

Emmitsburg NEWS-JOURNAL

VOLUME 16, NO. 9

“EXALTING THE IMPORTANCE OF IDEAS AND INFORMATION” —EDWARD R. MURROW

SEPTEMBER 2024

MYFAIRFIELD.NET • EMMITSBURG.NET • MYTHURMONT.NET • TANEYTOWN.NET

NEWS

Two Running for Three Emmitsburg Council Seats
A seat is available for a civic resident. **Page 2**

New Liberty Township Police Chief Sworn In
Immediately upon taking his oath, Chief DeWitt began to make changes in the force. **Page 3**

Thurmont Approves Water & Sewer Rate Increases
Increase driven by need to cover costs and upcoming repairs. **Page 4**

Taneytown Dissolves Main Street Board
Rampant dysfunction cited as the main reason for dissolving the current board. **Page 5**

162nd Great Frederick Fair
There is something for kids of all ages, from 1 to 101, at the Great Frederick Fair. **Page 25**

COMMENTARY

Words From Winterbilt
Reflections on the police shooting of Sonya Massey. **Page 10**

The Bulwark
Standing up for the Rule of Law. **Page 10**

The Liberal Patriot
The “Blue Wall” matters for more than just its electoral votes. **Page 11**

ARTICLES

The Book of Days
The life & times of Arthur, Duke of Wellington. **Page 13**

Ecology
Exceptional environmental education opportunities at Strawberry Hill. **Page 14**

In The Country
Fireflies—a symphony of lights in the night. **Page 15**

Science Matters
Placebo Effect: Hidden and Powerful. **Page 16**

Gardening
Forcing fall bulbs. **Page 18**

History
The Contralto—a love story set in 1912 Emmitsburg. **Page 26**

Cooking
Recipes to ease the summer to fall transition. **Page 32**

Four Years at The Mount
On the importance of literacy in the world today. **Page 34**

Jerry Joyce becomes 27th president of the Mount

Steve Morano, Class of 2024
Gracie Smith, Class of 2027

As the start of the school year gets underway at Mount St. Mary's University, there will also be a new beginning for the administration as President Jerry Joyce starts his tenure as the 27th president of the university. Joyce, who has more than three decades of experience in higher education, will take over for President Timothy Trainor following his retirement announcement after nine years in office. Upon its founding in 1808, Mount St. Mary's, the second-oldest Catholic university in the United States, will now be led by Joyce.

In his last role as Executive Vice President of DeSales University in Center Valley, Pennsylvania, President Joyce oversaw the development and growth of the school while serving in many roles regarding student life and the development of the academic curriculum. Having such experience, when asked about his transition to the Mount, President Joyce described it as “seamless”. He accounts for the community's hospitality towards him and his family during his tran-

sition as President, but especially dotes on former President Trainor when he says, “It could be a little intimidating to say, ‘How am I gonna follow this guy, who is revered on campus,’” Joyce continues, “He actually made the transition really easy for me”.

Being the President of the second-oldest Catholic university holds an admirable title. That said, President Joyce describes this as being an “awesome responsibility” and a wonderful opportunity to be blessed with. He acknowledges the work that comes with being the President of such a renowned university and hopes to continue the growth of the Mount.

With every new presidency comes new things to change and some to remain. Many would be hesitant to change so many things so suddenly, so it is admirable that President Joyce plans to take a step back and better know the Mount community before establishing any impactful changes. He is committed to hearing and understanding the concerns shared among the students and staff. President Joyce is also eager to learn about what the Mount community means to



President Joyce greets students on move-in day at the Mount.

everyone and better understand our home away from home.

President Joyce continues to demonstrate his dedication to the Mount by actively reaching out to Mount students, faculty, and alumni for their stories. He is avid on hearing why we are proud of this university, what the Mount has done for us, and our overall experiences here. With this information, President Joyce wants to ensure that incoming students, current students, and all of our faculty can have the same impactful experiences. When it comes to student life, athletics, campus ministry, and

other heavily active groups of the Mount, President Joyce is determined to ensure that these groups maintain their involvement by working with each other. That is to say, all groups will work together to support one another so that everyone involved is securely knit into the Mount community.

All of this to say, the future looks bright for Mount St. Mary's as President Joyce begins his tenure. Our President is not only passionate about our university's character, but also committed to knowing the students and what makes our community special.

Fairfield set to celebrate 43rd Pippinfest

Fairfield's 43rd Annual Pippinfest is just around the corner with dates this year set for September 28th and 29th. Two new members joined the dedicated group comprising the Fairfield Borough's Pippinfest Committee which spends months planning and organizing the festival. Organization typically starts in February and really kicks in during the month of June when Committee members begin setting the schedule, booking entertainment and arranging for infrastructure needs.

Dating back to 1980, the Pippinfest festival holds its roots firmly in community togetherness. The festival was started as a way to promote local non-profits, which has been a continued tradition ever since. As a way to bring townspeople together, in 1980 Inn owner David Thomas invited local clubs and school groups to participate in a community-wide celebration of the apple harvest. As a small town with a strong sense of community, the citizens of Fairfield were eager to support the idea, and an all-day street festival was planned.

To this day, local Scout troops, high school groups, churches, and social organizations gather to sell food, drinks, and other goods to help raise money for their organiza-

tions. Along with them, commercial food trucks and a wide variety of vendors including crafters and commercial retail organizations set up on the Main Street sidewalks creating a festive shopping atmosphere. Pippinfest attracts people into the community, fosters an environment of fun for everyone, and brings neighbors together. Any proceeds realized are held in reserve and can be used by the Borough for community enhancement.

Food vendors will set up at multiple locations on Main Street. New this year is a Beer Garden with entertainment and multiple beverage vendors at Mansion House 1757. The Kids Korner next to the fire hall will be open both days from 9-4 with pony rides, games, inflatable rides, and a petting zoo.

Also on both days, Stitch 'N Peace quilting guild will host a quilt show inside the Village Hall from 10 to 4. Visitors may vote for their favorite quilt, and the quilt with the most votes will be awarded “Best of Show” with its creator receiving one of this year's commemorative Pippinfest pottery pieces. The dated pottery this year is a ramen bowl, handmade by artist McKayla Small at her KilNit-Ceramics studio. To assure going home with your own 2024 work of



This year's Pippinfest will play host to a beer garden where visitors can sample a wide range of craft beers.

art, you can call the Borough office at 717-642-5640 to pre-order.

Yard sales are a feature on Saturday only with the Fairfield Fire Co. opening its parking lot to sellers for a small donation and local residents setting up at their homes. A variety of vendors will be set up on Main Street to sell hand-made crafts.

On Sunday the popular Cruise In Show and Swap Meet invites any kind of wheeled vehicle to set up and show off in the Fire Company

lot. The show attracts a wide variety of vehicles including antique autos, hot rods, rat rods, vintage race and muscle cars, & street rods.

Also on Sunday, six different bands will perform in various venues throughout the Borough, including the Beer Garden, and the Fairfield high school and middle school students will showcase a variety of Band, Show Choir, and Chamber Choir performances from 12:30 to 1:30.

Postal Customer

PRE-SORTED
STANDARD
U.S. Postage
PAID
Gettysburg, PA
Permit No. 53

EMMITSBURG NEWS

Wanted: resident for Town Council

After 15 years of service to the town, Commissioner Tim O'Donnell has decided not to seek re-election in the upcoming October election.

O'Donnell was first elected to the Town Council in 2009. In 2013, he was elected to serve as the Council's president, a position he held off and on until last year, when he failed in his bid to continue in that role as his fellow council members opted for a change of leadership and handed the presidency to Commissioner Amy Boehman.

The decision to replace O'Donnell came on the heels of his failed bid to replace former Mayor Don Biggs in last year's mayoral election, which Frank Davis won.

Over the years O'Donnell served as liaison to most of the Town's commissions and advisory boards, and currently serves as liaison to the Parks and Recreation Commission. O'Donnell, an avid cyclist, was the principal driver for the establishment and expansion of the bike trails in the town's watershed.

With O'Donnell out of the race, his seat is now up for grabs in the upcoming Town election scheduled for October 1st.

The seats currently held by

former Mayor and now current Commissioner Jim Hoover and Commissioner Cliff Sweeney are also up for grabs, but both have announced their intention to seek re-election.

Hoover was appointed to fill the remaining ten-month term of Commissioner Frank Davis by the Town Council following Davis' election last year to be the town's mayor. This was the second time Hoover has stepped forward to fill a vacant seat on the Council. The first time was in 2013 following the resignation of then Commissioner Glenn Blanchard.

In addition to "pitch hitting" as commissioner in 2013, Hoover previously served as a Town commissioner from 1998 until 2002 and as mayor from 2002 until 2011 when Hoover lost his bid for a third term to former Mayor Don Briggs.

During his term as mayor, Hoover focused his efforts on making the Town staff more responsible to the residents of the town and overhauling and rightsizing of the Town's finances. Hoover currently serves as the Council Vice President. As Vice President, he has taken on the role of both statesman and mediator, working to find common ground to resolve

many of the complex problems the Town is currently facing.

Sweeney has served on the Town Council for 29 years, making him the longest serving council member in the Town's history. Sweeney, who lost his bid to remain as the Town's treasurer to the newly elected Commissioner Valerie Turnquist, is the only member of the current Council who, contrary to long standing tradition, is not serving as a liaison to any of the Town's many committees. In declining to serve as liaison, Sweeney said he spent his free time working with other non-government related organizations that he belonged to.

Individuals who wish to vie for one of the open seats on the Town Council must file a written application for candidacy with the town clerk no later than August 30 in order to appear on the ballots. Potential candidates who fail to file by the deadline can file to run as a write-in candidate.

Candidates must have resided in Emmitsburg for at least 30 days and be qualified voters. Commission members are compensated \$4,000 annually. Candidates elected will be sworn-in and assume their position on the Town Council on October 7.

Emmitsburg
NEWS-JOURNAL

P.O. Box 543
Emmitsburg, Maryland 21727

301-471-3306

www.emmitsburg.com

Emmitsburg.net, Taneytown.net, Woodsboro.net
Mythurmout.net, Myfairfield.net, & Walkersville.net

Covering the news, events, history; and culture of the Historic Toms Creek Hundred geographical area: Emmitsburg, Zora, Carroll Valley, Fairfield, Greenmont, Harney, Rocky Ridge, Detour, St. Anthony's, Zentz Mill, Taneytown and Thurmont. The Emmitsburg News-Journal is published the first day of every month by Toms Creek Hundred LLC.

Senior Advisors:

Eric Glass, Taney Corporation
Greg Reaver, Emmitsburg Glass

Executive Editor: Michael Hillman, editor@emmitsburg.com

Managing Editor: Dolores Hans

Assistant Editor: Devin Owen

'Does It Make Sense' Editor: Katie Wherley

English Editor: Rachel Sheehan

News Reporters:

Emmitsburg - Jamie Kahl
Fairfield & Carroll Valley - Alex Hayes
Thurmont - Tara Hayes
Taneytown - Jamie Kahl

Graphic Design and Layout: Brian Barth, timebombstudios.com

Advertising: Sharon Graham, advertising@emmitsburg.com

Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. box 543, Emmitsburg, MD 21727, or by email to editor@emmitsburg.com.

Town joins County's Block Grant program

In a vote of five to one, the Town Council approved an agreement to collaborate with Frederick County in the Community Development Block Grant (CDBG) program. The primary objective for the program, as described on the Maryland Department of Housing and Community Development website, is "to develop viable communities, provide decent housing and a suitable living environment, and to expand economic opportunities, principally for persons of low and moderate income."

The program consists of two parts: the Entitlement Program and the States and Small Cit-

ies Program. The Entitlement Program receives approximately 70% of the federal funding and gives the money to large metropolitan communities. The States and Small Cities Program is aptly named, providing federal funding to states (who then give funding to counties, small cities and towns. This program receives the remaining 30% of funds.

The program provides annual grants on a formula basis to entitled cities and urban counties. By joining Frederick County, Emmitsburg will receive an estimated annual allocation of \$77,000 from the County's estimated \$700,000 funds without

going through the competitive process at the state level. The rest of the funds are divided among participating municipalities.

Under Frederick Counties "umbrella," the Town will not need to complete any of the application process because the County does all the administration requirements. All the Town will need to do is submit project summaries and ensure all projects conform to HUD's program requirements. However, a negative to joining Frederick County is that Emmitsburg will be unable to apply for any CDBG grants for the duration of the required three-year commitment. If the Town wishes to drop out of the program at the end of the three-year term, it may do so and can continue with the full and highly competitive state process.

Susan Brown, the Director of Operations for the Division of Housing, confirmed that Emmitsburg has applied in the

past and, while they have been granted funding, there have been times when they were denied.

Town Manager Cathy Willets said the last CDBG grant the Town applied for was \$800,000 and they were denied the funds because of the competitive nature of the program. The Town intended on using the funding for the Green Street and waterline projects. The grant money can be used for projects such as infrastructure improvements to include water and sewer needs, sidewalk repair and the purchase of blighted land for repurposing."

Commissioner Jim Hoover asked what would happen to the Town's portion of funding if they did not have any projects "in the pipeline." Devin Peart, Frederick County's Government Relations Associate, confirmed that without an available project, the money would be moved to a municipality that could use it. "You would voluntarily relin-

quish those funds if you didn't have a project," he said. However, the funds could be rolled over, meaning if another municipality was not ready to begin a project, the funding could be passed to Emmitsburg and then roles could reverse the following year.

Commissioner Tim O'Donnell asked if the funding could be utilized to subsidize housing concerns, such as the manufacture of new homes, so costs are reduced for consumers. "I'm trying to make sure we can address the needs of our young people with steady jobs and create housing within their means to purchase," he said.

Brown said "Home Funds" were a possibility for use of CDBG funding and would address O'Donnell's concerns. These funds are different from basic CDBG funding and although information is minimal at this time, Brown described them as being useful for buyer assistance, housing rehabilitation, rental house production, and tenant based rental assistance.

Commissioner Valerie Turnquist pointed out the restrictive nature of joining Frederick County, stating, "It does seem to tie our hands with applying for other grants." However, Brown said the Town could still apply for other grants that were not CDBG grants.

The Council approved the collaboration and will be following Frederick County's lead in the process.

**TOWN OF EMMITSBURG
ELECTION DAY
TUESDAY
October 1
22 East Main Street
7 a.m. – 8 p.m.**

The last day to register to vote with Frederick County is August 30.

Registration applications can be obtained at the Town Office located at 300A South Seton Avenue Emmitsburg, Maryland or by visiting www.elections.maryland.gov.

Candidates must file written application for candidacy and their Financial Disclosures with the Town Clerk no later than August 30 at 4 p.m.

All candidates will be posted on the Town bulletin board in alphabetical order.

The write-in deadline is September 23 at noon.

Three commissioner seats are up for election.

For more information visit www.emmitsburgmd.gov or call the Town Office at 301-600-6300.



**A Proud Sponsor Of
The Emmitsburg News-Journal**

www.emmitsburgglass.com 301-447-2245

FAIRFIELD/CARROLL VALLEY NEWS

Liberty Township Police Chief starts strong

Liberty Township Police Department's new officer-in-charge is making changes to his force. Officer Terry DeWitt, who was hired last month, presented several motions to the supervisors during their August meeting and received unanimous support from the board.

DeWitt asked for new uniform patches at a total cost of \$250. Supervisor Chairman Walter "Mickey" Barlow said the new patches resemble a design the department has used in the past.

The board also unanimously approved DeWitt's recommenda-

tion to hire two part-time officers. Jonathan Harvey and Ryan Morris will be paid \$23.92 per hour, Barlow said. DeWitt said he hopes to recruit additional part-time officers so all available shifts are covered.

Liberty Township Police Department also provides part-time coverage to Freedom and Highland Townships. DeWitt hopes to increase communication with residents by launching a department Facebook page. Officers will use the page to post educational materials and police blotters, DeWitt said.

He stressed the page will be a one-

way communication tool so residents should not use it when they need police assistance. Residents should always call 9-1-1 when facing an emergency. On-duty officers needed for non-emergency situations can be reached by calling 717-334-8101.

DeWitt said public information is important, especially as scammers increasingly prey on vulnerable citizens. DeWitt advised citizens not to release personal information to unsolicited callers.

While citizens should ignore odd phone calls, they should pay extra

attention to roadworkers directing traffic. Barlow said drivers have been ignoring signs and cursing at contracted workers. He asked DeWitt to increase patrols around construction zones and issue violations as appropriate.

"For our residents to act the way they did to these men who are out there trying to work is absolutely appalling," he said.

Liberty officers spent 94 of the 105.5 hours they worked in July on patrol, but once in a while they must sit in the station and complete paperwork. To help

the officers be more comfortable, supervisors unanimously approved DeWitt's request for two \$99 office chairs. Barlow said it is difficult for officers to sit in the current chairs while wearing all necessary gear. Those chairs will be repurposed for the township meeting room.

DeWitt said he is applying for two grants through the Pennsylvania Commission on Crime and Delinquency. One grant, if awarded, will pay for new in-car cameras. The other will help the department fund patrol costs associated with enforcing the state's medical marijuana act.

Nine Carroll Valley lots for sale

Carroll Valley residents hoping to buy borough-owned lots need to act fast. Sealed bids for nine properties are due 11 a.m., Oct. 9.

Bidders must submit a cash, certified check, or bid bond with their bid equal to 10% of the total bid. The borough will return the money after the bidding process.

The lots for sale with public sewer available and their minimum bids are: 4 Grouse Trail (0.78 acres), \$47,000; 22 Sunshine Trail (0.87

acres), \$54,000; 19 Sunfish Trail (0.54 acres), \$45,000; 50 Crossland Trail (0.82 acres), \$40,000; 2 Elm Trail (0.57 acres), \$45,000; 39 Main Trail (0.46 acres), \$39,000; 45/47 Crossland Trail (1.36 acres), \$58,000; and 49/51 Crossland Trail (0.94 acres), \$51,000.

A lot at 68 Shirley Trail (0.52 acres) cannot connect to public sewer, but it has passed a perc. A perc test determines if a lot's soil will absorb water at the necessary rate. If

a perc test fails, a septic system cannot be installed on the property. Its minimum bid is \$44,000.

The minimum bids were determined by the appraisal value, Borough Manager Hazlett said. Councilmember Cody Gilbert questioned the reasoning, suggesting that the borough would still benefit if people bid close to the appraisal value.

Councilmember Michael Wight disagreed with Gilbert, noting that

council has a fiscal responsibility to taxpayers to receive at least the appraised value of the properties.

"If you have something that is worth a million and you can't get \$50 for it, what's it really worth," Gilbert asked.

"If it belongs to someone else, it's still worth what they think it is worth," Wight said.

Council President Richard Mathews said the council followed guidelines set forth by the Pennsylvania State Association of Boroughs. Councilmember Bruce Carr

expressed support for Gilbert's proposal, adding that selling the lots for any amount will still benefit the borough because they will collect taxes from the owners in the future. Since the borough owns them, the lots are currently off the tax rolls.

The Council has not yet announced what it will do with the money it receives from the sales. Hazlett said previously the staff hopes it will direct the money towards creating a new borough park. A special committee is exploring options for a 50-acre lot along Route 16 near Frontier BBQ.

Carroll Valley News-Briefs

Carroll Valley Okays Trash Contract Extension

Parks Garbage Service will remove trash from Carroll Valley Borough for at least one more year. During their July meeting, the council concurred to extend the current agreement, which expires March 31, 2025.

Borough Manager Dave Hazlett told the council that extending the agreement may not please some residents. Hazlett said Parks often misses homes, leading to angry calls to the borough office.

"I appreciate everything people feel," Hazlett said. "I sympathize with the frustration."

However, Hazlett said borough management does not believe other trash companies would provide better service. He also advised that the cost of Parks Garbage Service should be

considered when making a decision. Parks charges \$75.75 per quarter for weekly trash pickup, bi-weekly recycling pickup, covered device recycling drop-off, and large item pickup. Parks picks up trash for all residents in Carroll Valley and Fairfield boroughs and Freedom, Highland, Hamiltonban, and Liberty townships.

Some residents have asked the borough to stop mandating they use Parks.

"If you compare our rates

with the rates of municipalities where it is a free-for-all, you will find we in Carroll Valley have a pretty significant discount on our rates," he said.

The council agreed to a one-year extension, which gives the borough management time to explore alternatives. Marthers said she expected the neighboring municipalities to do the same.

Wild Dogs

At a resident's suggestion, bor-

ough leaders will investigate whether they can more strictly curtail dogs running through the municipality.

Paul Clark of Sunshine Trail said he was attacked by four dogs in July. Clark said he regularly walks near his home and dogs at-large are a constant problem. He has contacted the state's dog warden, who has responded, but hopes the borough can do more to prevent the problem.

Police Chief Clifford Weikert said police often respond to loose dog calls but the incidents

are usually isolated.

"It's been my experience that we haven't had too many of the same ones getting loose all the time," Weikert said.

The borough's current Code of Ordinances states it is illegal for dog owners to allow their pooch to run at large. Violation of the law allows the borough to issue fines up to \$1,000. Dogs that are a threat to the public may be killed, the law states. Hazlett and Solicitor Sam Wiser told Clark they will see if Pennsylvania law allows the borough to create stricter rules.

Village Book & Table Restaurant
 • BREAKFAST
 • LUNCH
 (Including Platters)
 29 W. Main St., Fairfield
717-642-5650
 Open 7 days a week
 Monday - Sunday
 6:30 a.m. - 2 p.m.

COLDWELL BANKER REALTY
KIM MILLS
 ABR®, SRES®, Associate Broker
 Cell: 717-752-4340 Office: 717-762-7111
 kim.mills@cbhomes.com
 kimmillshomes.com
 1814 E. Main St., Waynesboro
 Owned by a subsidiary of Realty Brokerage Group, LLC

<p>Samuel Smith Craft Beer Variety of Flavors Available</p>	<p>Vodka Ice Tea Variety PAK Available HIGH NOON</p>	<p>Tequila Seltzer Variety PAK Available HIGH NOON</p>	<p>Seagram's Escapes Variety PAK Available</p>
<p>BARTENURA WINES PRODUCT OF ITALY 4 Flavors Available 4 PAK Cans</p>	<p>BuzzBallz Have a Ball!! 6 FLAVORS AVAILABLE!</p>	<p>Goslings Dark & Stormy COCKTAILS 4 PAK Cans Ready to Drink - 4 Flavors</p>	<p>COLORI DI GIADA Wine <i>New!</i> 750 ML 8 Flavors Available</p>
<p>JACK DANIEL'S Country Cocktails Variety 12 PAK Available</p>	<p>Paul's Pit Stop DISCOUNT BEER, WINE & LIQUOR Website: m.paulspitstop.net 150 S. Seton Ave., Emmitsburg 301-447-6262 Monday - Saturday 9 a.m. - 9 p.m. Sunday 11 a.m. - 7 p.m.</p>		<p>SUN CRUISER Vodka Iced Tea Variety 4 PAK & 8 PAK Available</p>

THURMONT NEWS

Town approves water & sewer rate increases

At the Aug. 6th meeting, residents were welcomed to comment on the pending ordinance to increase the water and sewer rates by 15%. The Town Council is expected to vote on the rate increases at the Aug. 20th meeting.

Dan Twigg, the only one to speak at public comment, is not a resident of Thurmont but is on Thurmont water and owns property in Thurmont. His main concern is additional increases in the future once the Town begins eliminating the perfluoroalkyl substances (PFAS), perfluorooctane sulfonate (PFOS), and other related compounds in the Town's water system. Twigg fears the Town will not have enough funds to complete the project, leading to additional rate increases in the future. "I would much rather, I hate to say it, 'bite the bullet' now instead of looking two years down the road and saying 'Okay, we got another 15% increase'

smacks us in the face because we didn't prepare," Twigg said.

Mayor John Kinnaird confirmed that the current rate increases have nothing to do with the PFAS chemicals in Thurmont's groundwater. He went on to assure those in attendance that the Town expects to receive 2.7 million dollars in funding from the State that will go toward eliminating the PFAS chemicals. While the funding is a loan, it could be forgiven, according to Kinnaird.

"I don't believe we're going to look at any rate increases within the next year or so to address that particular issue," Kinnaird said, referring to the PFAS issue. "But we may well be looking at additional rate increases in coming years because we'll be at a flat plane, and we will not be getting money that we can set aside for future projects unless we do another increase." Town Manager Jim Humerick said at a pre-

vious meeting that the expected 15% increase will cover daily operations but will not cover special projects.

Kinnaird went on to explain that the Town is working to find additional funding for the process of eliminating the PFAS chemicals, including a class action lawsuit, state funds, etc. He also said that he's "pretty confident" that the state and federal government will be providing additional money to help communities across the U.S. whose water systems are impacted by PFAS chemicals.

Currently, in town water rates are \$6.65 per 1,000 gallons plus a \$10 base fee and out of town rates are \$9.98 per 1,000 gallons plus a \$15 base fee. If the 15% increase is approved, these rates could change to \$7.65 per 1,000 gallons with a \$11.50 base fee and \$11.48 per 1,000 gallons with a \$17.25 base fee, respectively.

Sewer rates would remain on a

tiered system based on usage. "We have talked about looking at a tiered rate for water, but we're not to that point yet and we'll have to revisit that at some point in the future," Humerick said. In town sewer rates for up to 3,000 gallons would cost \$69, a \$9 increase.

The new tier costs for in town sewer rates include:

- 3,001-8,000 gallons: \$10.35/1,000 gallons – (currently \$9)
- 8,001-13,000 gallons: \$10.65/1,000 gallons – (currently \$9.25)
- 13,001-18,000 gallons: \$10.95/1,000 gallons – (currently \$9.50)
- 18,001-23,000 gallons: \$11.25/1,000 gallons – (currently \$9.75)
- 23,001+ gallons: \$11.50/1,000 gallons – (currently \$10)
- The out-of-town sewer rates con-

tinue at a 50% premium. The current rate for up to 3,000 gallons is \$90 but will be \$103.50 if the ordinance is passed. The following tiers could be:

- 3,001-8,000 gallons: \$15.55/1,000 gallons – (currently \$13.50 per)
- 8,001-13,000 gallons: \$16/1,000 gallons – (currently \$13.88)
- 13,001-18,000 gallons: \$16.40/1,000 gallons – (currently \$14.25)
- 18,001-23,000 gallons: \$16.85/1,000 gallons – (currently \$14.63)
- 23,001+ gallons: \$17.25/1,000 gallons – (currently \$15)

At a previous meeting, Kinnaird explained that the sewer, or wastewater, rate is based on a household's water consumption. Humerick added that, for the few residents who don't have town water, their sewer usage is determined by a meter in their wells.

Work on Frank Bentz Pond set to begin

The long-awaited channel reconstruction of Frank Bentz Pond, a historic site with deep roots in Thurmont's community, is set to begin next spring, marking a major transformation for the area.

According to Perry Otwell, Director of Engineering and Construction at the Maryland Department of Natural Resources (DNR), the channel reconstruction is expected to take 12-18 months, depending on weather conditions. The project involves removing the old dam completely while also installing a new park area for residents.

Efforts to repair the dam in 2010 were unsuccessful. Otwell stated that constructing a new dam was deemed "ridiculously expensive," leading the state to opt for its removal due to safety concerns. "It's outlived its lifetime," Otwell said.

Commissioner Bill Blakeslee expressed concerns about potential flooding after the dam is dismantled. Otwell assured that the dam's removal would not affect water flow. "The dam diverts it but doesn't stop it," he said. The new channel design will include a step pool system to slow water flow and reduce erosion, poten-

tially lowering the floodplain.

"I feel for those people who live down along this creek," Blakeslee said, "I just don't know what to tell them." Otwell said that he "truly" believes residents along the creek will benefit long-term. "I think the dam probably caused more issues than it prevented," he said. Otwell went on to explain that the flood plain used to reach the houses across the street from Hunting Creek but will be reduced after the channel reconstruction.

The project is also expected to improve fishing at Hunting Creek by restoring natural habitats and allow-

ing trout and other fish to move upstream. Otwell explained that the higher temperature of the pond and its shallow waters dampers fish reproduction, both of which will be fixed with the new design.

Otwell also addressed concerns about silt settlement, explaining that the natural flow of the creek would prevent the buildup of silt in the pond in the future, preventing the water level from decreasing over time.

The pond's beginnings date back to 1908 when a group of businessmen created the Electric Light and Power Co. Two years later, the pond was

built by damming Hunting Creek. Water from the creek was routed to generators sitting in the current location of the town office.

In 1920, the Town officially formed its own electric company, known as the Thurmont Municipal Light Company. The Town has purchased power wholesale and sold it to residents since then.

In 1955, the pond was sold to the Department of Natural Resources, about one year after the death of the pond's namesake, Frank Bentz Sr. Bentz was the public relations director for the Game and Inland Fish Commission and he had helped to restore the pond shortly before his death.

Town joins County grant program

The Town of Thurmont voted to join Frederick County's Community Development Block Grant (CDBG), guaranteeing funding for fiscal years 2025, 2026 and 2027.

The CDBG Program is a federally funded program managed by the U.S. Department of Housing and Urban Development (HUD) designed to assist County and Municipal Governments with activities that are directed toward the enhancement of neighborhoods, housing opportunities, economic development and improvement of public facilities and services. HUD allocates funding based on three factors: population, people in poverty and the number of overcrowded units, including rentals, and number of homeowners.

Devin Peart, Frederick County's local government relations associate, expects Thurmont to receive \$148,000 for their annual base allocation from Frederick County's expected grant total of \$700,000, which will then be divided amongst its municipalities. Frederick County will determine allocations based on criteria similar to HUD's. Unlike previous years, the County will also be distributing the unincorporated allocation amongst the participating municipalities in order to reach their infrastructure and housing goals.

"The big advantage that we see in this process is that your municipality will

not have the administrative burden of applying with the state program, needing only to submit project summaries to the County for compliance purposes and working with the County for our reporting needs to HUD," Peart said.

"Additionally, this funding stream is guaranteed annually, and it will make planning and budgeting easier for your municipality."

Town Manager Jim Humerick explained how cumbersome some grant applications can be, reminding the Council that none of that funding is guaranteed. The Town had applied directly to CBDG in the past but was not successful in winning grant funds.

"It can take 40-hours plus to complete a CDBG grant when you're applying at

the state level to the DHCD [Department of Housing and Community Development]. As much as we love the DHCD, and we do, that's a lot of work to be told no," Economic Development Manager Vickie Grinder said.

Mayor John Kinnaird asked about the process for any unused funds within each municipality. Director of Operations for the Division of Housing, Susan Brown, clarified that if a municipality doesn't use all of its funds, another municipality can request those funds be reallocated to their project.

Peart said the funding can be used for property acquisition, relocation, demolition, public infrastructure, facilities. Humerick explained that the criteria are set to ensure that the projects

the Town chooses meets the goals of the County and the Grant. Brown explained that's the reason they require the scope of the project be reviewed before the Town begins.

While the Town will be committed to the program for three fiscal years, it can decide to rejoin the program or to drop out once that period is over.

Tracy's TNT Tag 'n Title
36 Frederick Rd., Thurmont
301-271-2617



Immediate tags, stickers, temp tags, tag returns ...and MORE!!
Mon., Wed. & Fri. - 10 a.m.-5 p.m.
Tues. & Thurs., - 11 a.m.-5 p.m. Sat. - Call set up appointment

THE FURNACE
HOT CRABS COLD BEER
Grill & Crab House
240-288-8942
Sun. 12 - 8 p.m. ~ Tues., Wed., Thurs. 3 - 9 p.m.
Fri. & Sat. 12 - 9 p.m.
Closed Monday

Delicious Steamed SHRIMP & CRAB LEGS!
Crabs available by the dozen, half bushel & bushel in season!
A.Y.C.E. EVERYDAY!
Call For Pricing!
Tuesday - 80¢ Wings & Yeungs!
Wednesday - Appetizer Specials!
12841 Catoclin Furnace Rd., Thurmont

TANEYTOWN NEWS

City's Main Street Board dissolved

After complaints of lack of leadership, incomplete financial records, and poor communication, the Taneytown City Council voted to dissolve the Main Street Taneytown Board of Directors for the second time in three years.

Taneytown has been a Main Street community since 2002. However, nothing was put in code until 2021. The recently-dissolved board was appointed in December 2022 after the previous one was dissolved. It held one meeting in early 2023 and has no activity since then.

When asked his opinion on the Board's ability to function, City Manager Jim Wieprecht explained, "When I spoke one-on-one with the Board members, they all get it. However, when everyone is together, they just don't gel."

Councilman Christopher Tillman, who is also a business owner on Main Street, described the Board as having, "a great deal of dysfunction and ranker among the members of the board and the Main Street Manager Jay Meashey. This is not functioning the way the program envisions it to function. Members have tried."

Tillman said he spoke with Chris-

tine McPherson, director of the Main Street Maryland program, and learned the program has many requirements to be considered a member of the Main Street program. These include year-end reports outlining the board's financial history and the signing of an agreement between the City and the Department of Housing and Community Development (DHCD).

Tillman said he struggled to acquire Main Street Taneytown's financial records.

Tillman said McPherson informed him that the program has a specialist available to aid any board that requests help. However, Tillman stated that the Main Street Manager reported no one was available to help the board, yet McPherson told Tillman that a request was never made in the first place.

Another frustration for board members involved a training session that the Main Street Maryland Program requires during the first year of a member's term of service.

Sharon Tillman, promotions chair of Main Street Taneytown, was adamant that none of the members were

ever informed of the meeting requirement. Meashey claimed he talked about the training many times during the recorded meetings.

Residents pushed for a "win-win situation," hoping council and the board could work out their differences. Paul Kluth, a Main Street business owner and resident, encouraged the Council to look at the big picture.

Mark Stephenson, whose wife Stephanie recently resigned from her position as chair of the Clean-Green and Safe Committee, blamed city council and for their lack of leadership and communication. He also questioned the ethics surrounding the lack of transparency with the financial statements.

When Miller asked Wieprecht if the Main Street Program has found the financials of Taneytown's Board to be accurate, he replied that the submitted reports were broad but did check out.

The Main Street chapter in the City's code was left 'open ended' so the board could create their own operating procedures with guidelines from the City according to Wieprecht.

"Maybe that was asking too much," he said. He suggested adding 'guard rails'

to the board's guidelines to help them find their way more easily in the future.

Meashey added, "When we wrote the ordinance we were responding to a desire for grassroots as opposed to top-down bureaucracy and we ended up not providing enough direction."

Miller said he felt "there was a lack of vision and direction and suggested repealing the code and the Council would make the bylaws for the Board." Tillman disagreed, he felt that the city should allow the Board the freedom to structure the program as they see fit to produce the results they are after.

"If this is truly a grassroots organization then the direction should come from the businesses and the interested parties, not from the city," he said.

Tillman's opinion was to dissolve the current Board and address the issues at the city code level before trying to rebuild it.

Another frustration for the Main Street Board is the future of the Taneytown Record, a now defunct newsletter that was run by the city. When the Board was reinstated in 2022, one of its goals set by the city was to re-establish something in its stead.

Councilwoman Judith Fuller was adamant that the Taneytown Record

replacement and whatever the Main Street Board decided to put out should be two separate things.

The Council decided the best option at this time is to create a newsletter with important events and information and consider doing something more substantial down the road.

Throughout the meeting, council members debated whether to repeal the entire ordinance that focuses on the Main Street Board or to simply dissolve the board and start over.

Mayor Pro Tem James McCarron was concerned that by just doing away with the board it, "would be put on a back burner somewhere and be forgotten." However, he felt a 90-day period to create answers may not be enough.

City Manager Jim Wieprecht agreed with McCarron and offered to begin working with the Department of Housing and Community Development (DHCD) to create a plan for a newly assembled Board within the 90-day time limit.

The Council approved an emergency repeal of the Board at a vote of 4-1 with Tillman the dissenting vote. The Council decided to hold at least one workshop dedicated to this topic with public input in the future.

Comprehensive Plan review kicked off

The Planning Commission held a kickoff meeting to begin work on the City's Comprehensive Plan. The Plan is a long-term project that is reviewed and updated, if necessary, every ten years. It is an essential document that outlines the current condition of the City's various elements, such as topography, resources and benefits, and includes future goals and aspirations as well.

Arro Consulting has been brought into the fold to aid the Commission in the process of building the Plan. Craig Kologie, a senior planner at the firm, asked the Commission to consider where the City is now, where they want to go and how they plan on getting there. He asked them to consider what policies need to be formulated and strategies implemented to achieve these goals. He also pointed out that the Comprehensive Plan is a good tool for the Capital Improvement Program, allowing the City to determine priori-

ties for funding which will aid in applying for grants.

Kologie recommended breaking the Plan development into four stages. Phase one is research and analysis, which includes surveying the residents and key community members, such as the city planner, department heads and other influential city members. One of the key questions the surveys will ask is: What key aspects do the residents like about their town? This will help guide the Commission as to what direction the Comprehensive Plan should take moving forward. Phase one is estimated to take around three months.

Phase two will delve into the 2010 Comprehensive Plan and collect background information for demographics, population, basic traffic information and other items of that nature. It will revisit the existing Plan's goals and objectives to see what is still relevant and what will need to be modified.

Phase three is a six-to-eight-month process where goals and objectives are developed utilizing information from the phase one surveys and interviews. This phase will end in a draft that will be presented for public review and comment.

Phase four is the legal process and adoption of the Comprehensive Plan. "We want to create a living document that is working with the various cycles of projects within the City," said Kologie, "This will be a document that can live and breathe with the ever-changing priorities and goals of the City." Overall the Plan is considered to be a multi-year project.

Kologie noted that traffic issues, differing opinions on development and growth and the future of the historic Main Street district seemed to be the most important issues for the Commission members.

City Council liaison, Councilman Chris Tillman, described how

the City's traffic concerns stem from backups extending from the square in the afternoons up to half a mile and even more some days. He described a recent accident that had traffic gridlocked for an hour and a half which prevented an ambulance from getting through. "It's not conducive to the kind of environment that everybody says that they want to create," said Tillman. "This is why the bypass is hugely important to me from a quality-of-life standpoint."

Member Dan Myers shared three challenges he felt the City was facing, with the most substantial being the limited future opportunities for development. He mentioned the City possibly being landlocked by land in preservation, restricting any future expansion. He also felt that Taneytown has nothing to really draw people to it, stating "We don't have a nice restaurant like Emmitsburg's Ott House that people really want to fre-

quent." His last concern was the public's participation, or lack thereof, in projects that directly impact their future.

Tillman said, "The biggest thing I hear: this is such a cute little town, but I wish there was more to do." He hoped the Comprehensive Plan would give the City a "sense of direction from the process" that would result in a more tourist friendly destination.

Other issues the Plan would need to address include meeting the State's expectations for housing and addressing water and sewer requirements.

Kologie asked the Commission for their opinions on how to create engagement with the public to encourage their input. His suggestions included taking the Plan to the public rather than waiting for the public to come to the Commission by utilizing community events to encourage the public to participate in the survey, as well as public meetings. The Commission discussed mailing flyers and setting up information booths at some of the City's popular events.

Mountain Brook concept plan delayed

In July of this year, the developer of the 1454 home Mountain Brook development requested an extension of their concept plan, citing difficulties with a road connection as the reason why.

Originally the plan won approval from the Planning Commission in August of last year. The original plans were well received by council members. Discussions surrounding the development go as far back as 30 years when Mountain Brook Farm was originally annexed into city limits.

The 160-acre development on the south-east side of the City is proposed to have the long-awaited Antrim Boulevard Expansion run through the center of the property. Not only will the road serve as the principal entrance and exit to the development, but it will also serve as a bypass around town to help allevi-

ate congestion in the square. It will be planned for and built by the developer at their expense.

The issue with the road connection is the need to cross Flowserve property in order to connect with Route 140, requiring a right of way easement. City Manager Jim Wieprecht has been working with Flowserve for a year on the easement and has made good progress, according to City Attorney Jay Gullo. "They are interested in doing this with some conditions that we have had to pass onto the Mountain Brook developers," he said.

Overall the development will consist of approximately 78 acres of proposed open space, consisting of 12 acres of common open space, over 30 acres of environmental open space and five acres will be dedicated for the expansion

of Memorial Park, with the remainder of the property used for homes. The concept plan shows the residences to be built in a "cluster style," with the ratio of single-family homes to townhomes at 65:35. Amenities within the proposed development include an informal amphitheater, a trail system connecting the neighborhoods, picnic pavilions with parking, a playground and a big community park, as well as preserving an existing farm pond on the property.

The project will be built in four phases and overall will take approximately 15 years from approval to finish. Phase "1A Southern" will hopefully begin in December 2026 and last 27 months. It includes building half of the Antrim Boulevard expansion from Rt. 194 to the floodplain as well as 141 units. Phase "1B Southern" will finish

Antrim Blvd and add 141 units over the same 27 month period. Phase "2A Northern" adds 100 units over two years and phase "2B Northern" finishes the plan with 64 units in about a year. The total number of units is 454, with

281 in the southern portion and 173 in the northern.

The Commission approved the extension for one year, allowing the developer to finish the right of way easement properly. The next step for the development is the preliminary plan where the real work begins.

Lock in a great auto rate with Erie insurance

Barnes Drager Insurance
464 E. Baltimore Street
Taneytown
www.barnesdrager.com



410-751-0001



Erie Insurance

FROM THE DESK OF...

Thurmont Mayor John Kinnaird

It is hard to believe that Summer has almost come to an end. A sure sign that fall is coming soon is when school is back in session. Chief Armstrong and I had the privilege of attending the first day of the school flag ceremony at the Thurmont Elementary School on Wednesday morning. It is always heartwarming to see all the students lined up in front of the school and to hear them recite the Pledge of Allegiance and the flag was raised high over the school.

