019**

**10 am - 2pm**

**THURMONT REGIONAL LIBRARY**  
76 E. Moser Rd, Thurmont

Sponsored by: The Thurmont Regional Library, Town of Thurmont & the Thurmont Green Team

Thurmont Green Team  
*Sustainability. Gateway to the Future!*

For Information:  
301-600-7212 or 301-667-2700  
email [ThurmontGreen@gmail.com](mailto:ThurmontGreen@gmail.com)

**The 2019 Thurmont Main Street Farmers Market Season Is Just Around The Corner!**

Now taking vendor applications for the 2019 Farmers Market Season.

The market runs every Saturday from June 22 through September 21.

Contact Vickie Grinder at: [vggrinder@thurmontstaff.com](mailto:vggrinder@thurmontstaff.com) or call: **240-626-9980**

[Thurmontmainstreet.com](http://Thurmontmainstreet.com)

You don't need to have a farm or be a farmer to participate! If you have a garden and want to make some extra cash this summer, be a vendor at the Farmers Market!

# UPCOMING EVENTS

20 West Patrick Street or calling 301-600-2828.

**April 16**  
Mother Seton School Tiny Tots Spring Program. It's a Spring Thing! Enjoy spring-themed activities, like making a kite, storytime, and crafts. Free. Ages 2-5. RSVP to Laurie Szukalski at admissions@mothersetonschool.org or call 301-447-3165.

The Gettysburg Historical Society presents The Horner Farmstead. Learn the 200 year history of the Historic Horner Farm, presented by fifth generation owner, John Horner. In 1802, Alexander Horner purchased 440 acres near the Mason Dixon Road, Cumberland Township. Eventually Alexander built a 2-story brick Federal Style home, along with a uniquely sized barn and out buildings. Find out what was so unique about the Horner bank barn. For more information call 717-339-9047.

**April 19**  
Joanna Pascale Quartet performance at Gettysburg Area High School as the final concert in the GCCA 75th Anniversary Concert Season. Tickets are available at the door for \$20; children and college students with ID are free. For more information call 334-7776 or visit www.gettysburgcca.org.

**April 20**  
Fort Richie Easter Egg Hunt, bounce houses, barrel cart rides,

pictures with the Easter Bunny and More! The Easter Egg hunt is open to the public and is for kids 12 and under. For more information call 301-241-5085.

**April 27**  
9th Annual Gettysburg North-South Marathon - run against the setting of a landmark battle of the Civil War, the battle of Gettysburg. The soldiers of the North and South fought on the roads and fields of Gettys-

burg, Pennsylvania in the summer of 1863 in the Civil War's most famous battle, a historic event that symbolized the breach between North and South, marking the turning point of the war and the return to a single United States of America. For more information call 866-329-9382 or visit www.gettysburgnorth-southmarathon.com.

Thurmont area businesses will be showcasing their products, services, and innovations. For more informa-

tion call 240-626-9980.

Gettysburg College Symphony Orchestra Concert. The orchestra performs a wide variety of works that reflect both the high

performance standards at the Sunderman Conservatory and the orchestra's place within the broader liberal arts community of Gettysburg College.



**Fort Ritchie COMMUNITY CENTER**  
14421 Lake Royer Drive, Cascade, MD • 301-241-5085  
www.thefrcc.org

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**SPRING TRAINING SPECIAL**  
Receive 10- FREE FITNESS CLASSES  
when you sign up for an annual membership during APRIL!

**UPCOMING EVENTS**

**April 6 - SPRING CRAFT BAZAAR - 9 a.m. - 3 p.m.**  
*Don't miss our First Show of the season!*

**April 20 - EASTER EGG HUNT**  
Sponsored by SGI SPECIALTY GRANULES INC.  
*Magic Show, Prizes and Games*

**April 27 - Teen Summit - 10 a.m. - 3 p.m.**  
Sponsored in part by the Rural Maryland Council

**May 4 - BASS FISHING TOURNAMENT**  
Sponsored by Cobblestone Hotel & Suites  
*Adult and Youth Divisions / Cash and Door Prizes*