As usual, Principal Karl Williams asked if I had any words of wisdom to share with the students. I told the students that Thurmont Elementary is an amazing school and that I first went there in 1960. I have fond memories of my teachers and staff at TES as I am

sure today's students will have as they grow up. I want to thank all the teachers, administration staff, classroom assistants, custodial staff, cafeteria workers, bus drivers, crossing guards, and others who work together to give our children a wonderful education, a strong sense of community, and the ability to work and interact with others. These experiences will serve all our children well as they go through life and I am confident that our future will be in good hands.

The North Church Street project is nearing completion. This project has seen the replacement of old water and wastewater lines, new lateral connections and cleanouts, and new water service connections for residents on North Church Street. Several old sections of

the lines have been removed and obsolete infrastructure has been replaced. Currently, the contractor has been finishing the repairs to the sidewalks, curbs, and gutter pans. The final step in the project will be milling and repaving the roadway surface. This final piece of the puzzle will be completed by the State Highway Administration. This project has been a long and involved process and has caused inconveniences to residents and those utilizing the roadway. The project will be completed within the anticipated time frame and I want to thank everyone for their patience and understanding during this complicated process.

The Thurmont and Emmitsburg Community Show will be held on

September 6,7 & 8th. This will be the 68th Annual Community Show! I invite everyone to attend this year's Community Show to experience a true agricultural community event. There will be livestock displays by the Catoclin High School chapter of the Future Farmers of America FFA, local 4H groups, and our local Grange. There will also be displays and judging of a wide array of crafts, baked goods, arts, fruits and vegetables, children's crafts and arts, photography, knitting and sewing, modeling, local businesses, social organizations, and many others. Book lovers will want to visit the Friends of the Thurmont Library Book Sale in the small gymnasium, and everyone will enjoy the delicious food available. If you have never been to the Community Show

or if you are new to the area, be sure to join us at one of the best community events of the year!

The tennis court replacement is progressing and will be completed before Colorfest. The surface has been removed and foundations for new light towers are being installed now and the new surface and new fencing will follow.

Just a reminder to be watchful in the mornings and evenings as children are going to or coming home from school. Also, be alert for school buses stopping to pick up or drop off children. You can not pass school buses when the red warning lights are flashing. Slow down, be watchful, and let's all work together to ensure our children's safety!

Questions, comments or concerns? I can be reached at 301-606-9458 or by email at jkinnaird@thurmont.com

Emmitsburg Mayor Frank Davis

Summer has flown by, school is back in session, fall sports are kicking off and fall activities are just around the corner. Please make sure to visit our website and sign up for the My-Emmitsburg phone app. to stay up to date on all the events.

We are lucky to be in northern Frederick County, surrounded by so many great communities in both Maryland and Pennsylvania. Having great partnerships with neighboring towns makes managing our municipality so much easier. Thank you to all our neighbors.

I want to give you a quick brief on the projects that are kicking off around town.

- The DePaul Street water line replacement started on August 6th and will be completed in April of 2025.
- Construction of the Sewer Lift Station on Creamery Road is on schedule and will be completed in December of 2024.
- Notice to proceed with the new parking lot at Rainbow Lake has

been granted and will be completed in November of 2024.

- The construction of the new Water Clarifier Treatment Plant is in the beginning stages and is scheduled to be completed in October of 2025.
- Construction of the new restroom/concession stand in E. Eugene Myers Memorial Park is underway and will be completed in December of 2024.
- The Multi-User trail improvement project was awarded on August 1st and will be com-

pleted in April of 2025.

If you have any questions or would like more information on any of our projects, please contact the Town Office.

The Commissioners have scheduled a Workshop to review and discuss water rates, tap fee, and impact fees. The workshop will be held on September 24th starting at 7 p.m.

As always, if you have any questions or concerns regarding the town please let me know. If you would like to meet in person, just give the office a call to set up a time convenient for you to meet.

MELISSA M. WETZEL
CPA, PC

— Certified Public Accountant —



~

Open for
Appointments
Only!

~

301 W. Main Street, Emmitsburg
 **301-447-3797**
melissawetzelcpa.com



County Councilwoman Renee Knapp

A quiet summer turned into a stressful one for many county residents as we learned about the impending Maryland Piedmont Reliability Project (MPRP) that would bring new high voltage transmission lines Frederick County, potentially running through several residences and farms with successful agritourism operations. Because of significant system overloads projected for our regional electrical grid system, the MPRP determined that new overhead transmission lines are required to reinforce reliability with increasing regional demand for power.

The communication from MPRP to County and County residents has

been unacceptable. This project was identified by MPRP as a critical component for regional reliability in February of 2023, and project planning began in early 2024. Public information sessions didn't happen until July, and they intend to submit their final route recommendation to the Maryland Public Service Commission sometime this fall. That leaves only weeks for meaningful outreach to affected residents, and for residents to voice their concerns or opposition.

As a county elected official, I can be a vocal advocate for county residents affected by the MPRP, but the County Council and the County Executive can-

not deny or approve this project.

Frederick County sent a letter to the MPRP to convey our disappointment with the lack of communication and called on them to create a transparent and inclusive public process. MPRP should conduct extensive and robust public outreach, including well-advertised public meetings and mailed communications to all potentially affected residents for the duration of this project.

In addition to the lack of timely communication about the MPRP, an adequate explanation about why the existing rights of way cannot be used with updated equipment has yet to be presented. The potential disruption to people's lives and businesses demands these answers. We expressed opposition to putting new transmission lines on lands and historical sites in Frederick County that have been preserved by local, state, or federal designations. We informed them of the considerable harm that could come to growing agritourism businesses, if new high voltage power lines are installed on or near them.

We are engaged in this process and advocating on behalf of County residents. However, since the County Council does not have a vote on the final plan, it's important for residents to also keep expressing their concerns and demanding better answers from the decision makers. Final decisions have not been made yet, and engagement makes a difference. Last month MPRP revised a transmission line plan in Loudoun County, Virginia to use and upgrade existing power lines after hearing similar appeals from residents and local government. Hopefully, MPRP will be as responsive to the residents of Frederick County.

**STRATEGIES FOR THE USE OF
HOME EQUITY
CONVERSION
MORTGAGE (HECM)
IN RETIREMENT**

Call Today for More Information



James McCarron | NMLS: #134401
Home Equity Conversion
Mortgage Specialist
Office (877) 756-5006
4 York St, STE. 3
Taneytown, MD, 21787
jmccarron@mutualmortgage.com
mutualreverse.com/james-mccarron



Scan to Apply

Pay Off A Mortgage
Eliminating a mortgage in retirement increases cash flow. A HECM does not require monthly mortgage payments. Borrower must occupy home as primary residence and remain current on property taxes, homeowner's insurance, the costs of home maintenance, and any HOA fees.

Stand-By Credit Line
A retirement strategy where the homeowner uses the credit line as a bucket to draw from during bear markets.

Long Term Care Protection
Set up a credit line and let it grow untouched, to use only if needed.

Emergency Back-Up
Set up a credit line to use only as needed.

Tenure Payments
Tax-free lifetime income stream, thereby reducing the need to make withdrawals from tax portfolios. Consult a tax specialist.

HECM For Purchase
Use the HECM to purchase a new home ("right-size"), and invest the difference for retirement.

Divorce Settlement
Use the HECM to buy out a spouse's portion of the home without selling or withdrawing funds from portfolio.

Borrower must occupy home as primary residence and remain current on property taxes, homeowner's insurance, the costs of home maintenance, and any HOA fees. The Lifestyle Home Loan is a Home Equity Conversion Mortgage for Purchase. Mutual of Omaha Mortgage, Inc. dba Mutual of Omaha Reverse Mortgage, NMLS ID 1025894, 3131 Camino Del Rio N 1000, San Diego, CA 92108. Subject to Credit Approval. These materials are not from HUD or FHA and the document was not approved by HUD, FHA or any Government Agency. For licensing information, go to: www.nmlsconsumeraccess.org Delaware Lender License 028535; Maryland Mortgage Lender License 21678; Pennsylvania Mortgage Lender License 72932; Virginia Mortgage Broker and Lender License, NMLS ID #1025894 (www.nmlsconsumeraccess.org) 100948702 Equal Housing Lender

GOVERNMENT—SOUTH OF THE BORDER

County Executive Jessica Fitzwater

With schools back in session and summer beginning to fade, I am excited to kick off a new season filled with fresh opportunities. September brings the energy of new beginnings and exciting events in our communities. From the Great Frederick Fair to fall festivals and farmers markets, we have a lot to look forward to! Plus, September is Deaf Awareness month and kicks off Hispanic Heritage month, which starts September 15. Let's embrace change, community, and connection as we move into the last few months of the year.

Maryland Budget and Fiscal Outlook

In August, I was fortunate to join colleagues from across the state at the Maryland Association of Counties Conference. This non-partisan event brought together leaders from all levels of government and the private sector to examine how we can meet county priorities through innovative solutions and partnerships.

The conference closed with a keynote address from Governor Wes Moore. The Governor spoke about Maryland's economy and

the State budget. He focused on how we must move forward now that the influx of federal COVID funding has ended for state, county, and local governments across the country.

Governor Moore emphasized the importance of putting data at the center of the budget process and defending our priorities while living within our means. I anticipated there will be some difficult conversations regarding the state's fiscal year 2026 budget.

What will this mean for Frederick County?

Well, the Maryland state budget provides billions in funding to local governments. With Maryland rebalancing and refocusing the state budget, we may not see the same level of funding to counties that we have received in recent years. While it is difficult to predict with certainty what decisions will be made, we can expect to see tightening across the board.

Fortunately, Frederick County has a diverse economy. With a strategic and responsible approach, I am confident that together we can navigate shifting priorities brought on by statewide fiscal challenges. My administra-

tion will continue to prioritize fiscal responsibility while providing programs and services that make our county a great place to live, work, and thrive.

Upcoming Public Meetings for the Investing in Workers and Workplaces Plan

You may have heard recently about the Investing in Workers and Workplaces Plan, a joint initiative of the Livable Frederick Planning and Design Office and the Frederick County Division Economic Opportunity. The goal of this plan is to identify commercial centers, redevelopment opportunities, and barriers to enhancing commercial tax revenue in our County.

Livable Frederick and Economic Opportunity staff will host initial outreach meetings for this plan in the coming weeks. I encourage residents to attend an upcoming meeting to help shape the future of Frederick County's commercial centers.

Meetings will be held at the County's Prospect Center, located just off Route 15 at 585 Himes Avenue in Frederick. There are three sessions: one on Thursday, September 19 from 6 to 8, another

Wednesday, September 25 from 2 to 4, and Wednesday, October 2 from 6 to 8. All meetings will contain the same information, so you only need to attend one meeting to learn more and offer comments.

Our planning efforts shine the brightest when developed with engaged, committed, and knowledgeable members of the community who are willing to share their understanding of the complex issues, difficult challenges, and enticing opportunities. Together, we can ensure that employment growth areas maintain a sense of place and are a positive investment for the entire county, while meeting the needs of workers and employers.

If you have questions about the plan or upcoming meetings, please contact Denis Superczynski, Livable Frederick Planning Manager by calling 301-600-1142 or emailing DSuperczynski@FrederickCountyMD.gov.

Rural Historic Preservation Grant Program

I am proud that Frederick County has long been committed to preserving our rich historic resources and landmarks. One way we help preserve our history and enhance

our unique identity is through the Rural Historic Grant Program.

If you own a historic property located in an unincorporated area of Frederick County, you may be eligible to apply for this program. Grant applications will be accepted beginning September 1 through November 30, 2024. Award notifications will be made in early spring 2025.

The Rural Historic Grant Program helps fund rehabilitation, restoration, and preservation of rural historic properties. Grants are awarded on a competitive basis up to \$50,000.

The Frederick County Division of Planning and Permitting will hold public workshops to provide information about the program and details on how to apply. These workshops will take place on the following dates:

- August 27 at 7 (Virtual)
- September 3 at noon (Virtual)
- September 11 at 6:30 at the Walkersville Library
- September 23 at 6:30 (Virtual)

To review additional information or register for a workshop, please visit FrederickCountyMD.gov/HistoricPreservation.

County Councilman Brad Young

I recently attended the Maryland Association of Counties (MACo) conference from August 14 to 17. MACo is a non-profit, non-partisan association of all Maryland counties. The Association's membership consists of county elected officials and representatives from Maryland's 23 counties and Baltimore City. Through MACo's advocacy, training, education programs, and annual conferences, members are provided with endless opportunities to improve their capacity to serve their residents. Conferences bring the counties together with the shared goal of improving the lives of all Maryland residents and visitors.

The Council returned from their summer recess on August 20 and has resumed regular Tuesday meetings. We have several pieces of legislation that will advance through our legislative process in the coming weeks. Bill 24-11, sponsored by Renee Knapp on behalf of the County Executive, Establishes a Historic Preservation Tax Credit. Bill 24-12, sponsored by Council Member Steve McKay, creates a new section in Frederick County Code that defines the conditions upon which a temporary residential growth moratorium may be declared, as well as the conditions upon which such moratorium would end. Both of these Bills are scheduled for a public hearing on August 27, 2024 at 7pm. We welcome public participation at all public hearings.

Bill 24-13, sponsored by Council Member Jerry Donald, Amends the

Frederick County Building Code to clarify usage of agricultural buildings for agritourism. Bill 24-14, sponsored by Council Member Jerry Donald on behalf of County Executive Fitzwater, amends Chapter 1-19 of the County Code related to Agritourism Enterprise Zoning. The public hearing for Bills 24-13 and 24-14 will be held on September 24, 2024 at 7pm. For the most up to date agendas, full text of Bills, and Bill schedules, please visit our website.

The County Council will be discussing the Maryland Piedmont Reliability Project on August 27. I had signed on to a statement in opposition to this project with Council Members Steve McKay and Mason Carter on August 8.

Several weeks ago, members of the Frederick County Council learned about the Maryland Piedmont Reliability Project (MPRP). This project came as a surprise to us, just like it did for many of our residents, and just like it did for residents in Carroll County and Baltimore County. The MPRP would be constructed by the Public Service Enterprise Group (PSEG) as part of a large regional utility system upgrade managed by Pennsylvania-New Jersey-Maryland Interconnection, or PJM. PSEG seeks approval for a new 70-mile 500kV transmission line between southern Pennsylvania and the Doubs substation near Adamstown. PSEG has proposed several alternative alignments for this transmission line but there is one inescapable conclusion – regardless of which alignment may be selected the MPRP project will

severely impact Frederick County, our residents, their properties, and for many, their livelihoods.

We three council members opposed the MPRP as proposed and stipulated the following:

We call upon PJM to revisit its proposal award to PSEG, and to prioritize solutions that maximize the use of the existing BGE right-of-way.

We call upon the FERC to critically examine PJM's proposal award to PSEG and determine if it was done properly and in the public interest.

We further call upon the FERC to require PJM to comply with the requirements of FERC Order 1920 and to place the MPRP project on hold until Order 1920 requirements have been satisfied.

We also requested the Maryland Public Service Commission (PSC) to accept this letter into its public record as a statement of opposition by the named Frederick County Council Members to the MPRP project and urge the PSC to reject PSEG's proposed alignments for failing to meet the procedural and substantive standards required for a certificate of public convenience and necessity.

The Frederick County Council encourages public involvement at every stage of the legislative process. We welcome public comment at every Council meeting on Tuesday evenings. Members of the public are welcome to attend and give comment in person, leave a voicemail to be forwarded to each Council Member, or email us any time at councilmembers@frederickcounty.md.

ickcountymd.gov. Please visit our website at www.frederickcountymd.gov/county council to view our latest agendas, legislation, and upcoming calendar of events.

And as always, if there is ever

anything I can do for you, please feel free to reach out to me and my office. You can contact me via email at: BYoung@FrederickCountyMD.gov, or you can call my office at 301-600-1108.

Don't have your kid's car break down at college!



We'll make sure their car is safe and dependable for them. Call today for an appointment!

Taney Service Center

94 York Street, Taneytown

410-756-9256 or 410-840-9029



FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

The Carroll Valley Borough is preparing to celebrate its 50th Golden Anniversary on Sunday, September 22. The celebration will begin at nonN with a performance by our Fairfield High School Drumline. Our local elected officials will offer remarks on the Borough's accomplishments. Then, the Fairfield High School Show Choir will perform for everyone, ending the formal part of the festival. Many activities will be available for those in attendance to enjoy. These activities include the Giant Inflatable Slide, Corn Hole Tournament, Hayrides, Face Painting, Temporary Henna Tattoos, and the making of Friendship Bracelets. Equipment will be provided for a pick-up of games of basketball, volleyball, gaga ball, and horseshoe. The "Leaping Luci" Band will be in concert until 5 pm. For a bite to eat, visit the Lucky Truck and Sarah's Creamery. Come to the Carroll Commons and celebrate the Borough's Golden Anniversary with family

and friends! See you there.

The school term has started, which means school buses are on the road again. Let us partner with the parents, teachers, administrators, and transportation personnel to keep our young residents safe when they are transported to and from school. How do we do that? Follow the law. According to Pennsylvania's School Bus Stopping Law, when you meet or overtake a stopped school bus with red signal lights flashing and stop arm extended, you must stop. You must stop when you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm extended. You must stop at least 10 feet away from the school bus. You must wait until the red lights have stopped flashing and the stop arm has been withdrawn before moving. And most important, do not move until the children have reached a place of safety.

Speaking with Lt. Sarah Ginn of the Fountaintate Fire Depart-

ment, she mentioned the 8th annual Adams County Cadet Academy was held July 21-27 in Gettysburg. After exchanging a few more words, I realized more people like myself were unaware of the Adams County Cadet Academy and asked if she would explain the program. What follows is her description. Twenty-three junior firefighters from Adams, Cumberland, Franklin, and York counties completed the 2024 program.

The program was open to junior firefighters ages 14 to 17. These young men and women were dropped off by their parents on the afternoon of Sunday, July 21, and stayed at the Adams County Emergency Services building through Saturday, July 27. The teens did not require any previous training to attend the academy. 15 of the 23 cadets had previously participated in the academy and put their prior training and experiences to the test. For the other eight cadets, this was their first experience, and many conquered fears and

anxiety as they were teamed up with more experienced cadets in their own "fire companies."

The Adams County Cadet Academy is sponsored by the Adams County Volunteer Emergency Services Association and led by Fire Chief Dave Martin of the Fountaintale Volunteer Fire Department. The cadets are taught by lead instructor Dustin Poist (United Hook & Ladder Deputy Fire Chief) and Sam Ginn (Fountaintale Volunteer Fire Department Deputy Chief). Some of the instruction topics included personal protective equipment, hoses, ladders, search and rescue, CPR, rural water supply, and fire prevention. The cadets spent part of their day in a classroom and implemented the lessons with hands-on skill stations. A crucial part of the cadet's success can be attributed to the "Moms" who staffed the kitchen all week. These volunteers coordinated and prepared three meals a day (plus snacks). Many individuals, fire departments, and local businesses have made key contributions to the academy by donating their time, equipment,

food, or monetary gifts. The week was capped off with a graduation ceremony on Saturday, July 27, at 10:00 am to celebrate the cadets' accomplishments. Congratulations to the 2024 Adams County Cadet Academy graduates! Not only did they survive a week without their cell phones, but they also overcame challenges and obstacles that will serve them well in the fire service and life.

The Central Pennsylvania Blood Bank will hold a Blood Drive on Friday, September 27, from 11:30 to 5 in the Carroll Valley Borough Council meeting room. There are two ways to schedule your donation appointment. You can go to 717GiveBlood.org and click on donate now or call 800-771-0059. You are strongly advised to schedule an appointment to donate blood. Appointments help the Blood Bank to improve your donation experience. Walk-ins are welcome; however, donors with appointments will be taken first, which may result in a significant wait time. Every donor will receive a Blood Donor T-Shirt!

Liberty Township Supervisor Walter Barlow

We want to welcome our new Liberty Township Supervisor Chris Hill. Chris was appointed during our July meeting, but officially served at his first meeting in August. At the August meeting, the Board hired two part-time police officers. We look forward to John Harvey and Ryan Morris joining our Police Department. Kudos to Terry DeWitt for his continued work leading the police department as Officer in Charge. He is making progress in recruitment efforts to rebuild our police force as well as streamlin-

ing day-to-day operations. In addition, CPR training has been scheduled for our Police Department and Road Department.

I would like to thank everyone for their patience and understanding as we worked on Bullfrog Road to replace thirteen pipes and complete the full depth reclamation project on 2400 feet of roadway. I apologize for any interruptions that the necessary road closures may have caused. The Township replaced old concrete pipes with new larger black corrugated plastic pipes

that will last for many years allowing better stormwater runoff. Reclaiming the entire length of Bullfrog Road to bring it up to standard will take place in phases over the next few years. The road will be set with porcelain mix and then must sit for five days without use by heavy or large vehicles. It is like replacing your driveway or walkway and not being able to walk or drive on it for a few days. We were able to complete ditching work along Bullfrog Road prior to the full depth reclamation. Stormwater management

and ditching are both a priority for the Road Department. Additionally, back up shoulder work and line painting will be performed this month on Bullfrog Road. The Road Department will be completing base repairs and blacktop work on other Township roads.

Be mindful of Bruce Pecher out mowing along Township roads. As we continue our work along the roadways, cutting back brush, and things of that nature, be aware that the Township has a minimum of a 33ft right of way and up to a 125ft right of way from the center of the road according to the PA Second Class Township Code Article XXIII, Section 2306. When working on Township roads, we do take your property into consideration and do

not use more of the right of way than is necessary. If we need to go further onto a property, we contact the property owners and notify them. If you have any questions regarding this, contact me directly.

Make sure to pay your municipal and county taxes before December 31 as they are now in the penalty phase and will go to collections at the end of the year. Your Fairfield Area School District taxes must be paid by October 31 to avoid penalties. You can make an appointment with the tax collector to pay your bill, drop it in the drop box at the Township Building, or submit your payment by mail.

Students are back in school as of August 21, so you will see school buses out and about. Please be cautious and alert when

continued on next page



717-642-5844
5580 Fairfield Rd., Fairfield, PA 17320
www.mountainviewrealtypa.com
mountainviewrealtypa@gmail.com

"We measure our success by your satisfaction!"

<p>****ACTIVE****</p> <p>55 Lightning Tr., Carroll Valley, PA Gently sloping perc approved lot on a quiet street in Adams County. Perfect location for getting away from the bustle of the cities. Survey was performed and corners are marked. \$23,500</p> <p>524 Country Club Tr., Carroll Valley, PA Here is a great parcel, less than a mile to Liberty Mt. Ski/Golf Resort. A house on this lot offers a view of part of the Golf Course and Lake Mae. .66 Acres. \$12,500</p>	<p>****PENDING****</p> <p>13 Kern Tr. & 13 Pinehurst Tr., Carroll Valley, PA 13 Kern Tr. & 13 Pinehurst Tr. are being sold together giving you a 1 acre parcel for your home. Pinehurst Tr. already has a well drilled with 5 GPM at 260'. The lot is perc approved. The two lots are wooded and at the base of Liberty Mountain Ski Resort that also offers a great Golf Course. Great location here in the very desirable Carroll Valley Borough with easy commuter routes. Very Close to the Historic Gettysburg Battlefield of your choice. No HOA. \$49,000</p>
<p>****CLOSED****</p> <p>4 Tiger Tr., Carroll Valley, PA Unique 2 ac. parcel, wooded, w/slope for a great view. Close to Liberty Ski/Golf Resort. 215' Toms Creek access for fishing. Close to Historic Gettysburg battle field. Camping permitted for 3 consecutive nights. Check w/Liberty Township. \$15,000</p>	

"We are here to help you with your real estate needs!"

<p>Jale Dalton Realtor - Licensed in PA & MD 717-420-0743</p> 	<p>Charles Dalton Realtor - Licensed in PA 717-420-0744</p> 	<p>Doris Normand Office Administrator 717-642-5844</p> 
--	--	--



Thank You
for putting your trust in me as your State Representative thus far. I look forward to continuing to be your voice in the Pennsylvania House of Representatives for the next 2 years.

Dan Moul
Vote November 5

GOVERNMENT—NORTH OF THE BORDER

County Commissioner Jim Martin

Adams County was the 2024 host for the Annual County Commissioners Association of Pennsylvania (CCAP) Summer Conference, August 4th through August 7th. The conference brought county commissioners and staff from all parts of Pennsylvania. To be exact, 63 counties were represented at the conference. Also, with 540 attendees, the 2024 conference had the highest attendance of any commissioners' conference on record, second only to the one held six years ago, also in Adams County. These great attendance numbers are a wonderful tribute to the communities that comprise our county.

This year's conference was held at the Gateway Gettysburg and received wonderful support from Destination Gettysburg and area businesses providing special gift basket items to all attending commissioners and staff. Adams County takes great pride in providing an impressive gift basket of authentic Adams County products. Not only do we want our guest to feel welcome, but to remember that Adams County is a great place to visit, relax and enjoy. Attendees repeatedly expressed their thanks to the Adams County Commissioners for hosting a very enjoyable conference. Frequently we were told, "We will be returning to Adams County." Surely one of our goals of hosting the conference is the resulting future tourism.

At the conference two special people were recognize for their outstanding contributions to Adams County and County Government. Randy Phiel was awarded the PA Outstanding Commissioner of the Year. This award is open to all county commissioners across Pennsylvania, making it a very distinguished award. Just as notable as Mr. Phiel, was PA Counties Solicitor of the Year Award. This award went to Adams County's Solicitor, Molly Mudd. Ms. Mudd has the dedication and legal skills that produce outstanding legal work, not only in quality, but in quantity, in her service to Adams County Government. It was the highlight of the awards banquet to recognize these two individuals, especially on their home turf.

During every conference various committees meet to address issues in specific subject areas such as elections, taxation, technology, or human services. Recommendations are developed by the committees to address matters that are of extreme concern to the counties. These concerns

continued from previous page

they turn their amber or yellow lights on to pick up or drop off children. The kids are not always paying attention and sometimes may step out when vehicles are still coming. Be aware that children are crossing the street in front and behind the bus. Do not run those red lights on buses. You must stay stopped until they turn off and the bus has started to move forward.

Some local events that are happening in September include the 50th Founder's Day Celebration at the Carroll Valley Borough Office and Park. This event will take place on September 22 from 1:30-4:30 with live music, food trucks including the Lucky Truck, the Mexican Food Truck, Crazy Dave's Pizza, and Sarah's Creamery. Also in September is Pippinfest in Fairfield, this year it will take place on September 28 and 29. Go out and support local events and vendors! I hope everyone has a safe and fun start to the school year.

often reach the Pennsylvania Legislature in hopes of being transformed into a bill that will legally enhance the operation of county government. From last year's CCAP conference rose a strong voice demanding action to restore funding for 911 Communication Systems. Through the association's pressure, legislation was passed to restore funding, but not at the levels needed. The shortfall in funding must come from county property taxpayers. Next year (before the bill expires) the commissioners will again pressure the legislature to get an appropriate 911 funding bill passed, thus relieving the burden on property taxpayers.

The association's Agricultural Committee, of which I am a member, received a surprise invitation from Agricultural Secretary Russell Redding to hold our meeting at his Adams County farm. Mrs. Redding, true to form, provided us with an amazing table of homemade desserts and fresh sliced peaches to complement the meeting. We enjoyed the farm setting and appreciated the Reddings' hospitality.

This amazing array of desserts set the

stage for our committee discussion of preserving the future of the family farm. That discussion had a true pendulum swing from heart-warming stories of family farms passing to the next generation to discouraging accounts of family farms passing to parties with no interest in agricultural pursuits. Incentives and programs were discussed to encourage the next generation to accept the family baton to keep the farms in agricultural production or pursue the means to establish a beginning agricultural operation.

Along those lines, the Adams County Industrial Development Authority in concert with a resolution by the Adams County Commissioners have made the Next Generation Farmer Loan Program available to two young farmers pursuing an agricultural career. This program creates a dual incentive, lower interest rates for the agricultural entrepreneur and tax exemptions for the bank that packages the Next Generation mortgage.

This is a good example of how incentives can help preserve agricultural production in Pennsylvania. Pennsylvania has

invested heavily in agriculture through the PA Department of Agriculture to ensure agricultural remains our leading economic driver. Many people do not realize the strong commitment that our legislature has to Pennsylvania agriculture. It is so strong that Pennsylvania is the only state that has passed its own farm bill. Years ago, West Virginia had a slogan, "As Goes Coal, So Goes West Virginia". Perhaps, in a similar vein, we could say, "As Goes Agriculture, So Goes Pennsylvania".

This strong emphasis on agriculture has made farmland preservation a state priority, positioning Pennsylvania as a leading state in the nation for farmland preservation. Farmland preservation comes with an easement that stipulates that the land is to be kept in agricultural production. This commitment needs to be enforced to ensure that the value of the preservation is being achieved.

Adams County takes this commitment seriously and has in place a periodic review whether the commitment is being honored. It should also be noted that Adams

County Farmland Preservation cannot be approved without a conservation management plan. This plan helps to enhance the quality and protection of the watershed that the preserved land is within.

An interesting fact, according to Agricultural Secretary Russell Redding is that PA has the largest number of young farmers in the USA. I asked the Secretary the reason PA has this distinction. He told me it is a result, at least in part, of the large number of young Amish and Mennonites entering agricultural careers.

Another item of note is the change in Pennsylvania Farmland by County from 2017 to 2022. Statewide land devoted to farming declined by 3% during this time period. Adams County, however, experienced an increase of 10.2%, while all three surrounding counties (Cumberland, Franklin, and York) saw a decrease. Even though there is a statewide decrease in farmland, Adams County continues to offer plenty and diverse products for our enjoyment and consumption. Thank you Adams County farmers.

Proudly Serving the Thurmont and Emmitsburg Communities



Elle Smith
REALTOR®

J&B Real Estate, Inc.
301-401-8620 | 301-271-3487 x205
elle@ellesmithhomes.com
www.ellesmithhomes.com
*Licensed in MD and PA



Your local real estate expert.

RANDALL ALEXANDER
WELL DRILLING

ALEXANDER'S PLUMBING, INC.
PLUMBING & PUMPS • WATER TREATMENT

4236 Fairfield Rd., Fairfield
717-642-5285
AlexanderWellDrilling.com

Serving the area for 61 Years!

McLaughlin's
Energy Services

Specializing in Propane and Heating Oils Delivery and Service

McLaughlin's Products	No Worries with our easy switch over service.
- Gas and Oil Furnaces and Boilers	- Low cost or no cost installs
- Oil and Gas Parts and Fittings	- No hidden costs or fees
- Gas Logs and Fireplaces	- Automatic or Will Call delivery
- Custom Order Premium Grills	- Equal Monthly Payment Plans
- Gas Emergency Generators	- 24 Hour Emergency Service
- Tankless Water Heaters	- Lowest competitive price possible
- Outdoor Living Products	- Can service almost ANY application



Over 20 Working Gas Logs, Fireplaces and Heaters on Display.



McLaughlin's offers a wide range of tank applications for all your gas needs, from 5 to 1,900 gallons. Inquire today!

We are a Generac Generator sales and service dealer. Let McLaughlin's take care of all your power needs from home standby to portable!

We also offer free quotes and estimates for any application you may need for your home or business.

www.McHeat.com

Located Just Over the Mountain in Rouzerville!
A family owned and operated business since 1954!

Dedicated to providing your propane and Heating Oil needs!

11931 Buchanan Trail East, Waynesboro
717-762-5711 | 1-800-463-5711

BINGO!

Friday
September 6

Thursday
September 19

Join us for a fun filled night!
DOORS OPEN @ 5:30 p.m.
EARLY BIRD STARTS @ 6:50 p.m.
BINGO STARTS @ 7 p.m.
Food Available
Kitchen open before bingo and at 1/2 time!



Fairfield
Fire & EMS

106 Steelman St., Fairfield
717-642-8842

FB: Fairfield Fire & EMS ■ fairfieldfireandems.com

COMMENTARY

Words from Winterbilt

A police shooting

Shannon Bohrer

On July 6, Sonya Massey, a 36-year-old black woman, was shot and killed in her home. She was shot by Deputy Sean Grayson of the Sangamon County Sheriff's Office in Woodside Township near Springfield, Illinois. The shooting was captured on a police body-worn camera. This became a national news story and was repeated for days. The news reports often mentioned other well-known stories of police shootings, implying a pattern of excessive use of deadly force by police. While the press coverage had similarities to previous incidents, the reported employment history of Officer Grayson was unusual and concerning.

Ms. Massey had called the police, reporting an intruder in her home. When the police arrived, they searched the outside area before entering the house. At one point, the police questioned her, asking if it was all right. She responded, "Yes, I took my medications." Some of the interactions were captured on body police cameras. When asked about her mental health, she responded, "I love y'all."

When the officers requested identification, she looked through her belongings for documents. After she found her identification, an officer told her something about a pot of water boiling on the stove. She responded by moving to the stove

to remove the pot from the stove. As she did this, she told the officers, "I rebuke you in the name of Jesus." The officers moved back while she had the pot of boiling water in hand. She questioned why the officers were moving back, and Officer Grayson said it was because of the boiling water. She repeated, "I rebuke you in the name of Jesus."

Officer Grayson had drawn his gun, and after threatening to shoot her, Ms. Massey apologized and dropped to the floor behind the counter. The officers approached, and Officer Grayson shot her. According to the initial reports, Ms. Massey was holding the pot of water over her head when shot. Another officer called in (on police radio) about the shooting and started to administer first aid when Officer Grayson told him, "She's done." The police radio traffic also includes someone saying that Ms. "Massey's wound was 'self-inflicted.'" In a later report, Ms. Massey "threw steaming hot water on a chair next to the cabinets."

The incident was captured on a police body camera; however, Officer Grayson's camera was not turned on. Officer Grayson was fired, then "indicted by a grand jury, on three counts of first-degree murder (he fired three rounds) and one count each of aggravated battery with a firearm and official misconduct."

The day before the shooting, Sonya's mother called 911, reporting that her daughter was experiencing mental issues. She expressed con-

cern about any police response to her daughter's residence. Donna Massey said, "I don't want you guys to hurt her, please." There is no reporting if the information were given to the responding officers, nor if it would have made any difference.

According to the news reports, Officer Grayson had an unusual background, working for six different police agencies in a four-year period. Prior to his employment as a police officer, he was in the military and discharged for serious misconduct. Officer Grayson was also charged with driving under the influence—two times. The serious misconduct was not defined but may have been related to the driving while intoxicated incidents.

We see videos and read about alleged police misconduct, which results in officers being charged with criminal offenses. What is often missing in the reporting is the officer's history before the misconduct.

In this case, being discharged from the military for serious misconduct, two serious driving offenses, and employment with six different police agencies in four years should give one pause or at least question the officer's suitability for employment. We do not know how the case against Officer Grayson will be resolved, nor if his unusual background will influence the outcome of his trial.

Could prior officer abnormal or uncommon behavior(s) predict future incidents? We hear and read about police misconduct but are rarely informed of previous transgressions that relate to or might predict criminal actions. If we had a better

understanding of this, might we be able to reduce future incidents?

The George Floyd murder could be used as an example. When George Floyd was killed, Officer Derick Chauvin was charged, found guilty, and sentenced to twenty-two and half years of incarceration. When the crime occurred, Officer Chauvin had been a sworn officer for nineteen years. It was reported that during his career, eighteen complaints were filed against him, and "he received two letters of reprimand for misconduct." He was also involved in three police shootings, and he received two commendations.

Although Officer Chauvin had eighteen complaints, I was only able to find one reported incident in Officer Chauvin's background. In 2017, Officer Chauvin used unreasonable force against a 14-year-old boy. He restrained the boy by kneeling on his back/neck and hitting him with a flashlight. The boy asserted that he could not breathe and lost consciousness. The victim did survive the incident. Was this one of the letters of reprimand? If the reporting is correct, Officer Chauvin could have been charged with a crime. Could that incident have predicted the killing of Floyd? We do not know if there are other concerning incidents.

When the Department of Justice charged Derick Chauvin with violating George Floyd's civil rights, they considered charging him with the 2017 case as another civil rights violation. The prosecutors wanted to use this incident in Chauvin's trial; however, "The incident was deemed inadmissible as evidence in Chauvin's

murder trial." If the police agency, supervisors, and police administrators knew about this one incident, could they have some responsibility?

When officers are accused of poor behavior or charged with committing crimes, the officers can be held accountable. We have witnessed this in the George Floyd case, the Terry Nickols case, and others. Maybe we should be questioning not just how the incident occurred but also what is the responsibility of the agency, the training unit, and supervision. If the behavior of an officer is either not acceptable or criminal in nature, is that predictability of future behavior?

In the case of Sonya Massey's shooting, we know little of the previous behavior of Officer Grayson; however, what we do know bears further examination. Being discharged from the military for serious misconduct, which was? Being charged twice with driving under the influence and then being employed with six different agencies in just four years. We know very little, currently, about his past behaviors with these agencies.

I believe the majority of police officers do good work and protect the citizens. However, if we examine the past behaviors of some officers, could we prevent these occurrences? "What's Past is Prologue" is a quote from William Shakespeare, which tells us that past behavior indicates future behavior.

To read prior editions of Words From Winterbilt, visit the Authors section of Emmitsburg.net.

The Bulwark

Standing up for the rule of law

Dennis Atergut

"Too many of us have taken our democracy, our rule of law, our civic norms and our freedoms for granted."

Sometimes political trends are hit-you-over-the-head obvious. Other times, you have to stand back and squint to detect the pattern. If you look at a handful of seemingly disparate events across the country from the last few weeks, you will see something promising for our future: defenders of the rule of law working against Trumpist attempts to erode it.

First up, a story from the American Bar Association, that once-stodgy mainstay of the lawyering profession. On August 2, the ABA's bipartisan Task Force on Democracy sounded a call to arms to lawyers to get active defending the rule of law.

The task force is headed by Michael Luttig, the conservative icon and retired federal judge, and Jeh Johnson, the secretary of homeland security during President Barack Obama's second term. Several of the task force members are prominent lawyers—including Maureen O'Connor, a former chief justice of the Supreme Court of Ohio; Thomas B. Griffith, a retired Republican-appointed federal judge; Ben Ginsberg, the preeminent Republican

expert on election law; and Jeff Rosen, a liberal legal-affairs commentator who runs the National Constitution Center. Other well-known task force members include Dick Gephardt, Heather Cox Richardson, Danielle Allen, Carly Fiorina, Chris Krebs, and The Bulwark's own Bill Kristol.

"The challenges we are facing cannot be solved by legislators or a president alone," the task force warned in a statement. All of us have a responsibility to help address them, with those in the legal profession having a heightened role: Lawyers have the unique skills and obligation to defend democracy, the Constitution and the rule of law as each takes an oath to do just that. Every American lawyer must play a significant role in rebuilding trust in our elections, educating the public on the rule of law and how democracy and the Constitution underpin what we all value in our everyday lives.

The task force's document includes lists of specific actions that lawyers and bar associations can take to stand up for democracy, from becoming poll workers to writing articles countering disinformation to hosting civic events.

Second, the body that governs the ABA, its House of Delegates, this week adopted a statement of principles that was issued by the Society for the Rule of Law. The society is composed of some of the country's most eminent conservative lawyers, all of them Republican or formerly Republican. Their "Statement of Principles to Pre-

serve, Protect, and Defend the Constitution, the Rule of Law, and American Democracy," now joined in by more than 2,000 lawyers across the country, includes these pledges:

To support and defend the fundamental American principle that no person is above, beneath, or beyond the law.

To respect, support, and defend the constitutional rights of all Americans.

To accept, honor, and respect the results of elections by the American people.

To respect, support, and insist upon the peaceful transfer of power upon which our constitutional republic is premised and depends.

These principles once seemed like apple pie. They help form the foundation of a constitutional republic—one where, as Tom Paine put it in *Common Sense*, "the law ought to be king."

But in the last decade, Donald Trump and his lawyer-enablers repeatedly attacked those principles, most infamously while attempting to overturn the 2020 election.

Those enabling, unethical attorneys did not go unchallenged. Important lawyer-activist groups stood up to defend their profession and its ethical standards. Activist professional groups filed successful disciplinary complaints against the likes of Rudy Giuliani, John Eastman, Jeffrey Clark, and Lin Wood.

Now, the ABA has mounted the barricades to defend the precepts that uphold our democracy. The adoption of the Society for the Rule of Law principles and the document from the

Task Force on Democracy are both permission slips and a catalyst for individuals and legal organizations to join the defense of the rules that ensure our safety and freedom.

That includes Big Law, the country's major law firms, whose silence, with few exceptions, has been deafening.

Now for the third major development. From Arizona we learned two things about the grand jury of ordinary citizens who back in April indicted Giuliani, Mark Meadows, and Republican fake electors from the scheme to overturn the 2020 election.

First, the grand jury had wanted to indict Trump himself, the central actor in seeking to destroy the lawful transfer of power. The Arizona attorney general's prosecutors reportedly recommended against it to avoid further complicating the former president's federal prosecution. Leaving him out, of course, would also simplify an already complex case for Arizona prosecutors.

Then it was reported that lawyer Jenna Ellis, Giuliani's sidekick after the 2020 election, agreed to cooperate with the Arizona prosecutors. Along the same lines came the news that one of the indicted fake electors has pleaded guilty.

Activist lawyer groups had previously succeeded in having Ellis disciplined last year for her ethical breaches, demonstrating that efforts to ensure accountability to rules and law can register in serious consequences.

We are seeing how the law is a force to be reckoned with—but only if it is defended and acted upon when under assault. That is what connects the

news from the ABA and from Arizona Attorney General Kris Mayes, whose office brought the indictments. Both the primary professional organization in the law and its defenders in a state prosecutor's office are standing up for the rule of law and the integrity of the legal profession.

Institutions fail without action in their defense. That's what the ABA has done. And that's what the Arizona prosecutors and grand jury did.

What happens in politics and what happens in law are intertwined. Mayes, you might remember, was elected by a margin of just 280 votes. Had it not been for every citizen who voted, there would have been no Arizona prosecution of Giuliani, Meadows, and the fake electors in that pivotal battleground state. Likewise, the outcome of this November's presidential election will determine whether Trump himself will face justice for his attempt to overturn the 2020 election. If he wins re-election, his federal prosecutions will judder to a halt.

Donald Trump and his MAGA party are trying to destroy the rule of law in our society. Prosecutors like those in Arizona and organizations like the ABA have stepped forward to defend it. Each of us can, in our own way, join in this effort. This is not a moment to stand on the sidelines wondering whom the rule of law protects. It protects all of us.

To read other articles from the Bulwark, visit www.thebulwark.com.

The Liberal Patriot

The “Blue Wall” matters for more than just its electoral votes

Michael Baharaeen

As the Democrats gathered to formally nominate Kamala Harris as their 2024 presidential nominee, pundits, analysts, and operatives were debating what the party’s path to victory might look like this November. Biden’s weak polling left the Democrats’ “Blue Wall” in the Rust Belt as his only real path to 270 electoral votes, as states like Arizona, Georgia, and Nevada, which backed him in 2020, were beginning to look out of reach.

However, since formally entering the race, Harris’s favorability numbers have dramatically improved, and the surge has opened up multiple possible avenues for getting to 270 and winning the Electoral College, including going through the Rust Belt or the Sun Belt.

Others have gone even further. Early in her campaign, advisers close to Harris reportedly debated moving beyond older, whiter, and slightly more rural states like Michigan and Wisconsin altogether and alternatively focus on younger, less white, and more urban states further south. According to Politico, “Harris’s emerging brain trust... [believes her] relative strength with young, Black and Brown voters will put more states in play. The Midwest is not where the opportunity is for her. The opportunity... is going to be Nevada, Arizona, Georgia, Pennsylvania.” One ally told The Atlantic she hoped to see Harris challenge the idea “that pol-

iticians have to appease older white voters in order to be successful.”

So far, Harris doesn’t appear to be taking the bait. Her campaign has already allocated substantial resources in both regions and plans to invest even more in them this fall. Still, the idea that Democrats may eventually try to look beyond the Rust Belt states, whose demographics are increasingly less likely to reflect the party’s, and instead try to build a map that revolves more around states home to the “rising electorate” carries immense risks.

Let’s start with the electoral implications of making such a move. The Blue Wall, comprising Michigan, Pennsylvania, and Wisconsin, contains 44 electoral votes.

In the 2010 midterms, the Republicans made sweeping gains in all three states and maintained them throughout most of the following decade. But Democrats have rebounded since then and shown they can still win in this region. They have reclaimed the governorships in all three states; gained a state-government trifecta and captured all statewide offices in Michigan; flipped Pennsylvania’s Republican-controlled U.S. Senate seat and state House; and won a majority on the Wisconsin Supreme Court, which later tossed gerrymandered Republican legislative maps, giving Democrats a chance to make big gains in the state government this fall for the first time in over a decade.

So, while these three states may not be demographically appealing to some in the party—their shares of non-college white voters and rural voters are higher than the national average—Democrats

are still very much competitive here, especially with the right candidates. And, in fact, these are the three swing states in which Harris currently leads Trump in the polling averages.

Now, let’s move south. There are four presidential battlegrounds in the Sun Belt this cycle: Arizona, Georgia, Nevada, and North Carolina. Collectively, they possess 49 electoral votes, five more than the Blue Wall. Many Democrats see the demographics of this region as friendlier to them: relative to the national average, all four states either have higher shares of non-white voters (Nevada), college-educated voters (North Carolina), or both (Arizona and Georgia).

However, with the exception of Nevada, there is no recent history of sustained Democratic support in this region. Rather, most of these states have been GOP-leaning over the past two decades.

Certainly, Democrats are showing signs of life in all four states. In Nevada, they have won every presidential election since 2008 and controlled both chambers of the legislature almost without interruption over the past couple of decades. In Arizona, they flipped the governor, secretary of state, and attorney general offices in the 2022 midterm election, and they’re just two seats shy of a majority in each state-legislative chamber. In North Carolina, they have won the last two races for governor and have controlled the secretary of state and attorney general offices for over a century. In Georgia, they now control both U.S. Senate seats.

The point here isn’t that Democrats have to decide between one region or the other; it’s that the data show there’s no reason for them to give up on the Blue Wall anytime



soon, even if its demographics are seemingly less “friendly.” They have a longer track record of success there, including recently, and Harris is leading Trump in the region’s three states.

But there’s another, more understated reason why the Blue Wall is important to the Democrats, one that has less to do with strategy and more with image: it basically remains the party’s last connection to Middle America. Let’s say Harris loses Michigan, Pennsylvania, and Wisconsin but wins anyway by sweeping the Sun Belt toss-up states. Democrats would be building a map that is concentrated on the coasts and in highly educated states like Minnesota and Colorado, devoid of support in most of the middle.

Moreover, maps like this would also underscore the Democrats’ shift away from the working class—long the backbone of the party—and its increasing reliance on more affluent and college-educated voters. In 2020, Biden won 27 states and DC, and in just eight of them, including in all three Blue Wall states, was the share of non-college voters higher than the national average. Meanwhile, the electorates in all but

two states (Kansas and Utah) that backed Trump were disproportionately non-college-educated.

All this risks reinforcing a growing image of the Democrats as the party of the elites while allowing Republicans to claim the mantle as the party of the working class and Middle America.

In a two-party system, coalitions should try to appeal to as many types of voters as possible, and college-educated voters living in coastal states of course deserve representation too. But there are far more non-college voters in the country and electorate. Non-college whites, specifically, continue to make up a large majority of the voting public and are overrepresented in the Midwest—and the Blue Wall. Democrats can’t build a winning coalition without a significant share of them, a lesson that should have been learned in each of the last two presidential elections. But just as important: they also can’t claim to represent all of America if their electoral map has a glaring hole in the middle of it.

To read other articles from the *Liberal Patriot*, visit www.liberalpatriot.com.

Good Day Neighbor

I’m on team teacher

Dorothea Mordan

My husband spent over twenty years as an on the road service technician for a chemical company that sold cleaning chemicals to industrial laundries. A high percentage of customers were hospital laundries. His job prioritized two things. First, designing, installing and maintaining the pumping systems that automate the washing system, ginormous contraptions sometimes as big as a house. Piles of laundry entered in one end, went through various cycles of wash, rinse and spin. They exited at the other end ready for ironing and folding. Second was getting the cleaning chemistry mixed correctly to take out dirt, stains, and other stuff. He has a saying, “In hospitals, everything comes to the laundry. EVERYTHING.”

In our schools, everything comes to the teachers. EVERYTHING.

Our public schools provide education and preparation for entering our greater society. Reading, writing and arithmetic taught alongside working with others, asking questions, listening to answers.

The good, the bad, and the ugly. A teacher sees relationships grow between

students, or sometimes students who turn on each other. Whatever happens on the bus, in the lunchroom, or hallway, teachers hear about it. Other parts of a student’s life may result in disruptive behavior in the classroom. What we call bad behavior can get a child sent to the principal, or to a counselor. Teachers often see it first, and later have a hand in directing that child toward a solution.

Special Education and IEPs. Daily class routines create structure most of us can conform to. This can benefit all students, and build their understanding of our society. IEP details, such as special education staff working one-on-one with a student, are additional layers added to the routine. As we learn more about neurodivergence, we narrow the gap between what we call “normal” vs “special” or “developmental”. While we as a society try to keep up with it, teachers see social norms changing at the speed of children growing into young adults.

Parents and public school administrators have perspectives that range from the super organic (at home) to the super defined (administration). In the middle, teachers (with their own advanced degrees) are living the experiences of real people that produce the statistics and

anecdotes that fuel post graduate degrees of public school administrators. While we parents and admins identify pressing issues and logical solutions, teachers are asked to implement any and all of our requests, and then produce results that can be measured.

I have recently been on an FCPS Task Force as a parent member, helping to gather pros and cons of a potential school safety policy. For the purpose of this column what matters is that I learned that gathering a group of parents, teachers and administrators for conversation on a specific school safety question is a great way to learn other perspectives. The people on the Task Force, along with many parents, teachers and staff I have met in my life—as a child, parent and now grandparent—have one thing in common.

Trauma.

Many school policies that address safety are the result of trauma. Like the truism that we finally get a traffic light after too many fatal car accidents, parents who demand solutions for their kids, are trying to heal from trauma. Teachers advocating for workplace conditions are addressing trauma. Teachers can absorb as much of their students’ trauma as their own. As a task force member, I was privileged to hear stories from parents, teachers and FCPS staff. While their private

stories can’t be shared here, it is safe to say that each of us were present because we knew first hand about traumas experienced by one or more children.

I have a lot of experience with the Special Education and IEP system, in Anne Arundel and Frederick Counties. Several years ago, we were made aware of our child’s danger when a student mediation group told their staff sponsor that our child was a target. A group of students had found our child’s weakness and pounced. All of us grown-ups got involved by paying attention, asking questions. The situation was resolved by identifying the ring leader, and one school staff member laying down the law.

This presented multiple perspectives that were addressed by acting as a community. A neurodivergent child needs support, but in what form? Another child is growing up with bullying behaviors, but why? Can either benefit from counseling? Can their parents? Teachers see all of the surface behaviors and interactions, and they can guide students in various directions to find solutions. They can’t make decisions for students or parents, and they can’t change external factors. But they can and do show up every day to be the conductor of their classroom orchestra.

What’s often missing in finding solutions? Community. Our public school system has a complicated array of poli-

cies and requirements that add up to a lot of time spent on details rather than interactions as a community. Working on school committees is a start for getting to know the other adults in our children’s lives. Participating in the public school community through events or parent volunteer opportunities work too.

Bring your voice to the table, and your vote to our elections. Voting directly impacts our school community. Proposed restrictions, such as book bans, hit home for teachers. As kids get their first taste of our greater society, teachers are the first line of defense, of books, of ideas, of individuality. The infamous Project 2025, written and supported by the GOP and Trump, includes the elimination of the Department of Education as a featured part of the plan.

We have a teacher on the ballot this November. Tim Walz, who says “Never underestimate a public school teacher.” Tim Walz was in the Army National Guard and a teacher for many years. That was before he was elected to the US Congress, and Governor of Minnesota.

I’m on Team Teacher.

2024 is the year of the vote. Please make your count.

To read prior editions of *Good Day Neighbor*, visit the Authors section of Emmitsburg.net or visit her website: ChandlerDesignsLimited.com.

THE PASTOR'S DESK

A new start

Pastor John Talcott
Emmitsburg Community Church

Depending on how quickly you read the paper, the children are already in their first, second, or third week of the new school year. For some of you it may be a relief, for others of you not much has changed, but for each one of us we have the opportunity to experience new things. And so, if you find yourself needing a new start, a new beginning, the good news is that Jesus Christ, the Son of God invites us to begin again. In fact, he said that it was necessary, it was non-negotiable, "unless you change and become like little children, you will never enter the kingdom of heaven" (Matthew 18:3).

In other words, as men and women created in the image of God, our Creator knows that we benefit from a reboot, a restart, just like our computers do to help them perform better and get everything organized again. Jesus said, "unless you change and become like little children" meaning that we need to go back to the basics. To have faith like a child, refers to a simple faith in the goodness of God.

Like a child who has grown up in a Christian home singing songs like "Jesus loves the little children," or "Jesus loves me, this I know." Why? "For the Bible tells me so! Little ones to him belong; they are weak, but he is strong. Yes, Jesus loves me!"

And so, they have this simple child-like faith, believing that God is good, God loves me, and God is for me. But for many of us, over the years, the trauma, trials, and tragedies of life weigh us down, causing us to question our faith and doubt the goodness of God. That's why we need to change and become like little children, because the Bible says, "You need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food" (Hebrews 5:12). In other words, God wants you to get your faith back, to believe in his goodness again, so that you are able to trust in the Lord with all your heart and lean not on your own understanding just like a child (Proverbs 3:5).

There may be someone reading this today and you have questions about the goodness of God because you are often left without answers as you consider why all of these different things are happening in the world today. But



I want to encourage you to trust God because there is a process that is going on behind-the-scenes that can't be explained or identified. Israel's King Solomon, the wisest man that ever lived said, "As you do not know the path of the wind, or how the body is formed in a mother's womb, so you cannot understand the work of God, the Maker of all things" (Ecclesiastes 11:5). In other words, it is an unseen work of God, it is a mystery, but we can be reassured when we put our trust in Jesus Christ because he is making all things new.

You see, when you trust that God is for you, it makes a big difference in how you live and how you interpret things in your life. In fact, you may have gotten off the path, started going the wrong way, and no matter how bad things look or how much you have messed up, the Lord said, "See, I am doing a new thing" (Isaiah 43:19). In other words, God is for us and he says, "I know the plans I have for you, plans to prosper you and not to harm you, plans to give you hope and a future" (Jeremiah 29:11). And so, no matter where you are right now, or what you are going through, God wants you to know that he is still working, he still has plans for you, and his intention is to prosper you, and to give you a hope and a future.

When you realize that God is for you and trust him with faith like a child, not only does it change the way you look at your life, but it changes the way you see and do

life. And so, understanding that God is for you, that he is fighting for you, that he has plans for you, will comfort you and help you not to fear what is happening around you. When you begin to understand the depth of his love you will have greater confidence because perfect love casts out all fear. And when you know that in all things God works for the good of those who love him and have been called according to his purpose you will know that you are safe with him (Romans 8:28).

That is why Jesus tells us that having faith like a child is such an important thing, because when you believe that God is that good, there is nothing that can stop the purposes and promises of God from being fulfilled in your life. And so, childlike faith is the building block or the gateway to everything that has been promised, because when it comes down to the favor of God it is activated by faith. You must believe that he did what he said he did, he's doing what he said he is doing, and he will do what he promised to do.

You see, God is getting ready to do something in your life that doesn't make any sense, there is no background for it, but it is a faith thing, because from beginning to end the righteous will live by faith (Romans 1:17). Therefore, whoever humbles themselves like a child is the greatest in the kingdom of heaven, but how do you get that kind of faith, faith

like a child, when you have already passed that season of your life (Matthew 18:4)? Well, the key to faith is following Jesus, very simply he said, "If anyone would come after me, he must deny himself and take up his cross daily and follow me" (Luke 9:23). In other words, learning from him, imitating him, trying to absorb everything from him that you can, because faith comes from hearing the message, and the message is heard through the word of Christ (Romans 10:17).

Jesus invites us to have a new beginning, a restart, a spiritual new birth, because he said, "Unless you change and become like little children, you will never enter the kingdom of heaven" (Matthew 18:3). But when you are born again through the power of the Holy Spirit you are able to experience a brand-new life, and as you surrender your life to Jesus as your King of Kings and Lord of lords your faith begins growing.

And so, I want to invite you to join us at Christ's Community Church, to learn about Jesus, and what it means to be his disciple. We have services on Sunday morning at 8:30 and 10:30 as well as Wednesday night at 7:30 at 303 West Lincoln Ave., Emmitsburg. So if your faith is not all that you would like it to be, join us as we learn from Jesus.

To learn more about Christ Community Church visit them on-line at www.cccaog.org.

FELLOWSHIP BAPTIST CHURCH

717-642-6767

Sunday School - 9 a.m.
Fellowship Time - Refreshments and Fellowship - 10 a.m.



Please join us!

Sunday Worship Service at 10:30 a.m.
(Check our website for online streaming)

Wednesday Prayer & Bible Study - 7 p.m.

DR. WILLIAM BURCHER, SENIOR PASTOR

110 Mt. Hope Road, Fairfield
admin@fbc-pa.org www.fbc-pa.org

Apples United Church of Christ
"the best kept secret in Thurmont"

Please join us for a Hymn Sing - Sunday, Aug. 29th @ 2 p.m.

Sept. 1 - Rev. Dr. Richmond Laney
Sept. 7 - Ret. Army Chaplain Mike McCauley
Sept. 15 - Joan Ports
Sept. 22 - Sue Clabaugh
Sept. 29 - Pastor Kelly Crenshaw
Oct. 6 - Rev. Dr. Richmond Laney

7908 Apples Church Road
Thurmont
301-606-2169

www.applesucc.org

Sunday Service at 9:30 a.m.

Graceham Moravian Church

Sunday Worship
New Hours
Starting September 8
Sunday School
9:15 a.m.
Worship Service
10:30 a.m.

Served With Grace
Free Dinner
September 2
5:30 to 7 p.m.
All Welcome!

301-271-2379
8231A Rocky Ridge Rd, Thurmont
Facebook Live - You Tube
admin@gracehammoravian.org



CHRIST'S COMMUNITY CHURCH

Connecting God & Community

Celebrating Sundays at 8:30 a.m.
10:30 a.m. & Wednesdays at 7 p.m.

Children's Ministry at 10:30 a.m. as well as 7 p.m.
Watch online at ccaog.org or on Facebook

PLEASE JOIN US!

ccaog.org
301-447-4224

CHECK US OUT ON



303 West Lincoln Avenue
Emmitsburg
(Next to the town pool)



John Talcott
Senior Pastor
Dana Talcott
Children's Ministry

THE BOOK OF DAYS

The Duke of Wellington



On the 14th of September 1852, died Arthur, Duke of Wellington, the most illustrious English-man of his time, at the age of eighty-three. He had performed the highest services to his country, and indeed to Europe, and the honours he had consequently received were such as would tire even a Spaniard. While so much honoured, the duke was a man of such simplicity of nature that he never appeared in the slightest degree uplifted.

His leading idea in life was the duty he owed to his country and its government, and with the performance of that he always appeared perfectly satisfied. He was the truest of men, and even in the dispatches and bulletins which he had occasion to compose amidst the excitements of victory, there is never to be traced a feeling in the slightest degree allied to self-complacency. It was not in respect of stricken fields alone, that he proved himself the superior of Napoleon. He was his superior in every moral attribute.

His first conspicuous appearance in our military history is as the chief of a little British army, which overthrew in 1803 a large Mahrattas force at Assaye by which the British power was established in that part of India. It is not required here that we should recite the series of campaigns in Spain and Portugal, extending between April 1809 and November 1813, by which he expelled the superior armies of Napoleon from the Peninsula, and enabled his troops to bivouac in unopposed triumph on the soil of France. Neither

is it necessary here to repeat the particulars of his Belgian campaign of 1815, ending in his triumph over Napoleon in person at Waterloo. All of these transactions are already written deeply in the hearts of his countrymen.

When Arthur Wellesley completed his military career in 1815, with the title of Duke, and a multitude of other marks of the public gratitude, he was only forty-six years of age. Throughout the remainder of his long life, he devoted himself to the service of his country, as a member of the House of Peers and occasionally as a minister. It cannot be said that he shone as a politician, and his sagacity, for once, made a dismal failure in the estimate he formed of the necessity for parliamentary reform in 1830. Yet no one ever for a moment hesitated to admit, that the Duke was perfectly honest and unselfish in his political, as he had been in his military career.

From 1829 till 1852, he was accustomed to the autumn at Walmer Castle, away from the turmoil of parliamentary and official life in the metropolis. Here the great duke, as we have said, passed a portion of each year. His apartments were furnished in the simplest possible way; especially his bedroom, which besides an iron military bedstead and a coverlet, contained very few articles. The one window of that room looked out upon the sea; while a door, in an adjoining apartment, gave access to the ramparts of the castle, where the duke was accustomed to walk at an early hour

every morning - a few guns around him, but a very lovely prospect in front.

His habits were as plain and simple as his rooms. From morning until night, every hour was apportioned with the utmost regularity. That faculty for order and organization, which had enabled him, in earlier years, to manage large armies, still remained with him till his death, when he was in his eighty-fourth year.

On September 13th 1852, the Duke rode and walked out as usual, dined as usual, and retired to rest at his usual hour. On the 14th, his valet called him at the customary hour of six o'clock. Half an hour afterwards, hearing a kind of moaning, the valet entered the room, and found his master ill. The Duke requested that his apothecary should be sent for. When the apothecary arrived the Duke was in an epileptic fit, something similar to one from which he had suffered a few years before. The apothecary went back to prepare some medicines; but while he was gone, the symptoms became worse. Thus the Duke of Wellington died, with nobody near him, among all his crowd of illustrious and distinguished friends, except one son, one daughter-in-law, a physician, an apothecary, and the ordinary domestics of the castle.

Two striking instances of Lord Wellington's coolness are often noted: one, when in a fog in the morning, as he was pursuing the

French, he found a division of his men, much exposed in advance, and nearly separated from the rest of the army, and the French in a village within a mile of where he was standing. He could see nothing. But, on some prisoners being brought in, and being asked what French division, and how many men were in the village, they, to the dismay of every one except Wellington, said that the whole French army were there. All he said was, quite coolly: "Oh! they are all there, are they? Well, we must mind a little what we are about, then."

On another occasion, when the proximity of the French army placed them in considerable danger by reason of the non-arrival of their flank divisions, a Spanish general was astonished to find the English commander lying on the ground in front of his troops, serenely and imperturbably awaiting the issue of the peril. "Well, general," said the Spaniard, "you are here with two weak divisions, and you seem to be quite at your ease; it is enough to put one in a fever." "I have done the best," the Duke replied, "that could be done according to my own judgment, and hence it is that I don't disturb myself, either about the enemy in my front, or about what they may say in England."

On several instances he very narrowly escaped being taken prisoner. Once being surprised by a party of French while looking at his maps. In the latter action, as he was carried away on the tide of a retreating body of young troops, the French

lancers suddenly charged on its flank, and his only chance was in his horse's speed. "He arrived," Mr. Gleig writes, "hotly pursued, at the edge of a ditch, within which the 92d Highlanders were lying, and the points of their bayonets bristled over the edge. He called out to them as he approached, "Lie down, men!" and the order was obeyed, whereupon he leaped his horse across the ditch, and immediately pulled up with a smile on his countenance."

The Duke's success no doubt was largely owing to his special mastery of details. In camp and on the march, equally methodical, he relied for victory on the preparations he had made. From the smallest incident to the greatest, he made himself acquainted with all that could affect the organization of his army, and the comfort of his men individually. Even the cooking of mess-dinners was his constant care.

Upon the first publication of his dispatches, one of his friends said to him, on reading the records of his Indian campaigns: "It seems to me, Duke, that your chief business in India was to procure rice and bullocks." "And so it was," replied Wellington "for if I had rice and bullocks, I had men, and if I had men, I knew I could beat the enemy." Like Napoleon, though with a vast difference in scale, his army was the work of his own hands.



To read other selections from Robert Chamber's 1864 *The Book of Days*, visit thebookofdays.com.

HELP
Save
Frederick's
HISTORIC
Clock
Tower

Without the help of the community, Frederick's oldest spire and town clock tower will be removed and capped at its base. ERUCC has raised half of the \$1 million that is needed for the spire's preservation. Play a role of historic proportion with your gift of any amount. *Every dollar counts in this race against time!*

Donate now via The Community Foundation of Frederick County
www.frederickcountygives.org/give

Or learn more at: www.saveourspires.org
A project of Evangelical Reformed United Church of Christ



★ Labor Day Festival! ★
September 2nd
Noon to 5

★ Family Style Dinner ★
(Served in our air conditioned hall)

Fried Chicken, Baked Ham, Potato Salad, Corn-on-the-Cob, Green Beans, Cole Slaw, Roll, Fresh Peaches

Adults: \$15 ~ Ages 6 - 12: \$6.50
5 & Under FREE ~ Carry Outs Available

Music by Home Comfort Bluegrass Band
Bingo under a tent ~ Hourly 50/50 Drawing
Peel Open Jar Tickets ~ Big Wheel ~ White Elephant Sale

Our Lady of Mt. Carmel
103 Church St., Thurmont

ECOLOGY

Looking ahead

Anne Gageby
 Director of Environmental Education
 Strawberry Hill Foundation

Fall feels so far away. This is especially true during these vacillating end-of-season days in which temperatures can be quite chilly but are regularly in the 80s. But the slide into fall is happening here in southern Pennsylvania. The tiniest blush of yellows and pinks on leaves can be seen popping up at random along roadsides. They're a tantalizing hint of the spectacular colors to come.

A quiet stillness has settled around the Strawberry Hill campus. The Wild Strawberries kids have all gone back to school. The last summer camp field trip waved goodbye as they boarded their bus. We shared hours of laughter, fun, and learning as we built memories of another summer on the mountain. It was an incredible summer, for sure. Just outside my office window, the mountain seems to have morphed into a gentle still-life. And yet behind the scenes is as busy as ever. The lull in activity this time of year allows us to prep and plan for the whirlwind that is late September through October. We have several big events coming up this fall at Strawberry Hill and I can't wait for the fun to start.

Sunday, September 8th we're hosting a free Grandparents' Day Hike from 10-11am. Spend the day exploring our beautiful campus as we search for signs of wild-life along the trails. Bring a packed

lunch and spend the afternoon on the Nature Playground. This hike will stick to flatter areas of Strawberry Hill's campus.

Our Homeschool Days are back this fall and they're bigger than ever. Doors open at 9:45am and programs run from 10:00am until 1:00 or 1:30pm. The Nature Classroom will be open as part of the days' festivities. Each Homeschool Day features a different theme with activities designed with Pennsylvania Department of Education standards in mind.

On Tuesday, September 24th we're celebrating all things colorful with our Homeschool Days - Art in Autumn event. Celebrate the start of fall and all the beauty it brings to our forest. Join us for an art-tastic day of learning, creativity, and fun as we explore natural hair dyes and ink, nature journaling, patterns in nature, and even participate in an afternoon color run - with prizes, of course.

October 8th is Homeschool Days - The Sweet Side of Skunks. Ollie, Strawberry Hill's resident skunk and animal ambassador, is so excited for you to join us as we learn about and celebrate one of nature's most marvelous and misunderstood creatures - the striped skunk. Programs and activities include a habitat hike, skunk trivia, skunk tails and sweet treats, and learning about the science behind the stink including what to do if you or your pet are sprayed by a skunk.

And on Tuesday, October 29th we're exploring the mysteries of

our beloved woods at Homeschool Days - In the Deep, Dark Woods. Discover why so many spooky folktales are rooted in the science of the forest as we venture out for a fall hike, explore natural "terrors" of the world, hear folktales from the forest, and have a meet and greet with our favorite owl, Strix.

To learn more about our upcoming Homeschool Days, visit our website strawberryhill.org and click on "Homeschool" under the Programs tab. Each day's link includes information on how our Homeschool Days help boost portfolios by connecting to specific curricular topics and ages. These events are a great opportunity for homeschool families to get out and have fun while adding to a homeschool portfolio. The Homeschool Days are primarily designed for kids from Kindergarten through 10th grade, but all ages are welcome. Cost is \$7 per person (child and adult) or \$25 for a family of four or more.

Have a Girl Scout who's looking to earn badges? Strawberry Hill is a program partner with Girl Scouts in the Heart of Pennsylvania, and we have three upcoming programs designed to meet specific badge requirements. Scouts will receive a certificate of completion after the programs. These are programs you and your Scout don't want to miss!

Strawberry Hill Adventure Day will be on Saturday, September 14th, 2024, from 1-2:30pm. Join us as we go on a nature hike with a Naturalist, learn how to prepare for an outdoor adventure, and discover how to stay safe while out hiking.



Strawberry Hill Naturalist, Amanda, introduces kids to Animal Ambassador Strix.

This program is designed to meet all Trail Adventure badge requirements. Scouts will be divided up by levels and will hike different trails appropriate for their ages and badge requirements.

Saturday, October 19th, 2024, from 8-9:30pm is our Strawberry Hill Night Science event. Explore the brilliance of the night as we learn how to use telescopes, discuss myths & legends about the moon, and explore nature with a night hike. This program is designed to meet the Cadette Night Owl and Senior Space Science Expert badge requirements.

And finally, Strawberry Hill STEM Day is on Saturday, November 2nd, 2024, from 1-2:30pm. Spend the day with us as we dive into creative fun exploring animal habitats, math

in nature, and all things bugs! Tinker with some STEM-inspired crafts that you can take home. This program is designed to meet the Daisy math in Nature 1, Brownie Bugs, Junior Animal Habitats badge requirements. We will also have a tinker station that meets the requirements for Daisy, Brownie, and Junior Craft & Tinker badges. \$10 per Scout and parent chaperones are free.

Fall is spectacular on the mountain. There's something about the cooler temperatures and stunning colors that make outdoor adventures more fun. So, stop by Strawberry Hill and make the most of your time on the mountain. We can't wait to see you!

To read past editions of Ecology, visit the Authors section of Emmitsburg.net.



PEAK

BENEFITS GROUP

209 E. Main St., Thurmont

www.peakbenefitsgroup.com

301-304-3249

- Major Medical Insurance
- Medicare Insurance
- Long Term Care Planning
- Disability Income Policies
- Group Benefits Packages
- Group Health Insurance
- Life Insurance
- Exit Strategies

Don't Wait, Call Now!



Dreaming Up the Ideal Retirement Is Your Job. Helping You Get There Is Ours.

To learn more about why Edward Jones makes sense for you, call or visit a financial advisor today.



Frank C Pizzuto, AAMS®
Financial Advisor
249 York Street
Gettysburg
717-337-2556

www.edwardjones.com
Member SIPC

Edward Jones®

MAKING SENSE OF INVESTING



The Taney Corporation

Manufacturers of Wood Stairs & Stair Parts

Locally owned continuously
for over 50 Years

5130 Allendale Lane, Taneytown • 410-756-6671

Visit us at www.taneystair.com

A sponsor of the Emmitsburg News-Journal

IN THE COUNTRY

Symphony of lights



There are more than 2,000 different types of firefly species in the world, and they are found on every continent except Antarctica.

Tim Iverson
Naturalist

Orange hues fade to purple, which rapidly descend into darkness. The sky resembles a backlit canopy with holes punched in it. Sultry summer air hangs on your skin and if you're lucky the magic begins to happen. The luminescent show begins with an overture from crickets and frogs. As a child your wonder and amazement are unparalleled as you run after the fluttering diamond like glint of lightning bugs. Your bare feet glide through the grass and you clasp your hands around these tiny little bugs in the hopes that you can inspect the phenomenon up close and personal. This natural light show subtly draws to a close by dawn, and may be doing so permanently.

Fireflies, or lightning bugs, can inspire awe in children and adults alike. Who can't say that they didn't spend summer nights running after this elusive illuminative force? To either catch and release or capture and hold in a jar empowered us as tiny masters and detectives of our natural world. Fireflies and lightning bugs are neither bugs nor flies. They are actually a type of beetle. What makes them a beetle is how their body functions. They have hardened forewings, called elytra, which extend in flight and will lay flush against their body when at rest. When in flight these elytra will be raised for balance, and they'll rely

on hind wings, located underneath the elytra, for movement. This feature is what classifies them into the beetle family.

There are more than 2000 different types of firefly species in the world, and are found on every continent except Antarctica. They produce light that can vary in color from yellow, orange, or green. Each species has a different flashing pattern, and some species don't actually light up at all. Primarily, they'll use these lights to attract a mate, but they can serve other purposes too. Some species will communicate to others with their flash. This can range from marking or guarding territory or to warn predators to stay away. They have a foul taste, so most would-be predators leave them alone as it is. When attacked fireflies do what's called "reflex bleeding". In the blood that is released is a chemical that tastes bitter and is actually poisonous to some animals. So, be careful of any pets that may try to eat them. On one particular evening though I had taken a stroll through Baker Park, and had stopped to sit down on a bench to talk with a friend. Ducks had been waddling by and every so often would lunge their necks out and snatch up a lightning bug. Apparently they didn't get the memo about not eating them, and I didn't see any keel over so I assume they're okay.

Adult fireflies aren't the only ones who glow though! Their eggs and larva (think babies) can also glow.

There are two chemicals in their tails that make glowing possible – luciferase and luciferin. These chemicals when combined with ATP (which is found in all living animals) will produce a glow. ATP should be a relatively stable level in healthy cells. In diseased cells the balance may be off. Scientists and doctors have put this knowledge to good use, and can detect potentially cancerous cells in people by injecting these chemicals from fireflies into diseased cells to detect anything from cancer to muscular dystrophy. Other medical uses include detecting blood clots, marking tuberculosis cells, marking the progressing of diabetes, and more. That's not all though! Scientist will also use these chemicals to detect food spoilage and have even equipped space craft to detect alien life with it as well. Fortunately, medical science has created a synthetic form so we don't need to commercially harvest them from the wild anymore.

It's a good thing we aren't harvesting them from the wild anymore, and haven't in a sometime, because population levels seem to be declining by all accounts. The numbers aren't concrete yet, but some places in Asia are reporting up to 70% decline. Here in the US evidence is still largely anecdotal, but the research is underway. Researchers from Boston's Museum of Science, Finchburg State College, and Tufts University have teamed up to create an organization called Firefly Watch. Their goal is simple – "to track the fate of these amazing insects." They rely on volunteers, or citizen scientists, to help them by collecting data. It requires minimal effort or time on the part of the participant. According to the Firefly Watch website, "We hope that you'll be able to spend ten minutes checking your backyard for fireflies, one evening a week throughout the summer. However, we realize that you lead a busy life and may not be able to collect data every week. Any information you can send us is valuable, as long as you fill out the observations form, and upload the results to us." With your help they aim to understand population distribution and the behavior of fireflies.

While the research is still ongoing to discover the extent of population numbers and decline there are a few

Taneytown's Birds & Bourbon at Bollinger

The City of Taneytown's Parks & Recreation Department is excited to announce their inaugural "Birds & Bourbon at Bollinger" event, to be held on Sunday, September 29th from 3 to 5:30 p.m. at Bollinger Park, 3775 Fringer Road, Taneytown.

Partnering with Kimberly Smith-Fuentes from Maryland's Whiskey Bourbon Society and David Smith from the Carroll County Bird Club, Taneytown Parks & Recreation is offering an informational afternoon for attendees to sample a variety of bourbons and enjoy a guided bird watching walk in the beauty of the City's Bollinger Park. Bollinger Park, a 102-acre nature preserve, was completed and opened in April of this year, and includes a mile-long paved walking trail, a pollinator meadow, and nature-themed art sculptures.

"There's nothing better than a crisp autumn afternoon to enjoy the rich tastes of bourbon and catch sight of some of our area's native and migratory birds," said Lorena Vac-

care, Director of the Parks & Recreation Department. "We hope this will be an enjoyable and educational experience not only for the palate but also for the pleasure of observing and being part of the serenity of nature at Bollinger Park."

The event is limited to 15 participants; tickets are \$25 per person and available on TicketLeap at www.ticketleap.com/events/tickets/taneytown-parks-recreation/birds-bourbon-at-bollinger. The ticket price includes sample tastings from five bourbons, a souvenir tasting glass, a guided bird watching walk (binoculars provided), and a raffle ticket for a bottle of bourbon of the winner's choice. All ticketholders must be 21 years or older to participate.

For more information on this and other events, please visit the City's website calendar at www.taneytownmd.gov/calendar.php or the Taneytown Parks & Recreation Department's Facebook page at www.facebook.com/TaneytownParks.

theories behind the apparent abatement. The culprit is likely human interference. First and foremost, habitat destruction has taken its toll. Fireflies live in fields and forest edges. When these fields and forests get paved over fireflies don't migrate to new homes. They simply vanish ad infinitum, they're gone forever. Light pollution seems to be a major problematic factor. Street lights, porch lights, and landscaping lights can make it difficult for fireflies to find the blinking lights of mates, which can make it hard to propagate the species. Broad-spectrum pesticides can also negatively impact them too.

A few simple suggestions to aid the lightning bug are to keep the pesticide use down. Fireflies spend the day resting in grass and shrubs, so by limiting pesticide use they'll find it easier to avoid getting poisoned. You could also plant more plants, trees, and shrubs in your yard. It'll

beautify your home, and create homes for them and other wildlife. While you're at it, you can install a water feature too! Fireflies prefer ponds and creek sides, so if you can include this addition to your home they'll love you for it. Turn off the outside house lights unless you need them to see. You'll save on energy costs and help cultivate an amorous atmosphere for fireflies.

The symphony of frogs and crickets wouldn't be complete without the light show offered for free from fireflies. Hopefully with better understanding we can help this awe-inspiring phenomenon avoid the decrescendo into oblivion that many species have faced. Let's conduct the sonata forward illuminating the summers of tomorrow.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net.

CRUISE PLANNERS®

MORE THAN JUST CRUISES

Alaska Presentation

Saturday, September 14
at 1 p.m.

Call to pre-register and for location!

Barb Cline, ECC
Your Personal Travel Professional
240-575-5966
BarbClineTravel.com
CruisePlannersFrederick.com

Kimberly Mogard
Associate
240-415-8186
kimberlymogard.barbclinetravel.com

BUILDER

1 South Main Street, Woodsboro
Joel Rensberger, Owner
MHIC# 4286161 • MHBR# 6677 **301-370-4042**
www.cerensbergerbuilder.com

Custom Homes
Historic Restorations
Major Home Remodels

FrederickCustomHomes.com

SCIENCE MATTERS

Placebo effect: hidden and powerful

Boyce Rensberger

Deep within the human mind lies a little-known power of extraordinary force.

It's called the placebo effect. You can also think of it as faith healing or as the power of suggestion or even as witch doctoring. Although often pseudoscientific, all these other labels succeed because of a phenomenon that biomedical scientists now know to be powerful and useful.

It's a power, or probably several powers, in the brain that can heal the body of many different (though definitely not all) ailments -- from warts and battle wounds to infections and headaches. The power must, however, be invoked in the right way. It doesn't matter what form the placebo takes. It can be a country doctor's sugar pill or a Navajo medicine man's five days of chanting and sand painting inside the sacred hogan. It can be a slap on the forehead from a faith healer (even one of the varieties shown to be outright frauds) or it can be a mother's kiss.

The paramount factor that matters, scientific experiments show, is that the patient truly believes the method can work. "Faith healing" turns out to be an apt name, though the religious kind of faith is not necessary. Faith in the method is. If

that faith is present, messages go out from the brain to communicate with various physiological mechanisms throughout the body.

The placebo effect is not a cure-all. But many diseases are self-limiting, and the normal recuperative powers of the body eventually triumph. The placebo effect merely seems to speed up these normal processes.

Perhaps the most studied placebo mechanism is one that helps control pain. A dramatic example arose in the 1950s, when a curious form of surgery was being touted as a cure for the chest pains of angina pectoris. Heart surgeons would open a patient's chest and tie off the internal mammary artery. This was supposed to divert more blood to the heart's coronary arteries and relieve the pain. Early reports on the procedure, called an internal mammary artery ligation, were stunning. More than 90 percent of patients reported dramatic relief of pain, and 75 percent performed better on stress tests.

But some doctors were suspicious. They devised an experiment the like of which would not be allowed under today's ethics rules. Angina patients were randomly assigned to either of two groups. One group received the standard artery ligation.

The other got a placebo operation, but those patients were not told. Both groups got the usual preparations for surgery and were anesthetized. Surgeons cut open each chest. In the placebo group, doctors merely looked at the artery and sewed up the incision. When those patients came to, they had the expected post-operative pain, a sure sign that something powerful had been done to them, and stitches in the right place.

Those who got the sham surgery reported just as much pain relief as those who got the real thing. Even though some 10,000 of the operations had been done, the experiment proved they were useless. It proved that what was doing good was the placebo effect. The patients believed that the most advanced techniques of modern medicine were being applied to them, and the placebo force did the rest. Internal mammary artery ligations were stopped immediately, but the question remains: How did the placebo force cure the angina?

The answer has become clear in recent years. When the brain wants to kill pain, it sends signals to the painful area, causing the local nerve cells to release a natural pain-killing substance called endorphin. This is the body's morphinelike molecule that also produces the "runner's high."

Pharmacologists at the University of California at San Francisco even measured placebo pills against morphine. Before treating their pain with placebos, they gave volunteers the drug naloxone, also known as Narcan, which blocks the action of opioids. Amazingly, the placebos didn't work. Levine found that the amount of naloxone



"Hmm... better go with these."

needed to block the placebo effect was the amount needed to block 8 mg of morphine. A typical morphine pill is 10 mg.

Pain is not the only thing placebos can treat. They are good for treating postsurgical wound pain, seasickness, headaches, coughs, anxiety and other nervous disorders. Placebos have produced improvement in high blood pressure, depression, acne, asthma, colds, arthritis, ulcers, headache, constipation and even cholesterol counts.

Because placebos can produce so many desirable effects, no test of a new drug or other treatment is considered valid nowadays unless it compares the new agent with a placebo. The placebo is designed to look so much like the experimental treatment that neither the patient nor the doctor can tell which is which. This is called double-blind testing. The doctor knows only a code number. After the whole experiment is over, the code is broken to reveal who got the placebo and who got the real thing.

Endorphins don't account for all placebo effects. There are several other natural substances that nerve cells can put out, and

researchers suspect they accomplish many placebo effects. Called neurotransmitters, they include serotonin, dopamine, norepinephrine and acetylcholine. These molecules can carry messages from one nerve cell to another, and they can carry messages from the nervous system to almost any other cell of the body. Some even act on the cells of the immune system, boosting their capacity to fight infection.

Warts offer a dramatic example. Warts are a benign tumor caused by a virus infection. They can sprout in clusters and persist for years, or they can go away for no obvious reason. They can also, as doctors have known for centuries, go away through the placebo effect. For many years the famous Merck Manual, a thoroughly scientific compendium, advised doctors to "hex" warts with an impressive ritual such as painting the warts red and invoking mystical powers. It works best with children, the manual said.

In a controlled experiment reported in the British medical journal *Lancet* in 1959, volunteers with warts all over their bodies were hypnotized and told that the growths on one side would disappear but not those on the other. Within weeks, exactly that happened to most of the volunteers. Hypnosis is a legitimately amazing phenomenon in its own right, but its role in this case is thought to be that of a ritual that invokes the placebo power.