**Summer Camp Registration is underway!**  
Please visit [www.thefrcc.org](http://www.thefrcc.org) for the complete calendar and camp registration packet.  
For more information or to purchase tickets for events call 301-241-5085 or visit [www.thefrcc.org](http://www.thefrcc.org)

*Celebrating 10 Years of Service 2008-2018*

**THURMONT'S 1ST ANNUAL "GATEWAY TO THE CURE" GOLF CLASSIC**  
Friday June 21, 2019  
Benefit: FMH Hurwitz Breast Cancer Fund

**\$75 per golfer**  
Includes: 18-holes of Golf, Cart, Goodie Bag, Catered Lunch, and Awards  
\*There is a \$2.50 registration fee through "Event Caddy"

**Tickets available for:**  
Raffles, Mulligans, Powerballs, & other FUN Competitions!  
\*Sold Day of Tournament



**4-Person Scramble**

**1st Place - \$300**  
**2nd Place - \$200**  
**3rd Place - \$100**

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**MAPLE RUN GOLF CLUB**  
13610 Moser Rd. Thurmont, MD 21788

**Sponsor Opportunities**

**\$100 Level** - Business name/logo displayed at one hole on the course

**\$250 Level** - Business name/logo displayed at one hole on the course, on all advertising, and Banner at event

\* Visit [www.ThurmontMainStreet.com](http://www.ThurmontMainStreet.com) for more sponsorship and volunteer opportunities

**Schedule**

7:30 am - Check-in Opens

8:30 am - Shotgun Start

1:30 pm - Lunch & Awards @Thurmont American Legion  
Lunch provided by Bollinger's Family Restaurant

\*Deadline to sign-up: June 1st

**On-line Registration Form and Payment**  
[www.ThurmontMainStreet.com](http://www.ThurmontMainStreet.com)

Mail-in registration: GTTC c/o Missy Zook Grimes 12388 Tower Rd. Thurmont, MD 21788  
For more information contact: Missy Zook Grimes, [mzgrimes@comcast.net](mailto:mzgrimes@comcast.net) or Vickie Grinder, [vgrinder@thurmontstaff.com](mailto:vgrinder@thurmontstaff.com)



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# APRIL 21<sup>ST</sup>

Hop on in and let us make every bunny happy!

We have everything you need!

**Hams**  
Whole or Half  
Bone-In or Boneless  
Spiral Sliced



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White, Red  
**yams**  
Fresh or Canned

**Eggs**  
Great for deviled eggs! Stock up for the kids Egg Hunt!

**Cakes, Pies, Candy, Ice Cream, Rolls**

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For the perfect table setting!

**Fresh Fruits & Vegetables**

[www.ShopJubileeFoods.com](http://www.ShopJubileeFoods.com) **301-447-6688** [Jubilee515@comcast.net](mailto:Jubilee515@comcast.net)

# Elizabeth DiNunzio

## MEMORIAL 5K FUN RUN/WALK

REUNION WEEKEND • JUNE 8, 2019



### RUN THE RACE AND SUPPORT THE TRAIL!

Join us for a 5K fun run/walk in memory of Elizabeth DiNunzio, C'09. All proceeds benefit the Elizabeth DiNunzio Memorial Trail.

- » Post-race refreshments will be provided
- » T-shirts will be provided for those that pre-register
- » Enjoy prizes for age groups

**SATURDAY, JUNE 8, 2019 | 8:30 AM**

Race Day Check-In: 7:30-8:15 a.m.

Registration Fee: \$20 Individual  
\$10 Children 12 & Under

**Mount St. Mary's University**

PNC Sports Complex  
Emmitsburg, MD 21727

*Start and finish at the  
Trailhead Plaza near the tennis courts*



Register for the race at [ALUMNI.MSMARY.EDU/DINUNZIORUN2019](http://ALUMNI.MSMARY.EDU/DINUNZIORUN2019)



## COMPETE FEROCIOUSLY

Battle some of the best Division I athletes as a member of one of 22 different men's and women's Mountaineer teams.

Schedule a visit at

**[COMPETE.MSMARY.EDU](http://COMPETE.MSMARY.EDU)**