Doctors have been using the placebo force for thousands of years, whether they knew it or not. A good share of the benefit conferred by every therapeutic act comes from the placebo effect. Even if the drug or procedure has intrinsic benefits as well, the placebo effect will enhance the benefit -- so long as patients have faith in their doctors.

Boyce Rensberger retired to Frederick County after more than 40 years as a science writer, mostly for *The New York Times* and *The Washington Post*. Write to him at boycerensberger@gmail.com.

To read other articles by Boyce Rensberger, visit the Authors section of *Emmitsburg.net*.

Coleman's Lawn & Tree Service

- Lawn Cutting
- Tree Cutting
- Junk Hauling
- Brush Hauling
- Stump Grinding

717-357-5866
Mike & Robin Coleman

The Ultimate Wood Heat.

Set the thermostat where you want for a more comfortable home.

- **Highest Efficiency Certified by EPA**
- **Peace of Mind** - Keep the fire outside and eliminate the dangers associated with indoor wood heating.
- **Save Money** - Wood is a renewable, inexpensive and often free energy source.

UP TO \$2,000 TAX CREDIT*
* On qualifying models and installation. Call for details.



Classic Edge HDX models are U.S. EPA Certified

CLASSIC EDGE
TITANIUM HDX
Outdoor Wood Furnaces

CentralBoiler.com 23-0502

Nevin Eiker Masonry
17318 Nevin Ct.,
Emmitsburg
301-447-6543





Business Service



Tags & Titles

Personal & Business Taxes

Monday 9 a.m. - 6 p.m.

Wednesday & Friday 9 a.m. - 7 p.m.

Saturday 9 a.m. - 2 p.m.

Tuesdays & Thursdays

By Appointment

Extended Hours

During Tax Season

717-457-0551

12 Water St., Fairfield

We are a proud supporter of the Emmitsburg News-Journal

To bee or not to bee

Jack Deatherage

Whatever you think retirement is, it isn't.

—DW's Da, Glenn Smith, at age 70.

My dad crapped out at age 56, before he could retire. Mom's brothers reached retirement age and one by one began the long, miserable slide into whatever is next via various medical issues. Several of my cousins, all of them working better paying jobs than I was capable of, having planned their retirements and saved diligently, crashed and burned before ever enjoying the fruits of their labors. Idiot though I am, my expectations of retirement were long ago set in stone. I'd drop dead around age 60 doing some task in the DW and her aunt's novelty leather goods factory.

Yeah, that didn't happen. When I walked into the Liberty Mfg. Co. building on Creamery Road in 1973, I didn't want to work in a factory. I was hired anyhow. I remember Leonard Dow, (factory supervisor) telling me, "You won't make any money working here, but you will learn enough to get a good job in a shoe factory."

I still laugh 51 years later! Long before I'd learned enough, the shoe factories in Emmitsburg, Fairfield, Dillsburg, East Berlin and Hanover were gone! I helped gut large factories in Gettysburg and Reading.

Retirement? Hell, work was not what I thought it would be! The last three months the family business was still "open" we worked for no pay as we struggled to clear the factory's debts before the DW finally stuck a fork in what was left of the business and called it done.

Done? Now what? The factories were gone. I was evidently "too old" for the several dishwasher jobs I applied for. The DW's most marketable skill was bookkeeping, on paper, with a pencil- computers totally baffle her. Would we sit in front of a TV as the DW's parents had done until they went into a nursing home? (I still shudder at the thought of ending up like that!)

After wending my way through various hobbies, most of which we couldn't afford to fund, I finally settled on two interests that have drawn me moth like to the flame-learning and gardening. As much as I hated/hate school, I enjoy

learning! Sadly I don't retain much, but that's what books are for! Now I have time to ransack public libraries for books on any topic that catches my flittering attention.

Native bees are currently one of the garden topics I've begun digging into. Fortunately for me, I don't care about identifying any of the estimated 30,000 species of bees that live around this rock. Just learning to pronounce their scientific names would take me another lifetime. I mean- *Eulonchopia punctatissima*, a bee living, or not, in the southwestern states and Mexico? Pfft. I struggle with pronouncing my last name!

I'm more interested in Emmitsburg's population of mason, leaf-cutter and ground dwelling bees that have shown up in the community garden in numbers that beat the vaunted European honeybee by at least 5 to 1. Native bees are said to pollinate 95% of the flowers they visit compared to the 5% the honeybees manage.

Beyond being better pollinators Native bees tend to be less aggressive as they aren't defending hives filling with honey. They seldom pay attention to us as we tramp through the melon patch or wade among the pumpkins growing in bags. Equally important to me is the ease with which we can work some of the nearly 400 species of Maryland's native bees into a STEM program for the children's librarians while ensuring next year's crop of delectable melons are well pollinated.

The current plan is to set up "bee houses" around the garden next year and provide watering and mud holes for the mason bees which are the most likely species working the garden. Of the mason bees, *Osmia lignaria*, blue orchard bee (BOB) is the easiest to accommodate as far as bee housing is concerned. There are several commercially available "houses" on the market and do-it-yourself plans are simple enough if one has the wood, tools and minimal wood working skills. Having none of those I call on the Stoneman.

Knowing slightly more about native bees than I know about wood crafting I have to get Stoneman up to speed to get him onboard with making bee houses. Once he understood the purpose he points out the fact that mason bees will use most any available hole they can squeeze into. The



The honeybee (left) and the mason bee (right) are both super helpful insects. Honeybees produce honey and contribute to pollinating crops around the world. Mason bees may not provide any resources, but they are excellent pollinators.

"ground" holes in every electric receptacle in his mom's garage have mud seals. Even the recessed bolt holes on her lawn equipment are sealed with mud. Which reminds me of the first mason bee I noticed several years ago filling the hollow of an old fly fishing rod abandoned on the kitchen door stoop.

Obviously we don't have to be as precise in building bee houses if we're attracting every species of mason bee in the area. However, housing BOB is a different business, literally. People are collecting the pupae from BOB houses, overwintering them in cold storage and selling them to orchards, large and small, for release during bloom time. There are commercially available BOB houses specifically designed for harvesting the pupae. We're not currently interested in those.

More useful for the library's STEM program would be a bee house with a viewing window that could allow the kids attending the program to watch the nest build-

ing from start to finish. Such a house would be a better use of the Stoneman's craft as well. Convincing the DW to spend money on this new project shouldn't be too difficult. We need the bees to pollinate the cantaloupes she enjoys from the community garden. Maybe a title for the DW would help get her onboard? Saint DW, patron of Emmitsburg's native bees? She's already the patron saint of the rare gray bearded, balding, potbellied, six-eyed macaques, of which there is only one that we know of. I see no reason she can't be a saint twice over.

Hmm... I'd like to make her the patron saint of Emmitsburg's melon patch while I'm at it. Doubling the current garden would accommodate the few people who have talked to me about joining the community garden next year and provide us with enough room to grow melons for the farmers market. Growing and selling melons is a program I'll pitch

to the librarians. I think the kids who currently attend the library's STEM program can handle growing melons. I'm sure they'd enjoy eating the melons. Sticking a few dollars in their pockets after selling melons might also get them interested in expanding into general market gardening.

Yep. Retirement isn't what I thought it would be. So far, it's been better than I deserve as "learning" and "gardening" opportunities expand before me until mind and/or body gives out.

Sadly, it's only September and I've all of Autumn and Winter to change my mind about my role in the community garden a dozen or more times before ever the first seed sprouts in the Spring. Poor DW. She really does deserve sainthood, or free room and board in a mental ward other than our madhouse.

To read past editions of *The Village Idiot*, visit the Authors section of Emmitsburg.net.

THE MASTER GARDENER

Forcing bulbs

Mary Ann Ryan
Adams County Master Gardener

September brings boxes and bags of fall bulbs into the garden centers and super stores. Tulips, daffodils, crocus and other bulbs will be found on the shelves. These bulbs are best planted in the garden September through November for best success. But did you ever wonder how to have those spring bulbs bloom indoors in the winter? It may seem a bit early to think about it, but now is the time to prepare bulbs for forcing indoors. Gardeners and non-gardeners can enjoy spring even in the middle of winter by forcing bulbs.

First, determine what to force. Tulips, daffodils, hyacinths, dwarf iris, crocus and grape hyacinths are great for forcing. Twelve to eighteen weeks of chilling are needed to force most bulbs. Count back from the month the bulbs are

needed to bloom. If February is the month, that makes it around Oct. 1 when those bulbs start its “chill” period.

Choose your bulbs. They should be firm, not soft or moldy. Pick out the biggest bulbs, as they will have the best chance of blooming. When choosing what kind of bulbs, think about fragrance as well. In a warm home, the fragrance can be more powerful than when its outside. I love the smell of hyacinths, but not everyone does.

Select the container. Often 6”, 8” or 10” plastic pots are used, depending on the sizes of the bulbs. The plastic pots keep them light in weight for cooling in the refrigerator. Then when the bulbs begin to sprout, they can be set into more decorative containers. The container must have holes in the bottom for drainage. If the soil falls out while filling the container, put pieces of a broken clay

pot over the hole, or pebbles, or even newspaper to hold the soil in, but allow water out.

The soil should be well drained. Regular potting soil will work fine. Again, drainage is very important. Be sure to choose something that houseplants could live in.

Fill the container about ½ full. Place the bulbs in the container, close together. It will be a better display of color the more bulbs in a pot. Typically, 5 or 7 tulip or daffodil bulbs can fit in a container, depending on the size. Hyacinth bulbs are a bit bigger in size, so maybe 3 – 5 bulbs in a container would suffice. Smaller bulbs, like crocus, iris and grape hyacinths can take a smaller container. Seven bulbs will give a nice display. The smaller the bulb, place closer to the surface.

After placing the bulbs in the container, fill it the rest of the way with the potting mix. Water it good, till water runs out the bottom of the pot. Then chill. This step can be done in a refrigerator – where apples are not stored – for 12 – 18 weeks at 35 – 45 degrees.

Another way to provide the chilled period is to put the pots in a cold frame or against the foundation of the house, completely covered with mulch, straw, or compost. This will keep the temperatures more even, so the fluctuation in temperature doesn't rot the bulbs.

Even though the bulbs appear to be dormant, the root system is growing, therefore, watering is essential. Keep the soil moist, but not wet. Close to the time to put the bulbs on display, roots may be coming out of the bottom of the pot, and/or the bulbs may begin to grow. This is the best indication that they are ready for display. If the leaves are yellow or pale in color, that's ok. they are just in need of some sunlight. When put in a window, those leaves will green up quite quickly.

There is also layering of bulbs that can be done. It's the same concept, but using a large pot, and putting the bigger bulbs on the bottom and working up the container till the smallest bulbs are at the top. Management of some-



Mixed bulbs planting in the fall will bring about a spring show of colors!

thing large is done the same way as the smaller, individual containers, but most easily managed outdoors, as opposed to a refrigerator.

When the bulbs are ready for display, simply bring them indoors, or take them out of the refrigerator and put in a sunny window. Water as you would any other houseplant and enjoy the flowers! After they are finished blooming, plant them in the ground outdoors and they will come up again next year.

The Master Gardeners have an upcoming program on Layered Bulb Planter <https://extension.psu.edu/layered-bulb-planter>. By attending this class, you will be provided potting soil and bulbs to do a multi-layered planter for spring forcing. Bring a pot of your choice!

Just to make things more complicated, as the holiday season approaches, you may find fall bulbs in packaging that says something like “just add water and watch them bloom”. These fall bulbs have be “pre-chilled” so you

don't have to go through all the steps as above. The disadvantage to this is that you can't choose the variety. Just something to keep in mind.

In addition to fall bulbs, paperwhites are seasonal bulbs that do not require as much work. These bulbs truly are “plant, water and watch them bloom” type bulbs. Paperwhites are different from other fall bulbs in that they are not hardy. Planting them outdoors after blooming will not bring flowers the following year. These should be thought of as temporary color in the house. The most common variety of a paperwhite is ‘Zeva’. Although there are other varieties, some double, some yellow that can be found in the nurseries or on-line, all are treated the same way.

Paperwhites can be put in soil or in pebbles. When planting in soil, fill the container with potting soil. Nestle the bulbs on top, so that about ¾ of the bulb is underground, the other quarter is above the soil level. Water well; put in a

Kubala & Son
Landscaping and Lawncare, LLC.

Mulching · Mowing · Patios · Garden edging · Weeding · Hedge trimming
Landscape design · Brush clearing · Junk removal · Power washing
Milled asphalt & gravel driveway installation

717-321-4866
KubalaLandscape@gmail.com
Veteran-owned & Operated

Cub Cadet

YOUR BEST YARD AWAITS.

ULTIMA™ ZT6™

ULTIMA SERIES™ ZTX™

ZTX™ ENDURO SERIES™

ULTIMA™ ZT™

Ultima™ ZT2 60 ZERO-TURN

- 24 HP™ Kawasaki® FRT30V V-twin OHV engine
- 60" reinforced AeroForce™ fabricated triple-blade deck
- Dual Tuff Torq™ TZ 350 transmission
- Continuous 2" x 2" tubular steel frame with protective e-coat on lower end

\$5,099*

XT1® LT50 LAWN TRACTOR

- 24 HP™ Kohler® 7000 Series V-Twin OHV engine
- 50" AeroForce™ fabricated triple-blade deck
- Tuff Torq™ foot-controlled hydrostatic transmission (K46)

\$2,799*

Ultima™ ZT1 50 ZERO-TURN

- 23 HP™ Kawasaki® FR69IV V-twin OHV engine
- 50" AeroForce™ fabricated triple-blade deck
- Dual Hydro-Gear® EZT-2200™ transmission

\$3,599*

FOR FULL PRODUCT SPECS **Cub Cadet**
VISIT CUBCADET.COM

HARRINGTON & SONS

427 E. Main St., Emmitsburg

301-447-6666

harringtonandsons.com

Mon. - Wed. 8 a.m. - 3 p.m., Thurs. & Fri. 8 a.m. - 5 p.m.
Sat. 8 a.m. - Noon

Middle Creek Nursery

A long, hot, dry summer always turns into
“A Great Fall Sale!”

• Flowering Shrubs • Deciduous Shrubs • Evergreen Trees & Shrubs

All 3 Gallon Shrubs Including “Proven Winners”
Now Sale Priced: \$19.99

And some are even LESS! *Now that's a serious sale!*

Check our website for details

We grow our own plants right here in Adams County!

717-334-8605

“Nice plants at sensible prices since 1980”

860 Middle Creek Rd., Fairfield
www.middlecreeknursery.com

“Grower's Prices!”
No more middle man!

*Actual retail prices are set by dealer and may vary. Taxes and additional fees by location. Freight and PDI charges may be additional and vary by dealer. Models subject to limited availability. Images may not reflect dealer inventory and specifications. To learn more about all your options, call your nearest dealer or visit www.cubcadet.com. © 2024 Cub Cadet. All rights reserved. Cub Cadet is a registered trademark of Cub Cadet Corporation. The quality of our products is our commitment. The quality of our products is our commitment. The quality of our products is our commitment. © 2024 Cub Cadet.

THE MASTER GARDENER

sunny window and watch them grow and bloom.

If using pebbles, use a shallow container with no holes, fill with pebbles, and nestle the bulbs on the surface, placing them just deep enough that the bulbs are supported by the pebbles. Put a bit of water in the container, just till it hits the bottom of the bulb. Often glass containers are used for this purpose so the water level

is easy to monitor. Paperwhites can need staked and tied to keep the flowers from flopping over.

Consider forcing bulbs this winter. Whatever kind or method you choose, give it a try and enjoy a brightness of color in the dark of winter!

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

Small Town Gardener

Garden motivation? I'll take books over screens every time

Marianne Willburn

This year marked my return to large-scale vegetable gardening after a three-year renovation project of my kitchen garden. However, due to a severe drought in the late spring and early summer and only nine water barrels with which to face its demands, it also marked my desire to immediately leave it.

Thankfully, in the early hours of the morning, when the day still felt promising, the birds were at the feeder, and my phone was charging somewhere I couldn't lazily grab it, there were books. Before the heat and tempers built, I'd find myself leafing through sumptuous garden focused books and reading recipes that turned my eggplants into baba ghanoush, and my chard into gratin.

And with no social media, politics, email quick-checks, or YouTube shorts to grab my attention away from the task at hand, I would find myself walking down to the kitchen garden with new purpose, dipping a watering can into a dwindling supply and doling out precious water to precious vegetables three years in the making.

My kitchen garden background: big ambitions

From rental digs to sloping lots, you can grow vegetables almost anywhere, with very little outlay; and I've certainly demonstrated this over the years. Fully renovating our current kitchen garden felt like a luxury, but stemmed from our desire to make it more manageable and useable – not only as a garden for vegetables, trial plants, and cutting flowers, but as a place to sit and experience the garden after a long day.

The project involved tearing down [now] rotten raised beds built eight years ago, leveling much of the 40x60 foot site surrounded by a picket fence,

constructing a pre-fab greenhouse, building a retaining wall and rectangular pond, re-constructing raised beds with 4x4 posts, and building a 12x14 foot platform to sit within, but slightly above the scene.

Stone dust would make up the pathways, with more expensive pea gravel or granite dust to come along perhaps in a few years. And everything (including the fence) had to be painstakingly stained.

My kitchen garden reality: you're on your own

Apart from a fantastic summer's day when friends came to help put up the greenhouse; and a cold day in January when two others helped me ceremoniously plot the first lines of a geometric design; we did this work ourselves, in a wildly fluctuating lumber market, and with wildly fluctuating schedules.

To add more torture and time to the project, a flood in 2021 submerged the greenhouse panels in river water and greasy silt. Every 1cm channel of the double walled polycarbonate had to be cleaned with tiny bits of terry cloth shoved down the channels with a coat hanger, followed up with a stream from the power washer.

Thousands of them. And when I say "had to be cleaned," I don't mean out-sourced.

The last big push of construction happened in November by my husband while I was at a garden symposium far away and couldn't object to the swearing coming, full-throated, from that part of the garden.

However, all that profanity culminated in a garden that was fully and intoxicatingly ready to plant this spring. And I planted with gusto. Arugula, kale, lettuces, broccoli, snap peas, spinach, mustards, and radishes emerged, filled our plates, filled our egos, and went over as the heat built.

Seed-reared cutting flowers and summer vegetables like tomatoes, peppers, eggplant, carrots, beets, chard, beans, sour leaf, Malabar spinach, ginger, and summer squash took their place and quickly shifted into high gear as the temps continued to rise.

My kitchen garden angst: severe drought

But temperatures built. And rain, it did not come.

In new raised beds where soil beneath the bed is still compacted and untouched by years of pioneering tap roots, a tomato plant will dry up before you can say 'Heinz.' Those beds were fully reliant on hand watering with collected water, and the resident gardener's mood. Mine wasn't good.

Motivation was sorely needed beyond inch-deep social media reels and ad-strewn recipes that inevitably led me elsewhere. And thankfully I found it in the sumptuous pages of Sarah Raven's Garden Cookbook that had been waiting for me to review it for another journal.

Newly excited, from there I pulled Christopher Lloyd's Gardener Cook from the shelves, Deborah Madison's classic The Greens Cookbook, and Marian Morash's happy simple recipes and growing instructions in The Victory Garden Cookbook.

Even as the rest of the ornamental garden dried up around me, mornings with Roots by Diane Morgan and The Four Season Farm Gardener's Cookbook by Barbara Damrosch and Eliot Coleman had me watering my beets and carrots and surprisingly, looking forward into fall vegetables.

And the kitchen garden continued to flourish, and we continued – and continue – to eat.

These tomatoes brought to you by the printed word

Feeling uncomfortably empty when you finish another screen session, or rather, when it finally lets you go? Books allow us to fully own our time with them. They are opened, absorbed, and closed.

No one sets their soundtrack, voices, or pace, to your experience. No one effortlessly links you down another rabbit hole, or tries to take your money for yet another brand, product or can't-live-without – even as they track your interest to populate the next round of scrolling.

The act of opening a book and turning its pages involves four of our five senses, and connects us to our past – even as its contents inspire our future.

If you've been turning solely to a screen for motivation, information, and inspiration in your gardening endeavors, it might just be the link you're actually searching for.

Marianne is the author of Tropical Plants and How To Love Them, and Big Dreams, Small Garden. She gardens from her home in Lovettsville, VA.

Frederick County Master Gardeners September Seminars

September 7: "Seed Saving for a Sustainable Kitchen Garden" Learn seed saving basics to ensure you always have a supply of your kitchen garden favorites. An overview of plant reproduction will be followed by a hands-on demo and seeds to take home for next season. Pre-registration is required.

plants can help your entire garden thrive. Tour the pawpaw patch in our Demo Garden.

All seminars take place from 10 to noon and are free unless otherwise stated. Seminars are held at the University of Maryland Extension office at 330 Montevue Lane, (off Rosemont Avenue) in Frederick.

September 28: "Pawpaws, a Little Known Treasure" Discover a native gem you can grow right in your own backyard! Find out how and why to grow this large, tasty fruit—and how native

For more information and sign-up links, visit the Events section of the Master Gardeners Frederick County Maryland Facebook page, or call the extension office at 301-600-1595.



PONDSCAPES

Create a Sanctuary in Your Own Backyard!

- Watergarden Design
- Installation & Maintenance
- Custom, Quality Stone Masonry
- Koi Ponds, Streams and Waterfalls
- Natural Stone Patios, Walls & Walkways

WATERGARDENS ...
Lower Stress Look Beautiful
Attract Wildlife Raise Property Values
...Just relax and enjoy!!

Owners Paul & Stacie Zelenka
240-446-2846
www.PondscapesMaryland.com
or email us at: pspondscapes@msn.com
MHC #88198



BAKER
TREE SERVICES, INC.

1-800-383-4595
147 Water Street, Thurmont

Licensed & Insured
MD Tree Expert Lic# 904 • CTSP Cert# 1437 • ISA Cert. Arborist# MA-4258A

www.bakertreeservices.com
treecare@bakertreeservices.com



PATRICK ARENTZ GENERAL SERVICES
Landscaping & Light Excavation Services
Topsoil & Mulch Sales • Lawn & Field Mowing
Shrub Trimming
Junk & Debris Hauling
Lot Clearing & Demo
Storm Clean-Up

www.arentzs.com
717-642-6802
License # PA002802



HAWKINS
LANDSCAPING

- Patios/Walks
- Retaining Walls
- Paver Driveways
- Outdoor Kitchens
- Firepits
- Outdoor Landscape Lighting
- Planting
- Seeding/Sodding

301-898-3615
Fax: 301-898-1150
Email: DavidJr@Hawkinslandscaping.com

8408 Links Bridge Rd.
Thurmont
HawkinsLandscaping.com



Environmental
ENHANCEMENTS

LAWN & LANDSCAPE

Contact us:
301-241-3719
www.eellserves.com

PETS

To those I never see...

Jennifer Vanderau
Cumberland Valley Animal Shelter

I was reminded once again of how many people out there are helping this shelter without even knowing it.

I talked with a lady who takes care of two cat colonies and has a host of her own felines as well. She feeds and medicates and makes sure that all the felines in her care are spayed and neutered and that is such a help to us, it's hard for me to express it in words.

There are others like her who help in the same way.

Some of these folks bring cats inside their homes and love them for the remainder of their lives.

Some of these folks take animals from family members who have moved or passed away, so the four-legged friend doesn't have to come to a shelter.

Some of these folks maintain other outside strays and make sure they have food and water and rabies shots and are spayed and neutered so they don't make any more cats.

These are the people that take care of cats who never come to the shelter.

These are the people who – out of their own pockets – pay for the services necessary to care for the animals. I want to make sure you understand that – it's money out of their own pockets that they use to take care of these animals and I think that's utterly amazing.

They are absolute, beyond a shadow of a doubt, heroes in my mind and I very rarely ever get a chance to see them, let alone say thank you.

I was grateful to be able to talk the woman today and show my appreciation, but there are so many others out there like her that will never be able to hear my words.

A volunteer for the shelter is working on getting the cats fixed who showed up outside her home recently. She's doing this out of her own pocket because she cares about animals and she knows that



A simple act of kindness can make the day for a feral cat.

if they are allowed to reproduce, the numbers will quickly get out of control.

So far, she has spayed and neutered six of the cats around her home.

Thankfully, I am able to express my appreciation to her, but it frustrates me that I'm not able to say thank you to others like her doing the same thing.

So if you are one of those people, thank you so very much. It's difficult for me to find the words to really be able to express the depth of my emotion here.

If you know people who do this, please tell them I said thank you and express the sentiments above.

The bottom line to managing pet overpopulation is spaying and neutering.

And for anyone who has fed an outside cat, you know how very quickly those numbers can multiply. I'm always shocked by how many times a female cat can get pregnant in a year and how many kittens she can have per litter.

I know it's difficult to see the stray cats outside – there are some outside my house who get fed

every day (and are pretty much spayed and neutered) – but feeding them just isn't enough.

We have to make certain that they are spayed and neutered so the numbers don't get too big to handle.

We are definitely seeing the litters of kittens come into the shelter and the influx will continue well into the fall.

In the summer time we are always jammed full of cats at the shelter (and we definitely are right now) and in the springtime they are out making the babies that we will have to find homes for in the coming months.

I'm very proud that the shelter has held a monthly spay and neuter clinic for the past few years to help our local residents spay and neuter their cats.

I'm also incredibly grateful for the people who are doing this themselves.

Animal welfare is not really a fight that can be done individually. It takes a whole lot of people working toward a common goal to make a difference in an animal's life.

I'm so grateful that the Cumberland Valley Animal Shelter exists where we do. This community is generous and helpful and truly loves animals.

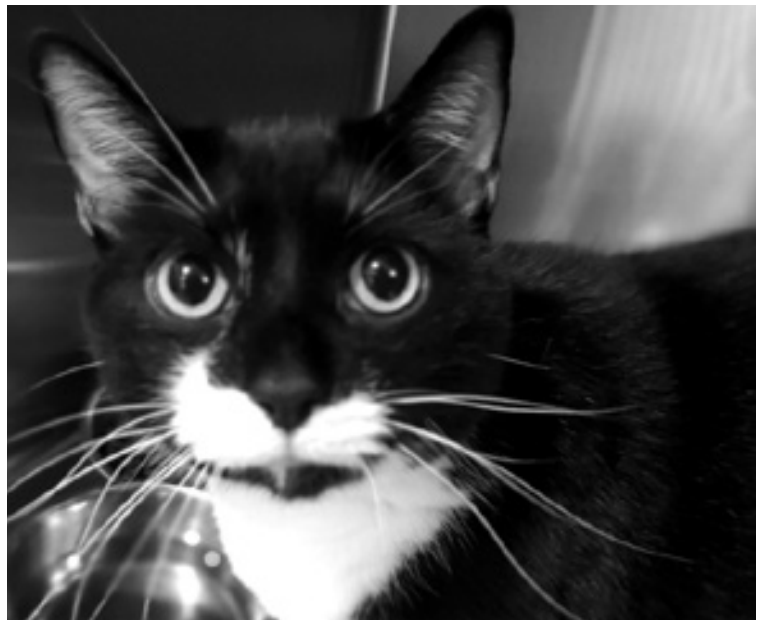
To everyone who is out there fighting for them: thank you so very much.

Especially those of you whom I never see.

Jennifer Vanderau is the Publications and Promotions Consultant for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website www.cvas-pets.org. CVAS also operates a thrift store in Chambersburg. Help support the animals at the shelter by donating to or shopping at the store.



Stinker came into the shelter because her owners could no longer care for her. She's around 10-years-old and a really nice girl. She just wants to be loved. Could you give this adorable Stinker the second chance she needs?



Panda came into the shelter because his owner could no longer have him due to landlord issues. He's a 3-year-old curious, affectionate black-and-white kitty who would really love to find his second chance. He's been around other cats and seems to do well with them. Do you have the right spot for this sweet guy?



Kathleen came into the shelter shortly after she had a litter of kittens. She and her babies went into a foster home, and Kathleen did a wonderful job taking care of her kittens. Now she is ready to find a home where she can kick back, relax, and be loved forever. Kathleen is a 2-year-old black-and-white girl who is just so sweet.



Patchwork is a 3-year-old tortoiseshell cat who came into the shelter as a stray. She's a really nice girl who actually loves belly rubs if you can believe it! Patchwork does not seem to care for the company of other cats and may do best as the only cat in the household. She's got really pretty golden eyes and will make someone a sweet companion. Could that be you?

For more information about Stinker, Panda, Kathleen, or Patchwork call the Cumberland Valley Animal Shelter at 717-263-5791, or visit them online at www.cvaspets.org or better yet, visit them in person at the shelter.

BUDDY'S PLACE

Dog Grooming For Every Buddy

9 Middle St., Taneytown
(Right next to the Taneytown Post Office)



Stephani Rickerd & Aslan

Tuesday - Saturday By Appointment Only!

410-756-1200

Check us out on Facebook @BuddysPlaceDog Grooming

Meet Evan!

Bethany Davidson,
FCAC Humane Educator

I've been working at Frederick County Animal Control & Pet Adoption Center for eight years now. Throughout that time, I've always had a favorite animal or two that get a little extra attention. Ok, they're downright spoiled. If you follow our social media, watch Pet Pals, listen to our radio appearances or have even taken a tour, you probably already know that for the last year the apple of my eye has been senior pit bull mix Evan.

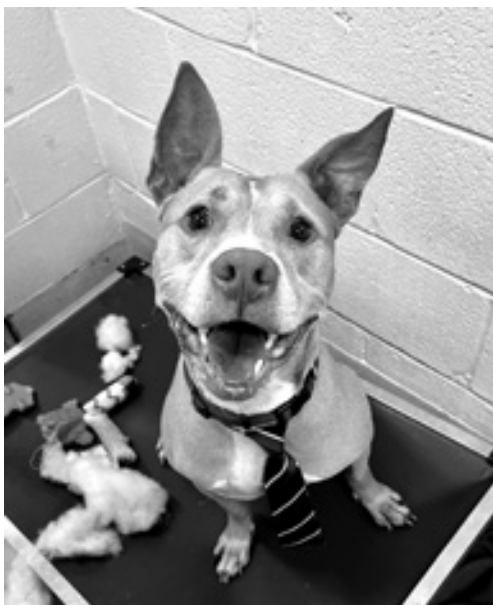
Evan first arrived as a stray in March of 2023 and shortly thereafter we were paired up at a weeklong training academy. We quickly bonded and he's been my favorite coworker ever since. I was happy for him when he was adopted at Christmas and sad for him when he was returned just a few weeks later in February. But all the time we've spent together has given me the opportunity to learn a lot about Evan making us better equipped to find his perfect forever family.

First, I'll state the obvious, Evan is a good-looking guy with those big brown eyes, even bigger ears and an infectious smile. He bounces between a cuddle bug who can't get enough belly rubs and an energetic guy who can't wait to play. He's incredibly smart and loves to train. He's already mastered sit, down, trade, touch, find it, search, and mat. He's never met a treat he didn't like. He thinks car rides and dips in the creek are the best. Squeaky toys are his favorite thing aside from his human friends, of course. When it comes to other canines,

they make him a little nervous and he'd prefer to just pass them by rather than hangout. Anything smaller, well, he thinks they resemble his favorite toys and really shouldn't live any small furry pets. This guy is best suited as an only pet. He also has some decreased night and peripheral vision which makes him for life in a calmer environment with adults and older teens.

I learned all these things while Evan has been in the shelter, but they say that the best predictor of an animal's behavior in a home in their behavior in a past home and a few months ago I got an opportunity to see what Evan would be like in a house when I fostered him for a weekend. In June, I was devastated when I was told my favorite little guy was sick. Turned out he'd eaten a few squeakers. Needless to say, his toy time is now strictly supervised. Post surgery Evan needed a quiet, stress-free place to recuperate so he came home with me.

During his Friday through Monday stay, Evan continued to show me what a great dog he is. He walked into my home confidently. He explored and sniffed, but never got into trash or counter surfed. In fact, the only thing he ever took off the end table was one of his toys. He happily napped on his beds on the floor and cuddled on the couch with me. He was remarkably quiet aside from a few snores. He didn't bark once. He also does this really cute thing where he'll nuzzle his head under your arm when he wants you to pet him. He loves to be close to



Evan

his people. In fact, he followed me everywhere.

In Evan's previous home there was a lot of coming and going and activity especially after dark. That family noted that Evan would get tense, his hackles would be up and sometimes he'd growl during these times. Because I was now aware of the issues with Evan's vision I kept a light on when it was dark and put a night light by his crate. Evan went to bed each night when I did in a crate in my bedroom. He quietly slept through the night and I didn't notice any of the issues his previous owner noted. He did well in the crate. He went in willingly and was happy to stay there while I showered or ran a few errands.

The only time I noted Evan being fearful was when we went out on our last potty break of the evening on a windy night. All the shadows from the moving tree branches made him nervous. And speaking of potty, I took Evan out every few hours and he never had a single accident in my house.

Now I know what you're thinking, if I love Evan so much and he did so well at my home then why don't I adopt him. The thing is I have a cat, who my mom of was kind enough to watch while Evan was at my home, and I have a busy lifestyle that keeps me out sometimes 14 hours a day. That wouldn't be fair for Evan. So I'll continue to spoil him, train him and talk him up until I can find him the family that he's been waiting for.

If you think your home might be the right fit for Evan, give the shelter a call at 301-600-1546.



Clyde is a six-year-old, handsome brown tabby. He lost his life-long home when his family moved, and they were not allowed to have multiple cats. Clyde can be shy in new environments but once comfortable is a sweet guy. He is a big cat, seventeen plus pounds, and loves to have his ears scratched. Clyde shared his last home with children as well as two other cats.



Violet arrived at the shelter as stray and shelter staff thought she may be a coydog, which is a coyote/dog hybrid. Coydogs are illegal to own in Maryland; therefore, the shelter tested her DNA. The results: 100% West Siberian Laika. Her breed is rare and categorized as a spitz-type hunting dog. Violet is three years old and is seeking a family with working or sporting dog experience.



Not quite a kitten, but not yet an adult, ten-month-old Marisol is the perfect age. She loves to explore and play but is always willing to cuddle up at the end of the day! Found as a stray, not much is known about her past. She enjoys visitors to her cage and has adapted to the shelter routine with ease. Her laid-back personality is sure to make her a great fit for any family!



Gemini is looking for a home that can offer her a new beginning. Before arriving at the shelter, she lived most of her life outside. She is friendly, warms up to new people quickly but can be startled by loud noises and fast movement. Not unlike a puppy, her next family will need to provide her socialization and teach her the ropes of living an indoor, pampered, life.

For more information about Joyce, Kitty, Scampi, or Miriam, call the Frederick County Animal Shelter at 301-600-1319 or visit them online at www.frederickcountymd.gov/fcac.



Catoctin Veterinary Clinic
Caring vets for your family pets
Jonathan S. Bramson, VMD
Susan P. Keane, DVM

Grooming Services Available

4 Paws Place, Thurmont ♥ 301-271-0156
catoctinvetclinic@gmail.com ♥ www.catoctinveterinaryclinic.com
www.facebook.com/catoctinvetclinic ♥ Fax: 301-271-3242

Reifsnider's Farm Supply & Hardware Store

Wood Pellets
Order Your Wood Pellets
Call Now for Pricing!



We Sell DRYSHOD
WATERPROOF FOOTWEAR
Boots

Animal Bedding
Saw Dust & Shavings
Animal Health Supplies

TREBUTE
EQUINE NUTRITION
Feed For Horses



Kalmbach Feeds For
Dogs, Cats, Sheep, Goats,
Chickens and Cattle.

We carry everything from tools to paint! • Tools • Household Goods • Fencing & Gates • Plumbing & Electrical Supplies • Paint & Painting Supplies

2080 Francis Scott Key Highway, Keymar • 410-756-6066
M - F 8 a.m. - 5 p.m. • Sat. 8 a.m. - 1 p.m.

COMMUNITY NOTES

68th annual Thurmont & Emmitsburg Community Show

The 68th annual Thurmont & Emmitsburg Community Show will be held on Sept. 6, 7 & 8 at Catoctin High School.

Entry of exhibits is on Thursday evening, Sept. 5 from 5:30 to 8:30 and on Friday morning, Sept. 6 from 8:30 to 11:30 in the gymnasium and the agriculture department area. The show opens to the public on Friday evening at 5:30 with free admission and free parking courtesy of Thurmont Scout Troop 270.

Opening Ceremonies Program begins at 6:30 with the 46th annual Community Organizations Flag Ceremony. Patriotic music will be performed by the Catoctin High School Band and the 2024-2025 Catoctin FFA Chapter Ambassador will be announced.

The annual Baked Goods Auction will begin at approximately 7:30. Bidder registration and bid-

der card pickup will be on the stage prior to the auction with payment by cash and/or checks. At 8 all Grand Champion and Reserve Champion cakes, pies, breads and misc. baked products will be sold, along with the Youth and Junior Department's champion and reserve champion cake and misc. baked product.

During the entire weekend in the auxiliary gym, the Friends of the Thurmont Regional Library will be holding their annual used book sale and John Kinnaid will have a display of area historical photographs. There will also be a display of quilts and afghans in the gymnasium, and many local businesses and community organizations will have displays and exhibits throughout the school.

On Saturday, Sept. 7, the show is open from 9 in the morning to 10 at night. Morning activities include a Market Goat, Beef, Sheep and Swine

Fitting & Showing/Show beginning at 9 in the Ag Center. The Pet Show's registration starts at 10 in the front of the school, with a K-9 dog demonstration starting at 10:30. The Frederick County Public Library's Rover Van will be near the school's flagpole area from 10 to 5, so visitors can check out the selection of books.

On both Saturday & Sunday from 10 to 3, a petting zoo with farm animals, sow and litter of piglets, goat snuggling, pony rides and face painting will be available. There also will be various craft vendors and food vendors, including The Sauced Savage, Glamourvive Creamery, and Cracken Catering.

Elvis Tribute Artist Taylor Brown will perform two different free shows in the school auditorium on Saturday night, the first, from 6:30 to 7:30 for 50's & 60's music and the second from 8 to 9 for 70's music.

The Catoctin FFA Alumni & Supporters Beef, Sheep & Swine and Market Goat sale will be held in the Ag Center at 7 on Saturday night with approximately 50 animals being sold. Buyers are welcome to support the local FFA and 4-H youth with their animal projects.

Sunday morning activities begin at 9 with the Dairy Goat Show, followed by the Dairy Cattle Show, starting at approximately 9:30, and the Decorated Animal Contest at 11. Starting at noon, the Barnyard Olympics will be held in the front of the school for children ages 5-13. Under the Ag Center's big tent, the Log Sawing Contest

Thurmont and Emmitsburg Community Show Pet Show Classes

Do you have a cat? Dog? Or other pet? Can your pet do tricks? Do you have a special costume that your pet wears? If so, bring your pet to the Thurmont & Emmitsburg Community Show Pet Show, which will be held on Saturday, September 7. Prior to the pet show, the Thurmont Police Department will be having a K-9 demonstration, beginning at 9:30. Registration for the Pet Show begins at 10 on the front lawn of Catoctin High School, and the Pet Show starts at 10:30. Entries will be accepted from any person in the Catoctin High School feeder area. Pets must be handled and controlled by their owners and/or crated and everyone is encouraged to bring your own chairs to sit on during the show.

The judges will select a Grand Champion and Reserve Champion Pet. Previous year's Grand Champions and Reserve Champions are ineligible to enter. An ant is not a pet and animals are not allowed in the school. Only one entry is allowed in each

class, and you may enter as many classes as you wish. The classes are:

- Class 1 - Cat with Prettiest Eyes
- Class 2 - Cat with Longest Whiskers
- Class 3 - Pet with Most Spots
- Class 4 - Largest Pet (by height)
- Class 5 - Dog with Waggiest Tail
- Class 6 - Prettiest Dog - 25lbs and under
- Class 7 - Prettiest Dog - 26lbs and over
- Class 8 - Dog with Prettiest Eyes
- Class 9 - Cutest Pet (other than cat or dog)
- Class 10 - Smallest Pet
- Class 11 - Cutest Cat
- Class 12 - Best Costumed Pet
- Class 13 - Most Unusual Pet
- Class 14 - Best Trained Pet

Remember to bring your pet to participate in the annual Pet Show on Saturday morning, September 7, and be a part of the 68th annual Thurmont & Emmitsburg Community Show!"

starts at 1 with the categories of women's team, men's team, women & men's team and children's team.

The 5.5 Men band will perform two free 1-hour show in the auditorium from 12:15 to 1:15 and 1:45 to 2:45. The 43rd annual Robert Kaas horse-shoe pitching contest will be held on the softball field at 1.

The 68th annual Thurmont & Emmitsburg Community Show is sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni & Supporters, Maryland State Grange and the Maryland Agricultural Fair Board. For more information visit the Community Show website at ThurmontEmmitsburgCommunityShow.com.

Battlefield

Transport & Recovery

We tow everything: Light, Medium, Heavy Duty

Transport Vehicles, Buses, Cars, Machinery, Equipment



**Licensed, Professional
Friendly Drivers**

**Available 24/7
MD, PA, VA, WV**

1221 Bruceville Rd., Keymar 410-984-2082
Charles Mehring - Owner charlie.battlefield@comcast.net



**Family Owned and
Operated Since 1997**

Reliable & Affordable Trash Service



Services Offered:

- Trash & Recycling Dumpsters in any size capacity (2, 4, 6 & 8 yds.) Any Service Frequency Desired!
- 96 - Gallon Toter Service
- 15, 20, & 30 yard Roll-Off Dumpsters
- Bulk Collections

Get a free custom tailored quote for what your business needs!

**NO HIDDEN FEES!
NO EXTRA YARDAGE CHARGES!
NO MULTI-YEAR AGREEMENTS!**

The Best Customer Service Available in our Industry!

www.jandjinctrashservice.com

301-898-2109 • 800-465-2350

Servicing Frederick, Montgomery, Carroll and Washington Counties

2504 Back Acre Circle, Mt. Airy

COUNTY NOTES

Application Period for County's Rural Historic Preservation Grant Program Opens

Eligible owners of historic properties located in unincorporated areas of Frederick County may apply for the Rural Historic Preservation Grant Program beginning September 1. Grant applications will be accepted through November 30. Award notifications will be made in early Spring 2025.

Grants will be awarded on a competitive basis. Applicants may request up to \$50,000. To be eligible for funding, properties must meet the following criteria: be located in unincorporated areas of Frederick County; be either designated on the County Register of Historic Places, or a contributing resource in a County designated Historic District; and be in good standing with the County. If the property or district is not currently designated to the County Register of Historic Places, a determination of eligibility must be made by the Historic Preservation Commission prior to applying for a grant. This letter of determination must be included with the application.

Grant funds can be used for expenses associated with exterior work to stabilize, rehabilitate, restore, or preserve historic buildings. Please note that grants will not be awarded for completed work, work that is already underway, new construction, landscaping, or projects that do not meet the U.S. Secretary of the Interior's Standards for Treatment of Historic Properties.

Workshops will be held on the following dates to provide information about the program and how to apply. Those interested will only need to participate in one workshop. Please register on the website below. Registrants will receive an email prior to the virtual workshops, which will include Microsoft Teams login information.

Workshop Dates: September 3 at noon (virtual); September 11 at 6:30 p.m. Walkersville Library (2 S. Glade Road); September 23 at 6:30 p.m. (virtual); and, and October 7 at 6:30 p.m. Middletown Library.

Applications will be accepted until November 30. To review additional information or register for a workshop, please visit FrederickCountyMD.gov/HistoricPreservation. Questions about the grant program can be emailed to Amanda Whitmore, Historic Preservation Planner, at AWhitmore@FrederickCountyMD.gov.

County Calls for Agricultural Land Preservation Program Applications

The Frederick County Agricultural Land Preservation Program is now accepting applications for the Installment Purchase Program (IPP) easement program. The IPP is the County's farmland preservation program, which purchases agricultural preservation easements that forever restrict development on prime farmland and woodland.

The Installment Purchase Program was established by the Board of County Commissioners of Frederick County in 2002. Through the use of Installment Purchase Agreements, the program pays the farmer tax-free interest over a 10- to 20-year term, with a balloon lump sum principal payment at the end of the term.

For the first time since 2015, the per acre easement value for the IPP has increased.

"Agricultural land preservation programs provide many opportunities to protect our farmlands and natural resources," said Katie Stevens, Director of the Frederick County Office of Agriculture. "We appreciate County Executive Jessica Fitzwater's commitment to preserving our farmlands by signing off on an increase in the easement value for this important program"

Since the IPP began in 2002, it has preserved more than 22,881 acres of farmland in Frederick County on 163 different properties. IPP is one of several agricultural preservation programs managed by the Frederick County Office of Agriculture. Together, all programs have preserved over 77,419 acres of farmland in Frederick County, of which 73,514 acres have been permanently preserved.

Requirements for the program can be found on the Office of Agriculture website at www.frederickcountymd.gov/8570/Installment-Purchase-Program-IPP. Interested applicants should contact the Land Preservation Administrator Shannon O'Neil no later than September 3 by calling 301-600-1411 or via e-mail at sonel@frederickcountymd.gov.

FEMA Awards \$392,000 to Frederick County Division of Fire & Rescue Services

The Federal Emergency Management Agency announced it is awarding Frederick County's Division of Fire & Rescue Services over \$392,000 to improve the safety of first responders along roadways. Most of the funds will be used to train 1,100 career and volunteer personnel. The award also will pay for highly reflective signs and cones that can be used to alert drivers as they approach an incident.

"Our first responders put their lives on the line every time they show up at a scene. This training is about protecting those who protect us," Frederick County Executive Jessica Fitzwater said. "I am grateful to our Federal delegation, Senators Ben Cardin and Chris Van Hollen and Congressman David Trone, for their support, which helped us to secure this funding."

"Firefighters and first responders deliver life-saving services in all types of emergencies and need to be prepared in any environment. This funding will better train and equip Frederick's emergency services personnel and help extend and strengthen their critical public safety work," said Senator Cardin.

"Frederick County's firefighters work tirelessly, putting their lives on the line to keep our communities safe. This federal funding will help ensure they have the training and the resources they need to respond to roadway emergencies while protecting themselves and the public," said Senator Van Hollen, a member of the Senate Appropriations Committee.

"As a member of the House Appropriations Committee, I was proud to help secure this funding through our annual appropriations process, advancing our communities' safety and equipping our emergency personnel with the skills and tools necessary to protect Marylanders," said Congressman David Trone. "It's a direct investment in our first responders and the security of every resident, and Team Maryland is getting the job done."

Frederick County's \$392,829 award is made through FEMA's Assistance

to Firefighters Grant program. It will allow firefighters, medics, and officers to be trained on how to safely and quickly clear traffic incidents. The Division of Fire & Rescue Services also plans to conduct exercises to make sure all first responders meet the National Fire Protection Association's standards for Traffic Incident Management Professional Qualifications.

"Receiving this grant is a significant milestone for our department and a tremendous enhancement to our efforts on the road," said Frederick County Fire Chief Tom Coe, Director of the Division of Fire & Rescue Services. "With these new resources, including advanced training and critical equipment, we are better equipped to ensure the safety and efficiency of our first responders as they face the challenges on highways and roadways. This support not only advances our operational readiness but also underscores the commitment to the well-being of our community and the safety of our heroes on the front lines."

The Assistance to Firefighters Grants are funded through the U.S. Department of Homeland Security's Fiscal Year 2023 budget. Lawmakers fought to increase/maintain funding for the budget within the FY 2023 appropriations process. Senators Van Hollen and Cardin and Congressman Trone worked to reauthorize the AFG program through FY2028 within the Fire Grants and Safety Act of 2023, which passed Congress and was signed into law earlier this year.

Frederick County Unveils Life Sciences Roadmap to Propel Innovation and Economic Growth

Frederick County Director of Economic Opportunity Lara Fritts announced the launch of a groundbreaking Life Science Roadmap: a strategic initiative designed to foster innovation, drive economic growth, and position Frederick County, Maryland as a global leader in the life sciences industry. This roadmap outlines a clear vision for the future, leveraging the county's unique assets and resources to attract top-tier talent, cutting-edge research, and high-impact investments.

"I am excited to unveil the Life Sciences Roadmap, a visionary plan that will help generate new jobs for people in the life sciences industry," said County Executive Jessica Fitzwater. "This roadmap is a testament to our commitment to innovation, collaboration, and sustainable economic growth. We are confident this plan will position Frederick County as a premier destination for life science research and development."

"The development of the Life Sciences Roadmap is the result of extensive collaboration between key stakeholders, including local government, industry leaders, academic institutions, and community organizations and our office. This united approach ensures that the roadmap is both ambitious and achievable, reflecting the diverse needs and strengths of Frederick County," Ms. Fritts said.

The Roadmap articulates a forward-thinking strategy that aligns with Frederick County's commitment to fostering a robust life sciences ecosystem. Key objectives of the roadmap include seven pillars to success: Developing industry champions; Investing in knowledge and talent; Infrastructure to support the industry; Site readiness; Marketing and promoting the industry; and, Facilitating funding and services to facilitate research, innovation and commercialization.

As Frederick County embarks on this exciting journey, the Life Sciences Roadmap will serve as a guiding framework, ensuring that the county remains at the forefront of scientific innovation and economic prosperity. The county invites all stakeholders, residents, and businesses to join in this transformative effort, working together to build a brighter, healthier future.

You can find the digital version of the Life Sciences Roadmap at discoverfrederickmd.com/LSRoadmap. For more information about the life sciences and technology industries in Frederick County, contact Solash Aviles in the Office of Economic Development at SAviles@FrederickCountyMD.gov.

The Frederick County Office of Economic Development serves as the primary contact for businesses to start, locate and expand. We do this by connecting them with Federal, State, and local resources. We assist in site selection, workforce recruitment and training, incentives, marketing and more.



JE Turnbaugh
Plumbing & Heating, LLC
& A/C

Now Offering: HVAC Services!

- Air Conditioning
- Heat Pump
- Mini-Splits & More
- Furnaces
- Maintenance



Eric, Service Manager



James, HVAC Specialist

Welcome Our New Team Members!



From the Well House to the Out House, - NOW - We Do It All!

New Installation, Service & Repair for All Your Residential & Commercial Plumbing & HVAC Needs

Authorized Dealer for: Goulds Pumps • Well-X-Trol Tanks
Bradford White & A.O. Smith Water Heaters • Burnham Boilers
Aker Maax Bath Products • Moen, Kohler & Delta Products • Rheem Pro

410-848-2305
Licensed & Insured
office@jetplmb.com | www.jetplmb.com



ACCREDITED BUSINESS




VISIT OUR SHOWROOM:
92 YORK STREET
TANEYTOWN

EST. 2008

HEALTH

Frederick Health invests in compassionate surgical care

Joshua Faust
Frederick Health

With a team of nearly 300 dedicated experts and 20 surgical care sites, Frederick Health is here to help this community thrive. These investments in surgical care make it possible for patients and their families to get back to enjoying

Sunday drives, the great outdoors, or time with loved ones. And those investments are bringing award-winning, state-of-the-art surgical care to residents in northern Frederick County.

The decision to have surgery can produce strong emotions; nervousness before surgery is common, and studies indicate that approximately 70% of patients experience anxiety associated with their procedures. However, it's not just the patient who experiences these emotions; their family members often feel the weight of it as well. That's why ensuring the patient and the family feel supported and heard throughout the process is important to a successful surgery.

Frederick Health, the largest healthcare provider in the county, sets the surgical standard with skilled providers, innovative procedures, and seamless care. At Frederick Health, surgical care is backed by a support team that provides unwavering dedication to guiding patients and their families during their healthcare journey. Last year alone, the healthcare system performed over 8,500 surgical procedures. At the core of these procedures - and a crucial part of recovery - is the personal attention, support, and communication each patient receives from the surgical team.

"No matter how many patients we may have, we are going to take care of each of them with dignity and respect," said Patti Buckmaster, Director of Medical Surgical and Behavioral Health Services at Frederick Health.

The community can find comfort in knowing that Frederick Health helps patients get back to doing what they love. Buckmaster and the surgical team, who trust Frederick Health with their own healthcare, bring that positive mindset to their work. The surgical team at Frederick Health comprises hundreds of experts dedicated to health and recovery. Regardless of whether the surgery is routine or

complex, the team provides consistent and quality patient care.

"Our team has tens of thousands of hours of training in a wide range of care approaches," stated Buckmaster. "The experts at Frederick Health are always learning the newest and most innovative approaches to surgical care."

Innovation, expansion, and advancement is at the forefront of the healthcare system's strategic planning.

"On top of that, in the last few years, we've added several new specialty surgeries, hired world-class surgeons, expert surgical care professionals like Registered Nurses and Medical Assistants, and expanded our facilities to ensure that you are getting the best care possible," Buckmaster stated.

Buckmaster also says her team takes pride in their work.

"We live here in this community; we are your friends and neighbors. That connection is important to us; we bring our best clinical care to support our patients and their needs. We genuinely care about getting you better, and we have your back."

Buckmaster, who has decades of experience as a nursing and clinical leader, said that seeing patients recover and live their best lives is what it's all about.

"When we see our patients in the community thriving, that's satisfying and motivates us to bring the best care possible every day," she added.

One of Frederick Health's unique strengths is its deep, local ties; the healthcare system has been a pillar of the Frederick community for over 120 years. With over a century of experience, Frederick Health understands the importance of family involvement and communication during the process, recognizing that their support is integral to recovery.

"Family-patient coordination is so important. We know the patient is being taken care of, but we also want to care for the family. We adapt to each family's needs to keep them updated, informed, and reassured," said Buckmaster.

From the initial consultation to the procedure and post-operative recovery, each patient receives personalized care tailored to their needs. This includes clear communication channels, pre- and post-operative education, and seamlessly coordinated care. Patients and families can also access emotional support resources to feel more confident and supported throughout the process.

Buckmaster adds that the emphasis on keeping families involved in recovery has grown as the healthcare system expands. Communication channels are vastly improved from where they were a few decades ago she stated.

"Families know each other way better than we do. Including the family in the process is so important. Our patients won't be okay if their families aren't okay. That emphasis on communication has been a major part of our game plan and is only increasing each year," she said.

The community can trust Frederick Health to provide expert care to residents throughout their surgical care journey. As Frederick County grows, Frederick Health continues to invest in the future of healthcare delivery, ensuring access to expert providers, family-centered communication, and a seamless delivery of care.

Learn more about how surgical care can get you back by visiting www.wegetyouback.org.



Senior Benefit Services, Inc.

SERVING YOUR MEDICARE AND RETIREMENT NEEDS

- Specializing in insurance and financial needs for retirees
- We practice "Safe Money" principles for retirement plans
- Offering most major insurance carriers
- Our services are FREE

Providing our clients with hands on personalized service

Ask for Karen or Shawn

112A Main Street, Thurmont • 301-271-4040



Get Back to a new you.

Our community of care will get you back with experienced providers, advanced technology, and connected care that takes you from procedure to recovery and beyond. Choose surgical care at Frederick Health.

We'll get you back.

Frederick Health

SURGICAL CARE

WeGetYouBack.org | 240-566-SURG

Something for everyone at The Great Frederick Fair

Karen Nicklas, General Manager

The Great Frederick Fair will be celebrating its 162nd anniversary September 13th through 21st, as a pillar in the celebration of agriculture, education, and community in the County. The Fair kicks off on Friday September 13th for both the carnival as well as all the agricultural exhibits.

Since being founded in 1822, it has since expanded to include 10-days of agricultural events, competitions, education, carnival rides, delicious food, entertainment, and so much more. The Fair was established with a mission 'to promote Agriculture and the education of our youth about the industry of Agriculture'. The Fair's core activities encompass the exhibition of livestock, farm, garden, and hand-made goods, while encouraging through a system of awards (ribbons and prize money) improvements in techniques of production and the development of better agricultural products.

The Great Frederick Fair is a vital event in the community. Over \$1,000,000 will go back into Frederick County businesses who provide the services, products, utilities and programs that create The Great Frederick Fair year after year.

The Fair generates resources from

admissions, entertainment, carnival attractions, parking, commercial exhibits, memorabilia, sponsorships and non-fair rental of facilities to operate the 60-acre property throughout the year, produce the annual Great Frederick Fair and support educational and agricultural endeavors. The Fair also promotes and hosts a year-round farmers' market.

The Great Frederick Fair is a great venue for promoting agriculture to consumers. Drawing a large audience of over 200,000 people each year, many visitors are not familiar with where their food comes from, or how the products and byproducts of agriculture exist in their lives. Whether guests attend a concert, carnival, come to eat or shop from their favorite vendors, or enjoy the Free Kids Zone, we invite everyone to explore our Agricultural exhibits such as: The Birthing Center, Milking Parlor, Maryland Ag Ed Foundation Mobile Ag Lab, Fiber Tent, City Streets, Country Roads, the Duck Slide, etc.

Exhibiting is open to all Frederick County residents and not only promotes agricultural traditions, but also comes with incentives through awards, prize monies, and tickets to the fair. All participants receive a Season Strip Pass, which includes an admission ticket for EACH day

of the fair with their entry fee. To enter, the cost is \$12 for 1-3 items and \$24 for 4-6 items. Entering items encourages the community to be part of the Fair's 162-year tradition of keeping Frederick County Agriculture thriving!

Last year the Great Frederick Fair auctions raised \$917,855 – the Youth Livestock Auctions raised \$867,210 and the Cake & Baked Goods Auction - \$50,675. 10% of the proceeds were paid directly to the kids with the remaining funds used to offset youth programming fees and funded scholarships. Last year we awarded \$19,000 in scholarships.

Since 2012 the Mercer Family Vintage Art Contest & Auction has raised over \$100,000 benefitting Ag Ed programming in partnership with Frederick County Public Schools. Each year, over 18,000 FCPS children, pre-K-5th grade receive our Ag in the Classroom curriculum, and 5,000 FCPS children attend chaperoned school tours at the Fair.

For a complete list of free events that are included with your paid gate admission, please visit: GFFair.com/SOE to get a copy of the complete schedule of events and plan your visit.

Ways to Save at The Great Frederick Fair:



- Enter an item in the Household Building or Farm & Garden Building, Pay a \$12 Entry Fee and you will receive a Season Strip Pass (1 single admission each day of the Fair. (\$90 value)
- Advanced Online Gate Admission is \$8. (\$2 savings) – www.thegreatfrederickfair.com/tickets
- Carnival Rides are individually priced, but you can buy a Jack Pass online for \$35 which is good for 1 gate admission and 1 all-you-can ride wristband good for any one day of the Fair. (Sales for the Jack Pass end the first Friday 9/13) – Use code WFRE for \$5 off!
- Monday to Wednesday between 9 and 3, senior citizens over 65 get in free.
- Wednesday between 9 and 6 all Active-Duty Military in uniform or with valid military ID pay no admission.
- Friday all youth under the age of 18 will be admitted for free from 9 to 5.
- The Lunch Bunch program allows you to enter the fair between 11 and 2. Monday through Thursday for free admission to grab a bite to eat.

Admission: Adults (11 and older) \$10 at the gate; \$8 online. Children 10 & under always admitted free. Grandstand Ticketed Events can be purchase at www.thegreatfrederickfair.com – ETIX.COM (GFF's Official Ticket Partner), or call 301-695-3928 or visit the Box Office on Tuesdays & Thursdays, from 10 to 2.

Don't Wait for the Gate

BUY YOUR JACK PASS ONLINE BEFORE SEPTEMBER 15TH AT 5 GFFair.com/tickets

\$35



1 Gate Admission
1 Unlimited Ride Wristband
Valid Any 1 Day
(Even Kids Day)

Money can't buy happiness, BUT it can buy Fair Food which is kind of the same thing!



The Great Frederick Fair

Entertainment Lineup

ON THE VISIT FREDERICK STAGE

Buy your tickets and check out our NEW Website: thegreatfrederickfair.com/tickets

etix.com: official ticket co. of the Fair  PNC Bank official ticket sponsor 

9/13	Flo Rida
9/14	Bachman Turner Overdrive & John Waite
9/15	Tracy Lawrence with Sara Evans
9/16	Tractor Pull
9/17	Demo Derby Cars
9/18	Demo Derby Trucks/Vans
9/19	The Beach Boys
9/20	Riley Green w/ John Morgan
9/21	Casting Crowns w/ David Leonard

HISTORY

The Contralto

Rev. Charles Maloy, C. M.
St. Joseph's Parish, Emmitsburg
Published in 1912

Chapter 5

Continued from last month

“You seem to have sized up the situation pretty thoroughly for a newcomer,” said Galt with admiration.

“An amateur sociologist could size up the situation in a day, it's the remedy that puzzles me. One thing I am certain of and that is we must educate these people, teach them that twelve dollars per month is not charity, not even justice; until they know they have souls to develop in this world as well as to save for the hereafter, we can hope to do little.”

“Exactly, but how shall we go about it? For the furtherance of the cause I suggest that you become, from this day forth, assistant editor of the Emmitsburg Chronicle.”

The compact agreed upon, the Professor was assigned a desk in the sanctum in a corner which overlooked the street. He was to produce a column of copy each week looking to the social uplift of the village, but according to his preconceived plan he would not touch directly upon home conditions until he had led up to them by the consideration of general economic principles. As he was about to leave the office, Mr. Higbee entered.

“Don't go, Professor,” said the foreman after greetings, “I merely wanted to know if Galt wished us to run this Glass story as a feature.”

“Have you heard this?” asked the Editor, proceeding to read the copy. At its finish he was surprised to find no reflection of his mirth on the Professor's countenance; rather there was a look of pain.

“Don't you approve of running that?”

“Does my approval or disapproval affect the running?”

“It certainly does.”

“Then don't run it; the first element in social uplift is self respect. Do we increase John Glass's self respect by running that stuff? That's not humor, that's wit. Humor is love; wit is hatred. If we are going to help Emmitsburg we must love it and everything in it. We must teach its people to laugh with one another not at one another.”

That afternoon the Professor assumed his duties, contributing a column entitled, “Love and Humor, Wit and Hatred,” which being read at the college caused the “gents” to wonder from whom Galt had been stealing. A fight had been precipitated with the W. M. Railroad and this subject too was put into his hands to be dealt with, without restraint except as entailed by the libel law, a very lax instrument in our courts.

When all the day's copy had been sent to the printers the two editors sat back puffing “Missouri meerschauams,” an ever-present luxury in a sanctum. From a cloud of smoke, the Professor asked, “Were you hitting the high places long before pulling up at this water-tank?”

“A matter of twenty years, I should judge,” slowly answered the Editor-in-chief.

“Great Scott! it didn't take me a year to land.”

“I have seen the game both ways from the ace, have been up and down the White Way several times in my day, and doubt I should have quit yet were it not for the madame and the children.”

“I hadn't got fairly started when they flagged me with nerve specialists and oculists driving me to the tall timbers. I know they are right for I have no more license to fool with it than a powder man with matches. When I



The Western Maryland Railroad station at Rocky Ridge, the terminus of the Emmitsburg Railroad.

touch it, it's a drink a minute and raise the ante every time until the chandelier is the limit.”

“It takes about a week for it to reach that stage with me, but when it does the police station or some jag retreat is the only place that will hold me. The last one ended at the baths on the Hill in New York. I was taking it as fast as they could bring it, until flagged by the manager, then I sent bell-hops out to get it by the quart. One morning I went to the café in my bathrobe; on the way I took a feather duster from a maid, stuck the handle down my back, walked in and announced myself as the Lord High Duke of Kakiak. On recovery I deemed it time to make a break from the evils of a great city, hence I am here.”

“My case was different,” confessed the Professor. “All through college I was fairly good, never going too far in dissipation, and eventually adopting a profession traditionally adverse to fast living. A year ago I found myself the victim of insomnia, began the use

of stimulants as a soporific, and last summer saw the gates ajar. When I was convalescent it was concluded the backwoods were the only safe place for me to spend the current year. The funny part has seldom come my way,” he ended with a sigh.

“It's remarkable,” Galt took up, “how we Americans take to it so viciously. My theory is that we are invalids in the matter, and need all the help we can get from outside; the women, the good women I mean, are the greatest source of confidence in this fight.”

“No doubt you are right,” admitted the Professor.

Conversation ceased, the two friends each busied himself in recalling the many occasions where his weakness had resulted in catastrophes for himself and those dear to him. The clanking of the press, the chug of the newly installed gasoline engine came distinctly to their ears. Both were sufficiently enlightened to enjoy the luxury of quiet thought. As the fire in his pipe burned low the Professor stood up, knocked out the ashes on the heel of his shoe, stretched himself, and prepared to depart.

At the door he said, “Next I shall deliver a broadside against the Western Maryland. on the question of delayed mails. They will not pay any attention to us for a while, but by keeping it up we shall have them sending us transportation over the system.”

“Which we send back with the most virtuous indignation. That is one thing you and I don't need just at present, we are like Lincoln in that we can't go.”

“What was that one?” asked Harry his hand on the knob, “I never heard it.”

“Lincoln had an old colored servant, Sam, who was attached to his master for many years, putting up with the mistress patiently. At last the breaking point was reached, Sam felt he must go. Mr.

Lincoln endeavored to dissuade him but the old fellow was immovable in his determination. He was paid off, given an extra bank note, and as he left the President exclaimed, ‘Lucky Sam! you can go’

“Se non e vero, e ben trovato,” said the Professor as he walked out into the street.

A box of candy was in his judgment

a fitting offering for a young lady suffering from an injured ankle, so he entered Peter's store to make the purchase. The notables all greeted him with a word or a nod and Doc Forman addressed him personally:

“Professor, we were just talking of this town in winter; it's the dodgastest hole you ever saw. The place is so quiet the roosters crow at nine o'clock because they think it's midnight.”

“Rather pleasant for nervous people I should think. I presume the inhabitants are healthy and long-lived.”

“Long-lived!” echoed the dentist with a sneer, “they don't live they only exist.”

“Better off at that than city folks,” avowed Dr. Brawner, “who keep late hours and dissipate, wear themselves out and must come here to build up.”

“You are right, Doctor,” agreed the Professor, “still I should think a little dissipation might help your business.”

“I got plenty of work at the college and academy, I ain't looking for any more.”

“I hope it is not dissipation that causes ill-health at those institutions,” from Harry brought quite an uproar at the physician's expense, to which that worthy answered with a grunt, at the same time rolling his unlighted cigar around in his lips.

“Dog my buttons!” exclaimed Uncle Bennett, “some people seem to think temperance is the whole law and the prophets. I want to know where the Bible says anything against a drink?” glowering across at Whitmore.

It was a challenge the Deacon was all too willing to accept but at that moment Harry attracted the grocer's attention to the candy case, and the object of his purchase drew the undivided gaze of the assembly. World renowned sweets were not in Peter's stock and the Professor had to be content with the store-keeper's assurance, the box he selected was the best to be had in town. As he left, the demon of argument threw a new bone of contention amongst the disputants which found its first note in Whitmore's drawl, “I wonder who that candy's for?”

“Not for himself, I'll bet a cookie,” asserted Dr. Brawner.

“Why ain't it?” quizzed Bennett crabdilly.

“Fellows that drink don't eat

Thurmont Community Ambulance Service

Proudly Serving Northern Frederick Co. for Over Half a Century

YEAH!

Friday Night

YEAH!

BINGO

Bring your Friends & Family
for a fun filled night

Doors Open @ 5 p.m.

Bingo begins @ 7 p.m.

Thurmont Event Complex

13716 Strafford Drive, Thurmont

301-271-7550

www.thurmonteventcomplex.com

HISTORY

candy, alcohol hasn't much affinity for sweet things," retorted the Doctor professionally.

"Who in 'ell has proved he drinks?" Forman wanted to know.

"Well that's what they say at the college."

"He came out of Jim's yesterday with a package under his arm what looked suspicious," chimed in the Deacon.

"And it was a pint of whiskey," assented Peter from behind the counter, and Uncle Bennett flashed him a look of infinite scorn.

"What did I say?" shouted the Doctor.

"Yes, it was a pint of whiskey," continued the Grocer imperturbably, "and he took it down to John Glass's house and give young Johnny a great big drink and some medicine and put him asleep. He went down again at night and give him another drink and a quiet talking to, and then threw the remains of the liquor out in the back yard. And young Johnny has took the pledge and I know all about it for Mrs. Blass was in here this morning and told me. He also give Jim a little lecture about selling to minors and Jim says he's all right."

There was an immediate adjournment of the meeting, Dr. Brawner just realizing that he was due at the academy, while the others guessed it was nigh supper time.

Bennett stood on the curb talking to Dr. Forman as Mrs. Beck pushed her perambulator up towards them. The lady's face bore the expression of a moral Atlas as though weighted down with the burden of a sinful world. As she approached, the old man said in a voice which she must hear, "That candy's for Marion Tyson."

"I don't see how you can let things go on," she wailed, stopping before them.

"And I don't see what things are going on Madame," from Uncle Bennett.

"Why, that Professor fellow car-

rying flowers and candy to Marion Tyson, and singing songs with her and that old fool Halm who ought to be taking care of his sick wife. You're her uncle and with her father away, it's your business to interfere."

"As for carrying flowers and candy," broke in the dentist, "I just want to tell you, Mrs. Beck, I am going to invite him to my house, introduce him to my wife, then tell her to turn on her ankle so she will receive flowers, too."

"Me and Judy is going to have him to dinner," declared Bennett having had time to swallow his indignation.

"Well, mark my words, you people will regret it. Joe told me the ladies at the academy were inquiring about him," with which cryptic remark the custodian of morality pushed away. The two men looked at each other and winked, when Mrs. Beck was out of ear-shot, Forman whistled, then exclaimed, "Something diddin', by Gad! something diddin'!"

In the meantime Marion having demonstrated to her visitor that she could walk the length of the porch without much pain, they settled down to conversation. He had sent her a package of books for which she thanked him, remarking he had won the heart of Bob, the messenger.

"Bob is a good youngster," he said; "his freckled face, red hair, and laughing eyes won me the very first night of my arrival when I did not care whether school kept or not. I was the victim of the Indigo Demons for my first weeks hereabouts." Seeing the personal trend of this he quickly switched, "I often wonder what future there is for that chap."

"For whom, Bob?" asked the girl. "He has the same future before him as all the young men who grow up in this town—as soon as he realizes he has a soul, he will go elsewhere that he may save it."

The Professor coughed in an effort to hide his surprise at hear-

ing an echo of the very words he had used shortly before in talking to Galt. Coming as they did from the young woman before him, they were slightly disconcerting. He was anxious to hear more so in an inquiring tone he observed:

"The people seem very contented with existing conditions, are they not fairly well treated by those on whom they depend?"

For a moment the girl's eyes flashed fires of indignation, then she looked away, speaking softly yet intensely, "Were you to say that in the hearing of a certain prominent man I fear he would place you on the honor role of his Ananias club. Pardon me, Professor, for saying it, but you have not lived here for six weeks—a man of your intelligence—without observing the intolerable grind under which the poor people of this village are crushed."

"By George! this is interesting," thought Harry, and the better to enjoy a sociological discussion with such a delightful companion, took his cigarette case from his pocket and asked permission to smoke. It was granted with solemn courtesy, the girl reaching for the silver bauble to examine it.

"That was a present from a woman," handing it back.

"Yes; but has no one ever tried to ameliorate the lot of the working class here?"

"It has been tried but without success, the Academy conducts a department of economics and study of settlement work, but when one practical pupil wished to put her knowledge to use here, she was unceremoniously sat upon," smiling at her own indulgence in slang.

"'Tis the old story told centuries ago in the parable of the beam and mote."

"The sad part of it is that the young people who are dependent must leave town as soon as they are grown up. It is not so hard on the boys, but the girls

are the victims of the first adventurer who comes into their lives."

"To what do you attribute this weakness in the girls?" he asked, already taken aback by the knowledge of his beautiful informant, and desirous of sounding the depths of her study.

"They never know what money looks like until they leave here and as soon as it is flashed before them they fail ready victims to its lures." "Is your theory borne out by facts?"

"Should you live here long enough, you will have ample proof."

He did not press the subject further, fearing to intrude on delicacy, but contented himself with expressing wonder at the intimacy of her acquaintance with local conditions, to which Miss Tyson made answer:

"One must think of something. Social life does not make great demands on our time, the pace is not fast and furious in Emmitsburg. Vinny Siebold and I are too advanced to find our self-expression in working tidies and splashers, so we discuss the problems of life," with a tinge of sarcasm in her tone.

"It must be decidedly interesting, I would give a great deal to be a devout listener at these symposiums."

"Do you mind me being personal?" she asked seriously.

"Not in the least if I am to be the subject of your observations. I am the most interesting personality of my acquaintance," smiling at her.

"That's just it, you make a joke of everything. Did anyone ever tell you that you are the quint-essence of sarcasm?"

"I have been indicted before a number of female grand juries on that charge, therefore must I plead guilty."

"It isn't anything to boast of, it does not fit in well with other of your qualities."

"I am really quite aware of the fact, Miss Tyson, have made heroic efforts to overcome the defect, but apparently have failed."

"In your processes of self analysis what have you found to be the root?"

"I remain satisfied with laying it to the remote cause, egoism, which I make the scapegoat of all my shortcomings."

The clock in the church tower clanged out six and the Professor took his leave promising to call again to hear the young lady's diagnosis of his malady. Sauntering towards the rectory, he cudgled his brain to find the motive of her plain speaking, while Marion at table smiled to herself at the thought that he was not as deep as she had first imagined.

continued next month



MYERS-DURBORAW FUNERAL HOME

Dedicated assistance for families during times of loss.

We provide a dignified and meaningful funeral or memorial service for every family's loved one.
We view our service as a sacred trust!

- *Compassionate Care* • *Knowledgeable Guidance*
- *Attention to Detail* • *Unparalleled Professionalism*
- *Grief Counseling* • *Pre-Planning Available*
- All Services and costs are clearly itemized and explained at the time arrangements are made.

For Questions, more information or to schedule an appointment
Call: 410-756-6688 or 301-447-6244



136 E. Baltimore St.
Taneytown
410-756-6688

210 W. Main St.
Emmitsburg
301-447-6244



Licensed in Maryland and Pennsylvania
www.myersdurborawfh.com

"Your Community Cemetery"

*Traditional Plots
or
Columbarium
available for your
loved ones final
resting place.*



**EMMITSBURG MEMORIAL
CEMETERY**
ESTABLISHED 1845

301-456-3233

Licensed Insured

REAVERS WOODWORKING

*Quality Hand-Crafted
Cabinets/Furniture*
Brian P. Reaver, Sr.



*We Now Offer
Natural and
Engineered Stone
Countertops!*

- Kitchens, Armoires
- Hutches, China Cupboards
- Computer Stations
- Entertainment Centers
- Fireplace Mantels
- Vanities, Gun Cabinets
- Children's Furniture
- Corner Cabinets, Bookcases
- Dressers, End Tables... etc.

**Shop: 301-788-7143
Fax: 301-447-1750**

Visit us online at: www.emmitsburg.net/woodworking

100 YEARS AGO THIS MONTH

September 5

Sundays and Holidays

Bring Accidents

The papers of this week were usually full of automobile accidents; many of them of serious character. The excess in accidents was due largely to the crowded conditions of the highways, on Sunday and Labor Day. The fact has been amply demonstrated for several years, that Sundays and holidays are always greatly more dangerous for travel than ordinary weekdays, even though much of the heavy workday traffic is absent.

This also demonstrates the fact that those who drive cars on Sundays are largely of the inexperience class. Also, that many cars on the road invite racing and chance. During the week, even with heavy traffic, most drivers are accustomed to the work as part of their business, and are more careful.

The lesson to be drawn from these results, are that those who can use the road on other days, then Sunday, should do so, for safety sake, and that more than unusual care should be taken even by careful drivers on Sundays and holidays.

Auto Accidents Near Taneytown

An automobile accident occurred on the Emmitsburg Road on Sunday morning. Theodore Miller who was driving towards Taneytown at about 35 miles an hour, was severely hurt when he turned off the concrete road to pass a car. On turning back to the road, his car upset, pinning the occupants underneath. Mr. Miller was cut on the knee, leg and face, requiring several stitches. Mrs. Miller and son, were but little hurt, but the car was considerably damaged.

Deaths

Miss Mary Correll died at her home in Bridgeport on Monday morning, after a long illness. Miss Cornell lived to a good old age, and was loved by all who knew her. She had her niece, Miss Anna Smith, who survived her, kept the store in Bridgeport for many years. Had she lived until Tuesday she would have been 98 years old. Funeral services took place on Wednesday morning in her late home, and she was interned at Piney Creek cemetery.

Mrs. Mary Rowe, widow of the late Samuel Rowe, died at her home, early Sunday morning, after an illness of a

few hours, at the age of 59 years. She had been in failing health for a number of years, but her death came as a great shock to her family and many friends. She was loved by all who knew her. She is survived by a daughter, Grace, who is postmaster of the Emmitsburg post office.

Mountain View Hospital

On May 24, Miss Anna Duphone, an aged resident of Thurmont, was brought to Mountain View Hospital for treatment by her niece, Miss Lucy Adelsberger. Miss Duphone died June 14, being confined to her bed during the entire time that she was at the hospital.

Miss Adelsberger paid \$10 per week for the care & treatment of her aunt and paid her numerous visits, being at her bedside at the time of her death. She's so appreciated the kind treatment given her aunt, that she donated to the institution of fine lot of clothing, the property of Miss Duphone, valued here at between \$69 and \$75, to be distributed amongst the women inmates at the hospital.

Only those who are in close touch with the affairs of the hospital know how much a gift of this kind is appreciated by those inmates, who are fed by the County and clothes only in the most simple of garments. These men and women are only human and a new garment, even if it has been the property of someone else, gladdens their hearts, and makes them happy for months.

Struck by Auto

Mary Aushinbaugh, the six-year-old daughter, a Mr. and Mrs. Clem Aushinbaugh, of near Emmitsburg, was knocked down and injured by an automobile a few days ago.

Little Mary had gone across the road in front of her home to get the mail, when she was rundown.

According to witnesses of the accident, the driver was driving at a moderate rate of speed and attempted to stop his car when he saw the little girl had become confused when he sounded a warning and darted across the road towards her house.

The fender of the car struck the little girl, throwing her to the ground. The driver stopped his car, and rendered assistance, and later took the child to Warner Hospital in Gettysburg. At the hospital, the doctors

declared her in good condition, she only suffered abrasions and contusions about her body.

September 12

Big Fair Next Week

The crowd that will attend the Carroll County Fair, next week, in Taneytown, will notice a number of improvements, both on the grounds and in the attractions. The buildings have been attractively freshened up with paint, and the fences and stables white washed. The park at the rear of the grounds has been cleaned out, and several avenues made, giving additional room on that side of the ground. The stables have also been added to, giving more needed space.

By another year it is hope that a new exhibition building can be erected, as the present one is entirely too small and crowded for the many exhibits expected.

On the outside, there will be several new riding devices, and other new attraction; while the display of machinery will be considerably larger. There will be more racing, including the addition of the pony mule races. A new convenience on the ground this year will be an oil and gasoline station for the accommodation of motor vehicles.

Every effort possible has been made in advance for the entertainment, protection, and general benefit of the public, as all of the managers are very desirous of making the Carroll County Fair as good in every way as any fair in the state, and every day, during the four days. All objectionable features, that can be recognized in advance, have been denied space, and it has been especially an object of the managers to improve the night attractions.

The grounds will open each day at seven in the morning, and close at 11:30 at night. No persons will be permitted on the grounds at night, except by special permission. The grounds will be policed by officers authorized to make arrest, and the management will exercise all possible care over both persons, animals, and property.

Children's Day will be a big day. All the school youngsters of the County are encouraged to attend and have a good time. There will be no admis-

GREAT CARROLL COUNTY FAIR
TANEYTOWN, MD.
September 16, 17, 18, 19, 1924
Day and Night.
RACING EVERY DAY--TROTTING AND RUNNING.

TUESDAY—Farm Bureau Day, 10 A. M. Guernsey Judging Contest. 11 A. M., at Grand Stand, Gray Silver. Washington Representative.

FRIDAY—Children's Day. Running contests. Greased Pig, etc. All school children admitted free.

Fireworks, Wednesday and Thursday Evenings
Free Attractions.
Full Midway, Mule and Pony Races,
Dancing and Free Attractions
every Evening.

sion charge for school children on that day.

The outlook for a big attendance will be assured with fair weather. Be sure to take a day or two off and take in the event, on the finest ground in the state.

Weather and Crops

Last week was markedly, cool, with the mean daily temperature 6° below normal. Sunshine was abundant. The warm wave of the proceeding week terminated with showers on the second, showers also occurred on the fifth and the ninth.

The cool weather of the week retarded crop growth somewhat, and was rather unfavorable for the maturing of early corn, tomatoes, and truck crops. The showers of the week benefited late corn, late potatoes, pastures, and late truck crops. Fall plowing continues. Picking of apples, late peaches and pears continue.

Conditions are still unfavorable in many parts of Frederick County, so somewhat improved by showers. Early corn is maturing. Slowly, late corn is earring, well, and is in somewhat better condition than the early corn. Harvesting of sugar corn continues. Pastures and grasses are still in poor condition.

The cool weather, this week, especially at night, has been much against the maturing of late corn. Light frost was reported at several places. Farmers are much interested in the continuation of warm weather, for a few weeks more.

Escapes Injury When Coupe Upsets

Joseph and Ernest Reaver, both of near Harney, escaped injury when the coupe driven by the former, became unmanageable and upset on the Taneytown Road, Sunday afternoon. The machine turned over twice before coming to a stop. Although the Coop was badly damaged, the two occupants crawled out of the wreckage on injured, save for a severe shaking up and minor cuts and bruises. Their lack of injury is attributed to the fact that both men were 'loosened up' at the time after having consumed a fair amount of 'homebrew' at a local boozers get together.

beginning with Saturday, witnessing the gathering together of the mini exhibits, the erection of tents and booths, the outside attractions, &c. The demand for stable room for horses were so great that an addition to the building was hastily made, and even temporary tents were required. In all, there are approximately 100 horses on the ground.

Wednesday was a day of overcast skies, but not sufficient to interfere with the attendance, which was estimated at 7,000. Every bit of available covered space was taken, and without going into detail, or attempting to describe the various departments, it is sufficient to say that the Fair, as a whole, was fully up everyone's expectations. The main added attraction was the parade on the track, of horses, mules, cattle, sheep, ponies, &c.. The outdoor exhibits were appreciably larger than last year.

Thursday was too hot, and dusty for comfort, but the crowds came, and yet there were no crowded, uncomfortable, whirlpool of humanity anywhere, so spacious are the grounds. On the south side, in the park, half as many more people could have been accommodated. We are not good at guessing, but if there were 7,000 present on Wednesday, there must have been more than 10,000 on Thursday. Anyway, it was a big day, and everything passed off well.

The number of automobiles gathered within the grounds was easily the greatest assembled ever seen in the County, if not in the state — there were acres of them, and the parking experts handle their big job with great skill, only 12 collisions occurred, all a result of the women trying to park their own cars.

Longest Resident Of Emmitsburg-Taneytown Road

Robert Allison, who renewed his subscription to this paper this week, says he is the oldest continuous resident along the Taneytown-Emmitsburg Road, having resided at his home all his life. He remembers well the summer of 1854, which was very dry, and there was practically no corn crop, much like this year.

Typhoid Claims Young Man

Typhoid Fever, contacted two weeks ago in Baltimore during an epidemic, caused the death of Harry Myers, 20, son of Mr. and Mrs. Harry Myers of

September 19

Big County Fair

The week at the Taneytown fairgrounds open with the usual activity,

Tony Little & Jane Moore with
Real Estate Teams LLC Broker: 301-695-3020



It's a great time to buy or sell!
 Call us and see how we can help!
Don't settle for less...Get a Little-Moore!
302-662-2468



<p>SOLD!</p> <p>15891 Old Frederick Rd. Emmitsburg</p> <p>This 6.5 acre lot has everything done for you to build your dream home in the country! The driveway apron has been installed. The well has been drilled and the perk test has passed!</p> <p style="text-align: right;">MDFR2049872 \$184,900</p>	<p>Old Frederick Rd. Emmitsburg</p> <p>Bring your vision and make this expansive property of 23.78 acres your own! This property has all kinds of potential! Build your country home with beautiful mountain views, your own pond and a stream running through the property! 3 bedroom perc has been verified as still honored by Frederick County.</p> <p style="text-align: right;">MDFR2049874 \$329,900</p>	<p>SOLD!</p>
---	--	---------------------

100 YEARS AGO THIS MONTH



August Furniture Sale

Our entire stock at attractive low prices.

Furniture of every kind

Furniture to suit every purse.

Furniture of satisfaction

Do you need Furniture?

Don't pass up this opportunity to buy at a big saving.

EASY TERMS.

AUTO DELIVERY

C. O. FUSS & SON

Leading Furniture Dealers and Funeral Directors
TANEYTOWN, MD.

Fairfield. Harry worked for his father as a stonemason.

Together the father and son have been working in Baltimore several weeks. Two weeks ago the young man became sick and returned to his home, near Fairfield, where his illness was diagnosed as Typhoid Fever. He was taken to the Warner Hospital. When he was admitted, he had a temperature of 104°, and although everything possible was done at that institution to relieve his suffering, his life could not be saved.

He is survived by his parents, four sisters: Helen, Claire, Anna, and Ethel, and five brothers: Earl, Clyde, George, Paul, and Raymond, all of Fairfield. He was interned at the Fairfield Cemetery.

Woods Searched For Lost Boy

Searching parties scoured the mountain, between Thurmont and Wolfsville, Sunday, and Monday, for 14-year-old Robert Wilhide, son of Mr. & Mrs. William Wilhide, of Thurmont, who had been missing since Saturday night. On an account of rain and darkness, the search was abandoned Sunday night until Monday. Bloodhounds have been sent to aid in the search.

The lad left home with his gun to hunt squirrels. He said that he expected to join friends in the mountains, with whom he had been on

previous hunting expeditions. When he did not return late Saturday afternoon. His parents became anxious, and his father and neighbors started to look for him. No trace of the lad was found.

Sunday his father and his uncle, Maurice Stimmel, headed a large party that searched all day. Persons living in mountain joined the party and tramp for a long distance over heavily sections. No trace of the boy, or any persons whom he expected to join, were found.

The opinion prevails that he met with an accident in the woods. The boy is well acquainted with the roads and passes in the mountain, and it is not thought that he lost his way. It is believed that he is between Thurmont and Wolfsville, likely in an exhausted condition from an accident or exposure.

September 26

Thurmont Boy Found Dead in Woods

Robert Wilhide, 14-year-old son, a Mr. and Mrs. William Wilhide, of Thurmont, who was found dead in the woods, near Thurmont with a bullet wound in his breast. A coroner's inquest rendered a verdict of accidental death.

Young Wilhide had been missing from his home since last Saturday morning, when he shouldered his

gun, and informed his parents that he was going hunting in the adjacent mountains. His body was found late Monday afternoon, in a clump of bushes near what is known as 'Blue Blazes'. The boy was found through the use of dogs, which were put on the scent of the missing youngster. He was found by a party of searchers, led by his uncle.

Opinions are divided over the matter in which the boy met his death. Some seem to think that he met with foul play, and others adhere to the theory that the young Wilhide, stumbled, and upon falling, the gun went off, the shot piercing his breast above his heart. The boy's body was found 4 miles west of Thurmont.

Big Fair Closes

The County Fair held in Taneytown closed last Friday with good audience for the last day. It was Children's Day, and hundreds of the pupils of the County public schools were present as guest of the association.

An official of the Public Athletic League assisted County school agents four in making the day interesting. The following events were put on; shoe race, 100 yards run, standing board jump, standing hop step and jump, egg race, monkey race, wheelbarrow race, greased pig catch, basketball throw, &c..

The homemakers exhibit was a new feature added to the fair this year. This was the work of 19 different homemaker clubs. Each club was responsible for a certain part of the work, but it was arranged so as to make one complete exhibit.

The women's work at the fair was especially good this year. The displays of canned goods was excellent. The women are selecting good fruit and vegetables and packing them in the right kind of jars. There were some very nice jellies. The bakes goods and candies were very nice.

The needlework was excellent. There were some very attractive house dresses. The children's and infant clothes were well made and in good taste. There was a good display of embroidery. The work on some of the pillow slips and luncheon cloths was fine. There were some very fine quilts, counter pieces, and rugs displayed. The homemade hats were lovely and compared well with those that could

purchased at a much higher price. In fact, all of the work was good and worthy of the club that sent it.

Taken as a whole, the fair was a great success, especially considering that as a large county fair, it was still in its infancy, and that many of the details of conducting such a large project must be learned by experience. It is a pretty unanimous public opinion that the exhibition features need material enlarging—more machinery, more home and farm exhibits, and more in general that belongs to agricultural industry.

Shotgun Wedding Held Tuesday Morning

Saint Rita's Church in Blue Ridge Summit, was the scene of a pretty shotgun wedding Tuesday morning, when Miss Lucy Stella Spangler, daughter, of Mr. and Mrs. Marshall Spangler of Fountandale, became the wife of Joseph Bowling, formerly of Emmitsburg, but now located in Blue Ridge Summit jail.

Attendance were the girl's parents, accompanied by her father's trustee shotgun, 'Bertha', which was pointed squarely at the back of a visibly shaking Joseph. Immediately after the service, Lucy returned to her parent's house while Joseph was 'escorted' back to his cell where he will take up residency while they await the birth of their baby.

The Taneytown School Situation

There is a hitch in the placing of the contract and financing of the new Taneytown high school building that we trust is only temporary, and will very soon be straightened out. The old building has been braced up for the present, which we understand, is expected to make the building safe for use, until the softening up of the ground in the spring, when it may not be considered safe to use in any longer; and in the meantime, it has been, and still is, hope that the new building will be constructed, and that the County Commissioners will make good their promise to supply \$50,000 for the building, exclusive of the location, that has been selected and will be paid for by local subscriptions.

The first bid received was somewhat higher than the \$50,000 figure, and as a result, the County Commissioners have written the school board as follows: "After carefully considering

bids presented for the building for the Taneytown school, we consider the same to be too expensive, and must decline to furnish this amount."

A later bid has now been presented, materially lower than the first, and nearer the \$50,000 offer of the County Commissioners. As such, it seems there can be no tenable excuse for not accepting the bid now and that the contract should be promptly awarded and the work commenced before freezing weather sets in.

Apple Crop Decreases

While early estimates of the apple crop in Adams County this year will be but 23% of normal, and this estimate, the state crop expert said, may be a little high.

Last year the apple crop was a fair size, but was not up to normal and an estimate of this year's production, as compared with that of 1923, places it between 30 and 35% of normal.

Work on picking of early varieties of commercial apples: Smokehouse, Grimes, Golden, and Jonathan, has been started in many orchards, and as soon as these crops are off, gathering of the later varieties will begin.

It is expected that the total production of apples this year would be approximately 150,000 bushels. The crop will just about meet the demand of eating apples, and few will be available for storage to be shipped to other places in the United States where apples are scarce or do not grow.

Correction

Through an error in the records of the State Highway Department, the name of Armor Weikert, living along the Fairfield Road, appeared on the list of automobile drivers whose licenses have been revoked because they were convicted of operating a motor vehicle while under the influence of intoxicating liquors.

Armor stated he still has his license and that it is another Weikert whose name was revoked. He said that he is yet to be caught while driving drunk because he does his drinking near his house and always checks to make sure there is no policeman on the road when he makes the short drive to his house.

To read other articles related to 100 Years Ago this Month, visit the History section of Emmitsburg.net.



The Dogwood Tree Vintage Market

Going out of business!

Everything must go by September 30th

All items at reduced prices!

520 E. Baltimore St., Taneytown
443-918-7479

Hours:
Wed.-Sat. 10-6
Sun. 1-5

Mountain Fire

Firearm Training - Sales & Service

NRA Classes, Personal & Defense Training

"Contact us for everything firearms! Sales, Repair, Training, Fundraising Events, Customization and more. Local father and son business focused on customer service and high standards!"

Multi-state
Wear & Carry
MD HQL
NRA Classes
Personal
Defense



Class 07 FFL
NRA, MSP, USCCA
Certified
Instructors
Gunsmithing &
Restoration

"Stay Safe, Stay Secure, Protect Your Freedom!"

240-772-1523
Mountainfirellc.com • mfers2021@gmail.com



CARROLL VALLEY CELEBRATES 50 YEARS

Carroll Valley's coming of age

Dave Hazlett
Carroll Valley Borough Manager

Despite its youth, Carroll Valley is a community that stands out with its strong sense of unity and a dedication to improving the lives of its residents. Since its establishment, Carroll Valley has seen steady growth while maintaining its identity as a small, close-knit community. The Borough's distinctiveness lies in its residential charm, accentuated by its commitment to preserving its natural surroundings. This blend of rural allure and contemporary conveniences is a major draw for new residents who are drawn to Carroll Valley's unique appeal.

With its picturesque landscapes, Carroll Valley offers breathtaking views of the surrounding mountains and valleys. The community, known for its family-friendly atmosphere, boasts of parks, walking trails, and other recreational facilities that are a testament to its commitment to preserving its natural beauty.

Since 2005, the Borough has undergone vast changes aiming to improve the quality of life for our growing populace. Some of the highlights of the last 20 years include:

- Greater Carroll Valley Community Education Complex, completed in 2017, has become the focal point of the Carroll Valley Community. This facility houses not only the administrative

offices and Police Department but also the Carroll Valley Branch of the Adams County Library. The complex provides a space for various educational and recreational opportunities, hosting community events, organizational meetings, and educational programs. It serves as a youth and adult learning hub, offering programs such as workshops, classes, and community gatherings. Due to its community-oriented nature, the complex plays a significant role in the social and educational life of the area, fostering a sense of community among residents. Additionally, the complex hosts community-wide events and functions, benefiting Carroll Valley and the broader Fairfield area. This \$4 million project was completed and paid in full without a tax increase, and the 40-year loan was paid off within 2 years of the building's opening.

- The Borough has expanded and improved its parks and recreational facilities, offering more opportunities for outdoor activities. This includes the development of new walking trails, playgrounds, and community spaces that encourage active lifestyles. Ranch Trail Commons Community Park was constructed

in 2006 and consists of a walking trail, playground, and two pavilions. Carroll Commons Park has seen significant improvements, including the complete rehabilitation of the Cortner Pavilion and the construction of a new playground and two pavilions. Public Access to Lake Mae and Lake Carroll was achieved through 2 public-private partnerships with adjacent landowners in exchange for Borough investments in water quality and infrastructure. In the next few years, the Borough will open a Nature Reserve and Trail, as well as another park with additional amenities.

- The Borough has made significant investments in its police department, including expanding facilities, acquiring new equipment, enhancing training, and expanding staffing. These efforts are a testament to our commitment to ensuring the safety and security of our residents, making Carroll Valley a place where everyone can feel safe and protected.
- Carroll Valley has implemented advanced stormwater management practices to reduce flooding and protect local waterways from pollution. These efforts are not just part of the Borough's commitment to environmental sustainability but also reflect our shared responsibility to protect and preserve our natural resources. We can all take pride in these initiatives that make our community a better place to live.
- The Borough has increased its community events offering, including seasonal festivals, holiday celebrations, and educational programs.

These events foster a sense of community and provide opportunities for residents to connect. The list of events includes the Annual July 4th Celebration and Fireworks, an annual Daddy-Daughter Dance, an Annual Easter Egg Hunt including photos with the Easter Bunny, an Annual Halloween Night Trunk or Treat, and the Annual arrival of Santa's Mailbox.

- Carroll Valley has worked to enhance the services provided to residents, including cost-saving waste management bidding and streamlined snow removal operations utilizing current technology and equipment. There have been ongoing improvements to the Borough's roads and bridges to ensure safe and efficient transportation for residents. This includes resurfacing projects, drainage improvements, and regular maintenance to address wear and tear.
- Municipal Facilities improvements have remained critical. The Municipal Services Facilities now have needed safety and security measures necessary for government operations, and our Sewer Plant is being replaced with the construction of a \$5.6 million sewage treatment plant, which will serve the Borough for the next 50 years.
- Oversaw the implementation of technology to improve residents' ability to conduct business with the Borough outside of work hours, including forms, applications, and online payments.
- The Borough has encouraged local economic growth by supporting small businesses and fostering a business-friendly environment. This has included streamlined permitting processes and initiatives to attract new businesses and adopting leg-

islation encouraging residents to work from home.

- The Borough has maintained a strong financial position through meticulous budgeting and rigid fiscal management, including a commitment to providing affordable services to citizens while ensuring that it does not become a burden on them in the future. This approach has enabled Carroll Valley to fund essential improvements and services without overly burdening residents with taxes. In fact, the Borough has only increased taxes twice in the last 20 years.
- For the last 20 years, Carroll Valley has emphasized transparency in its government operations, ensuring residents can access information about Borough activities, budgets, and decisions. Public meetings and open forums have been a regular part of this effort but have also included public surveys, live streaming of meetings, and social media discourse. The Borough has improved its communication with residents, using technology and social media to keep the community informed and encourage the participation of residents.

These accomplishments highlight Carroll Valley Borough's dedication to enhancing the quality of life for its residents, preserving the natural environment, and fostering a strong sense of community. The Borough continues to build on these successes as it plans for future growth and development. From my front-row seat, I am pleased to have witnessed this community's evolution from a stagnate residential development to a sought-after residential/recreational hub full of vibrancy and happenings.



FREE ADMISSION

EST. 1980

SEPT 28 & 29 • 9 a.m. - 4 p.m.
Rain or Shine

Annual Outdoor Festival

Pippinfest is a delightful outdoor craft festival celebrating community, harvest, and tradition. Nestled in the small town of Fairfield, Pennsylvania, this event is a haven for artisans, crafters, and enthusiasts alike.

Crafts • Food • Live Music
Car Show • Quilt Exhibit • Beer Garden
Kids Entertainment Corner
Petting Zoo
Sat. & Sun.
10 - Noon

For Questions & More Information:
 717-642-5640 Follow Us Online!
 Borofairfieldpa@comcast.net
 www.Pippinfest.com
 108 West Main Street, PO Box 263, Fairfield



Farm to Table
Casual Fine Dining

\$15 Mid Week Special
Happy Hour 4:30 to 6 p.m.
Live Music Thursday

Open Wednesday thru Saturday
5 to 9 p.m.
and Sunday Brunch 11 a.m. to 3 p.m.

15 West Main Street, Fairfield
www.mansionhouse1757.com
717-642-5410

TANEYTOWN HISTORY

Reflections on 9/11

David Buie

On Saturday, September 11, communities across the United States will pause at 8:46 a.m. to honor the victims of the September 11, 2001, terrorist attacks. Carroll County, particularly Taneytown, will join in this solemn remembrance. The attacks had a deep impact on our local community, as we had connections to both the Pentagon and the World Trade Center. Deep mourning consumed the county for those lost on that tragic day. The small town of Mount Airy grieved the loss of two local men at the Pentagon, while Taneytown remembered a woman who perished in the North Tower of the World Trade Center.

CW4 William Ruth, U.S.A.R.

William R. Ruth, 57, of Mount Airy, was a veteran of two wars and a beloved social studies teacher who spent nearly 30 years teaching in the Montgomery County public school system. Ruth was killed on September 11, 2001, in the attack on the Pentagon.

Ruth was born in Knoxville, Tennessee, and after graduating from Bowling Green University in Bowling Green, Ohio, he embarked on a life of service. He first served in the Marines during the Vietnam War as a helicopter pilot. During his time in Vietnam, Ruth flew dangerous missions, evacuating the wounded and the dead—memories he later shared with friends.

After returning from Vietnam, Ruth earned a master's degree and began his teaching career. He spent three decades educating students, most recently at John T. Baker Middle School in Damascus, Maryland. Known for his love of reading and ability to convey history lessons with depth and passion, Ruth left a lasting impression on his colleagues and students alike.

When the Persian Gulf War broke out, Ruth left the classroom again to serve his country. He deployed with his activated Army Reserve unit to the Middle East. After retiring from teaching in 1997, Ruth worked with the Army as a staff officer at the Pentagon's Office of the Deputy Chief of Staff for Personnel.

On the night of September 10, Ruth presided over his first meeting as commander of his local V.F.W. post. The following morning, he was at the Pentagon when American Airlines Flight 77 crashed into the building, killing 125 Pentagon employees, including Ruth. At first, friends held out hope that he had taken a trip to his fishing cabin in Canada, but tragically, he had been at his post.

LCDR Ronald Vauk, U.S.N.R.

Mount Airy was also home to another victim of the Pentagon attack: Lieutenant Commander Ronald James Vauk, 37, a member of the U.S. Naval Reserve. On September 11, Vauk served as Watch Commander in the Pentagon's Naval Command Center when the plane struck. He performed his duties on the second day of his annual reserve duty.

Vauk was born in Nampa, Idaho, and was the youngest of nine children. He graduated from St. Paul's Catholic School and Nampa High School before earning an appointment to the United States Naval Academy. In 1987, he graduated from the Academy with a commission and a Bachelor of Science in Political Science.

Following nuclear power school, Vauk served on the U.S.S. Glenard P. Lipscomb submarines and U.S.S. Oklahoma City, reaching the rank of Lieutenant Commander. In 1993, he transitioned from active duty to the

Naval Reserve. On September 11, 2001, he reported for duty, ready to serve his country as he had done for years. Tragically, the horrific events of that day cut short his life.

JoAnn Heltibridle

In Taneytown, the community mourned the loss of JoAnn Heltibridle, 46, who was working on the 94th floor of the North Tower of the World Trade Center when American Airlines Flight 11 struck. Heltibridle was a Senior Vice President for Marsh & McLennan, a global insurance brokerage firm.

Heltibridle was born in Gettysburg, Pennsylvania, and raised in Taneytown. She graduated from Francis Scott Key High School in Union Bridge, Maryland, and began her career in the insurance industry at a company in Morristown, New Jersey. Eventually, that company was acquired by Marsh & McLennan, and Heltibridle advanced to the position of Vice President at the firm's office in the World Trade Center.

According to her colleagues, Heltibridle was usually the first person in the office each morning. Despite her corporate success, she remained down-to-earth, always keeping family close to her heart. Her niece described her as a "bottle of sunshine," a woman who was both beautiful and deeply grounded.

Heltibridle's love for her family extended to her two beloved cats, Taz and Ivy, whom she treated like children. She often returned to Taneytown to visit her mother, brother, and his children. She had planned to visit home shortly after September 11, with plans to attend a local fair and watch the tractor pull.

Her life was one of joy and warmth, shared with those she loved most. But like so many others that day, her future was stolen away by unimaginable violence.



JoAnn Heltibridle

Honoring the Fallen

These stories of service, sacrifice, and love remind us of the incredible humanity and courage displayed by those we lost on September 11, 2001. As communities in Carroll County observe moments of silence on this solemn anniversary, they are not just remembering a national tragedy—they were honoring their neighbors, friends, and loved ones.

The Carroll County 9/11 Memorial, located at the Car-

roll County Public Safety Training Center, stands as a testament to the lives lost and the enduring spirit of the community. As the years go by, the memories of Ruth, Vauk, and Heltibridle continue to inspire acts of remembrance and resilience.

Their legacies serve as a powerful reminder of the best of humanity in the face of the worst, and their stories will forever be woven into the fabric of Carroll County.

Chaz's

Used Auto Parts

U-Pull-It

Over 10 acres to pull from!

* Bring your own tools *

We buy junk cars and scrap metal!

Pick up or drive in available

Monday - Friday 8 a.m. - 5 p.m.

Saturday 8 a.m. - 2 p.m.

Emmitsburg

Rt. 15 to Thurmont

Chaz's Used Auto Parts

Rt. 140

Taneytown

6035 Taneytown Pike, Taneytown

888-212-8775

License # J085900

FARM HOUSE

RESTAURANT

AT THE BARN RESORT PA.

The area's most extensive traditional

BUFFET

Lunch \$17.99 Dinner \$22.99****

Plus Tax and Beverage

**Certain days/times prices will vary

Tuesday to Thursday 11:30 a.m. - 8 p.m.

Friday & Saturday 11:30 a.m. - 9 p.m.

Sunday 11:30 a.m. - 7 p.m.

Featuring handcrafted cocktails & spirits from Cellar 75

717-334-7580

75 Cunningham Rd., Gettysburg

www.thebarn.com

COOKING

The month with many names

Sonya Verlaque
FCC Culinary Program

It is September. Time to go back to school, time for pumpkin spice and apple cinnamon everything, time for the Great Frederick Fair. My kids have recently become interested in entering different classes for the fair, after watching our cousins at their own county fair. I think they thought you had to have an actual farm to enter, or livestock - we have neither. But seeing flower entries, baked goods, and art. So, I want to list a few ways that you, kids or a whole group could try a few recipes to enter at the fair. These are easy to adjust and make your own.

Unicorn Fudge

This is a no bake (stovetop only) rainbow colored fudge, using white chocolate and condensed milk. If you don't use salted butter, add a pinch of salt to the recipe to balance out this super sweet fudge.

Ingredients

- 3½ cups white chocolate chips
- 14 ounce can sweetened con-

- densed milk
- 3 tbs salted butter
- Pink food coloring
- Purple food coloring
- Blue food coloring
- ½ cup marshmallows bits
- 1 tbs rainbow sprinkles

Directions: Line an 8x8 inch baking pan with parchment paper and set aside, don't use foil, it will stick. Set three separate medium bowls with three separate stirring spoons on the countertop. Place the white chocolate chips, sweetened condensed milk, and salted butter into a large saucepan. Heat on medium, stirring often, until the chocolate is completely melted and the mixture is glossy, about 4 minutes. Do not overcook the mixture.

As soon as the chocolate chips are melted you should be good to go. The mixture should be thick. Remove from the heat and pour ⅓ of the fudge mixture into each of the three separate bowls. Quickly stir in the desired amount of pink food coloring to one bowl, purple coloring into the second, and blue food coloring to the third. Immediately use a ¼ cup measuring cup to scoop the

fudge into the baking pan, alternating between colors. Create swirls throughout the fudge with a knife.

Be careful not to mix the colors too much, otherwise the contrast of the colors won't be as noticeable. Quickly sprinkle with marshmallow bits and rainbow sprinkles. You may have to press them gently into the fudge depending on how much it has cooled down. Refrigerate for 2-3 hours or until the fudge sets completely. Once set, remove fudge from the pan using the parchment paper, cut into squares, and serve. You can store your fudge in an airtight container for up to 5 days.

Quick (Refrigerator) Dill Pickles

There is an entire section for adult and youth food preservation and pickles are its own class. There is evidence of pickling with vinegar in Mesopotamia as early as 2400 BCE. You'll need two 1-quart wide-mouth jars with lids.

Ingredients

- 3 cups water
- ¾ cup white vinegar
- 3 tbs granulated sugar
- 2 tbs kosher salt
- 6 small cucumbers
- 8 sprigs fresh dill
- 4 cloves garlic peeled and sliced thin
- 2 tbs pickling spice

Directions: In a medium saucepan, combine the water, vinegar, granulated sugar, and 2 tbs of salt and bring to a boil over medium to medium-high heat. Reduce the heat to low and simmer for 15 minutes. Set aside to cool. Wash the cucumbers and cut each into 4 spears for a total of 24 spears. If the cucumbers are too tall to stand up in the jars without sticking out the top, trim off one end of each so they're the right size for the jars. Fill each jar



Slow cooked pork tenderloin with apples is a great seasonal treat!

with cucumbers. Push the fresh dill sprigs down into the jars between the cucumbers. Add the sliced garlic and pickling spices to the jars. Pour the warm brine evenly into the jars and seal each jar with a lid. Refrigerate for 24 hours before serving. Keep refrigerated for up to one month (discard leftovers after 1 month).

Slow Cooker Pork Tenderloin

I like to think of being a friend to future me. And I know I will want to do is make dinner after working on fair projects all day. So be a best friend to future you and just after lunch, put this pork tenderloin with apples in the slow cooker and you will have something ready and seasonal to serve.

Ingredients

- 2 pork tenderloins (2-3 pounds)
- 2 tsp kosher salt
- ½ tsp black pepper
- 1 tsp dried thyme
- 1 tsp ground mustard
- 1 tsp garlic powder
- 1 tsp onion powder
- 2 tbs olive oil
- 1 medium sweet yellow onion cut into thin slices
- 1 large granny smith apple cut into thin slices
- 1 tbs minced garlic
- 2 cups chicken broth
- 4 tbs unsalted butter
- ¼ cup all purpose flour

- 1 tsp dijon mustard
- 3 tbs maple syrup

Directions: Pat the pork tenderloins dry with a paper towel and then season them all over with the salt, pepper, dried thyme, ground mustard, garlic powder and onion powder. Heat a large skillet with the olive oil over medium heat until the oil starts to shimmer in the pan. Sear the pork tenderloins in the hot skillet for 3-5 minutes on each side until nicely browned and then remove from the heat. Place the seared pork tenderloins in a slow cooker and top with the onions, apples, garlic and chicken broth. Cover and cook on high for 2 hours or low for 4 hours, until the pork is fork tender.

Remove the tenderloin from the slow cooker and place on a cutting board to rest while the gravy is made. Heat a skillet on medium heat, melt the butter in the hot skillet and then whisk in the flour, cooking for 1 minute, while whisking continuously. Slowly whisk in all of the juices, along with the apples and onions from the slow cooker. Next, whisk in the dijon mustard and maple syrup. Continue to cook, while whisking, for 2-3 minutes until the gravy is thickened. Slice the pork tenderloin into one-inch medallions and serve with the pan gravy, and steamed broccoli.

To read other cooking articles, visit the Authors section of Emmitsburg.net.

WE HAVE EXPANDED!
21st Annual
Emmitsburg Farmers Market
Now thru **September 27**
Every Friday!
Want to be a Vendor?
Call Sean or Sabrina
Local Produce • Wine/Beer Tastings
Activities for Families • Local Meats & Eggs
Fresh Baked Goods • Handmade Crafts & More!
Questions? Call 301-600-6303 or
email SRuane@emmitsburgmd.gov

Catoctin Mountain Orchard
U.S. Route 15 - 15036 N. Franklinville Rd.
301-271-2737

Summer Rambo, Paula Red, Gala,
Honey Crisp & Blondee Apples
Yellow & White Peaches, Nectarines, Pears
Blackberries, Sweet Plums
Cantaloupes, Kiwi Berries
Kale, Cucumbers, Squash, Tomatoes
Peppers, Cabbage, Swiss Chard, Potatoes
Coming Soon: Gourds, Grapes, Pumpkins

Fruit Slushies, Apple Cider Slushies
Apple Cider Donuts, Fresh Apple Cider
Jams, Jellies, Honey
Fresh Baked or Frozen Fruit Pies
Hanging Baskets, Planters, Fall Mums
Pick Your Own Apples Every Saturday &
Sunday during September & October!
Cut Your Own Flowers

Open 9 to 5 daily
www.catoctinmountainorchard.com

CITY OF
Taneytown
MAIN STREET

Second Saturdays
Food ~ Shopping ~ Free Activities

SEP 14
Food,
Glorious Food

OCT 12
Spooky
Season
and Street Treat

Scan
for more info!

www.mainstreettaneytown.com

MOMS' TIME OUT

Labor Day

Mary Angel

Labor Day is historically the first Monday in September every year. According to the U.S. Department of Labor, Labor Day was a holiday passed by an act of Congress on June 28, 1894, to celebrate the social and economic achievements of American workers. Today, most Americans enjoy a day off work and often times a cook-out spent with family and friends. Is this what you think of when you hear the phrase Labor Day?

For my dad and my brother, who are both life-long electricians, they definitely think of their jobs, a day off work, and maybe a beer while grilling hamburgers and hot-dogs for the family. Back in the days when my husband worked in the restaurant business, Labor Day was just another day of work. For my kids it was always just a day off school, until they started working that is. For all of the moms I know it has two meanings. Obviously, it has the original meaning, but also the day they gave birth... their labor-day!

Many of my friends have been stay-at-home moms at some point in their children's lives. That left them with the impression they were not laborers. I am here to tell everyone that is not the case. Not only do stay at home moms work very hard and have a huge responsibility, but they also have the added badge of actually having gone through labor. I know from my own experience, labor, that is childbirth, all on its own deserve a medal and a day off work. Put aside the physical act of labor as childbirth and moms are some of the hardest working people you will ever meet.

It all starts with going through labor. Many of the husbands I know love to tell people they couldn't have done what their wife did in the labor and delivery room. Whether they had a c-section or natural birth, natural or pain meds, quick or long labor, smooth sailing or complications, it was still the act of pushing a watermelon through a garden hose! Jessica Simpson said, "The birth video they show in a birthing class can make a Quentin Tarantino film look like a Disney movie." This can be true, but it is only the beginning of laboring for your family.

In the typical day of a mom of infants and toddlers she might change 10 or more diapers per child, wash multiple loads of clothes covered in spit up and other bodily fluids from blowouts, and strip down a car seat cover wash it and put it back on (this alone should be an Olympic sport). There are meals to make, faces to wipe, and baths to give. Let's not forget hair brushing, dressing, and cleaning. All of these things are on a good day and all done with sleep deprivation. After becoming a mom, Amy Poehler said, "Sleep at this point is just a concept. Something I'm looking forward to investigating in the future." When a child is sick, you

can add in nurse, chauffeur to the doctor's appointment, and comforter. The days are long and tiring and if a mom has a step counter on, she might find out she has actually completed a 5k.

As the kids start school things get easier, right? Yes and no! Depending on how many kids you have you may find yourself in two categories, toddlers and tutoring. When your kids are in school, you may be the one driving them to and from, or volunteering in the classroom, and usually helping them with homework (or bare minimum making sure they are doing their homework). You will still have all of the laundry and dishes and cleaning, which you will try to complete while they are in school. If you throw homeschooling in here, you are also a teacher! You may well be doing all of this with a toddler in tow. If you are like me and my mom friends, you might take on a part-time job or volunteerism to your labor list.

As your kids become more independent and maybe even begin to drive, you would think things become easier. In some cases, this is true. You can leave the house to run errands without them in tow and even get a good night's sleep. Well, depending on their age and if they are dating maybe not the best night's sleep. You have to admit that not having diapers and the terrible twos has to make life a little calmer. However now your labor is not physical, but mental. They are hormonal teenagers, and the years of worrying have only just begun. From dating to driving and sass to SATs, the number



Until the 1970s, most U.S. hospitals did not allow fathers into the delivery room for the birth of a child.

of sleepless nights might just rival the infant years.

At this point many stay-at-home moms are starting the process of searching for a new career. I know myself, when it was time to go back to work, I wasn't sure exactly how that would go. After all who would want to hire a stay-at-home, homeschool mom who hadn't had a full-time job outside the home in 20 years. Luckily there are plenty of people who acknowledge the skills and perseverance involved in surviving those many years of raising children. I actually had an interview recently where one person asked me how I would handle a chaotic day on the job, and before I could answer another interviewer said, "Aren't you listening, she has

four kids, every day is chaos at her house. I would think she would handle it very well." Everyone laughed and I thought how true that was. If you are looking for someone who can multi-task, handle chaos, and solve a problem with only the items she has in her purse, then do I know some moms you should meet! As moms reenter the workforce, they are now celebrating Labor Day as it was intended to be celebrated when Congress passed the original act.

No matter if you are celebrating labor-day or Labor Day, if you

are working inside or outside of the home, or you are simply a child who is just grateful for a day off school, Labor Day is a day to be celebrated and cherished. Whether you look through your baby book, lounge around at a cookout, or simply have an extra dessert at your next Labor Day party, just know you are an amazing blessing and truly loved by those around you. Happy labor-day, I mean Labor Day!

To read past editions of Moms' Time Out, visit the Authors section of Emmitsburg.net.

The Upholstery Shop ✂️
 Custom Upholstery
 Furniture Repair & Restoration
 Wide Selection of Top Quality Fabrics
 ~ Family owned and operated for over 50 years ~
 Michael Woodhams - Owner
 5810 Taneytown Pike • Taneytown
 Look for the Blue Sign!
 410-596-1935
 MichaelWoodhamsUpholstery@gmail.com

Needle & Thread - Wooded Hamlet Design
 FABRIC - NOTIONS - PATTERNS
 2215 Fairfield Road, Gettysburg
 717-334-4011
 www.needleandthread.biz • www.woodedhamlet.com
 Wed., Thurs., Fri. & Sat. 10 a.m. - 5 p.m.
 Closed Sunday, Monday & Tuesday
 Darlene Grube Proverbs 31: 10-31

EMMITSBURG DENTAL CENTER
 Dr. Olumide (Olu) Bolarinwa, D.M.D., MSc
 Continuing care for current patients!
WE ARE ACCEPTING NEW PATIENTS!
 101 S. Seton Ave., Emmitsburg • 301-447-6662
 Emmitsburgdental@gmail.com

MY FATHER'S FOOTSTEPS HAIR DESIGN
 Shampoo
 Cut ~ Color
 Perm
 Men and Kids Cuts Too!
 121 N. Seton Ave., Emmitsburg
 301-447-6600
 Veteran owned & operated!
 Tuesday, Wednesday & Thursday
 House Calls Available!
 Call to set up appointment!

Although it doesn't feel like it now...
Homecoming Dances
 are right around the corner!
 Homecoming is a great chance to wear jewelry that makes a statement. With the many colors gemstones come in, you'll be sure to find the perfect match for your outfit! Build your look around a piece of jewelry you love. It's never too early to start planning. We'll help you make a stunning entrance!
 36 E. Frederick St., Walkersville
301-845-2200
 Mon., Tues., Thurs. 10 a.m. - 5 p.m. • Fri. 10 a.m. - 7 p.m.
 Sat. 10 a.m. - 5 p.m. • Closed Wed. & Sun.
 oldetownejewelers.store

FOUR YEARS AT THE MOUNT

Since 1967, the annual celebrations of International Literacy Day have taken place on September 8 to remind policymakers, practitioners, and the public of the critical importance of literacy for creating a more literate, just, peaceful, and sustainable society... In honor of this event, we asked our writers to reflect on the role of literacy in our world, and how is it meaningful to our everyday lives and professions.

Sophomore

What's in reading?

Gracie Smith
MSMU Class of 2027

Reading as a form of entertainment has been made almost irrelevant given the technological advancements of social media. The fact cannot be disputed that people are more attracted to visual actions that can be watched rather than visual actions through words where you are forced to imagine. Due to this fact, I fear that the joy of reading will eventually be lost in time.

That said, why is reading important? Beyond the means of old-fashioned entertainment, reading is essential for basic communication. We have emails, texting, media, and yes, books. As technology furthers in development, our young learners across the nation continue to struggle. Something has to be done about this.

According to the National Assessment of Educational Progress (NAEP), two-thirds of US children cannot read proficiently, and 40% are nonreaders. One of the first things we teach our children

is the alphabet so they can learn how to read and write. Why do we do this? Is it because everyone does it? Is it because it's part of the curriculum? Or is it because society is shaped for those who are literate, and to be successful you must know how to read and write? Let's ponder this.

Most people begin introducing their children to the alphabet between the ages of 2 and 3. Preschool helps in solidifying their recognition of the letters so that by kindergarten (around ages 5 or 6) children can almost completely identify every letter of the alphabet. However... why do we do this? Most toddler toys revolve around learning. Whether it be colors, numbers, shapes, and yes, letters, a decent chunk of toddler toys are centered around expanding their horizons. I find it interesting that this concept fades the older a child gets. By the time a child is 5 or 6, toys for that audience are less targeted to teach them and more prone to entertain. For instance, Hot Wheels, LEGOs, dolls, and Nerf guns. Is this to say that strengthening the concept of reading as a child grows older becomes obsolete? What does that say about us as a society? Should we not be striving to ensure that our future generations are properly equipped with everything they need to succeed? If that is true,

reading and writing must continue to be strengthened as children age.

We must ask, what is considered "essential" in today's society to be successful? Is it money? Is it fame? Is it security? One thing that all of these have in common is the basic need of being literate. You cannot be rich if you are unable to communicate by writing. You cannot be famous without being able to read and interact with social media. Lastly, you cannot be safe if you have no way of knowing what is all around you.

I remember my parents being very persistent in my education, and they still are today. I especially remember my mom drilling me with flashcards and helping me pronounce words properly. I hated every second of it, but I remember being one of the top readers in my class because of it. As a kid, that confidence really pushed me to try my best in everything because I didn't want to disappoint them. I loved being able to come home and make my parents proud, and that still stands today.

Reflecting on everything I've done to help myself succeed thus far, I cannot think of one thing that didn't require me to be literate. From my first job to my college application and then to writing this article, reading and writing have contrib-

uted so much to my overall happiness because I am slowly achieving my dream.

Literacy provides so much more than just a "step ahead" in our modern world. In a society created for the educated, being literate is essential to even have a chance at success. What that "success" is can be determined in countless ways. Through reading and writing, we get our news; we communicate with others; we research; we learn; we navigate; and so so SO much more.

For all of these reasons and more, being able to read and write is crucial. Nevertheless, reading and writing have always had a special place in my heart. Hence why I'm writing to you from a newspaper. From a young age, I grew very attached to books. I remember ordering a book while on vacation and reading the entire thing in one afternoon. It's not something I am particularly proud of, as that book scarred me for life - thank you, John Green. But that said, reading has always consoled me when I needed it. Reading has always helped me to grow and recognize things that I would not have otherwise recognized. Reading has given me second-hand embarrassment that, thank God, I will never have to experience having learned from others. Most

importantly, reading has taught me very important life lessons without having to personally face the consequences that they bring.

I could sit here and write a novel informing you all on why reading is important. However, that isn't what I'm doing here today. What I am doing today is informing you all on why reading is *essential*. The number of children who are unable to read and write is frightening. The success of our future generations starts with us. Without our support, the future generations lie in the hands of technology. While helpful at times, I am not convinced technology is advanced enough to be teaching children something so critical. By supporting our children, we are ultimately supporting their classmates, their teachers, and all their futures. While not everything we do will have a lasting impact, teaching a child to read and write will have an impact that can only better their lives. Even if they don't know it. September 8th, International Literacy Day, should be celebrated as a day we recognize our greatest strength and share that strength with others.

To read other articles by Gracie Smith, visit the Authors section of Emmitsburg.net.

Junior

Let's talk literacy

Devin Owen
MSMU Class of 2026

The definition of the term literacy is as follows: "the ability to read and write." It is a concept that, for many, seems to be second nature, however; that is not the case for everyone and most times we seem to forget just how important literacy really is to our daily lives. Considering that literacy isn't something that many of us are hyper-fixated on, I'm sure there are some of us that were unaware of International Literacy Day, which takes place on September 8th each year. When I was told about our topic for this month's article, I was even surprised because this was a day I hadn't known about before, but I'm glad to know about it now!

After doing some research I found out that International Literacy Day is an international observance day which was declared by the group UNESCO in October 1966 as a way to raise awareness and concern for problems in regard to literacy that may exist either within the local communities or more widespread around the globe; and it was first celebrated on September 8th, 1967. The day provides an opportunity to recognize the power in which literacy holds, especially in our everyday lives.

As someone who grew up with reading and writing as my favorite subjects in school, literacy is something I find to be critically important. When I was younger, I was taught to write letters to my grandparents, aunts, uncles, and other family members who lived in different states. Sending and receiving letters was a huge part of my childhood, it became one of my absolute favorite things to do and

frankly, I believe that it was the reason in which I grew to love writing as much as I do. This was the period of my life that I learned how much literacy carries beyond just words on a page; it carries emotion, memories, history, communication, peace and so much more. Think of how we communicated from far distances before cell phones and the internet; it was mostly by writing letters.

Our history has been taught to us through the power of literacy as well. Without the written documents from the past, we would not have much to go on in deciphering the happenings of those days. A huge add-on to that as well though is the concept of handwriting. In today's society, our newer generations have such a difficult time reading and writing cursive lettering because it isn't taught much anymore. Personally, I grew up writing and reading in cursive constantly because that was how my family writes (aside from my dad and his dad). When I write, it is usually a mix between cursive and print. My little brother on the other hand, can't read or write cursive because they stopped teaching it a year after I learned, and he is only two years younger than I am. It makes understanding works of the past incredibly difficult because almost all of them are written in cursive—just look at the Declaration of Independence!

Literacy is a cornerstone of personal and societal development as it affects almost every aspect of life itself. This includes concepts such as forming communities, education, the economy, communication, employment, health (both mental and physical), access to information, and so much more! Communication is such a crucial part of a functioning society and literacy helps to make it as effective as possible. It allows for people to clearly and effectively express themselves, while also having the ability to understand others as they express them-

selves—whether that be through writing or words spoken aloud. All of these aspects kind of go hand-in-hand with one another though; communication is a part of the foundation of forming a community and functional society, which offers employment opportunities, healthcare, education, access to information, etc. Having access to information allows one to make informed decisions when necessary, and those who are literate can use that skill to access and interpret information presented to them or researched through books, newspapers, and the internet to make said decisions. This can all be applied to the aspects listed above as well, especially in the categories of health and education: areas that you want to have all of the information you need prior to making decisions.

In regard to education, I find literacy to be a crucial teaching point for people of all ages. It's funny, my older sister and I went to dinner a few nights ago so that we could catch up and hangout without the looming presence of the reality of our lives (i.e. children, work, and school), and one of the things we discussed was public school education. My sister had shown me a video from Instagram that depicted why someone refused to enroll her child in kindergarten as a 5-year-old. One of the key points of that video claimed that people have their whole lives to learn how to read, so why start teaching the basics at such a young age? I can see the point there: yes, we have all the time in the world to learn to read and write but, at the same point, the society we live in today makes it crucial for us to understand how to read and write for the sake of proper communication. Personally, I find it to be important to learn literacy at any age as long as you take the time to learn it because that is a skill that seems to be a must in our society.

The overall takeaway from this is the following: literacy is so incredibly

important and powerful! It is a skill that shapes the way that we function both as a society and individually. By means of communication and understanding, to employment and our health, literacy holds the power to make these aspects of life both easier to preform and understand. Frankly, without literacy I'm not exactly sure what our society would

look like; would it still function as it does now? Or would we be struggling to live peacefully with those around us? I know one thing is certain, without literacy you most definitely wouldn't be reading this edition of the News Journal right now!

To read other articles by Devin Owen, visit the Authors section of Emmitsburg.net.



Casual Dining!

301-447-2625

5 W. Main Street
Emmitsburg

Hello September

HAPPY LABOR DAY

Welcome Back To **School** | **Mount Students**

Wednesday - Monday 11 a.m. - 10 p.m.
(Closed Tuesday)
Carryout Available!

Daily Lunch Specials
Full menu online on Facebook!

ON THE IMPORTANCE OF LITERACY IN OUR WORLD

Senior

Literacy to me

Dolores Hans
MSMU Class of 2025

“Literacy is, finally, the road to human progress and the means through which every man, woman and child can realize his or her full potential” (Kofi Annan).

Think back to your childhood. What is the first book you ever read independently? Who was your kindergarten teacher? What was your first word? Think about your children if you’ve been blessed with them. How many times did you sing them the alphabet, or repeatedly over-enunciate “ma-ma” or “da-da”? Think about your parents. Did they write you notes or tell you bedtime stories?

Literacy is critical to the development of children. Sometimes we don’t even recognize the ways in which we are witnessing or implementing literacy skills every single day. I have learned a lot about childhood development, psychology, literacy skills and resources, and educating the human brain, and I would like to share some

of the things I’ve learned.

Someone once asked me what my earliest memory of learning literacy was. Yes, that person was my elementary education professor, but it was still a good question. It got me thinking: a vision of my beautiful mother crouched on the floor with her child laid out in front of her giggling and cooing as she sings cute little songs, points to letters and says their sounds, or reads a book like “Moo, Baa, La La La” or “Chicka Chicka Boom Boom”. She is a nurturer, the epitome of a devoted mother, and an educator. Before I even entered a classroom, I had a teacher. And knowing my mother, I had a teacher before I even entered the world. Did you know literacy begins in the womb? She probably sang to me and told me stories before she got to meet me. All because she knew how important literacy is. My mother is also an early childhood teacher.

Studies show that talking to your unborn child, playing music for them or reading them books increases their literacy skills as emergent readers.

Literacy is so much more than reading a novel or writing a paper. Its importance cannot be neglected. It

is also fascinating! It can be broken down into thousands of different parts and each one is dependent on the next. How many times have you, as an adult, seen a word you’ve never seen before and sound out the letters or chunk the word into smaller parts in order to figure out what the word is or how to pronounce it, or you were filing at work and can’t remember if the letter G is before H or if Q comes after S, so you sing the alphabet? These are all important foundational skills in literacy development called decoding, phonemic awareness, and alphabetic principle. A phoneme is the smallest unit of sound (i.e. the sound the letter A makes).

At this point in my education at The Mount, I have begun my last semester student teaching. Every day I go to an elementary school in the area and work with my mentor to help special education students. In a world where we could see children fall behind because their brains operate differently than their peers, or because they miss out on learning to have their needs met, it is an honor to meet so many men and women who devote their professional lives to knowing, loving, and teaching children who

require as much as a person can give. Compassion, fortitude, gentility, wisdom. This is what it takes to be a special education teacher. This is also what it takes to change the world. It’s no secret that I believe children are the greatest thing this world has to offer. They are a gift. They provide us with joy and innocence, and in return we should provide them with the tools they need to grow their tiny, adorable minds so they can reach their full potential. And their success begins with literacy.

Literacy is the foundation that all other skills are based off of. I have gone back and forth for a long time about if I really want to be a teacher, and if I do what my options are. But at the end of the day, I think about my student’s smiles and about how my own education has shaped me, and it keeps me going back to them every morning.

Even at its most basic form, a novel, literacy is still so exciting. I remember being young and watching The Princess Bride over and over again. My brothers hated it (at least that’s what they said). But I loved the story. And when the grandpa in the movie describes the book to his

grandson, it stuck with me. He said the story had a little bit of everything, “Fencing, fighting, torture, revenge, giants, monsters, chases, escapes, true love...”. Quite the adventure. It is what made me want to read what is now my favorite book. The Count of Monte Cristo. It has a little bit of everything, just like The Princess Bride, only it is a little less fantastical and a little more historical. It takes place in France after Napoleon’s exile. A kind young man who has it all is betrayed by a jealous friend, as well as someone who abuses their power to save their own reputation, and suffers in jail for years until he escapes, becomes rich, and seeks his revenge. The story is full of plot twists, reveals, drama, romance.. oh and there’s fencing too. This book is my annual spring to autumn read. I love getting to enjoy the outdoors and just explore a time in history that I was not around for, in a place I’ve never been, living out the plot of a story.

Literacy is good for kids, good for adults, and good for humanity.

To read other articles by Dolores Hans, visit the Authors section of Emmitsburg.net.

Graduate

My journey through literacy

Claire Doll
MSMU Class of 2024

The age-old debate: math or reading?

Which subject is more useful? Which provides the most enrichment, inspires the most passion? Although I’m an English teacher, I can be convinced that mathematics plays a more vital role in our society. Through the identification of relationships, pattern comprehension, and problem-solving skills, math impacts pretty much each mere detail in our everyday lives. From the moment you wake up to your alarm clock (time management) to filling your tank with gas (conversion) to cooking dinner (measurements), it can be pretty much concluded that life is a series of calculations—a stream of numbers being factored and multiplied and derived.

But while this is a convincing argument, and one that certainly makes sense, it still does not explain the compassion, the persuasiveness, the wisdom of the human mind. How ideas grow from abstract concepts to concrete proofs, and how logic can be explained, and how views are exchanged. In fact, this entire debate would be nonexistent without the words, the literacy, with which to argue.

Reading is one of my favorite things in the world—exploring a new bookstore, or browsing the library, or even roaming around Target just to look at the book prices. I find joy in words, in sentences, in reading beautiful prose. If there’s one thing that you’ve learned about me over these years, it’s that there’s nothing else I’d rather do. I believe everyone deserves a strong, foundational literacy education. If mathematics is the brain of our society, then literacy is the heart pumping blood, keeping us alive, keeping us human.

International Literacy Day celebrates how literacy “opens the door to the enjoyment of other human rights, greater freedoms, and global citizenship” (UNESCO). Although recognized on September 8th, literacy is a gift that should be celebrated every single day. It is a gift to know how to read. It is a gift to attend school, to receive an education, to grow into an opinionated individual with the capacity to understand, differentiate, compare, and think critically.

Growing up, I’ve discovered how much I love literacy, beginning in high school creative writing class. I can paint you the room: a wall of windows overlooking the bus drop-off, with trees that flourished in the spring and summer; a morning sunrise so gold that it bathed our desks and papers in a honey glow; poetry books lining shelves, with creased and frayed spines; blurred sounds of laughter and typing and ballpoint pens hitting paper; student chapbooks displayed in the back, revealing years and years of creative talent. To me, creative writing class was four years of freedom. I could write whatever I wanted, workshop with my peers, present my poems and fiction. I was my absolute happiest sitting with my best friends, a composition book, and a Sharpie pen, editing the literary magazine or sketching a poem.

In creative writing I learned how to manipulate words: how to show and not tell, how to structure sentences, how to say more with less. It is an art, to not only grasp literacy and but also bend it, make it fit your ideas. When someone reads my work and says that they cried or laughed or smiled, I am complete; my writing evoked emotion, and I have communicated exactly how I felt.

In college, between writing for the News-Journal and editing Lighted Corners, I student taught language arts to some amazing eighth-graders. From breaking down a sentence and placing punctuation to writing full-length paragraphs and essays, I saw first-hand how

literacy is implemented and developed. How understanding and explaining connect to form a complete thought. How texts like “The Outsiders” instill skills of analysis while revealing a beautiful, emotional narrative. Literacy is crucial for cognitive growth. Without pillars of reading, writing, speaking, and listening, students would never attain their lifelong goals, including college, the work force, the military, and more.

But literacy does not stop in the classroom. Take our world today: a society swarmed with politics, a nation divided on core values and beliefs. We have seen leaders that express their values aggressively, using hatred and bigotry to convince others of their views; likewise, we have seen leaders with class, approaching political topics with confidence, peace, and charisma. As our nation draws near the presidential election this November, we recognize more and more that a leader is defined by their literacy, and that a vote is discerned through a candidate’s competence in speaking and writing and listening. How Americans want to be spoken to matters. And sometimes, how a belief is conveyed holds more weight than the belief itself.

This is why literacy matters. This is why starting from birth, even before birth, you must read to your children. Why you need floor-to-ceiling bookshelves in your house. Why schools should allow students to read and celebrate all books, and why teachers should be provided unlimited literacy resources. This is why we debate, why we interview, why we speak in any shape or form, and this is why we vote. Literacy is the cornerstone of our society, the heart of our world, and each well-spoken word is a heartbeat bringing us closer to understanding, to truth, to peace.

Could mathematics do all that? As my last Four Years at the Mount article concludes, I find it timely how International Literacy Day is the final prompt. Literacy has brought me so many gifts, and the Emmitsburg and

Woodsboro-Walkersville News-Journals are the most meaningful, priceless gifts ever. By writing for this community, I feel like I have gotten to know so many of you: small business owners and retired firemen, public servants and authors, musicians and more, making up this beautiful part of northern Frederick County. Thank you for the greatest gift of all, for reading my writing, for

giving my words your time. I am excited to continue writing for the news-journals with my new teaching column, but I will miss being and writing as a Mount St. Mary’s student.

I will treasure my last four years at the Mount forever.

To read other articles by Claire Doll, visit the Authors section of Emmitsburg.net.



SPIKE'S
TIRE EMPORIUM & AUTO CARE

TIRES! TIRES! TIRES!
Servicing all your tire needs!

Free Front End Alignment & Lifetime Balancing and Tire Rotation with purchase of 4 tires*
* Call store for details

We work on all makes & models

Wheel Repair, Brakes, Oil Changes
Engine & Transmission Repair
Factory Scheduled Maintenance
Maryland State Inspection

CALL DANNY TO SCHEDULE
301-447-4734 ASE
17307 N. Seton Ave., Emmitsburg
Visit us online at www.SpikesAutoCareInc.com

LIBRARY & SCHOOL NEWS

FASD focused on digital learning

Fairfield Area School District leaders are transforming the way students learn in a digital world.

During their August meeting, Aaron Taylor, assistant to the superintendent, told the board that the administration is implementing several changes this school year to help students learn. With snow days being a thing of the past, the district is making changes to remote learning days so students can be educated while having the opportunity to enjoy the winter weather.

Taylor said teachers will host live sessions on remote learn-

ing days so students can ask their teachers questions about the day's assignment. The rest of the day, students will have time to complete the assignments but those assignments are not supposed to take up the entire day, Taylor said.

"If they still want to go to Ski Liberty and ski, they can still do that," he said.

The entire district will utilize the Schoology Learning app so there is consistency throughout all grade levels. Board members praised the change, citing previous frustrations with parents having to help their children navigate different systems.

Whether school is held on the district's Fairfield Road campus, or in students' homes, pupils will be equipped with digital devices. Nicole Zepp, instructional technology coordinator, said all students will begin the year with the same devices they had last year. Students in Kindergarten, first grade, fifth grade, and ninth grade will then receive new computers. All students will have a district email address. Previously, only high schoolers had email. Middle school students expressed frustration with their inability to contact teachers outside of class hours. Middle and high school

students will also have access to the Adobe Creative Cloud Suite, Zepp said.

Zepp said the district is focused on cyber security. The district is implementing phishing simulators to teach staff and students the importance of not clicking on unknown and potentially harmful links.

Kindergarten and first grade students will receive password badges so the youngsters do not have to remember complicated passwords. The students will receive one for school and one for home, Zepp said. When the student holds the badge in front of their computer's camera, it will allow them to access

programs securely.

Board members praised Taylor and Zepp for implementing so many changes in one year. Board Vice President Jack Liller also asked if they have considered giving students devices that will record lectures and transcribe the audio into text.

"When I was in school, that would have been a dream," Liller said. "When I take notes, I stop listening so I can write things down."

Taylor said he had never heard of the devices but would investigate the possibility. He added that they could be especially beneficial for students with learning disabilities.

Library news...

Blue Ridge Summit Free Library
Mondays – Children's Story Time from 4 to 5. Children and parents can join us for a weekly story, craft or coloring sheet, or play time. We will be running two identical 30 to minute sessions in an attempt to accommodate busy schedules.

Wednesdays – Coffee Club from 3 to 4, mingle with the gang for coffee, tea, puzzles, board games, coloring books, &c.

Thursdays – Teen's Night. The community room is reserved for teen use from 4:30 to 6, just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturdays to Join us at 10:30 for an hour of Story Time and all of its festivities! What could be better than a great book and a fun craft?

The Summit Stitchers Quilt Club meets at 5:30 on Sep-

tember 17. If you have always wanted to learn how to quilt, now is the perfect time to start! The group is currently working on this year's gorgeous raffle quilt.

The BRS Book Club will meet September 16 at 5.

For more information on the Blue Ridge Summit Free Library visit www.fclspa.org or call 717 to 792 to 2240.

Frederick County Library
Fall is in the air at the Emmitsburg Library! Storytime and Little Adventurers will keep the littles busy every Monday at 10:30 For Elementary Age kids, a new program – Trash To Treasure: Recycled Art Program is not to miss after school on Wednesdays at 3:30 starting September 18th and lasting all fall.

BINGO is back for all ages on

Monday, September 23rd at 11 and will be featuring Frederick County Emergency Services.

For adults, the library has free copies of the 2024 One Maryland, One Book selection "What Storm, What Thunder," and two programs will be offered. Saturday, September 14 at 11 is a program for adults on dealing with anticipatory grief, and a book discussion for "What Storm, What Thunder" is set for 11 on Saturday, September 21st.

NEW – Maryland Access Point is now at the Emmitsburg Library on Thursdays from 10 to 2. A representative is available to help navigate Senior Services in Frederick County. Stop in soon to learn more about this service!

There is something for everyone at the Emmitsburg Library!

Visit the library website at [Month Calendar | Frederick County Public Libraries](http://MonthCalendar|FrederickCountyPublicLibraries) (librarycalendar.com) to dis-

cover so much more. Any questions, call Emmitsburg Library at 301-600-6329 or Thurmont Regional Library at 301-600-7212.

Emmitsburg Branch Library
Mondays, Family Storytime, 10:30 & Little Adventurers at 11.

Thursday, Sept. 12 & 26: Tween Fiber Arts Workshop for 5:30 to 6:30.

Thursday, Sept. 12: Read to a Therapy Dog WAGS for Hope from 6 to 7.

Saturday, Sept. 14: Learning Café – Preparing the Heart, Understanding Anticipatory Grief at 11.

Tuesday, Sept. 17: Friends of the Emmitsburg Library Meeting as 6:30 – all welcome.

Wednesdays, Sept. 18 & 25, Trash to Treasure: Recycled Art Program from 3:30 to 5.

Monday, Sept. 23: Intergener-

ational bingo at 11.

Thurmont Regional Library
Mondays, Baby Storytime at 10:30.

Tuesdays, Preschool Storytime at 10:30

Tuesdays, Let's Get Ready for Kindergarten at 11:15.

Wednesdays, Toddler Storytime at 10:30.

Thursdays, Musical Storytime at 10:30.

Thursdays. Elementary Explorers at 4.

Saturdays, Family Storytime at 11.

Monday, Sept. 9: Teen Safety: Stop the Bleed at 6.

Saturday, Sept. 14: Teen Pizza Party with NAMI at 1.

Monday, Sept. 16: Teen 90s Craft Night! at 6.

Monday, Sept. 23: Teen Hands Only CPR Training at 6.

Monday, Sept. 30: Teen Spooky Cookie Decorating! At 6.

Serving Maryland since 2000
CHRISTIAN BASED TO-DO-LIST SPECIALIST
MR FIX IT SERVICES
Interior/Exterior Installations & Repairs
Call or text Ed 443-326-4871
MHIC #78710 PA #114771

LNG Contracting Inc.
30 years roofing experience
Roofing is our specialty
Contact
Claude "Jr" McIntosh
for estimates
301-748-7483
MHIC #132583

FREDERICK KITCHENS & BATHROOMS

- Complete kitchen & bathroom remodeling
- Designers on staff
- Personal attention

\$600 OFF COMPLETE KITCHEN REMODEL

\$300 OFF COMPLETE BATHROOM REMODEL

Visit Our Showroom
47 W. Frederick St., Walkersville
MHIC # 146736 301-845-7070 License # 144542
FKandB.com ENJ

LIBRARY & SCHOOL NEWS

Frederick County Public Schools

Karen Yoho
Frederick County Board of Education

Frederick County Public Schools has the earliest start date in Maryland, but many other jurisdictions to the north and south began weeks earlier. On August 21st, FCPS staff welcomed nearly 48,000 students back. Dr. Dyson, visiting members of the State Board of Education, County officials, Cabinet members, and Board members toured schools along with the press to see how the year was starting. The excitement was definitely greatest at the elementary level, but all of the schools visited were running smoothly. We even got to experience a class change at the high school level, where Dr. Dyson was able to interact with students as they traveled to their next class. Dr. Dyson contacted the Board members later in the afternoon to let us know all students had arrived home safely. While we certainly expect

learning to take place, safety is one of our top goals.

On August 5, our newly hired teachers were welcomed into the system. While the number was smaller this year due to the increase in class size the Board regrettably had to institute in order to arrive at a balanced budget, half of those in the auditorium were experienced teachers that had come to FCPS from other systems. A large group are special education teachers that we are so happy decided to join our system.

Many in the public are aware that the Department of Justice has a ruling against FCPS for past practices of seclusion and restraint in several of our specialized programs. At every meeting, the Board hears an update of how the system is progressing on meeting the needs of the students and families who were involved in the ruling. Additionally, FCPS personnel have worked diligently to make improvements for our most vulnerable students. The Board

has guarded funding for programs to meet the needs of these students, even when the budget has been tight. We are pleased with the focus from FCPS staff to working productively with the DOJ to benefit our students.

The Board and Superintendent are looking at approaching the operating budget season a bit differently this year. The budget process is always interesting because it can very much be a cart-before-the-horse situation. The Superintendent will create her budget throughout the fall. It will then be presented to the Board in January. However, we won't know exactly what funding to expect from the Governor until mid-January, often the day that the Board holds an all-day budget workshop to hear from each department. And we won't know exactly what to expect from the County until April 15, when the County Executive releases her budget. Our goal is to communicate the specifics of what we

know earlier to the public so the community can be more a part of the process as we go through it.

Right now, the funding from the state is not promising for the next few years. The Governor and the Legislature have a great deal of work to do to straighten things out. Frederick is by far the fastest growing county in Maryland. This impacts our schools, roads, housing prices, etc. We encourage the citizens to follow us through the entire 2024-25 budget journey and not just find out at the end what the outcomes are going to be. The Board members advocate at every possible turn with the elected officials that provide our funding. More voices to this cause are always welcome.

Additionally, we have overcrowded and aging schools that need to be addressed. On August 1, the Frederick County School Construction Master Plan Workgroup met for the first time. The workgroup was established due to the passage of HB1016, which hopes to explore all avenues of funding for

school construction in the county. The workgroup must have a report submitted to various entities and elected officials by no later than December 31.

Those wishing to follow the progress of the workgroup can access Board Docs. A meeting occurred on August 29, but at the time of this writing, no future dates are yet known. The public is welcome to attend the meetings, which are being held in the FCPS Boardroom beginning at 6 pm. While the meetings will not be live-streamed, they are being recorded and can be viewed through a link in Board Docs. For more information, please contact us at Board@fcps.org.

Before we know it, it will be time for the Great Frederick Fair. Many students will be visiting as their elementary classes take field trips to learn about farm to table/school, raising animals, or other ties to our major agricultural roots here in Frederick County. We hope many of you will be able to visit. FCPS appreciates the partnership we have with the Great Frederick Fair Board.

School Board Candidate Janie Monier

Thank you for taking the time to read my letter about why I am seeking a seat on the County Board of Education.

I want to expand the options available to public school students in every Frederick community. Children who live in town, suburban developments, or in low-density rural areas—like I did when I was growing up—deserve equal opportunities to learn and succeed. We should do more than ask students *what* they want to be when they grow up; let's help them define the adults they want to be.

Getting all our kids a seat at the table of their choice requires them learning about themselves and about the options available. As with individuals, communities have unique needs, which must be met to achieve success. Determining what these needs are and intervening early improves

outcomes. So does parental involvement, which means we must keep lines of communication open and easy to navigate for busy parents like her own, who worked countless hours to keep their career, farm, and family going.

I know what it's like for students to hike across fields, rely on drivers, or ride a bike several miles just to catch that bus. I pursued a career in nursing, worked for Johns Hopkins until the death of her father when she started caring for her mother, and I have served as President of her sons' school PTA in New Market, where I put together a hard-working team that created events and opportunities for parents to get inside the schools, volunteer and celebrate milestones throughout the year.

Still, many parents struggle to find time to participate or monitor their children's progress. Some folks clock

long hours to maintain a farm, grow a business, or earn enough to keep up with rising expenses. They need to feel as secure about their child's education as those who spend hours in schools or logged onto Schoology. When all parents and guardians can rest assured our public school system is appropriately assessing and meeting their child's needs, students succeed.

I prioritizes early intervention, but I doesn't limit that to getting kids excited to start school. In addition to early testing to determine if students require additional services, she believes it's crucial for students entering middle and high school to feel equally valued in comparison to those attending newly built facilities in brand-new districts. Our older communities have traditions that instill pride in students, such

as Catoctin High's blacksmithing and metalworking program and Walkersville High School's excellent agricultural education program in partnership with Future Farmers of America.

Students must be free to learn inside spaces that are not overcrowded. Buildings may be constructed in different eras, but all must be fully-staffed, welcoming, safe, and clean in order for students to succeed.

Frederick schools offer a variety of studies that can serve our diverse population so long as families know about them and can access them. In conjunction with Maryland's Workforce Development Board, Career Coaches are giving hands-on demonstrations and getting kids to think about careers to explore earlier than ever. This is the type of expansion I will fight for if elected, expanding

and strengthening the services provided by our Career and Technology Center.

The CTC's focus on employment preparation, training and apprenticeship complements traditional academic and college prep programs. Obtaining excellent jobs is just as important as getting kids accepted into great universities. But right now, only half the kids who apply to CTC are accepted. Those who aren't often don't know about similar programs available at other schools. So the school system must ensure families have relevant information as well as help with transportation. For kids to make the most of valuable opportunities FCPS offers, we must first meet them where they are.

If elected to the Board of Education I will strive to improve transparency and accountability in school funding and fight to increase accessibility to programs across Frederick County.

School Board Candidate Josh Bokee

My name is Josh Bokee and I am a candidate for one of the three open seats on the Frederick County Board of Education. I am respectfully asking for your vote in the November election. Every student should attend a school that is safe, inclusive and has a positive learning environment. We should expect success for all students and prepare each one for high academic achievement and life itself by the time they are ready to graduate. I am a parent of a blended family of three teenagers, the oldest of whom is now a junior at Frederick High School. He is receiving an excellent education. I am running for the school board because every student throughout Frederick County should have an excellent education, helping to unlock future opportunities in both college and career.

It's important to have highly qualified teachers and staff in our classrooms; school buildings that are not overcrowded and are not falling apart; parents who are true partners in education and our community be fully invested in the success of our students. We are one Frederick County in our shared desire to

see our students do well; but our needs are varied. In the more rural areas of our county, we need to ensure students have equal access to AP courses, engineering programs and to the Career Technology Center (CTC). We need to engage our local businesses and skilled-trades organizations so more students have access to internships and apprenticeships.

I bring relevant professional and life experiences that I will be ready to effectively apply on day one, if elected. I have spent the majority of my career in the

technology sector and now work on projects across the country on helping to bring affordable high speed internet access to homes and businesses that cannot obtain it today. All families need access to home technology (such as laptops and internet) no matter where they live; because education requirements do not end with the school day.

I also serve on our highschool PTSA (I help organize restaurant fundraiser nights) and see how important it is that parents and guardians are partners in

helping to determine the outcomes in our schools. Teachers and staff play a critical role as partners as well, and I am proud to have their positive recommendation for this election.

There is much that unites us as Frederick County residents. I am ready to focus on the essentials, help bring partners together and do everything possible to see that all students are successful. I hope to earn your vote this November. Thank you.

THE CARRIAGE HOUSE INN
CofH
RESTAURANT & CATERING

301-447-2366
200 S. Seton Ave., Emmitsburg
Full menu & online ordering
@ chouseinn.com

A warm day and extraordinary food!
It doesn't get any better!
Come join us!

LIONS CHICKEN BBQ

17701 Creamery Road, Emmitsburg

Saturday, September 14 **\$12**

11 a.m. - until we run out

Half Chicken w/potato salad, Applesauce & chips

We accept credit cards!

For delivery call Lion Dianne
301-676-1561

ARTS

Way Off Broadway's presents premiere of Anastasia

Justin Kiska

As The Way Off Broadway Dinner Theatre continues its 30th Anniversary Season, yet another area premiere production will take the stage at the Frederick venue when Anastasia opens on September 13th.

This dazzling show transports its audience from the twilight of the Russian Empire to the euphoria of Paris in the 1920s, as a brave young woman sets out to discover the mystery of her past. Pursued by a ruthless Soviet officer determined to silence her, Anya enlists the aid of a dashing con man and a lovable ex-aristocrat. Together, they embark on an epic adventure to help her find home, love, and family.

The myth of the young Russian princess escaping the terrible fate of her family has captured the interest

of the world since the Bolshevik Revolution in 1917. For generations the question of whether or not Anastasia was alive persisted with several women coming forward, claiming to be the heir to the Romanov dynasty.

As is often the case with such captivating stories, countless books and movies have been produced over the years based on the historic mystery. In 1997, 20th Century Fox released the first animated musical feature film in which a young girl named Anya discovers that she is in fact Princess Anastasia and sets out to reunite with her grandmother, the dowager empress, in Paris. The new stage adaptation combines elements from the animated movie and Fox's 1956 film. The production ran on Broadway for two years, following its opening in the spring of 2017.

While the movie received generally positive reviews from critics,

audiences fell in love with it, with its popularity only growing in the years since it was first released.

It wasn't until almost twenty years later that the movie was adapted into a full stage musical, even though the film had received two Academy Award nominations for its music. Hartford Stage in Hartford, Connecticut premiered the new musical during the summer of 2016, combining aspects of the 1956 Fox film and the animated movie.

Way Off Broadway's production will be led by Emily Flack, making her WOB debut, in the title role, alongside Randy Stull as Dmitry, Dominic Massimino as Vlad, Aidan Russell as Gleb, Jessica Billones as Countess Lily, and Nora Zanger as the Dowager Empress.

Anastasia will run from September 13th through November



Grand Duchess Anastasia Nikolaevna of Russia

2nd with performances every Friday and Saturday evening, and matinees on the 1st, 3rd, and 5th Sundays of the month. Ticket may be purchased by contacting

the Box Office at 301-662-6600.

To learn more about the show, or any of Way Off Broadway's productions or events, visit www.wayoffbroadway.com.

GCCA launches its 81st season

Susan Hubbard

Gettysburg Community Concert Association (GCCA) opens its 81st concert season on September 17, 2024, with a performance by Incantare, a consort of sackbuts (an early form of the trombone), violins, and keyboard. Incantare's unique sound is the perfect medium for performing the beautiful works of the Baroque and Renaissance period.

The remainder of GCCA's 2024-25 concert season includes performances by the Barclay Brass (photo

2) on October 3, Lorraine Min and Terence Tam (photo 3) on November 12, and ensemble132 (photo 4) on April 8. Featuring an undecet (11 musicians), the Barclay Brass bring all the thunder and authority of classical music, but without balancing strings and woodwinds.

Its members are proud to serve as musicians in the premier military bands in Washington, DC. Steinway Artist and critically acclaimed Canadian pianist Lorraine Min has dazzled audiences internationally with her poetic artistry and brilliant vir-

tuosity. Consistently praised for his intense musicality and impressive technique, Canadian violinist Terence Tam has performed in Canada, the United States, Australia, Europe, and Japan as a recitalist and chamber musician.

An American collective of soloists and chamber musicians of the highest caliber, ensemble123 reimagines the chamber music landscape by continually creating and premiering new standards in the chamber music repertoire with its artist-crafted arrangements and uniquely genre-defying programs. Pianist/violinist duo Lorraine Min and Terence Tam and string quartet ensemble132 will present student outreach programs in Adams-Hanover area schools.

All GCCA concerts will be held 7:30 in the evening at St. James Lutheran Church, 109 York Street, Gettysburg. Admission is \$20 at the door, but free for anyone under 19 (under 13 with an adult) and college students with an ID. An annual membership subscription of \$50 includes admission to the 4 concerts in Gettysburg as well as 10 more shows in Waynesboro (waynesboropaconcerts.com) and Hagerstown (hagerstown-communityconcerts.org) through reciprocal concert association agreements. Music genres at partner concerts include classical, Broadway, jazz, country, pop, and folk.

GCCA, a nonprofit formed in 1939 to cultivate an interest in music and dance, provides opportunities for its members to attend

performances given by outstanding artists. Funds are raised primarily through annual subscription memberships. The GCCA 2024-25 season is supported in part by a grant from the Pennsylvania Council for the Arts, a state agency funded by the Commonwealth of Pennsylvania; the National Endowment for the Arts, a Federal agency; the Adams County Arts Council's STAR Grant Program funded by the Adams County Commissioners and the Borough of Gettysburg.

For more details on the GCCA 2024-25 concert season, membership subscriptions, donations, or volunteering, visit the GCCA website (gettysburgcca.org), email info@gettysburgcca.org, or call 571-213-6177.

TOTEM POLE

PLAYHOUSE



December 6 - 15

					6	7
					●	●
8	9	10	11	12	13	14
●					●	●
15						
●						

Showtimes: ● 2 p.m. ● 7:30 p.m.

A CHRISTMAS CAROL
A Totem Pole tradition, join us for the classic musical tale of the miserly Ebenezer Scrooge who famously encounters three spirits on Christmas Eve.

Tickets currently on sale for subscribers only
Available to the general public September 4

717-337-8200 www.gettysburgmajestic.org

Music, Gettysburg!

The Gettysburg Chamber Orchestra will present its fall concert on Sunday, September 8, at 4 in the Seminary Chapel as the first offering of the regular season of Music, Gettysburg! As are all Music, Gettysburg! concerts, this concert it is free and is open to all.

The concert will feature the orchestra as its soloist, performing two symphonies and an opening work. Two composers will be represented who have become linked very closely over time, Mozart and Tchaikovsky. Tchaikovsky said of Mozart's music, "It is to

Mozart that I am obliged for the fact that I have dedicated my life to music. He gave the first impulse to my musical powers and made me love music more than anything else in the world." The concert will open with the Polonaise from Tchaikovsky's opera Eugene Onegin followed by Mozart's "Haffner" Symphony. The orchestra will also perform the famous Tchaikovsky's 5th Symphony!

The Gettysburg Chamber Orchestra is currently in its 27th year of presenting concerts under the auspices of Music, Gettysburg!

Ryan Kozak became director of the GCO in 2023.

Ryan Kozak has conducted various genres including opera, musicals, chamber and symphonic works. His most recent work has included serving as the Conductor for the Concert Strings program with the Frederick Regional Youth Orchestra since 2019. He is also a member of both Cormorant's Fancy and Dearest Home as their fiddle player, performing traditional Irish and Appalachian/Civil War era music. Ryan attended the Sunderman Conservatory at Gettysburg College where he received a Bachelor of Music in Performance degree as well as a Minor in Political Science from the Eisenhower Institute. He has also received his Master of Music degree in Conducting at the Lamont School of Music.

Music, Gettysburg! is a premier concert series featuring international, national, regional and local musical artists for the greater south central Pennsylvania region. The United Lutheran Seminary Chapel is at 147 Seminary Ridge in Gettysburg. For more information about this and other concerts in the Music, Gettysburg! schedule, call 717-339-1334, or visit www.musicgettysburg.org.

September 13 - November 2, 2024

ANASTASIA

THE MUSICAL




5 Willowdale Drive | Frederick
Box Office: (301) 662-6600 | www.wayoffbroadway.com

The start of a new year

Emelie Beckman
MSMU Class of 2026

Those who have followed my articles during the summer know that my break was filled with major relaxation at home, combined with some cultural exploration during my travels to the Greek island of Crete. For being an intended family vacation, this trip was surprisingly educational; it taught me a lot about ancient Greek and Minoan culture, as well as the historical legacy each has left behind. This includes physical forms such as ruins and artifacts, and even cultural imprint in Greek society. I also wrote a deeper explanation of my own culture through exploring, depicting, and describing our vibrant art scene, which traces back hundreds of years.

However, my summer was not only comprised of me traveling and writing these articles. I spent my average summer day resting with friends on the "cliffs" as we call them. These are not your regular Swedish cliffs but, THE cliffs. A five-minute bike ride from my house and a quick tumble through a forest, you'll find these amazing boulders descending towards the dark blue murky waters of the Stockholm Archipelago. There we lay on the sizzling stone surface, preferably reading books or loudly chattering over the sounds of waves, and maybe we would give an occasional greeting to some sailor passing by. These cliffs are the physical representation of summer for me.

Done with the past and on to the future

We have now watched the summertime meet its end and are forced to move on from the past and to the future. As devastating as it feels though, it is time to let go of the lovely time that is summer break and instead look ahead into the upcoming year. Now, as a junior, I look forward to gradually coming closer to graduating and taking my first real step into the adult world. However, I'm not quite there yet. This year I am diving further into my two majors, English and Communication, while still sharpening my writing skills further by writing for The Emmitsburg News Journal—an opportunity I am very much looking forward to!

Besides writing for the news journal, I am also looking forward to starting my journey as a writing tutor in the Mount's writing center, which is located inside the Mount's Philips Library. Aside from the educational scene, extracurriculars are a big part of my life too! Track and field season does not start until early December, but until then the team and I will keep ourselves busy doing pre-seasonal work, or in other words, a lot of painful but gleeful running.

A New Year at The Mount

The start of school also marks a new year for the Mount's Fine Arts Department, which has many new things and people waiting! New at the department but not unfamiliar are this year's additions of graduate assistants, including students Rob Prender and Emma Edwards. Additionally, the department looks forward to introducing some new classes this coming semester. Amongst the normal classes offered, Professor Nick Hutchings will be teaching a new

class in Garden Design.

"This course is an exploration of the self, community, and our world through the diligent act of being present and creating a garden reflective of our experience. What does it mean to be human? How do we reflect on our lived experiences in an ever-changing world? How do we slow down to listen and process what we hear in our hearts? The students will create gardens to seek self-awareness, clarity, and healing within themselves and the world. The students will make personal gardens and help to work on the community garden behind the Makers House," said Hutchings.

A Makers House Music Lab

The biggest addition to the Mount's Fine Arts Department for this fall, however, is the new space called the Music Lab. The space, located in Knott Auditorium Classroom C, is an old classroom that has been transformed into a music studio. Once entering the room, one is greeted with the view of a large open space in which the walls are covered with dampening sound boards. The room is equipped with a variety of musical instruments ranging from a set of electric drums to a classical piano. Additionally, there is a formation of sofas and armchairs placed around a small table creating a cozy hangout area for students. The room is also decorated with various vinyls and a vinyl player. Overall, the room is a perfect spot for jamming and hanging.

With a window connecting it to the Music Lab, there is also room for the future recording studio to be located. The smaller room is similar to the Music Lab, as it is decked out with

soundboards and equipment. Additionally, although it's currently a storage space, the recording studio houses a small walk-in closet which will hopefully become a space for vocal artists to practice and record their work.

The Music Lab has been the project of Professor Hutchings and graduate assistant Rob Prender. While showing me around, the Makers House's other graduate assistant, Emma Edwards, described their project as having lasted for two months over the summer.

Besides being a great asset for musically talented students and faculty members, the Mount's Lab Band is likely to be using the space as well. Eventually, once further into the semester, Edwards expects the space to also be used by the music classes held at the Mount.

The new space is definitely unlike anything previously seen at the Mount and it opens up a lot of new possibilities for the school's Arts Department! As of right now, access is restricted to certain students but will hopefully be able to serve a larger part of the student and faculty population soon. If one is interested in joining Music Lab or using the space in its present state, they should go and talk to the graduate assistants at the Maker's House or Professor Hutchings himself.

The Music Lab will currently be open for operations between 12pm and 4pm on Mondays and Fridays.

Until Next Time

As one might be able to tell, a lot is going on in the Mount's Fine Arts Department and I look forward to reporting back about all the exciting things hap-



New at the Mount: the Makers House's new 'Music Lab' will gradually start housing student activity in the upcoming 2024-25 school year.

pening this fall. I also invite and encourage you to come visit the upcoming events as listed next!

Upcoming Events on Campus:

The event calendar for the fall semester is now finalized and has been sent out to the student population. For September, there are many different events planned. On September 6th, at 7 there will be an Aguado, German with Mangialieti recital held in Delaplaine's Homing Theatre. Later, on the 14th of

September the Arts Department will offer much musical indulgence starting with a Lab Band Concert held at noon by the McGowan Fountain, followed by a 'Joyful Noise' Concert at IC Chapel three hours later.

For October many more events have been planned, so stay tuned to find out more!

To read other articles by Emelie Beckman visit the Authors section of Emmitsburg.net.

Petrella Piano Studio
Erin Petrella, B.A. Music, SPC
Piano Teacher, Accompanist, & Organist
Accepting students / clients for piano lessons, accompanying, & religious services / events.
Thurmont & Hagerstown
(610) 984-5075
<https://petrellapianostudio.com/contact/>

QUALITY AUTO REPAIR!
24 HOUR TOWING

WE REPAIR DENTS AND DINGS FROM SCRATCHES TO ROLL OVERS!

PROFESSIONAL, COURTEOUS SERVICE FROM THE OFFICE TO THE SHOP!

Complete Auto Body Service!
All Major Insurance Carriers Accepted
Lifetime Warranty On All Repairs
Car Rentals Available On-Site
All Makes And Models

MIKE'S AUTO BODY
Collision & Towing, Inc.
12917 Catocin Furnace Rd., Thurmont
301-271-7626

SERVING OVER 20 YEARS IN THURMONT

VISA MasterCard

Kramer's
PIANO SHOP
Family-owned & operated since 1974

SALES • TUNING • LESSONS • MOVING

12049 Woodsboro Pike, New Midway
301-898-3245 www.kramerspianoshop.com

Gettysburg College's
MAJESTIC
at the Jennifer and David LeVan Performing Arts Center

BAM

Percussion "The Blue Barrel Show"
Sat., October 12 at 3 p.m.

The art of comedy-percussion! From beginning to end, the Blue Barrel Show electrifies the crowd with its powerful rhythms and deliriously funny sketches. The pulsating energy of BAM is contagious. The BAM characters speak a unique language: BAMspeech spoken only by them, but understood by everyone from 3 to 83 years old. A one hour performance that will leave the audience with only one wish... MORE!!! Since 1999, BAM has performed making everyone laugh in their own language!

Tickets: \$39 / \$29 / \$24
25 Carlisle Street, Gettysburg
For Tickets Call: **717-337-8200**
Visit our website at www.gettysburgmajestic.com

CATOCTIN SPORTS

Athletes speak on the start of the Fall season

Richelle Zheng
CHS Class of 2025

The summer has flown by and Catoctin High School was ready to welcome back their students for the 2024-2025 school year on August 21! Meanwhile, tryouts for fall sports began on August 14.

The fall sports season consists of the following women's sports: field hockey, coached by Vic Whitberd and Miriah Stone; girls soccer, coached by Dave Zentz; girls volleyball, coached by Shaun Calhoun; cheerleading, coached by Lauren Dawn and Tabeatha Bostic; cross-country, coached by David Lillard; girls flag football, coached by Rebecca Hurley; football, coached by Michael Rich; and golf. The boys fall sports include: boys soccer, coached by Barrett Irones; football, coached by Michael Rich; cross-country, coached by David Lillard; and golf. The unified sport for the fall season is unified tennis, which is coached by Charmane Nesbitt.

The Catoctin girls' soccer team struggled to find recruits for this year's season, but once tryouts started they were able to round up just enough girls to form a team.

The field hockey team has been working hard towards their new season. Commendable examples include

sophomore Mallory Clark and junior Darby Carson. Clark went into field hockey as a first time player her freshman year. As an incoming freshman, Clark tried out for the sport on a whim and said, "Coming into the sport last year was very scary. I'd never played the sport before, and I was one of four players that had never played before. I found it very fun from the start, even though I was not near the best on the team."

This year her goals are to improve her basic skills as well as learning more advanced ones. Moreover, she is excited to get to know the new freshman recruits on the team. Clark has provided some advice for new athletes as she says, "You're not going to be as good as experienced players at first. If you're having fun, don't compare yourself to people that have been playing for years longer than you and don't beat yourself up because you're new." Clark also encourages students to try out for the field hockey team as they welcome athletes of all skill levels!

Similarly, Carson also started playing field hockey without prior experience in the sport. This year will be her second year playing the sport as well. Her goals for this season are to, "Get more playing time and improve my ball handling. I want to become a more competitive and stronger player,



This year's Catoctin field hockey team!

and a better teammate." What Carson is most looking forward to this season is building new friendships, continuing to learn about the game, and getting in better shape. In addition Carson mentions, "Overall I want to help create an inviting team environment! I'm excited to see our growth as a team, and my own personal growth as well compared to last season."

Carson describes the field hockey team as being a close-knit community, "I love the team. We have a lot of new players, and they all seem so sweet. I'm really excited to see them all grow. We also have a nice sized team for a small school like Catoctin which hopefully means more opportunities to win!" Carson has also offered some advice to students who are new to sports, she reassures, "It gets so much easier! At the beginning of my first season I was so scared, and thought I would never improve. Compared to where I was last season, I have made so much improvement, and that goes for everyone. It won't always be this confusing as long as you stick with it! Also, if you aren't in love with the sport, it's always amazing to try new things, and find where you feel most comfortable!"

Being a student athlete may come with obstacles, one being juggling school along with sports, jobs, extracurriculars, and etc. For example, Carson is a student-athlete who also works a part-time job and she mentions, "It does get stressful at times. Trying to manage my time will defi-

nately be tricky this year. That doesn't mean it's impossible though. I love getting myself involved in many different aspects of life." A way she manages her time between her job, sports, and schoolwork is by planning ahead with her classes and holding herself accountable as she doesn't have extra work to do outside of class.

Since Clark is a student-athlete, she mentions her ways of time management, "Personally, I've always been good at time management, so I've never found it to be a problem. It can get stressful when there's more homework or when we're getting further in the season."

Field hockey tryouts began on August 14 to August 16 and the girls have been putting in the work since making the team. The first field hockey scrimmage will be on August 30 against Middletown High School and their first game will be on September 10 against Winters Mill High School at 5 p.m.

Over the summer, Catoctin's volleyball and cheer teams have both been training hard with their summer practices. The volleyball team also held a summer camp from July 22 to July 24 for incoming freshmen. Catoctin's volleyball team held practices two times a week over the course of the summer and tryout results came out on August 17.

The varsity team consists of: Aubrey Calhoun, Grace Keller, Mya Horman, Jocelyn Hernandez, El Hossain, Jayla Harris, Alex Potter, Ava Bentz, Mack-

enzie Anderson, Tatiana Owens, and Cadence Lovejoy. Those who made it onto the junior varsity team include: Abby Sparkman, Abby Lawrence, Raquel Owens, Gabby Defriece, Marissa Defriece, Skylar Barnes, Abby Ramsburg, Kali Lacrosse, Elizabeth Frey, Kourtney Bell, Brooke Hewitt, Ashlyn Vaughn, Delaney Warner, and Payton Reid. The team's first game will be held at Tuscarora High School on September 10, with junior varsity beginning at 5 p.m. and the varsity team starting at 7 p.m.

Catoctin's cheerleaders have also been working hard over the summer and conditioning at open practices. The girls worked on conditioning and team bonding during their open gym on July 16. Their last open practice was held on July 23 where the girls prepped for their tryouts, beginning August 14. Tryouts ended on August 16 with this year's cheerleaders for the football season being: Addison Smith, Alaina Ride-nour, Brooke Baker, Kasey Click, Emma Fogle, Evelina Obest, Faith May, Gabby Miller, Gabby Mowdy, Jayden Floyd, Kaylee Rivera, Morgan Moore, Samantha Cavanee, Samantha Mongold, Sarah Eaves, Summer Bolstic, and Val Lake.

Catoctin is eager for sports to start up again and cannot wait to see what this season brings them!

To read past Catoctin Sports articles, visit the Current Events section of Emmitsburg.net.



**GATEWAY
AUTOMOTIVE**

24 Month / 24k Mile Warranty

**Full Service Auto Repair
Tires & 4 Wheel Alignments
Custom Exhaust Bending
& Repair**

ASE Certified 

Family owned & operated for over 45 years
210 BOUNDARY AVE., THURMONT
301-271-4444

 www.gatewayautomotiveinc.com 



Sportsman's Calendar Gun Raffle 2025

The 12 Days of Christmas is a \$1000 a day prize!
**Annual Fundraising Event to support the Emmitsburg
Vigilant Hose Company #6 Fire & Rescue**

Calendars available in early October at:
The Vigilant Hose Company & Stateline Gun Exchange, Emmitsburg
**For more information contact The Vigilant Hose Co. at:
301-447-2728 or visit www.VHC6.com**

MOUNT SPORTS

New changes around Mount athletics

Steve Morano
MSMU Class of 2024

As the school year gets underway at Mount St. Mary's University every year, so comes the beginning of the sporting calendar for athletes representing the school. With such a rich tradition of athletic heritage, the Mount has always been a place where heroes are made and where history is written. Babe Ruth's visit to the Mount in the early 1920's, a College Division Basketball National Championship in 1962, Peter Rono's gold medal victory in the 1500 meter race at the 1988 Seoul Summer Olympics, and a Rugby 7s National Championship in 2023 are all fine examples of the history that runs deep in the fabric of the Mount's athletic tradition. The facilities and people that help run the athletic department are truly the most important part to creating that heritage that ushers in the next generation of students and fans to the Mount. And there are some major changes coming to that most important thing.

Starting at the end of the 2024 spring academic semester, work began to refurbish and modernize the PNC Sports Complex at the Mount where the majority of athletic training and games take place. Before major work began, small bits of new technology were added around the complex such as an overhead video board in the arena concourse and the addition of the Welcome Center at Echo Field for Rugby games. With the completion of the ESPN studio on campus to stream and produce games and events from campus to the wider world, the Mount started the upward trend in matching other institutions in the Metro Atlantic Athletic Conference.

Perhaps the biggest change coming to the Mount this year is the refurbishment of the basketball concourse into the new Lynne Phelan Robinson Concourse.

Starting in the Spring of 2024, work began on completely redesigning the space in between the field house and Knott Arena into modern, more open design for fans and other spectators to enjoy a more intimate viewing of basketball games and other live events at the Mount.

Work began first on repainting the concourse in the spring, where crews completely remodeled and recolored the different parts of the concourse. The schools color way of blue, white, and gold too center stage as foundation of creating a more inviting atmosphere to fans as they travel the concourse. Branding for the Mount as well as from sponsors such as Under Armour, Pepsi, Hershey's Ice Cream, and Ticket Smarter were also added to the walls and outlying structures as well.

New flooring was also added to the concourse replacing the older flooring to increase the new look of the space as a whole. Along with the flooring, an update in concessions and merchandise areas for game day has been added to the concourse to give fans a better opportunity to enjoy the game and support the Mount. These new efforts in concessions and merchandise are meant to bring the school into the modern era of Division I athletics and make game days a more interactive viewing.

Another addition to the concourse renovations is the addition of a lounge on the east side of the concourse meant to commemorate the success of the school's athletic programs. The space includes seating, trophy cases, banners, and a vinyl mural of photographs depicting the great moments of the Mount's athletic history. This addition of seating to the concourse is not standalone as the former balcony of the arena has been turned into more seating with a new design.

When the concourse was first being refurbished in the spring,



Even if the outside looks different, the new inside of the Knott Arena Concourse looks to refurbish the iconic venue.

a drastic design element, the removal of glass walls and doors from the back of the balcony, was done to create a physically more open environment to the concourse and arena. New seating and table tops are to be added to the balcony so that fans can still enjoy a Birds Eye view behind the south basket. The removal of the glass wall will create a louder, more attentive environment for fans during games where the concourse and people on it will not be unable to not hear or see the players or other fans in attendance.

But the biggest addition to the Arena's renovations this summer is of course the replacing of the original basketball court with a brand new one. As well as a new hard wood floor, the court will get a new paint job and a new design that will embody the spirit of the Mount and the will power

of the teams that will play on it. Moreover, the court represents the school as an ascending force in the MAAC, as the Mount will play in its 3rd season in the conference.

Outside of the renovations to the concourse, the Athletic Department is growing in who it deals with in regards to teams. This year, the athletic department has brought Men's Rugby into the fold and will take part in its running of games and its coverage of the teams in both the fall and spring seasons. The 2016 NCR 15s National Champions and the 2023 CRC 7's National Champions, the men's rugby team has a long tradition at the Mount dating all the way back to the mid-20th Century. And at a school that lacks a football program, rugby, both men's and women's, is a great alternative for America's favorite fall sport.

Throughout the over 200 years

of history at Mount St. Mary's, change has always come as a good sign of the progression of the university. The school has certainly grown from the small school building that Father John DuBois started in 1808 and has now expanded to include many other modern buildings for higher education. Along with the new changes to Knott Arena, new changes can also be found in the addition to the Science Building in the academic side of campus and the building of the School of Health Professions in Emmitsburg. With all of the new changes at foot, especially in the world of college athletics, the school may be ready to take on the next two centuries of educating and academic prowess as it did in its first two hundred years.

To read past Mount Sports articles, visit the Author's section of Emmitsburg.net.

Thurmont Community Ambulance Service

Proudly serving northern Frederick Co. for over half a century



6th Annual Thurmont Community Ambulance Car Show

September 14 - 8 a.m. - 2 p.m.

BBQ Chicken Dinner

Kitchen open for additional food purchase

Registration fee: \$15
(Includes 1 Meal)

Additional meal tickets: \$11

Dash Plaques to the first 100 registered

Trophies awarded at 1 p.m.

Music/DJ by Joe Brown

Door Prizes ~ Raffle ~ 50/50

Mail all pre-registration forms to: 8 Brown Ave., Thurmont, MD 21788
(Pre-registration encouraged)

Proceeds benefit Thurmont Community Ambulance Service

Thurmont Event Complex

13716 Strafford Dr., Thurmont 301-1271-7550 www.thurmonteventcomplex.com

Keeping your wheels rolling



We sell Trek and Specialized bikes and work on ALL types of bikes

M-F 10-6, Sat. 9-3

www.gettysburgbicycle.com

717-334-7791

COMPLEMENTARY CORNER

Awakening to our body

Jefferson Breland

The purpose of this column is to help you reacquaint yourself with your body. Many of us only check in with it when we think there is a problem.

News Flash! Your body is with you all the time. It does whatever you ask it to do within its capability whether it's a good idea or not. It deserves a bit more attention and respect.

In the June and August Complementary Corners, I wrote columns entitled, "Your Body Delivers the Mail" and "Emotions and Our Health." In them, I described how your body sends you messages about the state of your being on the body, mind, and spirit levels via symptoms.

I will give a brief synopsis of those articles below. If you would like to read the full articles, I suggest you visit the website, <http://www.emmitsburg.net/pdfs/enj/index.htm>, where you can download past editions of this paper.

According to Chinese Medicine (CM), symptoms have a root cause in an imbalance of our body's vital energy, called Qi (pronounced "chee"). Most often the cause of this imbalance is due to the energy of an emotion that effects the flow of this energy or Qi.

Modern science has demonstrated everything of energy. So it follows logically when we are able to change our/the emotional energy moving through our body, we can change our "physical" body and begin to improve our health.

Now, how do we do this?

We begin by rediscovering the relationship between our body and how emotions affect it. Our body is a barometer of our state of being. As I asked last month, Where do you store tension in your body? Jaw, shoulders, neck, lips, tongue, head, lower back, hips, eyes, feet, hands, forearms? It can be anywhere in our body.

We have habitual patterns of responding to the slings and arrows of daily modern life. Most often in our culture we use the word "stress" to describe these influences on our emotions and body. For me, stress is too general a word. I prefer to use five basic emotional states to describe these emotional influences: fear, anger, sadness, worry, and grief.

The goal is to understand how each of these emotions affect you and which part of your body is affected. This is why I suggested doing a bodily self-inventory last month. Another word for taking this inventory is called a "body scan."

Here is one way to do a body scan.

You can sit or stand, the key is to be peaceful and as relaxed as possible. I recommend taking three to four minutes to do the scan. This may seem like a long time and the whole point is to pay attention to your body in a new way. Don't rush the process. You may be surprised what you discover. Also, notice whatever words or stories come to mind when you get to a certain part of your body.

Start at the top of your head and pay attention to any sensations you notice as you shift your attention

slowly downward. Move your attention from the top of the head to your face. Do you notice any tightness in the muscles around your eyes, ears, mouth, or jaw? Are you becoming aware of any other sensations?

If you become aware of some sensations, simply notice them. Use simple adjectives to describe what you are feeling. These words only need to make sense to you. You might use more common words like tight/loose, warm/cold, achy, relaxed, calm, shaky, or tense. You might also use words for colors or sounds. Use words that describe what you are feeling. It is very important to remain calm and not label the sensations as something being wrong or a problem.

You may not notice any sensations. Great. We are simply beginning the process of waking up to our body's messages.

From the face shift your attention to your neck. Any tension there? Note where you feel something. Do not judge what you feel, simply notice if the sensation is sharp or dull or thick or buzzy or whatever words come to your mind. I actually prefer using non-medical words so as not to label any sensation as a problem.

Now move your attention to your shoulders. Take a deep, slow inhale of breath. As you exhale, relax the muscles in your shoulders. Do your shoulders move lower as you relax them? Repeat this process of inhalation and relaxing your shoulders on your exhalation three or four times, more if you like. What do you observe?



Abby was surrendered to the shelter when her owner could no longer care for her. She is a 2-year-old gray girl who is super sweet. Just look at those eyes! Abby would love to find a home where she could have a warm spot for her afternoon nap. Do you have a place like that?

For more information about Abby call the Cumberland Valley Animal Shelter at 717-263-5791, or visit them online at www.cvaspets.org or better yet, visit them in person at the shelter.

Shift your attention from your shoulders to your arms. What do your upper arms have to tell you? How about any messages from your elbows? Move down your forearms. Anything? Now move your attention to your wrists. Shift attention to your hands, the palms and backs of your hands. Now move down to your fingers. Are they warm? Cold?

Shift your attention to your breath. Is your breathing slow or fast? Is your breath shallow or deep? Just notice without any judgement. Imagine you can inhale through your belly button. Continue to take nice, easy breaths. Don't force any deep breaths. Do you notice a change in your breathing? If you feel a bit light-headed or dizzy, take care and steady yourself so you don't fall down. Sit down or lie down until your head clears and you are no longer dizzy. This is usually a sign that you are getting more oxygen than you are accustomed to.

Move your attention to your hips and buttocks. See what you notice there. Continue shifting your attention downward slowly through the thighs to the knees. What do you notice?

From the knees slowly shift your attention down your lower leg. Again, what do you notice? Something, nothing? This is all part of the process. Again, don't rush. Think of this process as a way of tuning in to the wisdom of your body.

From the lower legs move to the ankles. From the ankles move to your feet. You might shift our weight back and forth, side to side to see what your feet have to tell you.

What do your toes have to share with you about them? Again, it is important to do this scan without

judgement or looking for problems. The goal is to wake back up to the messages your body is sending you without pathologizing them. Remain neutral in your thoughts about any kinks or aches.

Now move back up to notice your breath after this journey from head to toes. Has your breathing changed? Are you aware of any other sensations in your body? Just notice what your body is communicating to you. You may even feel calmer than when you started the scan.

You may want to do this everyday as a way of calming yourself and getting a sense of how to take care of yourself over the course of the day.

In a very fundamental way, this is health care. It is listening to the earliest signals from our body that something needs attention. Once we learn our body's language, we will know better when to go to bed earlier, when to eat certain foods, when to nap, when to go for a walk, who to be around, etc.

More generally speaking, we will begin to know what and who is best for our health.

Stay tuned for next month's column where I will begin to describe ways to become an even better observer of oneself and our relationship to our emotions.

Until then, take care, be well, and call or write me if you have any questions. My phone number is 410-336-5876. My email is jeffersonacupuncture@gmail.com.

Jefferson Breland is a board-certified acupuncturist licensed in Pennsylvania and Maryland with offices in Gettysburg. He can be reached at 410-336-5876.



EVERGREEN ADULT MEDICINE

Looking for weight loss options with a local provider?

Medications start at \$75

Insurance accepted for office visits



20 Frederick St., Thurmont

301-979-9636

www.evergreenadultmedicine.com



Catoctin Dental

Neil H. Feldman, DDS, FAGD

Convenient, comfortable and exceptional care for the whole family!

Preventive Care • Implants • Root Canals • Fillings • Crowns • Bridges
Extractions • Cleaning and Periodontal Care • Clear Aligner Ortho • Dentures

New smiles always welcome!

10 Water Street, Thurmont
(301) 271-2811

CatoctinDental.com



Neil H. Feldman, DDS, FAGD

- **Pressure Washing** 
- **Painting (Interior & Exterior)** 
- **Roofing & Siding Repair** 
- **Handyman Services** 

Call or text Ed for details
443-326-4871

MHIC #78710 • PA #114771



Farm or Residential

HEALTH AND FITNESS

Protecting your skin from the sun!

Linda Stutz
Certified Fitness Trainer

Summer is coming to an end and Fall is fast approaching. We need sun protection everyday, even when it's cloudy and the sun is not out much we can still get a sunburn even when the sun is behind the clouds. These are the days we tend to forget about using sunscreen. These are the days we need sunscreen just as much if not more. Being out in the sun reminds us to apply protection but when it's cloudy and we get busy working we can easily forget how long we've been out and how important it is to protect ourselves.

We are all concerned with improving and maintaining good health. We have all heard this information before and I have written about it a few times before but I feel it is so important it is worth writing and reading it again. Hearing it again could just save a lot of problems for you and your loved ones in the future. When we think of our health we usually think about our heart, cholesterol, blood pressure and phys-

ical health. All of these things are inside one of the biggest organs we have. Our skin is very important in providing overall good health to our body.

Sunscreen is a great way to protect our skin from sunburns and skin problems. There are also sun repellent and protective clothing available today. Shirts, shorts, long pants, hats and other protective apparel. We need to start from day one to protect our skin from too much sun exposure when we are outside either by using sunscreen or protective clothing. Babies should always be protected from the harmful sun's rays by keeping them covered up when out in the sun or keeping them under a protective roof or screen when they are outside. Sunscreen is important for every age everyday. Whether you are outside in the direct sun or inside, it is important to use an SPF sunscreen everyday. Even when you are inside the sun's rays come through the window and can affect your skin. It's never too late to start using protective sunscreen. Oh my, if we only knew then what we know now we would have been much more careful in protecting our skin.

Sports practice will be starting soon if it hasn't already. The kids are excited about seeing their friends, going to sports practice and games. Getting all the equipment together and getting there on time can be a lot to coordinate. Remembering the sunscreen is hopefully on the top of your list. Starting chil-

dren out using protective sunscreen is a way to help them avoid some of the skin problems they may have in the future. I would have done some things very different when I was younger had I known the consequences that could come years later. Educate your children on the importance of taking care of their skin health and overall health now. We have so much more information and knowl-

edge that we can use to maintain our health for the future.

Our skin can benefit from good nutrition, sun protection, sufficient water intake and good cleansing. A good daily routine of hygiene and care is the most important way we can insure the best health we can have inside and out for our future. As always, Keep Moving, you'll be glad you did!

Timber Ridge Apartments, Inc. & Ridge Residences, Inc.
Offering Studio, 1 and 2 Bedroom Apartments
ACCEPTING APPLICATIONS



- Rental Assistance • Utility Allowance • Maintenance FREE
- Laundry Facilities • Community Center • Park-like Setting
- Individual A/C & Heating Units • Wall-to-Wall Carpeting
- On-Site Parking • Local Bus Transportation • Activities

AFFORDABLE SENIOR LIVING
CONVENIENTLY LOCATED IN WESTMINSTER FOR LOW INCOME SENIORS 62+*

For information or to request an application,
Call 410-876-2550 or 410-876-5200
Weekdays 8:00am-4:00pm
*INCOME LIMITS APPLY



EVERGREEN ADULT MEDICINE
New Patients Welcome!



We offer a wide range of services from preventive care and routine checkups to management of chronic conditions focusing on overall wellness and disease prevention for adults.

Most major insurances accepted
(Full list available on website)

20 Frederick Road, Thurmont • 301-979-9636
Monday - Friday 8 a.m. - 4:30 p.m.
www.evergreenadultmedicine.com



Mick's Plumbing, Heating & Air Conditioning
Installation, Service & Repair

Oil & Gas Furnaces ~ Heat Pumps ~ Well Pumps
Water Heaters ~ Drains ~ Leaky Faucets ~ Bathroom Remodels
No Job Too Small - 24 Hour Service



The Harry & Edith Show!
Commercials Air on WFRE!

Heat Pump Inspection
\$89⁹⁵

Duct & Dryer Vent Cleaning
1 Year Interest Free Financing Available
We Offer HVAC Service Agreements
Call For Details!



27 Howard Street, Thurmont
301-271-2488



amber hill
THERAPY CENTERS
Comprehensive Adult & Pediatric Therapies

- Adult Physical and Occupational Therapy
- Pediatric Physical and Occupational Therapy
- Aquatic Therapy
- Neurological Rehabilitation
- Amputee Rehabilitation
- Running Gait Analysis

Open Early Mornings, Evenings and Saturdays
Private Treatment Rooms
New Patients Seen Within 24 Hours
In-Network with Most Insurance Companies

THURMONT 301-271-9230 • 120 Frederick Rd., Suite D
FREDERICK 301-663-1157 • 187 Thomas Johnson Dr., Suite 6
PROUDLY SERVING FREDERICK FOR 36 YEARS

THURMONT 301-271-9230 **DAMASCUS 301-253-0896**
FREDERICK 301-663-1157 **URBANA 240-529-0175**
JEFFERSON 301-473-5900 **NEW MARKET 301-732-4771**

Certified Medicare and Medicaid Outpatient Clinics

 amberhillpt.com

ASTRONOMY

The night sky of September

Professor Wayne Wooten

For September, the new moon occurs on September 2nd. It lies just south of Venus in the dusk on September 5th. It is first quarter on September 11th. The waxing gibbous moon lies just west of Saturn in the SE twilight on September. This full moon, the Harvest Moon, on September 17th finds the moon moving through the earth's outer penumbral shadow, with maximum slight fading at 10:44 p.m.. The autumnal equinox begins Fall this year on September 22nd at 8:44 a.m..

Mercury lies close to the old moon on September 1st in the dawn, and reaches greatest western elongation, only 18 degrees from Sun, on September 5th, and is lost in sun's glare by mid month. Venus returned to the evening sky in August, and will dominate the western twilight through the end of 2024. It is a bright, round disk now, almost fully lit on the far side of the sun.

Mars is in Taurus in the dawn sky, moving into Gemini by month's end. Jupiter is near Mars in Taurus, but farther away, moves much slower than Mars. But it is also much brighter, and will be coming back into the evening skies by November. But Saturn is at its best this month, reaching opposition on September 7th. But it is nearing its equinox in 2025, so its famed rings are almost closed.

To the northwest, we find the familiar Big Dipper getting lower each evening. Most know how to use the two pointers at the lower part of the bowl to find Polaris, our Pole Star, sitting about 30 degrees high all night in the northern sky for the Gulf Coast.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring, and still well up



Photo of the Pillars of Creation taken by NASA's James Webb Space Telescope. The pillars look like arches and spires rising out of a desert landscape, but are filled with semi-transparent gas and dust, and ever changing. This is a region where young stars are forming.

in the western twilight. Just above Bootes, still almost overhead at twilight, is tiny Corona Borealis. We continue to wait for its "Blaze Star", T C Br, to erupt as a dwarf nova, which most astrophysicists predict would happen by this month. It last occurred in 1946, and became as bright as Polaris for several days, but has frustrated us so far. It will erupt just east of the eastern most star in the crown, epsilon Coronal Borealis, and should be making new everywhere when it blows at last. It seems to build up enough hydrogen to blown off the shell around the white dwarf every 80 years or so, but the white dwarf and its red giant companion are not destroyed and start repeating the mass transfer when things settle down after the blaze.

From Arcturus, we can spike south to Spica, the hot blue star in Virgo. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest.

The beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell...really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm.

Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother-in-law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise, when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six

months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest.

To the south, Antares marks the heart of Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Near the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD. M-6 will appear below it in the same wide binocular field.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. The center of the Milky Way lies about 25,000 light years beyond, but is hidden by gas and dust.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double - hence its nickname, "The Double Double". Between the two bottom stars; the Ring Nebula, "M-57", is a ring of gas and dust expelled by a dying red giant star while its core collapsed to a white dwarf. A similar fate is expected for our own sun in perhaps five bil-

lion more years. The tiny white dwarf, like the one in the T Corona Borealis nova system, has shrunk down to the size of Earth, by crushing its electron shells, so while the atomic nuclei are still intact, they are not normal atoms with chemical reactions.

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. It was just NW of it that I discovered the brightest nova of my lifetime, Nova Cygni, on August 27, 1975. Here a shell of hydrogen around a white dwarf exploded suddenly, becoming a record (for a nova, at least) 20 million times brighter in a matter of hours. It went from not visible in any telescope to the sixth brightest star in the summer sky in less than a day, and I was looking at the right place and time to catch it still on the rise. But the total amount of expelled gases was much less than in the Ring Nebula, and it faded below naked eye visibility in only two weeks. Typically several nova outbursts are found every year in our Galaxy, and they do often recur, for neither star in the close binary system are destroyed, and the mass transfer can resume soon.

At the other end of the "northern Cross" that makes up the body of Cygnus is Albireo, the finest and most colorful double star in the sky. To the south of Cygnus is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. South of Aquila is M-16, the Eagle Nebula. In its center is the famed "Pillars of Creation."

To the east, the Square of Pegasus rises. The long axis of the square points to the SE to Saturn in Aquarius. Jupiter will join the evening planet parade in November in Taurus. The fall constellations are returning to the eastern sky earlier each evening now.

Farmers' Almanac

"Although September 11th was horrible, it didn't threaten the survival of the human race, like nuclear weapons do."

—Stephen Hawking (1942-2018)

Weather Watch: Hot, then turning cooler with occasional showers and thunderstorms (1, 2, 3, 4, 5); cooler and less humid (6, 7, 8, 9, 10) turning seasonably warm and humid (11, 12, 13, 14, 15); showers (west) but heavy rain and wind from tropical storm (east, then turning chilly (16, 17, 18, 19, 20); turning milder with isolated showers; gusty winds near the eastern shore (21, 22, 23, 24, 25); rain and slightly cooler (26, 27, 28, 29, 30).

Severe Weather Watch: The Town and Country Almanack sees some impact of a tropical storm (17, 18, 19) and high winds from a hurricane (23, 24, 25).

Full Moon: September's Full Moon is most famously known as the Harvest Moon. It is the Full Moon that falls closest to the Autumnal Equinox. During this time, the moon would rise

very soon after the sun would set on several successive days, giving the farmer a few extra hours of 'light' and a little more time to finish up their daily chores. This year, the Autumnal Equinox will occur on Sunday, September 22nd and signals the beginning of Autumn. The Full Moon closest to that date will occur on Tuesday, September 17th and is therefore, the Harvest Moon of 2024.

Special Notes: We must never forget that on September 11th, 2001, America was attacked like never before and that it has never been the same since. Today, we honor those who perished then on that day and we must never forget the brave first-responders, many who also perished, trying to minimize the loss of life.

Holidays: Labor Day falls on the first Monday of the month, which falls on September 2nd. Citizenship Day is observed on Tuesday, September 17th.

The Garden: Make a long-range plan to gradually convert your current landscape to the one

you desire. Don't forget to consider what your flower garden might need. Plant spring-flowering bulbs such as daffodils, hyacinths, and tulips 6 to 8 weeks before the first frost, which will occur. Be sure to place pots where they receive plenty of light. Bring summer vacationing houseplants back indoors while the windows are still open. Inspect every plant very closely for any hitchhiking pests!

The Farm: Best days for planting root crops (20, 21); weeding and stirring the soil 1, 2, 3, 4, 27, 28); planting above-ground crops (7, 8, 9); harvesting all crops (18, 19); best days for setting hens and incubators (11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25); the slaughtering and butchering of meat (2, 3, 4, 5, 6, 7, 8, 9, 10); transplanting (2, 3, 4, 5, 6, 7, 8, 10); the weaning of all small animals and livestock (10, 11, 12, 13, 14, 15, 16, 17); the harvesting and storing of grains (1, 24, 25, 26, 27, 28, 29, 30).

J. Gruber's Thought For Today's Living

"The man who will not admit he's been wrong, loves himself more than the truth."



Catoctin Mountain Motorsports
REPAIR & SERVICE

"30 years in the automotive field!"

Fall is here and Winter is on its way!
Don't get left out in the cold!

We do Oil Changes on ATVs, UTVs, Motorcycles, Cars & Trucks!

MD Inspections, Alignments, Factory Maintenance, Tires, Tune-Ups, Check Overs, Even those lights on the dash!

We do it all!

Give us a call and schedule your appointment TODAY!

609 E. Main St., Thurmont
301-678-9023

M-F 8 a.m. - 6 p.m.

CatoctinMountainMotorsports@comcast.net

COMPUTER Q&A

Internet scams

Aysë Stenabaugh
Jester's Computer

Part 1: How To Spot Them

Scammers are aware that technology can be overwhelming and sometimes confusing to the average user. Unfortunately, they frequently take full advantage of this and often pray on those who don't use technology frequently enough to catch on to their sneaky tactics. Technology scams happen in different ways, but they most commonly occur through emails, social media, pop-ups, or bad links found on the internet. Knowledge is power! Continue reading to learn more about the different types of scams and how you can spot them so that you don't fall victim. We are unable to fit all the information we find helpful in one article, be sure to check next months paper for part two!

Pop-Up Scams

You can be on almost any website when suddenly your entire screen is taken over. You may find yourself confronted with a blue screen and unexpected notice that there is a problem with your device. The fake error message displayed is what is considered a "tech support scam". The false message is usually accompanied by blaring audio which attempts to convince users that there is an issue that requires them to contact "Microsoft" and to not restart your computer.

All these techniques are meant to persuade you to call the specified tech support number. In contrast, the real error messages in Windows never ask you to call a tech support number. If you do reach out to the phone number on your screen you will be reaching scammers (not Microsoft or any legitimate tech support) who will instruct you to download software to your device so that they can remotely connect to you and control your device. This is VERY dangerous. Once they are connected to you, they may steal your personal information and passwords or make attempts to extort money from you. They may go so far as to lock you out of your own device until you pay their ransom.

What To Do

Whatever you do, do NOT call the phone number on your screen. The scammer's goal will be to gain access to your computer, your financial institution, or both. Instead, if you are on a Windows PC, you should first attempt to open your task manager to close your web browser. To do this hold down the CTRL (control)+ ALT keys found on the far-left side of your keyboard. While holding them down also press the ESC (escape) key. If you are on a Windows PC, this should open Task Manager which will give you the ability to select your web browser (Chrome, Firefox, Edge, etc.) and then click on End Task. Once this is done your browser will close and the false error will disappear.

If this does not work, you may need to force restart your computer (hold down the power button until it shuts off). Once you re-open your web browser Do Not Click Restore Pages! If you are able to access the internet from a separate device you can visit our website www.jesterscomputers.com/video-tutorials to watch step by step directions on how to find and close your web browser with task manager.

Bad Links

Bad website links can be anywhere and can be hidden well so it's important to be very cautious when visiting a new website, using website links, or using search results to visit a website. Scammers will sometimes purchase advertisements for links that will redirect unsuspecting users to another source which can often appear legitimate. These websites may steal your login information, bank information or present you with a scam pop-up message. Users should also be wary when

visiting links that are in emails or on social media.

A new scam that is occurring involves using alternate characters to a scam website address. For example, scammers may attempt to trick users into thinking they are visiting Walmart by creating domains with similar spelling. Instead of spelling Walmart.com, a scammer might use Walr-nart.com to create a fake domain which appears the same but is spelled W-a-l-r-n-a-r-t, when the r and n are close together, they appear as an m. Another common issue is that links can appear with text that doesn't match where the user would expect to go when clicked on.

What To Do

One way you can protect yourself is to avoid shopping on unknown websites with no reputation. If the price for an item seems too good to be true you should avoid purchasing the item, especially if you don't usually shop through that retailer. Even if you are shopping with a retailer you recognize, take steps to verify you are on the cor-

rect website. For example, if you are planning to shop on Amazon, rather than search for amazon you should go directly to www.amazon.com to ensure you are visiting the correct website. Before you click on link to a website you can verify that you are visiting the website you intend to visit by first hovering over the link with your mouse and by looking in the bottom left corner of your web browser to see where the link is going to take you once you clicked. Next month I write about how to prevent Internet scams

If you find yourself in a situation where you have been scammed and allowed someone to take control of your device, you should consider having your computer cleaned by a technology professional you trust. At Jester's Computer Services in Fairfield, we provide technology support services for even the most technologically challenged users. Visit our website at www.jesterscomputers.com, send us an email at customerservice@jesterscomputers.com or text/call us at 717-642-6611 to find out how we can help provide you with excellent technology support services.

Serving Frederick for over 50 years
Family Owned & Operated



ZEBROSKI MOTOR CO.
Specializing in RV & Motor Home Repair & Inspections

Winterize \$10 Off
Your RV! Now thru November 10
Schedule an appointment and mention this ad!

10518 Woodsboro Pike, **301-845-8460**
Walkersville jzebroski0404@gmail.com

Gettysburg Transmissions LLC

Automatic or Manual
Most Makes, Models & Years
Automotive Repair & Services
Certified State Inspection Facility
Custom Exhaust Systems

Over 15 Years Experience ~ All Work Guaranteed

22 Weikert Road, Gettysburg
717-642-9700




Bill Eiker



JESTER'S COMPUTER SERVICES

FAMILY OWNED AND OPERATED FOR OVER 25 YEARS

\$20 OFF PC CLEAN-UPS
regular price \$99

Computer Running Slow?
Save on recommended yearly maintenance during the month of **September**

Call / Text: (717) 642-6611	- New Location - 105 W Main St. Fairfield	Monday—Friday 9 AM—5 PM
---------------------------------------	---	----------------------------

NO APPOINTMENT NECESSARY
WWW.JESTERSCOMPUTERS.COM

INKED
APPAREL SIGNS
240-357-6441
Info@InkYourBrand.com
www.InkYourBrand.com
1 North Carroll St.
Thurmont

CUSTOM APPAREL
SCREENPRINT EMBROIDERY
SIGNS BANNERS
VEHICLE LETTERING
BUSINESS CARDS
DECALS CANOPIES
SPORTS JERSEYS SUBLIMATION



Handyman Services
Home Improvements
240-315-2935
dfrock68@gmail.com

I Make To Do Lists Disappear!

E-X-P-A-N-D
Your Living Space With
A Retractable Awning!



Gas & Pellet Grills & Smokers

Big Green Egg
The Ultimate Cooking Experience™

Battlefield Hearth & Solar
2031 York Road, Gettysburg
717-334-1232

AFFORDABLE SELF STORAGE

NOW WITH PORTABLE STORAGE UNITS!

Need Room? Let Us Store It For You!
Storage Units For The Public & For Business!
12917 Caloclin Furnace Rd., Thurmont
Conveniently Located On Maple Drive, Across From Thurmont Feed Store
Mike Jensen, Owner

MOTORCYCLES, CARS, TOOLS, FURNITURE, ANTIQUES, COLLECTIBLES, OLD FILES, NEW FILES, APPLIANCES, HOUSEHOLD ITEMS & TOOLS, CONSTRUCTION EQUIPMENT, LANDSCAPING TOOLS, LAWN MOWERS, POOL SUPPLIES, BUILDING MATERIALS, SPORTS EQUIPMENT, MEMORIES...
WHATEVER YOU CAN THINK OF INCLUDING THE KITCHEN SINK!

301-271-7455

VISA & MC ACCEPTED



Tour De Catoctin

To benefit The Thurmont Lions Club

To register visit:

www.tourdecatoctin.com

**\$50
Donation**
Includes
T-Shirt

28
September

Start at
7:30 & 8:30
a.m.

Scan Here For More Information

Fun & Family-Friendly
Scenic Farm Land
Catoctin
Mountains



Covered Bridges
5.5 Men Band
Farmers Market
25 or 50 Mile Ride

**Schedule your next service appointment online at
www.wantzchevrolet.com/ServiceApptForm
or call 410-751-1200**



**FREE Battery Testing ~ Fluid Top Off ~ Multi-Point Inspection
available on all appointments!**

Ask our service advisors for more details!



Wantz Chevrolet

1 Chevro Drive, Taneytown

410-751-1200

Visit us at www.WantzChevrolet.com

"Don't take a chance, buy from Wantz"



FIND NEW ROADS™

COMMUNITY NOTES

World War II Weekend at Eisenhower National Historic Site

Join Eisenhower National Historic Site (NHS) staff for our annual World War II Weekend from September 20 to 22. This year's event theme is 1944, remembering the millions of Americans and Allies in arms who joined together with General Dwight D. Eisenhower in a "great crusade" to fight for freedom over fascism 80 years ago. Park rangers, guest speakers, living historians, and partner organizations will bring the stories and people of 1944 to life through three days of interactive programming and activities for visitors of all ages. All programs and activities are free of charge.

Event highlights include:

Notable guest speakers and historians: Henry Sledge, son of famed World War II Marine Eugene Sledge, will speak Friday evening at the Gettysburg National Military Park (NMP) Museum and Visitor Center. On Saturday and Sunday, speakers at Eisenhower NHS include Dr. John C. McManus, Dr. Sara Parry Myers, Kevin Hymel, April Cheek-Messier, Dr. Tyler Bam-

ford, Dr. Jared Frederick, and John Orloff, writer and co-executive producer of the Apple TV+ miniseries Masters of the Air.

Ranger-Guided Walking Tours of WWII burials in Gettysburg National Cemetery: Park rangers will offer guided walking tours of Gettysburg National Cemetery that will explore stories of the 590 fallen World War II soldiers, sailors, marines, and airmen buried there. These programs will focus on stories relevant to 1944.

1944 Living History Camp at Eisenhower NHS: Visit American and Allied units, as well as groups depicting life on the Homefront, to explore the people and events of 1944. Park rangers will lead guided walking tours of the living history camp throughout the weekend.

Family Activities and Programs at Eisenhower NHS: Pick up a Family Activity Booklet, explore the Living History Camp, and look for special Family Activity chalkboard signs. Learn more about the military and civilian groups to complete your five-stars and earn your very own World



Eisenhower National Historic Site's annual World War II Weekend is a living history-focused event that includes guest speakers, ranger-guided tours, family activities, and more. This year's event will bring the stories of 1944 to life through three days of programming and interactive activities for visitors of all age.

War II dog tag! Special family programs, reading adventures, and more will take place throughout the weekend.

Special 1944 Museum Exhibits: Visit the Gettysburg NMP Museum and Visitor Center to see exhibits from the Naval History and Heritage Command, the National Museum of the U.S. Navy, the National Museum of the Marine Corps, and Eisenhower NHS.

Eisenhower Home Tours: Free tours of the only home that Dwight and Mamie Eisenhower ever owned are available on both

Saturday and Sunday of World War II Weekend.

For a full World War II Weekend event schedule and information, visit the Eisenhower NHS website at www.nps.gov/eise/world-war-ii-weekend.htm.

How to visit Eisenhower NHS during World War II Weekend:

Weather permitting, free on-site parking for passenger vehicles only will be available at Eisenhower NHS in a farm field accessible from Emmitsburg Road, Business Route 15. For GPS, use 250 Eisenhower Farm Rd.

Shuttle buses depart every

hour from the Gettysburg NMP Museum and Visitor Center, located at 1195 Baltimore Pike, on both days of the event. A shuttle fee does apply. Visit the Gettysburg Foundation website or call 877-874-2478 to make reservations.

Bus groups should plan to use the shuttle system. Accessible parking is located at the Museum and Visitor Center with access to the site via the shuttle. Limited accessible parking is available on-site.

All National Park Service World War II Weekend programming is free of charge.

Emmitsburg VFW's essay contests

Each year the Emmitsburg VFW Post 6658 sponsors the "Voice of Democracy" and "Patriot's Pen" to essay contests.

"Voice of Democracy" is open to students in grades 9 through 12. Students are required to record a 3-5 minute audio essay based on the theme "Is America Today Our Forefathers' Vision? Monetary prizes are given to the winners on local, state and national levels. Judging is based on originality, content and delivery. If interested, please contact Eric Wivell 240-675-0346 for an entry form. Entry deadline is October 31.

"The Patriot's Pen," which is sponsored by the VFW Auxiliary, is open to students in grades 6 through 8. Students are required to do a typed essay of 300-400 words based on the theme "My Voice in America's Democracy". Monetary prizes are given to the winners on local, state and national levels. Judging is based on knowledge of theme, theme development and clarity of ideas. If interested, please contact Annette Wivell 240-675-0356 for an entry form. Entry deadline is October 31.

FALL CLASSIC ROAD RALLY

exploring the beautiful back roads of Adams County



Saturday, October 19

Register at www.PreserveAdams.org

Proceeds benefit the
Land Conservancy of Adams County
 670 Old Harrisburg Road, Gettysburg
 717-334-2828 LCAC@adamscountypa.gov



Presenting The
Taneytown
 13th Annual
Harvest Festival
 Saturday, September 28th
 11 a.m. - 3 p.m.

Free Admission

Featuring
Midnight Run Band

Memorial Park
 1 Park Drive

Food Fun Festivities

Food Trucks Craft Vendors Hay Rides Bounce Houses
 Pony Rides Petting Zoo Face Painting Games



Lifestyle Boutique

Individual Style...



A boutique shop
with unique gifts
for hard to
please friends.

*Come shop,
talk and laugh
with us!*



Entertaining Made Easy

Create unforgettable moments with friends and family in style.
Entertain with our newest additions from Cambridge,
Lenox, Pimpernel, Portmerion and Spode.

Studio 24E

21 E. Main St., Thurmont

443-679-7916

Visit us online at: www.studio24e.com